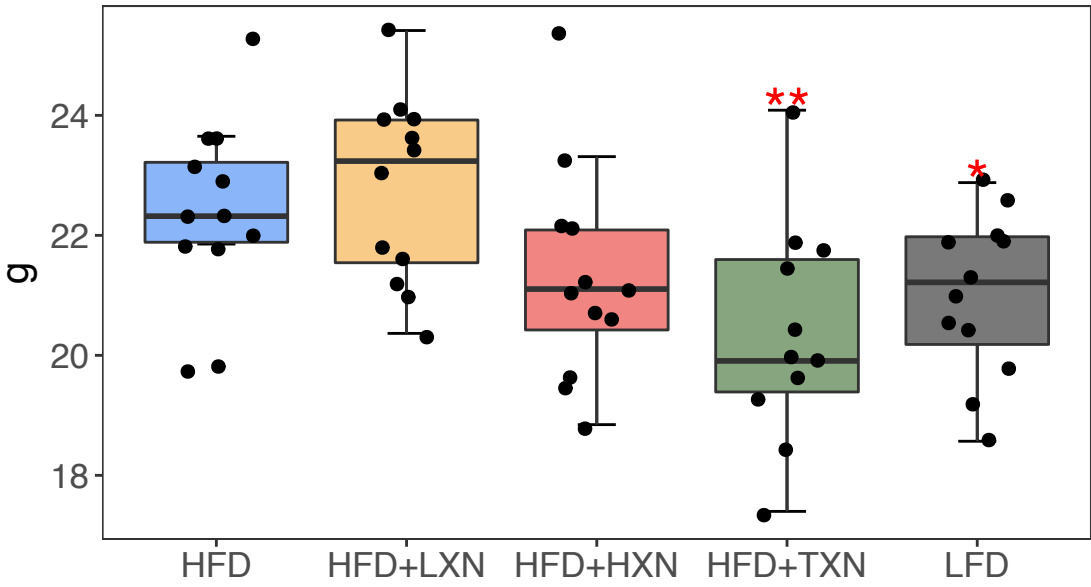
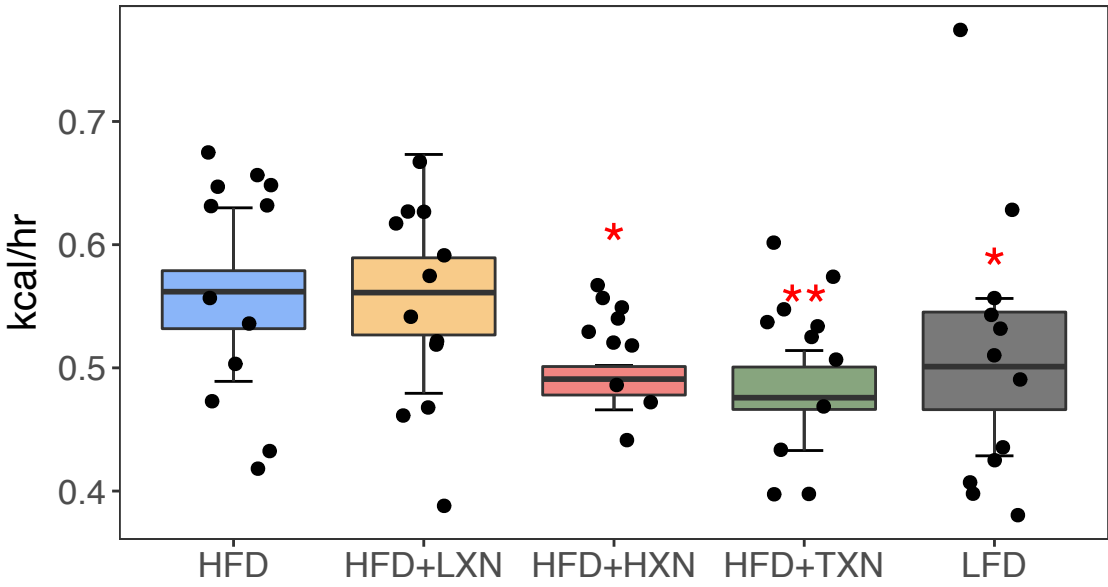


