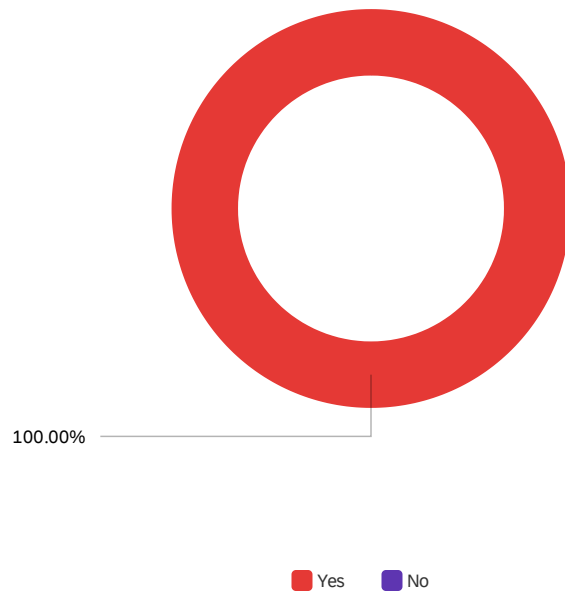


# Default Report

*Sugar-Sweetened Beverages Survey*

May 12, 2022 9:53 AM MDT

Q36 - Consent Form This survey is being conducted in support of a health behavior intervention project as part of coursework by students in the Health, Behavior and Society Health Communication Programs (410.654 & 410.655) course at the Bloomberg School of Public Health (BSPH). The purpose of this data collection is to help us develop/evaluate a program aimed at reducing sugar-sweetened beverage consumption among undergraduates in the Homewood community. We will use the information you provide for the sole purpose of helping us design and evaluate the effectiveness of a health communication campaign that meets the information needs of undergraduate students on the Homewood campus. We are approaching you because you are an undergraduate student at Johns Hopkins University. The survey will take about 7 minutes to complete. Participation in the survey is completely voluntary. You may quit at any time and skip any questions you do not want to answer. No information linking you to the information provided will be collected. Are you willing to continue with this survey?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	<p>Consent Form This survey is being conducted in support of a health behavior intervention project as part of coursework by students in the Health, Behavior and Society Health Communication Programs (410.654 &amp; 410.655) course at the Bloomberg School of Public Health (BSPH). The purpose of this data collection is to help us develop/evaluate a program aimed at reducing sugar-sweetened beverage consumption among undergraduates in the Homewood community. We will use the information you provide for the sole purpose of helping us design and evaluate the effectiveness of a health communication campaign that meets the information needs of undergraduate students on the Homewood campus. We are approaching you because you are an undergraduate student at Johns Hopkins University. The survey will take about 7 minutes to complete. Participation in the survey is completely voluntary. You may quit at any time and skip any questions you do not want to answer. No information linking you to the information provided will be collected.</p> <p>Are you willing to continue with this survey?</p>	1.00	1.00	1.00	0.00	0.00	72

#	Field	Choice Count
1	Yes	100.00% 72
2	No	0.00% 0

72

Showing rows 1 - 3 of 3

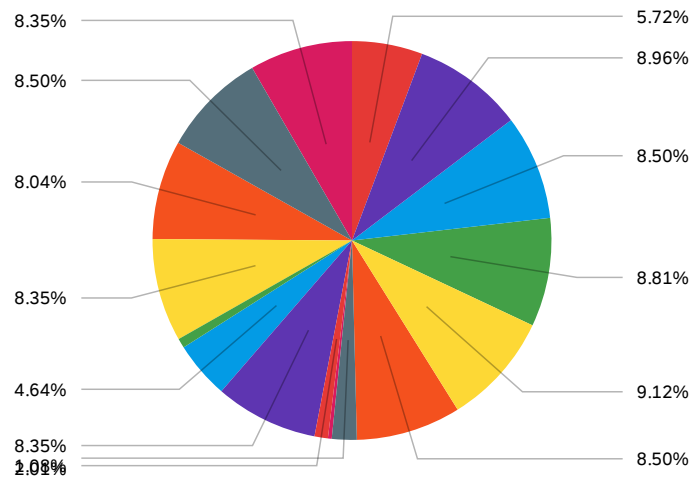
## Q1 - Based on your knowledge, which of the following are sugar-sweetened beverages?

(Select all that apply)

#	Field	Choice Count
1	100% fruit juice	5.72% 37
2	Sweetened tea	8.96% 58
3	Sports drinks	8.50% 55
4	Energy drinks	8.81% 57
5	Regular soda	9.12% 59
6	Coconut water with added sugar	8.50% 55
7	Milk	2.01% 13
8	Black coffee	0.31% 2
9	Unsweetened water flavored with lemon	1.08% 7
10	Fruit flavored drinks	8.35% 54
11	Diet soda	4.64% 30
12	Unsweetened oat milk	0.77% 5
13	Sweetened soy milk	8.35% 54
14	Frappuccino	8.04% 52
15	Vanilla latte	8.50% 55
16	Boba	8.35% 54

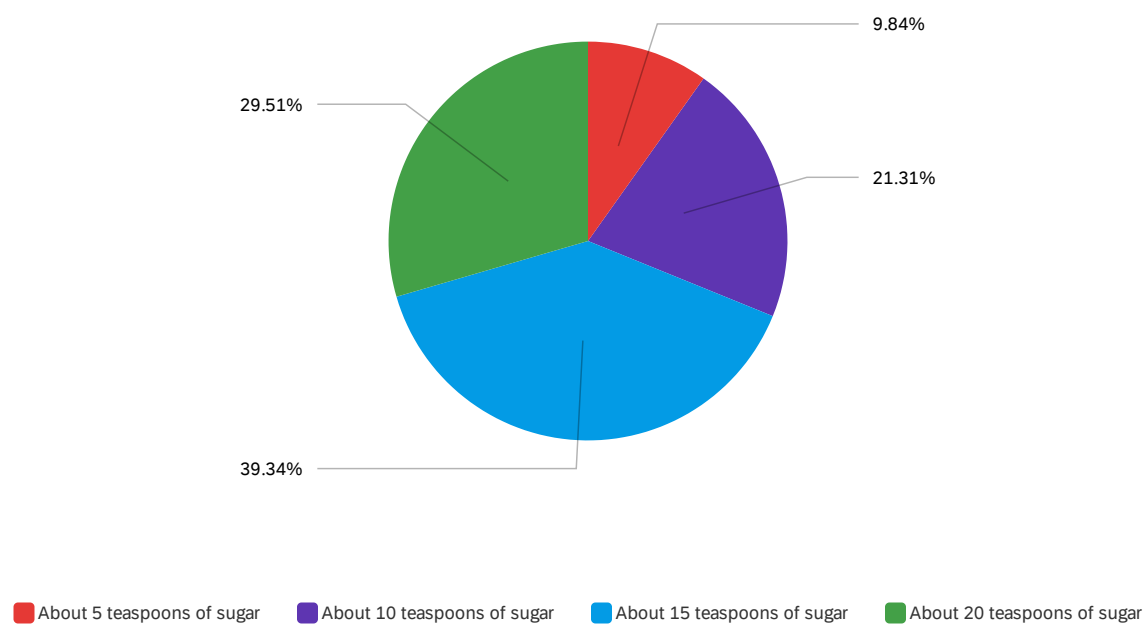
647

Showing rows 1 - 17 of 17



- 100% fruit juice
- Sweetened tea
- Sports drinks
- Energy drinks
- Regular soda
- Coconut water with added sugar
- Milk
- Black coffee
- Unsweetened water flavored with lemon
- Fruit flavored drinks
- Diet soda
- Unsweetened oat milk
- Sweetened soy milk
- Frappuccino
- Vanilla latte
- Boba

Q2 - How much sugar is there in a single can of soda (12 fl oz.)?

