

Your BP Readings

Date	Time	Systolic (mmHg)	Diastolic (mmHg)	Pulse (bpm)	Notes
September 20, 2021	12:02 AM	107	82	64	
September 19, 2021	11:57 PM	112	81	64	
September 19, 2021	8:03 AM	105	81	72	
September 19, 2021	7:59 AM	104	74	70	
September 18, 2021	10:18 PM	103	74	84	
September 18, 2021	10:12 PM	111	77	81	
September 18, 2021	7:02 AM	107	85	79	
September 18, 2021	6:59 AM	111	85	81	
September 17, 2021	11:17 PM	111	76	91	
September 17, 2021	11:15 PM	123	80	97	
September 17, 2021	5:42 AM	105	82	73	
September 17, 2021	5:40 AM	105	80	74	
September 16, 2021	10:50 PM	102	83	70	
September 16, 2021	10:48 PM	107	79	71	
September 16, 2021	5:57 AM	105	76	75	
September 16, 2021	5:55 AM	113	66	80	
September 15, 2021	10:10 PM	106	72	80	
September 15, 2021	10:07 PM	110	68	82	
September 15, 2021	7:36 AM	104	81	73	
September 15, 2021	7:33 AM	112	70	73	
September 14, 2021	10:05 PM	108	78	80	
September 14, 2021	10:02 PM	100	72	84	
September 14, 2021	7:35 AM	119	84	76	
September 14, 2021	7:32 AM	119	70	79	
September 13, 2021	10:53 PM	107	79	70	
September 13, 2021	10:50 PM	106	75	70	
September 13, 2021	6:36 AM	105	76	73	
September 13, 2021	6:34 AM	115	84	80	
September 13, 2021	12:40 AM	101	75	84	
September 13, 2021	12:37 AM	101	74	89	
September 12, 2021	7:18 AM	120	90	82	
September 12, 2021	7:15 AM	125	82	75	
September 11, 2021	6:15 AM	99	81	82	
September 11, 2021	6:13 AM	108	83	76	
September 10, 2021	10:51 PM	113	80	65	
September 10, 2021	10:49 PM	113	86	74	
September 10, 2021	5:10 AM	105	84	73	
September 10, 2021	5:07 AM	113	78	72	
September 9, 2021	10:08 PM	108	80	63	
September 9, 2021	10:06 PM	105	73	65	
September 9, 2021	6:26 AM	117	81	77	
September 9, 2021	6:22 AM	111	82	76	

September 8, 2021	9:58 PM	103	80	67	
September 8, 2021	9:55 PM	105	83	69	
September 8, 2021	7:42 AM	105	81	71	
September 8, 2021	7:39 AM	112	86	74	
September 7, 2021	10:52 PM	108	76	69	
September 7, 2021	10:49 PM	104	71	70	
September 7, 2021	6:00 AM	105	82	71	
September 7, 2021	5:58 AM	112	81	70	
September 6, 2021	10:14 PM	109	84	72	
September 6, 2021	10:11 PM	110	86	73	
September 6, 2021	5:43 AM	119	81	67	
September 6, 2021	5:41 AM	114	79	68	
September 5, 2021	10:28 PM	114	82	67	
September 5, 2021	10:15 PM	112	83	67	
September 5, 2021	7:59 AM	115	90	74	
September 5, 2021	7:54 AM	116	86	77	