**A. Lean mass**

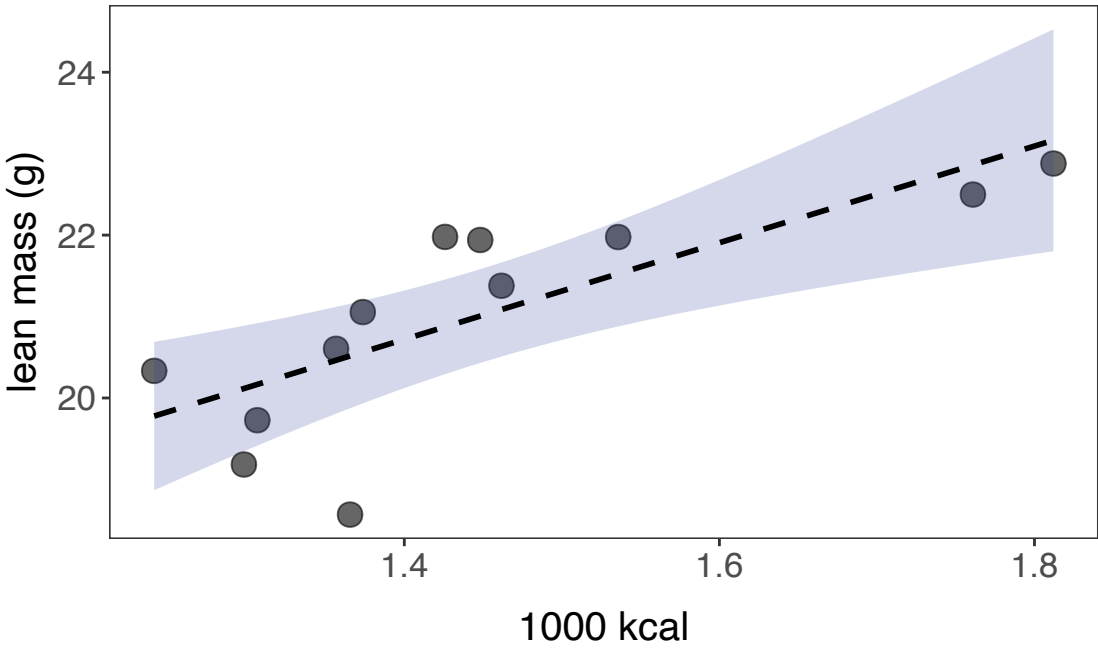


**B. Average energy expenditure**



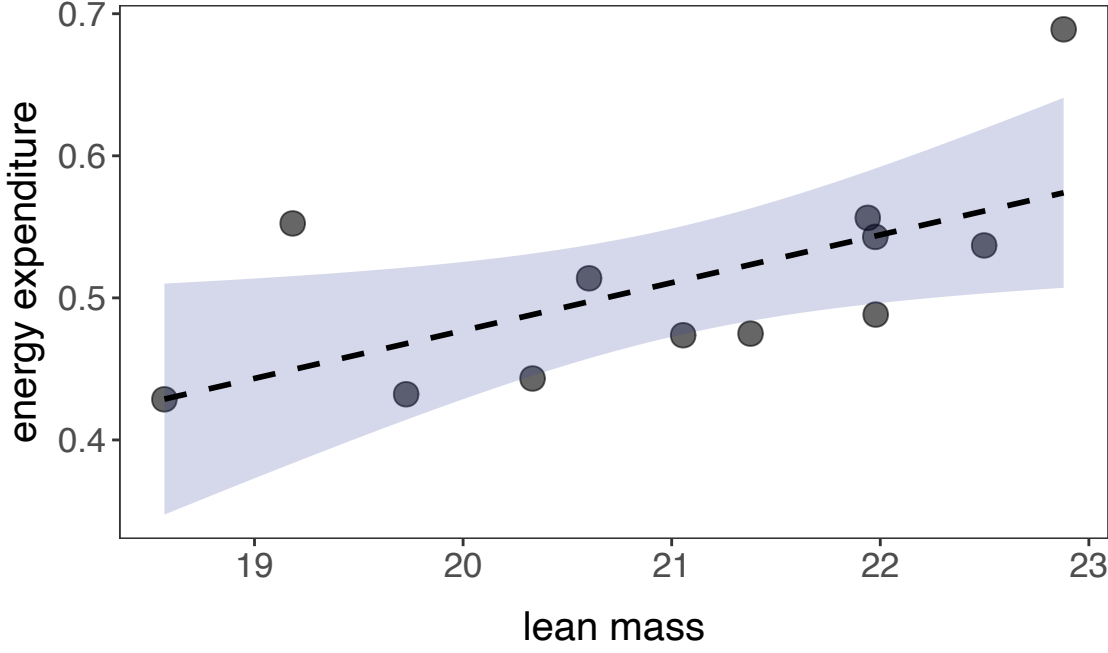
**A-1 LFD**

R = 0.776 P = 0.003  