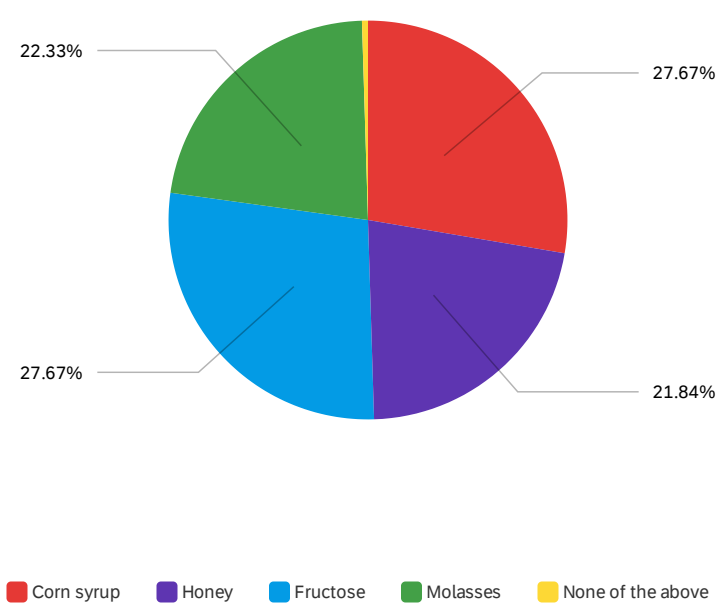


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	How much sugar is there in a single can of soda (12 fl oz.)?	1.00	4.00	2.89	0.94	0.89	61

#	Field	Choice Count
1	About 5 teaspoons of sugar	9.84% 6
2	About 10 teaspoons of sugar	21.31% 13
3	About 15 teaspoons of sugar	39.34% 24
4	About 20 teaspoons of sugar	29.51% 18

61

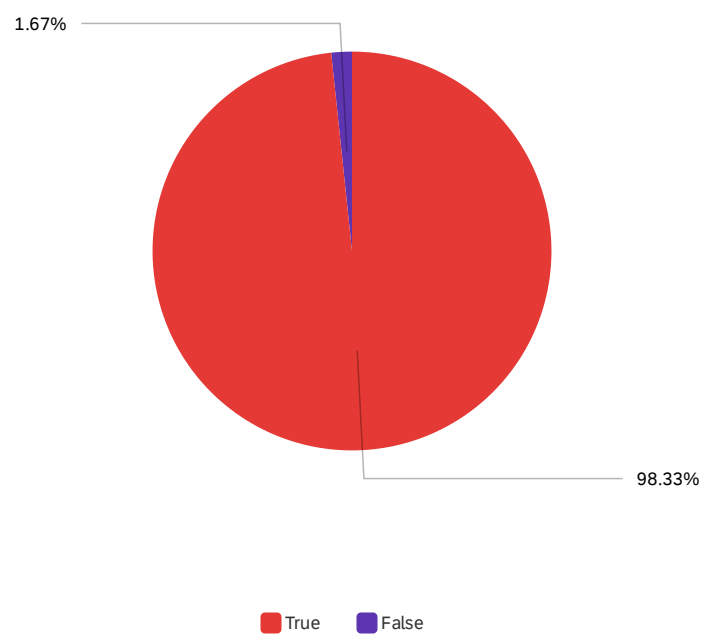
Q3 - Which of the following are types of sugar? (Select all that apply)



#	Field	Choice Count
1	Corn syrup	27.67% 57
2	Honey	21.84% 45
3	Fructose	27.67% 57
4	Molasses	22.33% 46
5	None of the above	0.49% 1
		206

Showing rows 1 - 6 of 6

Q4 - T/F: Frequent consumption of sugary drinks increases the risk of obesity.



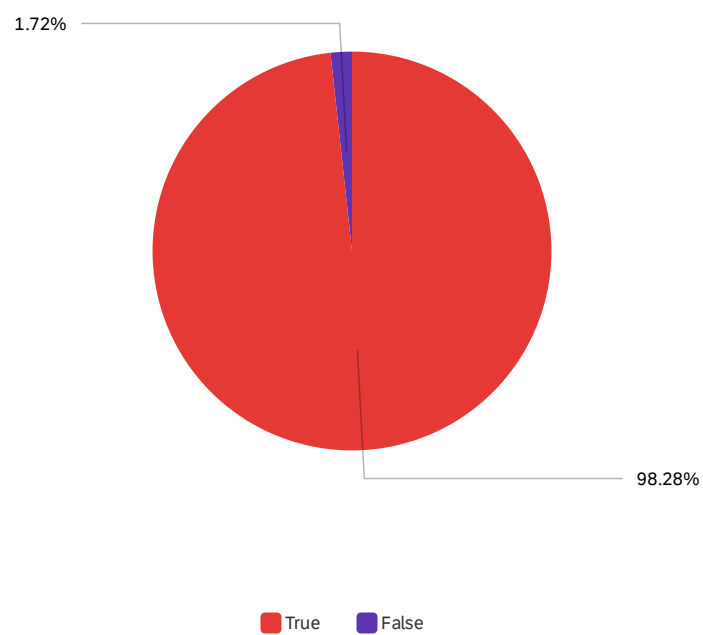
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	T/F: Frequent consumption of sugary drinks increases the risk of obesity.	1.00	2.00	1.02	0.13	0.02	60

#	Field	Choice Count
1	True	98.33% 59
2	False	1.67% 1

60

Showing rows 1 - 3 of 3

Q40 - T/F: Frequent consumption of sugary drinks increases the risk of diabetes.



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	T/F: Frequent consumption of sugary drinks increases the risk of diabetes.	1.00	2.00	1.02	0.13	0.02	58

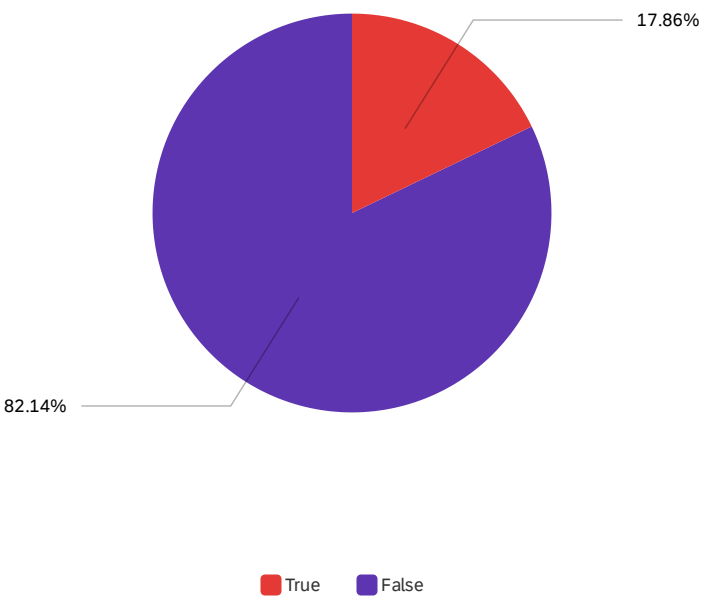
#	Field	Choice Count
1	True	98.28% 57
2	False	1.72% 1

58

Showing rows 1 - 3 of 3



Q5 - T/F: Sugar that is found naturally in fruits and milk is the same as sugar that is added to foods and drinks when they are being prepared.

