

BEN HELMAN

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EDUCATION

Dartmouth College , Hanover, NH <i>Bachelor of Arts, Major in Economics</i>	Expected June 2028 GPA 4.00/4.00
• Activities/Societies: Granite State Finance Association, Theta Delta Chi Fraternity	
• Relevant coursework: Financial Accounting	
Wesleyan University , Middletown, CT <i>Bachelor of Arts, Major in Economics</i>	August 2024 – May 2025 GPA 3.86/4.00
• Honors/Awards: Dean's List 2x	
• Relevant coursework: Introductory Econometrics, Introduction to Economic Theory, Applied Data Analysis, Probability and Statistics, Startup Incubator, Working with Excel and VBA, Mathematics for Economists	
King School , Stamford, CT	June 2024
• Honors/Awards: AP Scholar, Tom Main Fellowship Recipient	GPA 4.36/4.00
• Activities/Societies: Varsity Football, Varsity Tennis, Market Report, Investment Club, Peer Tutoring	ACT: 36
• Relevant coursework: AP Microeconomics, AP Macroeconomics, AP Calculus	

RELEVANT EXPERIENCE

Brentwood Associates , Los Angeles, CA <i>Private Equity Summer Analyst</i>	May 2025 – June 2025
• Completed industry and financial analyses for consumer and essential services investments to support value creation initiatives for companies such as Wingstop Far West, Hissho Sushi, and Excelligence Learning Corp	
• Assessed Confidential Information Memoranda by analyzing industry dynamics, competitive positioning, growth plans, cash flow profiles, and value creation opportunities to identify investments for further diligence	
• Benchmarked portfolio company performance and growth trajectories against direct competitors in the education services and food and beverage sectors to support board conversations regarding strategic planning	
Ten Thousand , New York, NY <i>Marketing Intern</i>	July 2025 – August 2025
• Originated, planned, and executed a sponsorship deal with a prominent kicking coach and 12 NFL kickers and punters	
• Supported the brand marketing director in social media campaign creation for Hyrox Boston	
• Organized and led live fitness events at Lifetime Fitness locations across NYC to promote the brand using competitive fitness challenges	
Scholars of Finance , Hanover, NH <i>Member</i>	September 2025 – Present
• Developed a strong understanding of investment banking, private equity, and venture capital through guest speaker events, financial modeling workshops, and mentorship from industry professionals.	
Wesleyan Investment Group , Middletown, CT <i>Member</i>	September 2024 – May 2025
• Learned financial decision-making and modeling skills; read and discussed articles weekly about current events in finance	
• Competed in Point72 stock pitch competition; built a DCF model and ran comparable company analysis for valuation	

ACTIVITIES AND SERVICE

Dartmouth Rugby Football Club , Hanover, NH <i>Hooker and Kicker</i>	September 2025 – Present
• Devoted 25 hours per week to practice, conditioning, lifts, meetings, travel, and games	
Wesleyan Football , Middletown, CT <i>Kicker/Punter</i>	August 2024 – May 2025
• NESCAC and Little 3 Championship team	
• Devoted 35 hours per week to practice, conditioning, lifts, meetings, travel, and games	
• Partnered with Team IMPACT, a national non-profit that pairs children with serious illnesses or disabilities with college athletic teams to raise \$5,000 and sign a child to the Wesleyan Team	
HOPE Community Service Food Pantry , New Rochelle, NY <i>Summer Food Pantry Manager</i>	2021 – 2023
• Organized deliveries from County Harvest and Feeding Westchester to New Rochelle, NY warehouse	
• Stocked warehouse shelves and distributed food in-person to those in need 4 days a week, 150+ hours per summer	
• Received and accounted for over 10,000 pounds of food weekly	

SKILLS AND INTERESTS

Technical: Microsoft Office Suite (Excel, PowerPoint, and Word), R, Stata, Python, VBA, Financial Modeling

Languages: Spanish (conversational)

Interests: Health/Wellness and Bio-Hacking, Golf, Data Science, Chipotle, Red Sox fan