Intercept = 12 Slope = 5.9



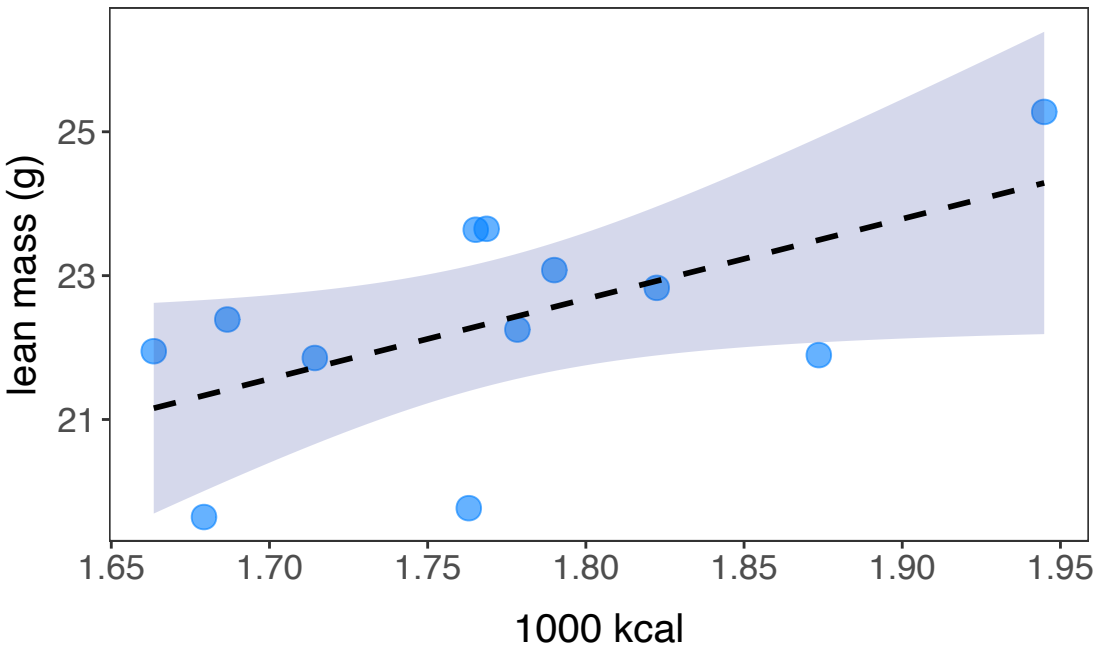
**B-1 LFD**

R = 0.628 P = 0.029  
Intercept = -0.2 Slope = 0.034



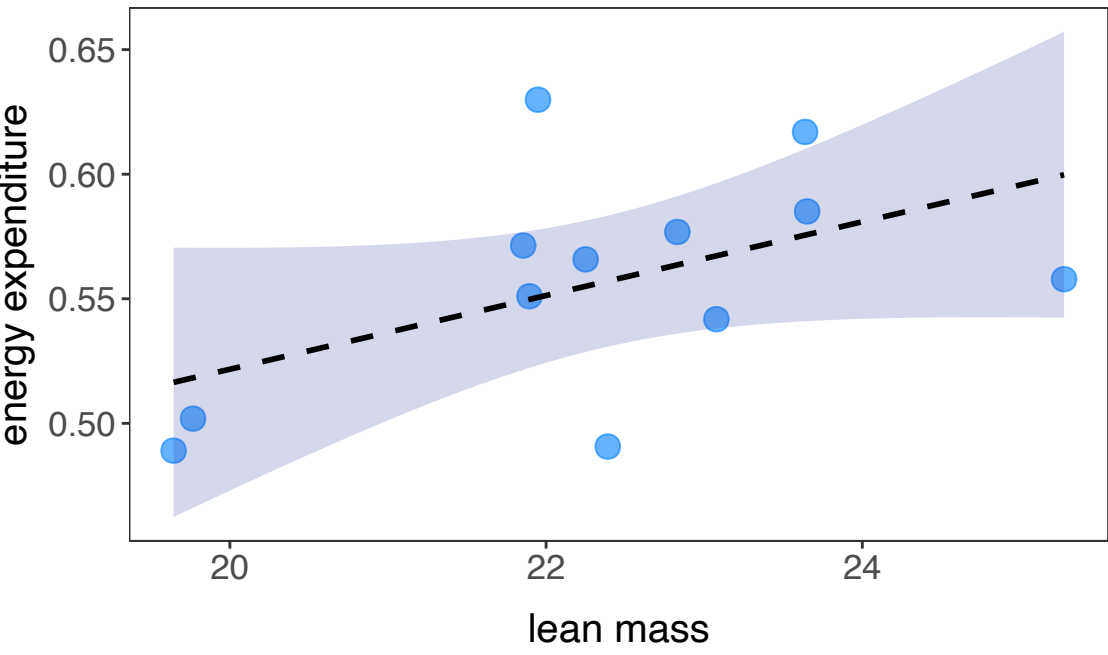