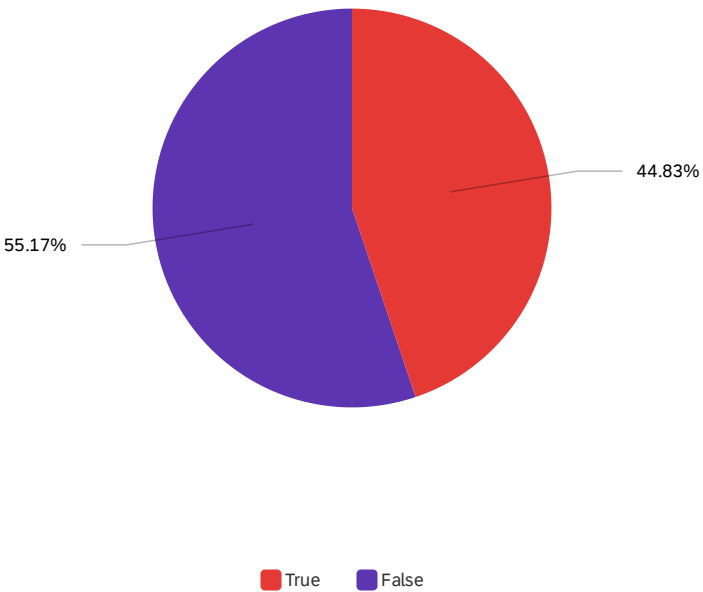


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	T/F: Sugar that is found naturally in fruits and milk is the same as sugar that is added to foods and drinks when they are being prepared.	1.00	2.00	1.82	0.38	0.15	56

#	Field	Choice Count
1	True	17.86% 10
2	False	82.14% 46

56

Q9 - T/F: Sugar that is found in 100% fruit juice is healthier than the sugar that is added to make soda.



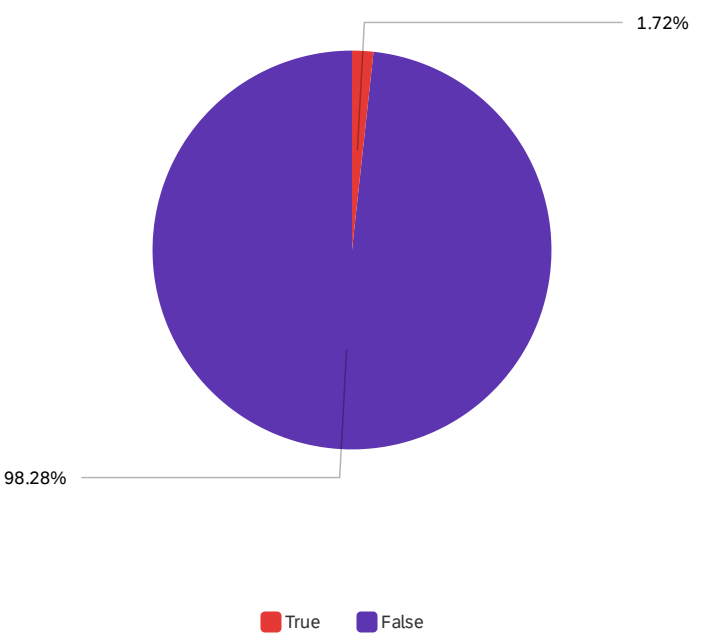
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	T/F: Sugar that is found in 100% fruit juice is healthier than the sugar that is added to make soda.	1.00	2.00	1.55	0.50	0.25	58

#	Field	Choice Count
1	True	44.83% 26
2	False	55.17% 32

58

Showing rows 1 - 3 of 3

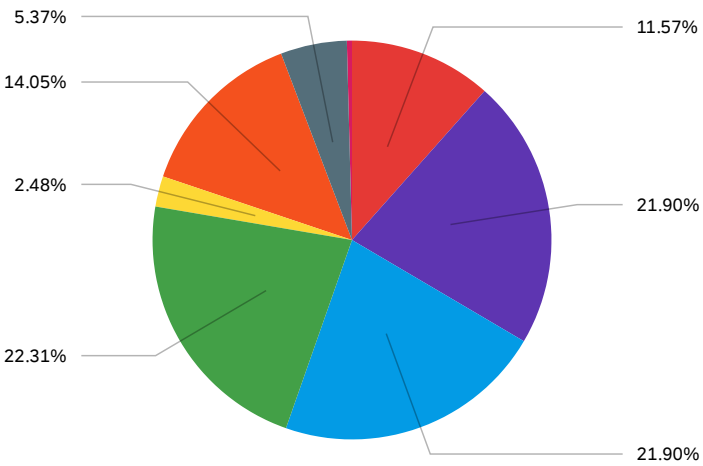
Q10 - T/F: Diabetes and obesity are the only health effects of sugar-sweetened beverage consumption.



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	T/F: Diabetes and obesity are the only health effects of sugar-sweetened beverage consumption.	1.00	2.00	1.98	0.13	0.02	58

#	Field	Choice Count
1	True	1.72% 1
2	False	98.28% 57

Q11 - What are possible consequences of drinking sugar-sweetened beverages? (Select all that apply)



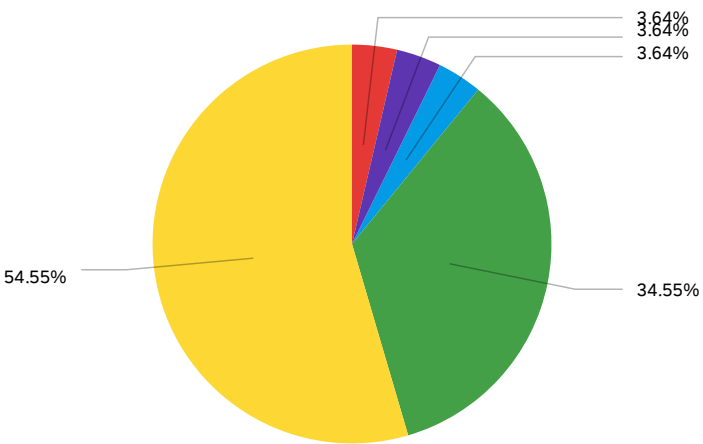
Cancer Cardiovascular disease Tooth decay Weight gain Pneumonia Bad bone health Sore throat Malaria

#	Field	Choice Count
1	Cancer	11.57% 28
2	Cardiovascular disease	21.90% 53
4	Tooth decay	21.90% 53
5	Weight gain	22.31% 54
6	Pneumonia	2.48% 6
7	Bad bone health	14.05% 34
8	Sore throat	5.37% 13
9	Malaria	0.41% 1

242

Showing rows 1 - 9 of 9

Q16 - How important is it for public health officials to focus on decreasing consumption of sugar-sweetened beverages?

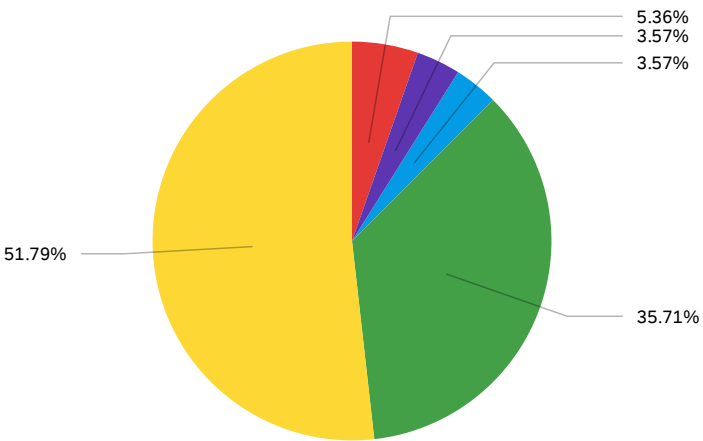


Not important at all    Unimportant    Neither important nor unimportant    Somewhat important    Very important

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Please select	1.00	5.00	4.33	0.97	0.95	55

#	Field	Choice Count
1	Not important at all	3.64% 2
2	Unimportant	3.64% 2
3	Neither important nor unimportant	3.64% 2
4	Somewhat important	34.55% 19
5	Very important	54.55% 30
		55

Q17 - How important is it for you to limit your sugar-sweetened beverage consumption?



