

May 7, 2021 - June 7, 2021

Your BP Readings

Date	Time	Systolic (mmHg)	Diastolic (mmHg)	Pulse (bpm)	Notes
June 4, 2021	12:16 AM	101	76	73	
June 4, 2021	12:13 AM	103	67	74	
June 3, 2021	7:56 AM	105	77	85	
June 3, 2021	7:53 AM	103	71	85	
June 3, 2021	1:05 AM	102	78	74	
June 3, 2021	1:02 AM	107	76	81	
June 2, 2021	5:05 AM	92	68	95	
June 2, 2021	5:02 AM	91	64	88	
June 1, 2021	11:08 PM	98	73	75	
June 1, 2021	11:05 PM	100	71	82	
June 1, 2021	5:05 AM	105	70	87	
June 1, 2021	5:02 AM	104	76	83	
June 1, 2021	12:11 AM	100	76	73	
June 1, 2021	12:08 AM	99	69	68	
May 31, 2021	9:34 AM	99	80	76	
May 31, 2021	9:31 AM	108	78	80	
May 31, 2021	12:41 AM	104	81	72	
May 31, 2021	12:39 AM	105	75	73	
May 30, 2021	7:51 AM	102	73	96	
May 30, 2021	7:49 AM	102	76	107	
May 30, 2021	12:16 AM	98	65	85	
May 30, 2021	12:14 AM	95	62	84	
May 29, 2021	8:05 AM	101	71	79	
May 29, 2021	8:01 AM	102	72	85	
May 28, 2021	11:02 PM	104	73	86	
May 28, 2021	11:00 PM	100	70	89	
May 28, 2021	5:05 AM	96	69	74	
May 28, 2021	5:02 AM	92	69	75	
May 27, 2021	11:48 PM	94	67	82	
May 27, 2021	11:45 PM	96	64	89	
May 27, 2021	5:05 AM	97	68	90	
May 27, 2021	5:02 AM	100	70	94	
May 26, 2021	11:32 PM	104	74	89	
May 26, 2021	11:30 PM	107	67	89	
May 26, 2021	8:18 AM	100	72	87	
May 26, 2021	8:16 AM	102	72	93	
May 26, 2021	1:53 AM	101	71	91	
May 26, 2021	1:50 AM	105	76	89	
May 25, 2021	8:19 AM	104	72	81	
May 25, 2021	8:15 AM	110	76	79	
May 24, 2021	11:58 PM	100	72	82	
May 24, 2021	11:56 PM	97	68	88	

May 24, 2021	9:19 AM	105	74	97	
May 24, 2021	9:16 AM	104	76	90	
May 23, 2021	11:34 PM	99	69	84	
May 23, 2021	11:32 PM	103	72	85	
May 23, 2021	5:05 AM	100	67	89	
May 23, 2021	5:03 AM	103	71	95	
May 22, 2021	11:25 PM	104	71	91	
May 22, 2021	11:22 PM	102	67	89	
May 22, 2021	5:04 AM	100	73	93	
May 22, 2021	5:02 AM	104	74	92	
May 21, 2021	11:01 PM	108	77	86	
May 21, 2021	10:59 PM	106	77	81	
May 21, 2021	5:03 AM	104	75	93	
May 21, 2021	5:01 AM	109	76	90	
May 20, 2021	11:45 PM	93	66	84	
May 20, 2021	11:43 PM	95	69	85	
May 20, 2021	8:41 AM	108	79	86	
May 20, 2021	8:39 AM	99	77	86	