**A-2 HFD**

R = 0.58 P = 0.048  
Intercept = 2.6 Slope = 11



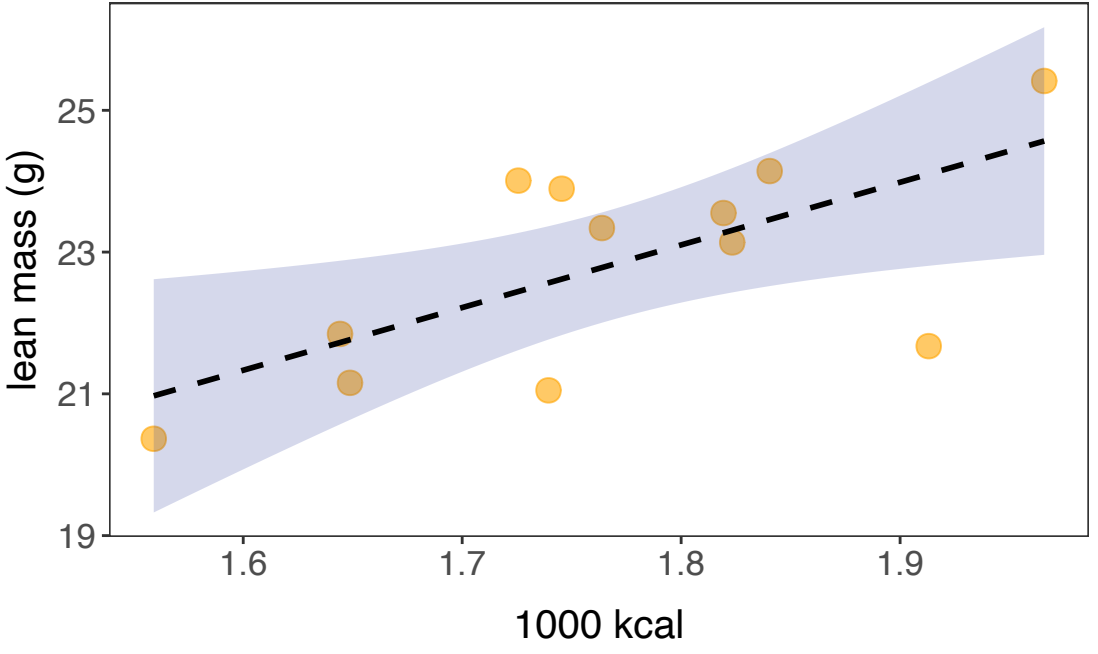
**B-2 HFD**

R = 0.513 P = 0.088  
Intercept = 0.23 Slope = 0.015



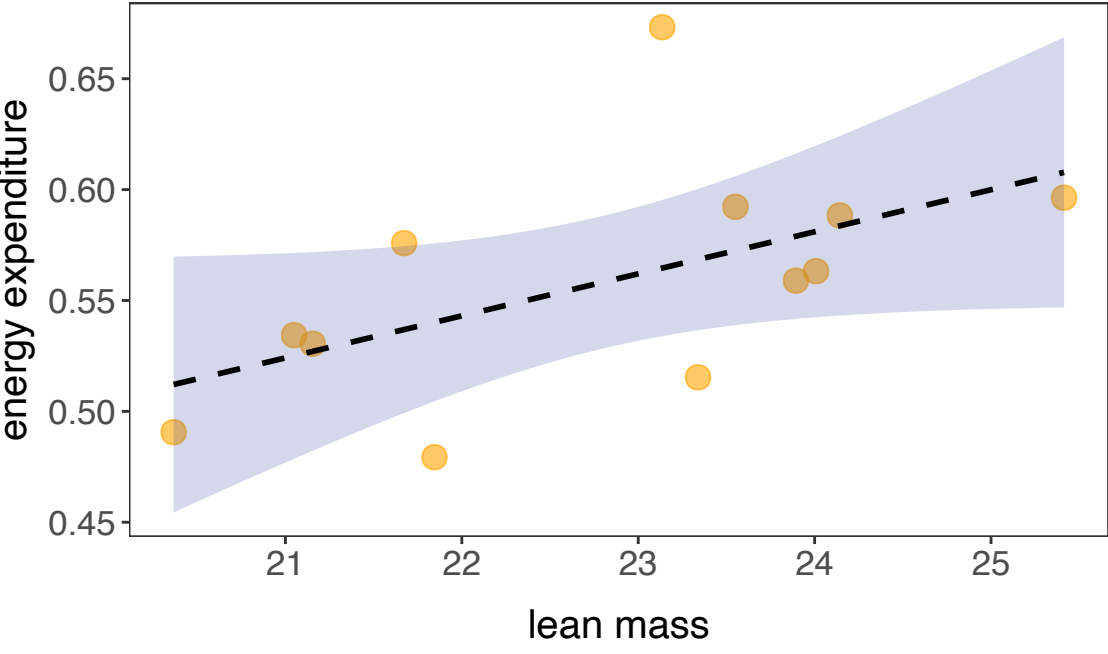