Not important at all    Unimportant    Neither important nor unimportant    Somewhat important    Very important

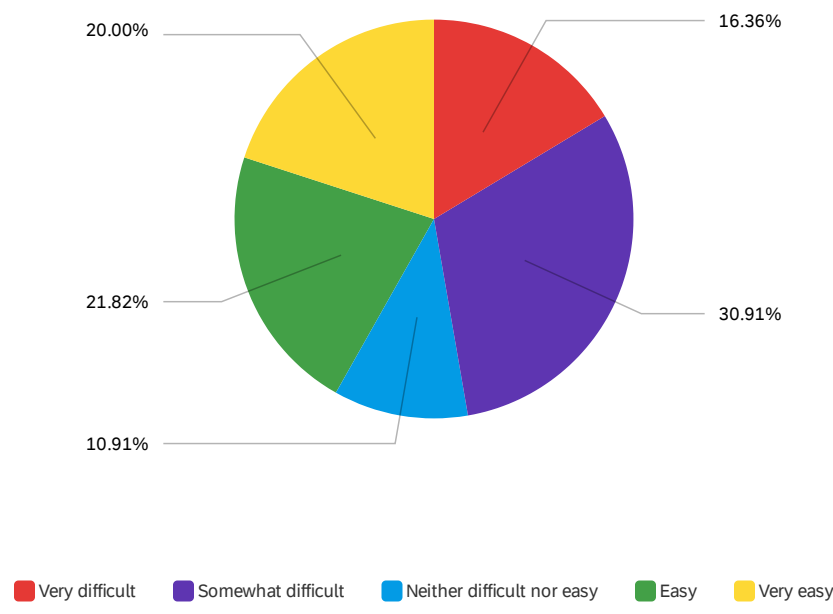
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
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1	Please select	1.00	5.00	4.25	1.06	1.12	56
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#	Field	Choice Count
1	Not important at all	5.36% 3
2	Unimportant	3.57% 2
3	Neither important nor unimportant	3.57% 2
4	Somewhat important	35.71% 20
5	Very important	51.79% 29
		56

Showing rows 1 - 6 of 6

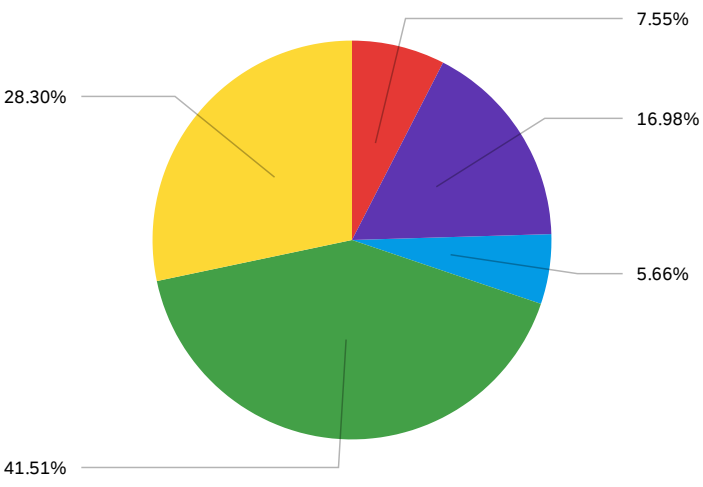
Q39 - Think of your favorite sugar-sweetened beverage. How difficult would it be for you to never be able to have that?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Please select	1.00	5.00	2.98	1.41	1.98	55

#	Field	Choice Count
1	Very difficult	16.36% 9
2	Somewhat difficult	30.91% 17
3	Neither difficult nor easy	10.91% 6
4	Easy	21.82% 12
5	Very easy	20.00% 11
		55

Q18 - How important is it for you to know how much sugar a beverage contains before you choose it?



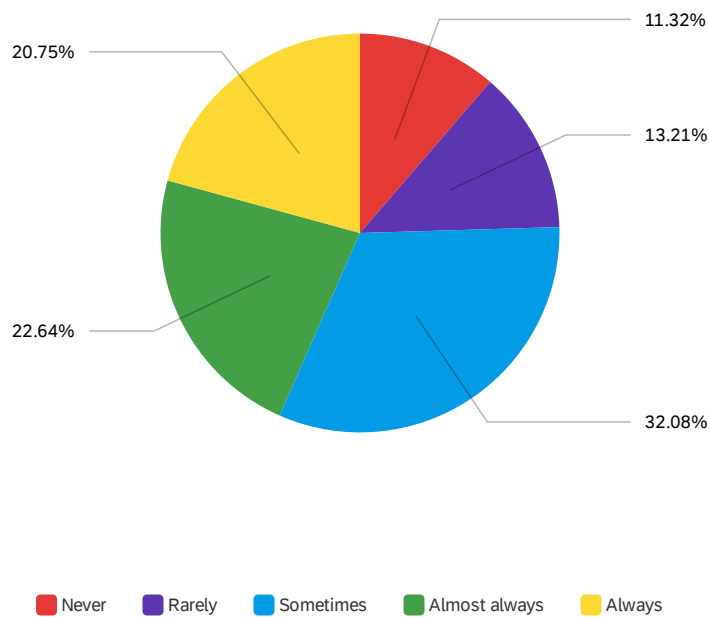
Not important at all   Unimportant   Neither important nor unimportant   Somewhat important   Very important

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Please select	1.00	5.00	3.66	1.26	1.58	53

#	Field	Choice Count
1	Not important at all	7.55% 4
2	Unimportant	16.98% 9
3	Neither important nor unimportant	5.66% 3
4	Somewhat important	41.51% 22
5	Very important	28.30% 15
		53



Q19 - How often do you read the nutrition labels of a beverage before drinking it?

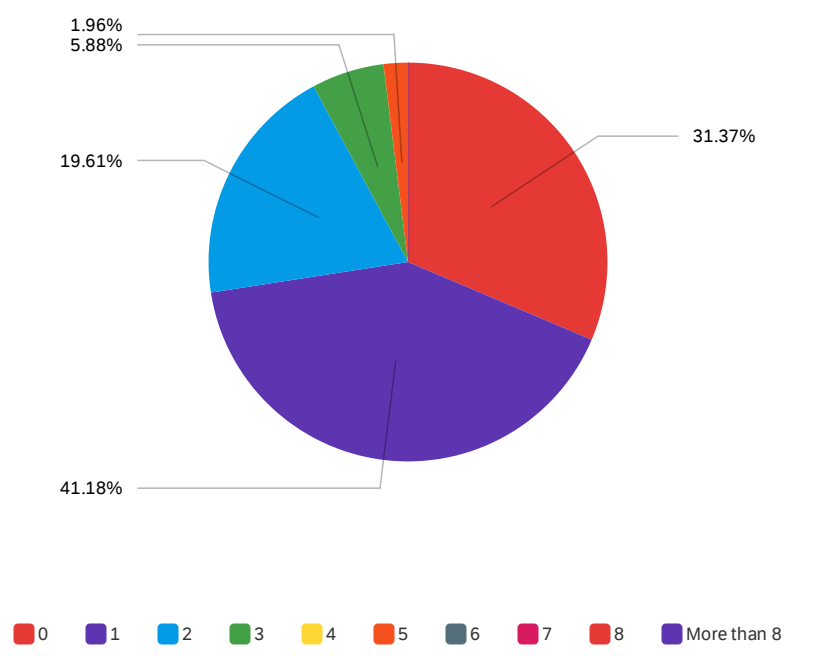


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Please select	1.00	5.00	3.28	1.25	1.56	53

#	Field	Choice Count
1	Never	11.32% 6
2	Rarely	13.21% 7
3	Sometimes	32.08% 17
4	Almost always	22.64% 12
5	Always	20.75% 11
		53

Showing rows 1 - 6 of 6

Q20 - In the past 24 hours, how many sugar-sweetened beverages did you consume?

