$$X \longrightarrow A \longrightarrow A$$

$$\downarrow_{1_{X}} F \xrightarrow{p} \downarrow_{i}$$

$$\downarrow_{1_{X}} F \xrightarrow{p'} E \longrightarrow Z$$

$$\downarrow_{\lambda} \square \qquad \downarrow_{q} \qquad \parallel$$

$$X \xrightarrow{q \circ p} Y \xrightarrow{\pi} Z \xrightarrow{\delta}$$

$$\downarrow_{0} \qquad \downarrow_{\eta}$$