**A-3 HFD+LXN**

R = 0.664 P = 0.019  
Intercept = 7.2 Slope = 8.8



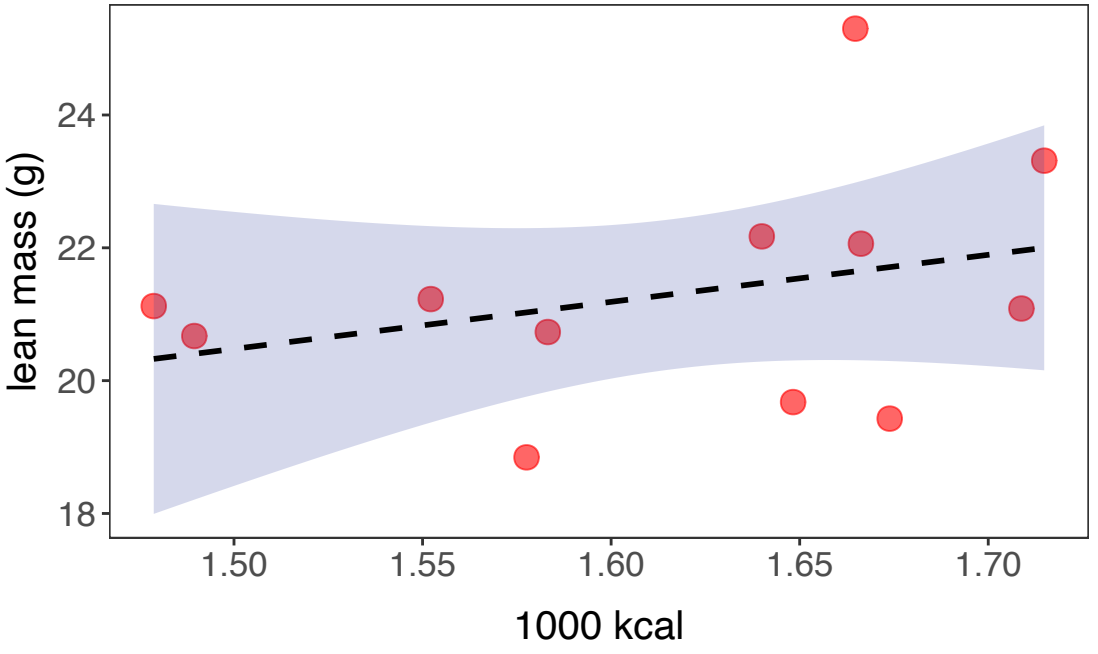
**B-3 HFD+LXN**

R = 0.55 P = 0.064  
Intercept = 0.13 Slope = 0.019



