Question: Doctor, I have been experiencing a hoarse voice for a few weeks now and it's not getting any better despite taking medication. What could be the problem?

## Reference Answer:

It's possible that you have a vocal cord polyp. To confirm this, we need to conduct tracheoscopy and laryngoscopy with a biopsy. We may also need to conduct an occupational therapy assessment such as speech therapy, other diagnostic procedures like an interview or consultation, physical therapy exercises, as well as diagnostic procedures on your nose, mouth, and pharynx to rule out any other underlying conditions. Additionally, we may need to evaluate your eyes and ears for any related conditions, such as ophthalmologic and otologic diagnosis and treatment.

## MindMap

Based on the symptoms described, the patient may have laryngitis, which is inflammation of the vocal cords. To confirm the diagnosis, the patient should undergo a physical examination of the throat and possibly a laryngoscopy, which is an examination of the vocal cords using a scope. Recommended medications for laryngitis include anti-inflammatory drugs such as ibuprofen, as well as steroids to reduce inflammation. It is also recommended to rest the voice and avoid smoking and irritants. Note: The provided medical knowledge information does not mention any specific disease related to hoarse voice. Therefore, based on the symptoms described by the patient, laryngitis seems to be the most likely cause. However, it is always recommended to consult with a healthcare professional for an accurate diagnosis and appropriate treatment.

## RoK

Based on the symptom description of experiencing a hoarse voice for a few weeks, the possible disease could be Vocal Cord Polyp. To confirm the diagnosis, the patient should undergo medical tests such as Tracheoscopy and laryngoscopy with biopsy, Occupational therapy assessment (Speech therapy), Other diagnostic procedures (interview; evaluation; consultation), Physical therapy exercises (Exercises), Diagnostic procedures on nose; mouth and pharynx, Other physical therapy and rehabilitation, Ophthalmologic and otologic diagnosis and treatment.