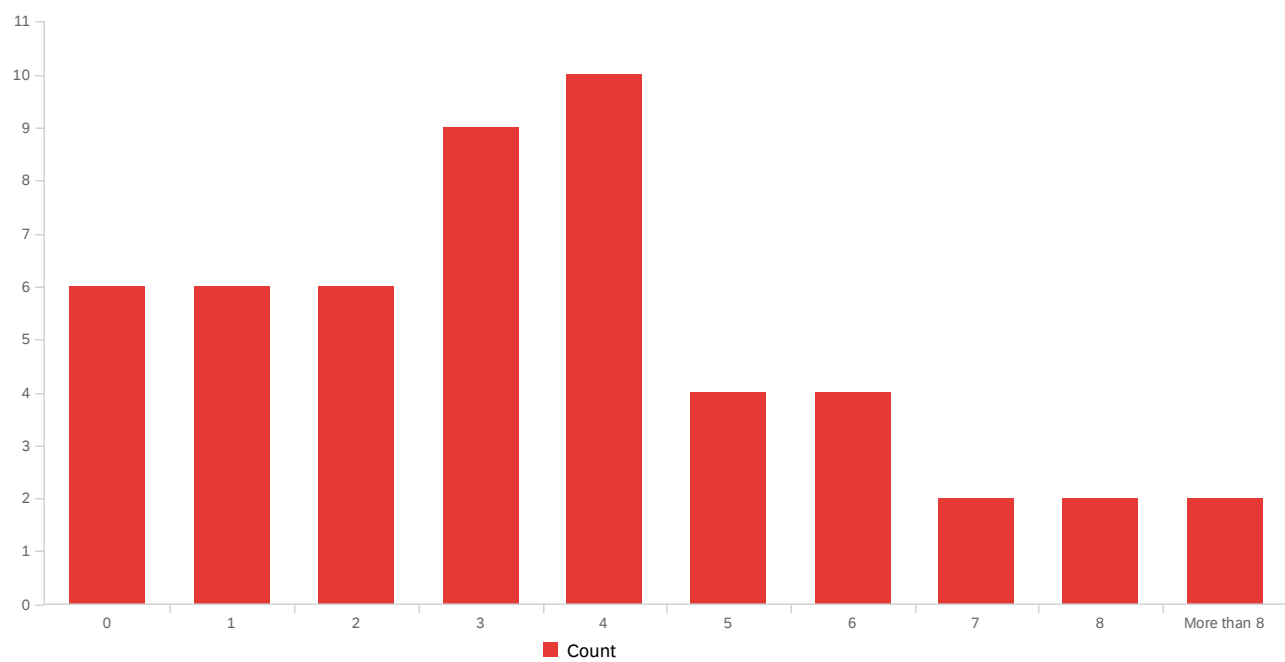


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	In the past 24 hours, how many sugar-sweetened beverages did you consume?	1.00	6.00	2.08	1.03	1.05	51

#	Field	Choice Count
1	0	31.37% 16
2	1	41.18% 21
3	2	19.61% 10
4	3	5.88% 3
5	4	0.00% 0
6	5	1.96% 1
7	6	0.00% 0
8	7	0.00% 0
9	8	0.00% 0

#	Field	Choice Count
10	More than 8	0.00% 0

Q21 - In the past 7 days, how many sugar-sweetened beverages did you consume?

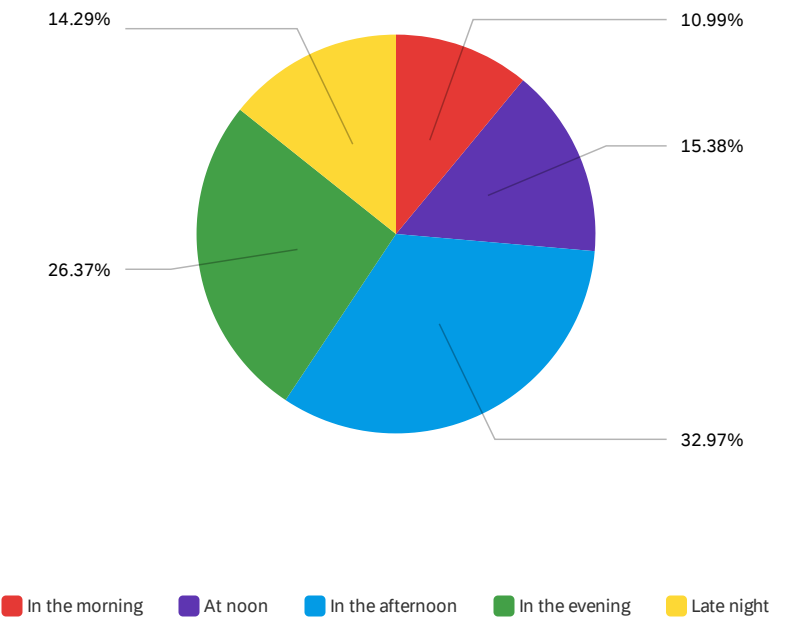


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	In the past 7 days, how many sugar-sweetened beverages did you consume?	1.00	10.00	4.47	2.38	5.66	51

#	Field	Choice Count
1	0	11.76% 6
2	1	11.76% 6
3	2	11.76% 6
4	3	17.65% 9
5	4	19.61% 10
6	5	7.84% 4
7	6	7.84% 4
8	7	3.92% 2
9	8	3.92% 2
10	More than 8	3.92% 2

Showing rows 1 - 11 of 11

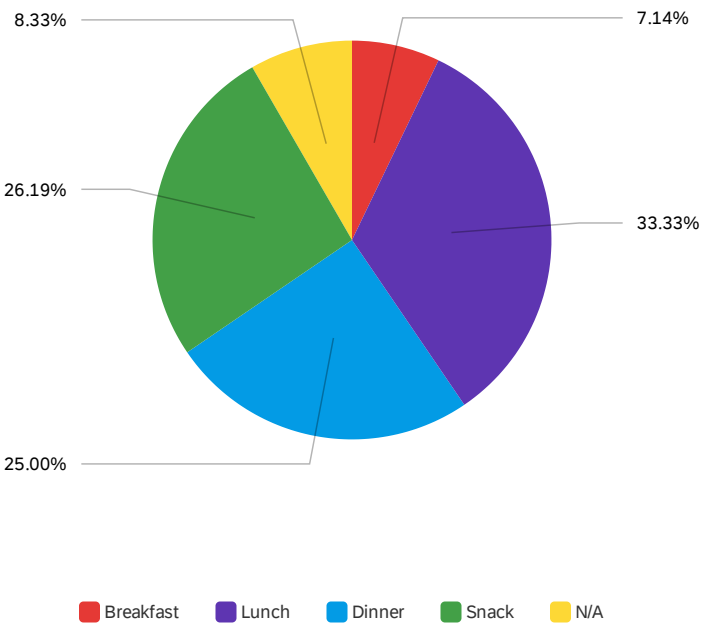
Q22 - What time of the day do you consume sugar-sweetened beverages? (Select all that apply)



#	Field	Choice Count
1	In the morning	10.99% 10
2	At noon	15.38% 14
3	In the afternoon	32.97% 30
4	In the evening	26.37% 24
5	Late night	14.29% 13
		91

Showing rows 1 - 6 of 6

Q23 - During which meal do you often drink sugar-sweetened beverages? (Select all that apply)

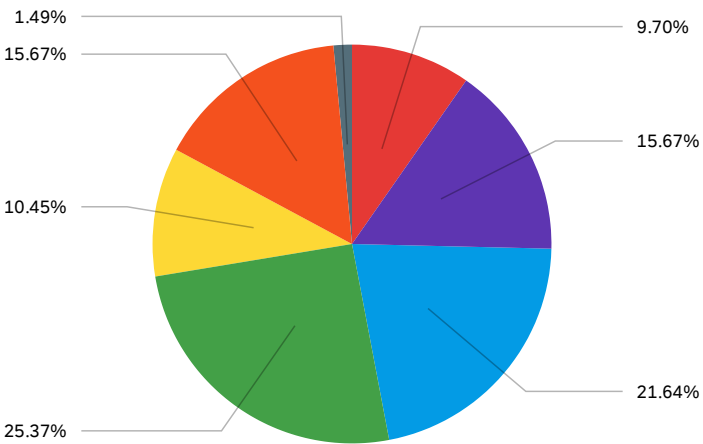


#	Field	Choice Count
1	Breakfast	7.14% 6
2	Lunch	33.33% 28
3	Dinner	25.00% 21
4	Snack	26.19% 22
6	N/A	8.33% 7
		84

Showing rows 1 - 6 of 6

Q24 - During which of the following, if any, do you drink sugar-sweetened beverages?