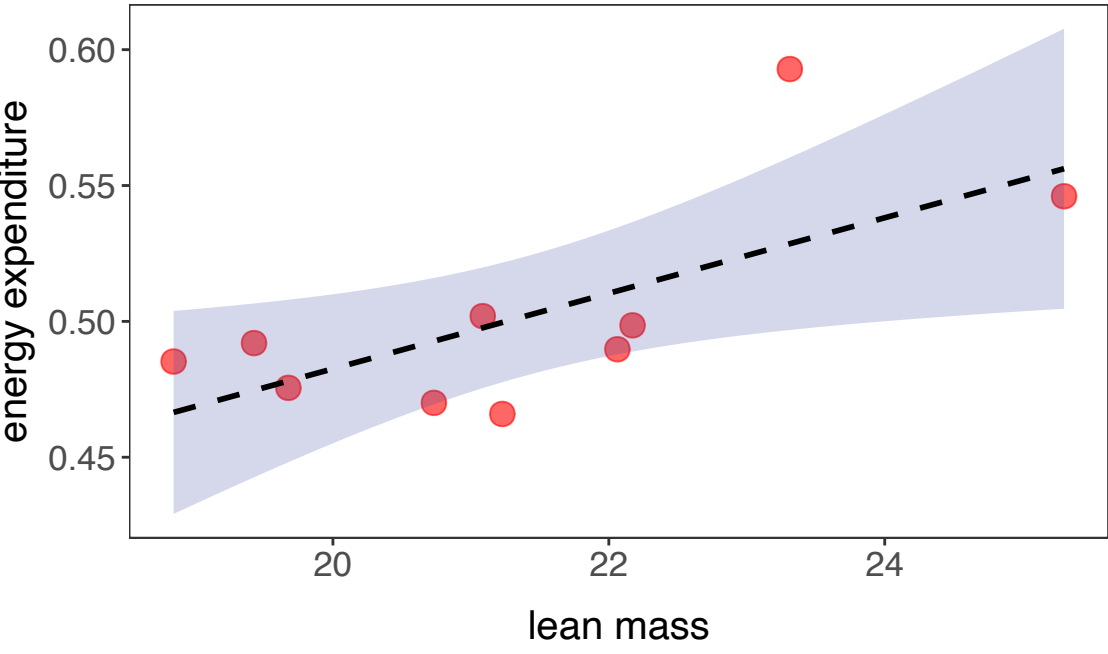
**A-4 HFD+HXN**

R = 0.319 P = 0.31  
Intercept = 9.9 Slope = 7.1



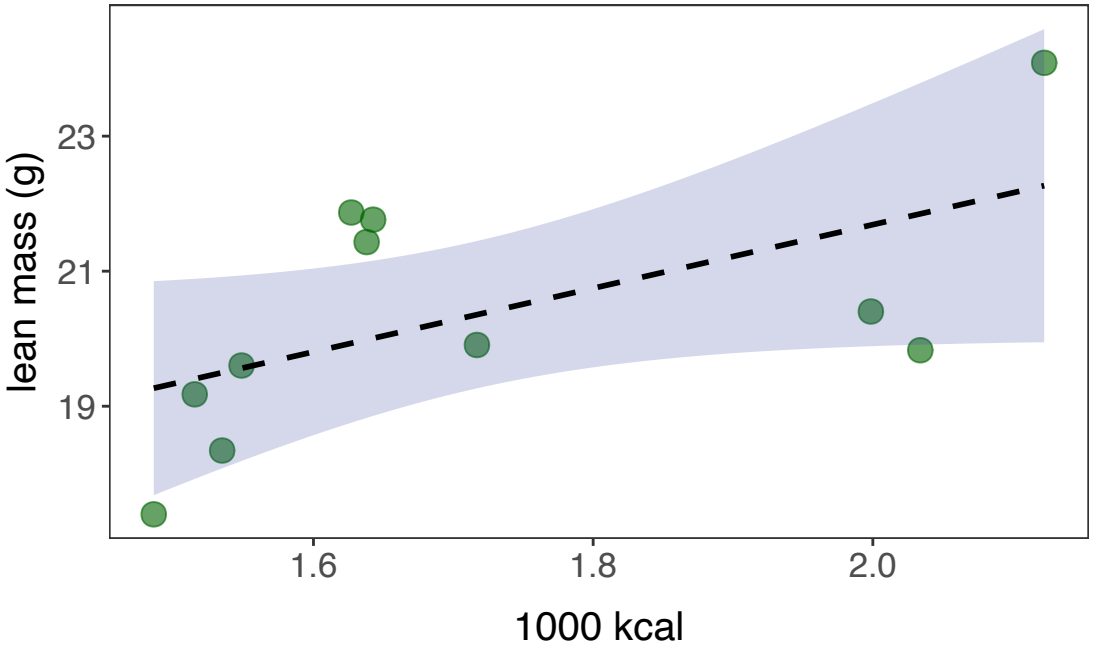
**B-4 HFD+HXN**

R = 0.689 P = 0.027  
Intercept = 0.2 Slope = 0.014



**A-5 HFD+TXN**

R = 0.578 P = 0.063  
Intercept = 12 Slope = 4.7



**B-5 HFD+TXN**

R = 0.82 P = 0.002  
Intercept = 0.064 Slope = 0.021

