

Early Life Circumstance and Adult Mental Health

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We show that psychological well-being in adulthood varies with circumstance in early life. Combining a time series of real producer prices of cocoa with a nationally representative household survey in Ghana, we find that a one standard deviation rise in the cocoa price in early life decreases the likelihood of severe mental distress in adulthood by 3 percentage points (half the mean prevalence) for cohorts born in cocoa-producing regions relative to those born in other regions. Impacts on related personality traits are consistent with this result. Maternal nutrition, reinforcing childhood investments, and adult circumstance are likely operative channels of impact. [Almond et al., 2019]Adhvaryu et al. [2019]

心理健康问题占全球疾病的 13%，这些疾病主要发生在低收入地区，因此研究心理健康的根源所在显得尤为重要，大多数文献研究的是收入和客观健康之间的复杂关系，比较少的一部分文献研究的是同期的家庭居住条件变化在当期的影响，很少有文献研究其长期影响。

How does circumstance in early life affect psychological distress in adulthood?

早期环境变化如何影响成年后的心理健康?

- Achyuta Adhvaryu, James Fenske, and Anant Nyshadham. Early life circumstance and adult mental health. *Journal of Political Economy*, 127(4):1516 – 1549, 2019.
- Douglas Almond, Hongbin Li, and Shuang Zhang. Land reform and sex selection in china. *Journal of Political Economy*, 127(2):560 – 585, 2019.