(Select all that apply)



Regular routine Weekends Parties Social gatherings Formal events Special dinners Other: (please specify)

#	Field	Choice Count
1	Regular routine	9.70% 13
2	Weekends	15.67% 21
3	Parties	21.64% 29
4	Social gatherings	25.37% 34
5	Formal events	10.45% 14
6	Special dinners	15.67% 21
7	Other: (please specify)	1.49% 2
		134

Showing rows 1 - 8 of 8

Q24\_7\_TEXT - Other: (please specify)

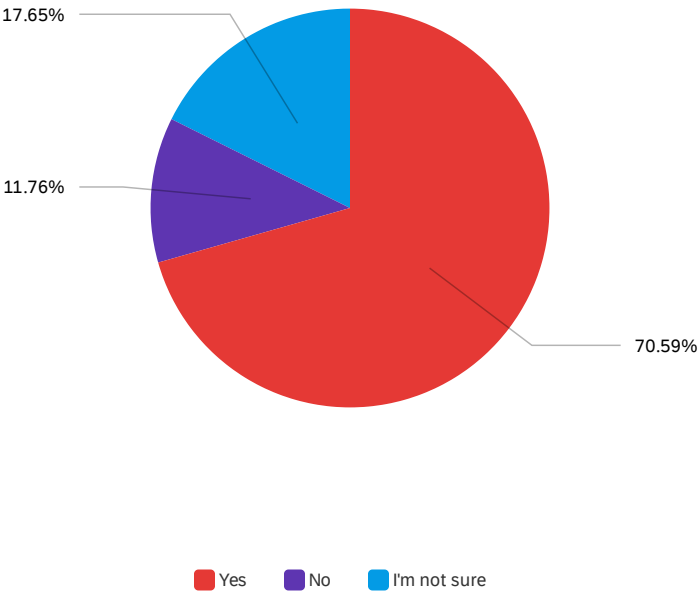
Other: (please specify)

Coffee





Q25 - Do most of your friends consume sugar-sweetened beverages?

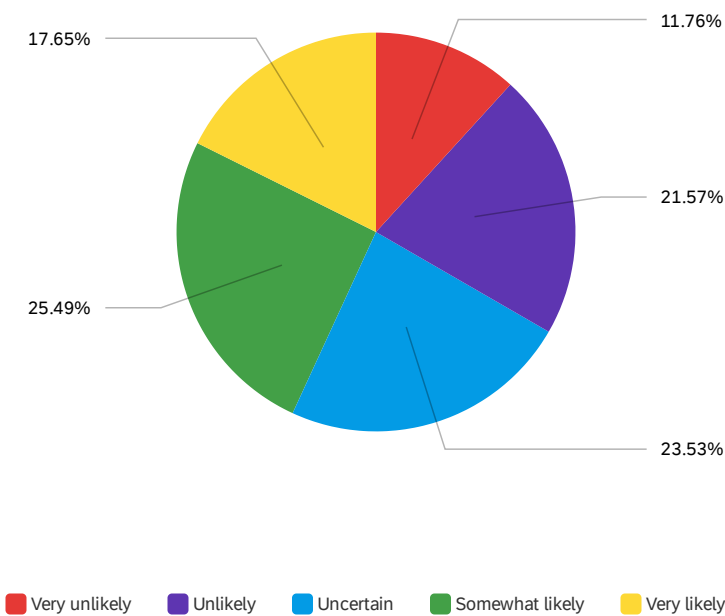


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Do most of your friends consume sugar-sweetened beverages?	1.00	3.00	1.47	0.78	0.60	51

#	Field	Choice	Count
1	Yes	70.59%	36
2	No	11.76%	6
3	I'm not sure	17.65%	9
			51

Showing rows 1 - 4 of 4

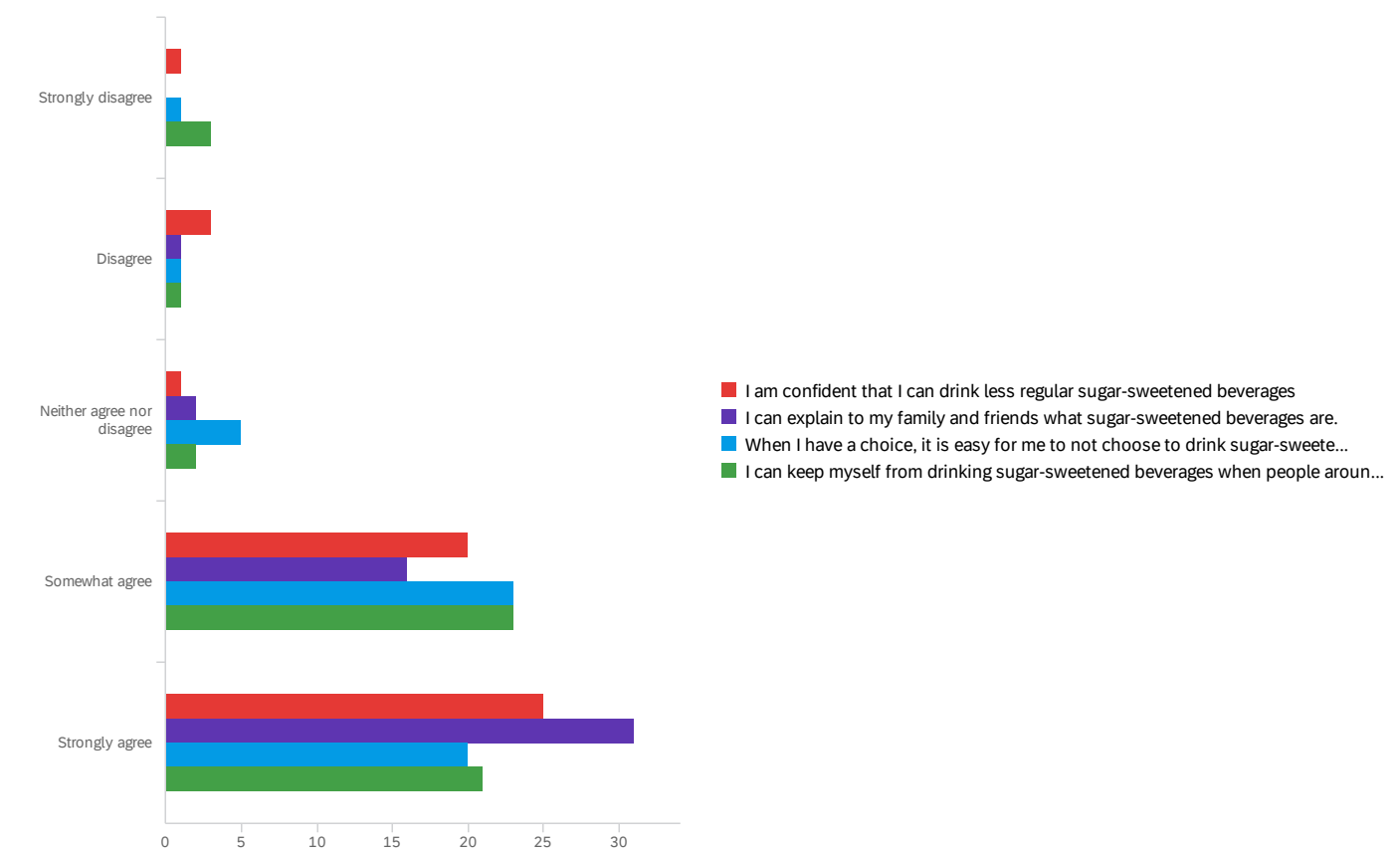
Q26 - When you are around your friends and they are drinking sugar-sweetened beverages, how likely are you to drink sugar-sweetened beverages as well?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Please select	1.00	5.00	3.16	1.27	1.62	51

#	Field	Choice Count
1	Very unlikely	11.76% 6
2	Unlikely	21.57% 11
3	Uncertain	23.53% 12
4	Somewhat likely	25.49% 13
5	Very likely	17.65% 9
		51

Q28 - Please select:



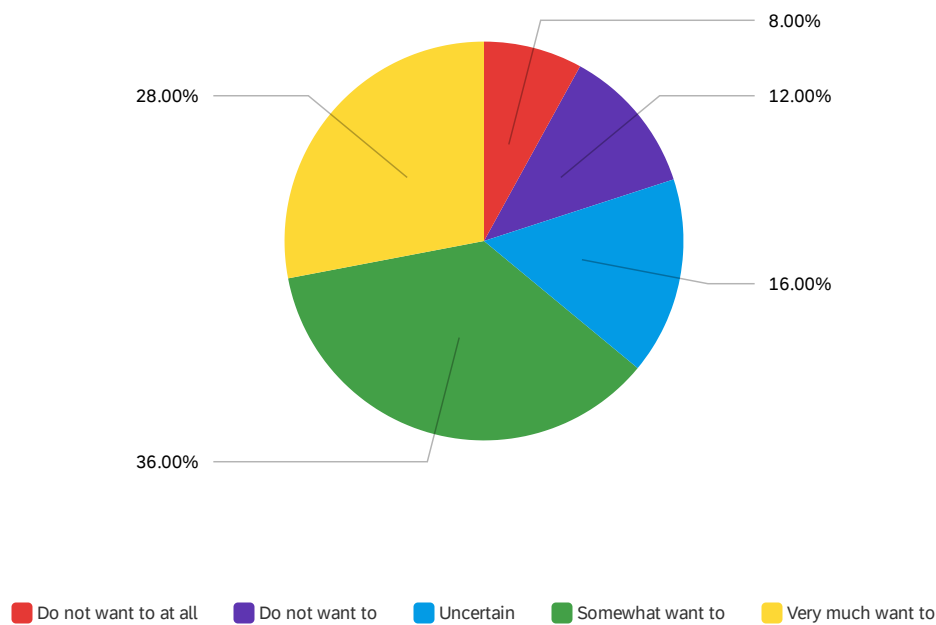
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	I am confident that I can drink less regular sugar-sweetened beverages	1.00	5.00	4.30	0.92	0.85	50
2	I can explain to my family and friends what sugar-sweetened beverages are.	2.00	5.00	4.54	0.67	0.45	50
3	When I have a choice, it is easy for me to not choose to drink sugar-sweetened beverages	1.00	5.00	4.20	0.85	0.72	50
4	I can keep myself from drinking sugar-sweetened beverages when people around me are drinking them	1.00	5.00	4.16	1.03	1.05	50

#	Field	Strongly disagree	Disagree	Neither agree nor disagree	Somewhat agree	Strongly agree	Total
1	I am confident that I can drink less regular sugar-sweetened beverages	2.00% 1	6.00% 3	2.00% 1	40.00% 20	50.00% 25	50

#	Field	Strongly disagree		Disagree		Neither agree nor disagree		Somewhat agree		Strongly agree		Total
2	I can explain to my family and friends what sugar-sweetened beverages are.	0.00%	0	2.00%	1	4.00%	2	32.00%	16	62.00%	31	50
3	When I have a choice, it is easy for me to not choose to drink sugar-sweetened beverages	2.00%	1	2.00%	1	10.00%	5	46.00%	23	40.00%	20	50
4	I can keep myself from drinking sugar-sweetened beverages when people around me are drinking them	6.00%	3	2.00%	1	4.00%	2	46.00%	23	42.00%	21	50

Showing rows 1 - 4 of 4

Q29 - How much do you want to drink less sugar-sweetened beverages?

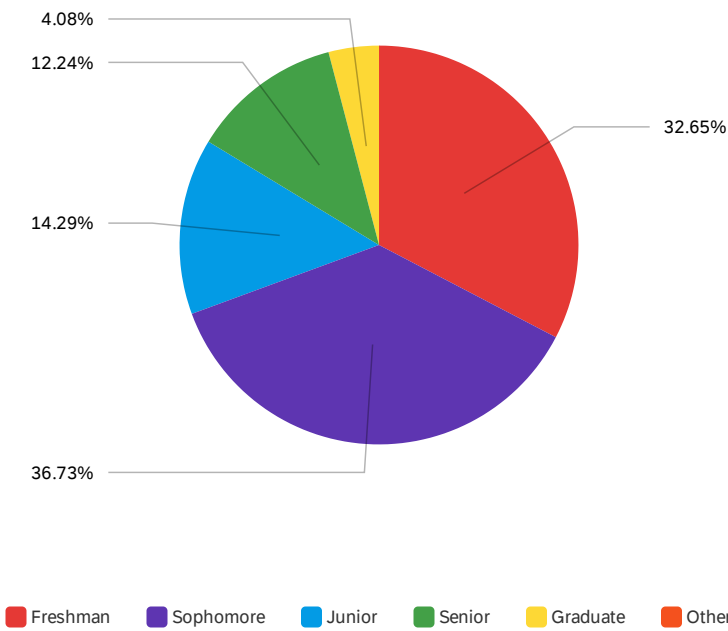


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Please select	1.00	5.00	3.64	1.23	1.51	50

#	Field	Choice Count
1	Do not want to at all	8.00% 4
2	Do not want to	12.00% 6
3	Uncertain	16.00% 8
4	Somewhat want to	36.00% 18
5	Very much want to	28.00% 14
		50

Showing rows 1 - 6 of 6

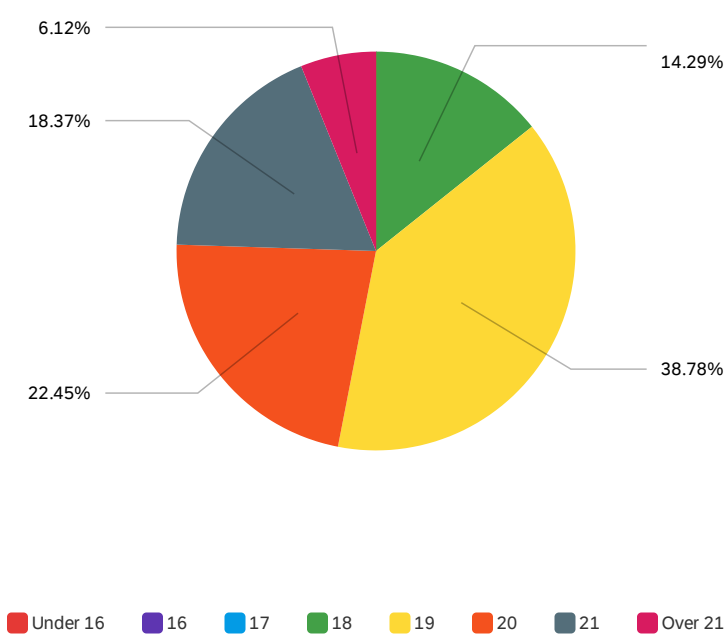
Q30 - What year are you in your degree program?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	What year are you in your degree program?	1.00	5.00	2.18	1.14	1.29	49

#	Field	Choice Count
1	Freshman	32.65% 16
2	Sophomore	36.73% 18
3	Junior	14.29% 7
4	Senior	12.24% 6
5	Graduate	4.08% 2
6	Other	0.00% 0

Q31 - What is your age?

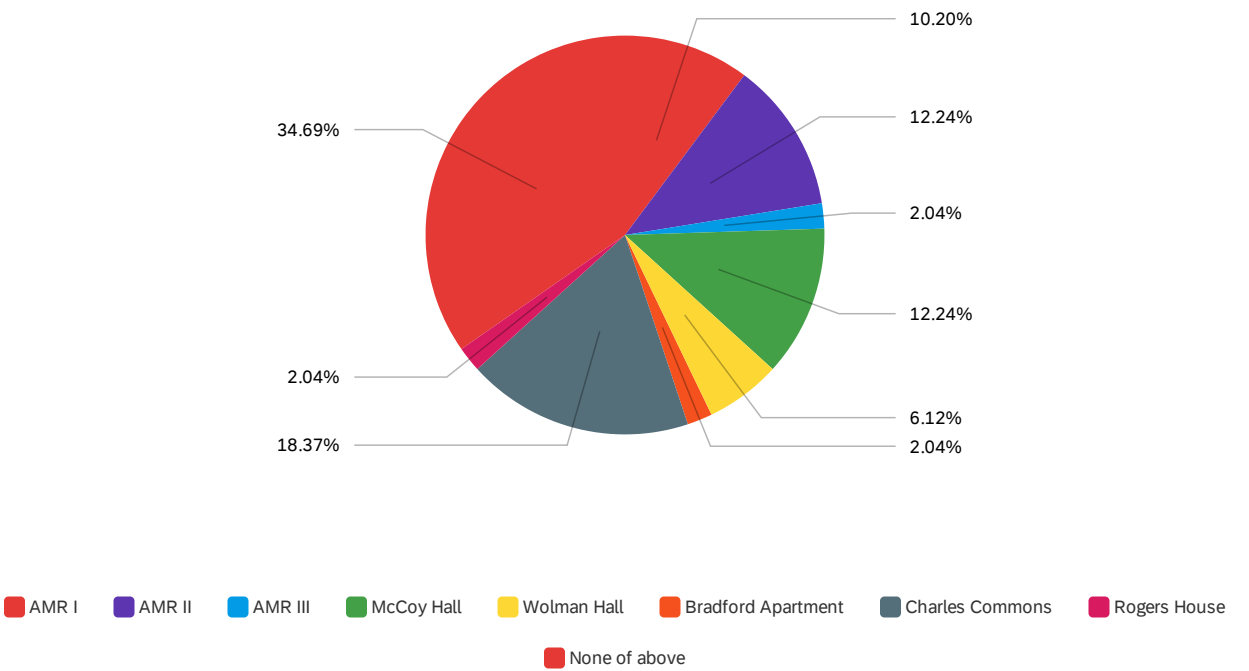


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	What is your age?	4.00	8.00	5.63	1.12	1.25	49

#	Field	Choice Count
1	Under 16	0.00% 0
2	16	0.00% 0
3	17	0.00% 0
4	18	14.29% 7
5	19	38.78% 19
6	20	22.45% 11
7	21	18.37% 9
8	Over 21	6.12% 3



Q32 - Which residence hall do you live in?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Which residence hall do you live in?	1.00	9.00	5.90	2.94	8.62	49

#	Field	Choice Count
1	AMR I	10.20% 5
2	AMR II	12.24% 6
3	AMR III	2.04% 1
4	McCoy Hall	12.24% 6
5	Wolman Hall	6.12% 3
6	Bradford Apartment	2.04% 1
7	Charles Commons	18.37% 9
8	Rogers House	2.04% 1
9	None of above	34.69% 17

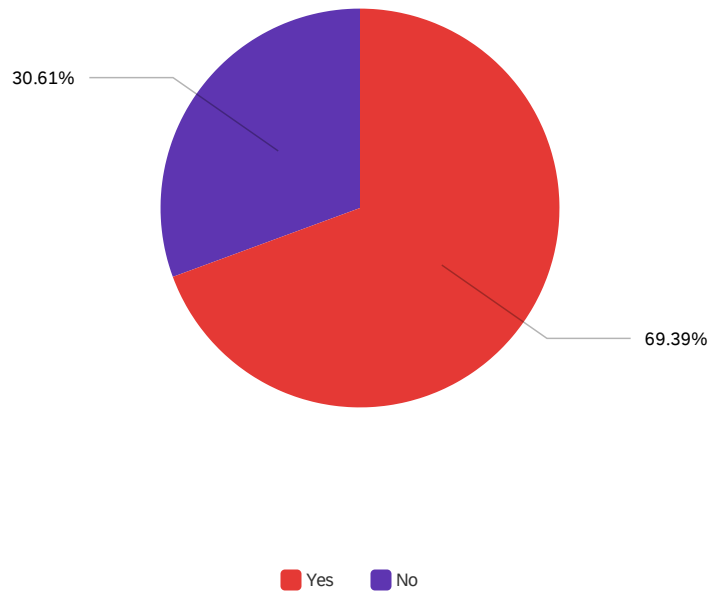
#    Field

Choice  
Count

49

Showing rows 1 - 10 of 10

Q33 - Do you currently have a school meal plan that includes access to the Fresh Food Cafe?



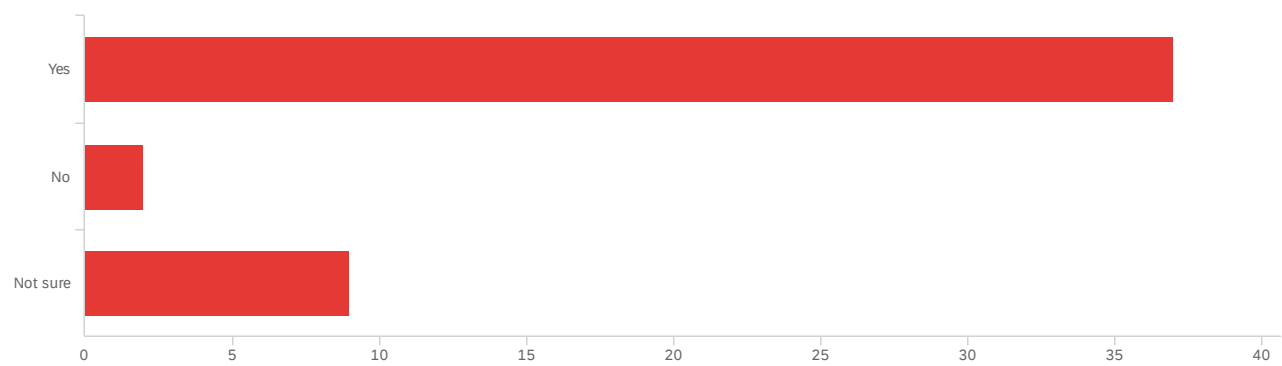
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Do you currently have a school meal plan that includes access to the Fresh Food Cafe?	1.00	2.00	1.31	0.46	0.21	49

#	Field	Choice Count
1	Yes	69.39% 34
2	No	30.61% 15

49

Showing rows 1 - 3 of 3

Q51 - Are you willing to take a follow up survey within the next month?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Are you willing to take a follow up survey within the next month?	1.00	3.00	1.42	0.79	0.62	48

#	Field	Choice Count
1	Yes	77.08% 37
2	No	4.17% 2
3	Not sure	18.75% 9
		48

Showing rows 1 - 4 of 4

## Q52 - Please provide your email for future contact:

Please provide your email for future contact:

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fpiskul1@jhu.edu

esalaza6@jh.edu

garbargio@gmail.com

Fmccart1@jh.edu

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ccorpuz2@jh.edu

estover6@jhu.edu

Kjimene4@jh.edu

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Hmille51@jh.edu

ajacob50@jhu.edu

jmcgrew3@jh.edu

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Please provide your email for future contact:

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**End of Report**