



PROCESO GESTIÓN DE FORMACIÓN PROFESIONAL INTEGRAL
INSTRUMENTO DE EVALUACIÓN



Regional: QUINDÍO

Centro de formación: COMERCIO Y TURISMO

Denominación del Programa de Formación: Tecnólogo en Análisis y Desarrollo de Sistemas de Información.
Versión: 102

Nombre del Aprendiz:

Zhancik Martinez R.

No. de Documento: 7405996882

No. De Ficha: 2250076

Nombre del Instructor: Janeth Grajales Abdala

Competencia:

- ✓ Producir textos en inglés en forma escrita y auditiva.

Resultados de Aprendizaje:

- ✓ Leer textos complejos y con un vocabulario más específico en inglés general y técnico.
- ✓ Comprender las ideas principales de textos complejos en inglés que tratan de temas tanto concretos como abstractos, incluso si son de carácter técnico, siempre que estén dentro de su campo de especialización.

Actividad:

- ✓ Cuestionario.

Evidencia:

- ✓ Conocimiento

CUERPO DEL INSTRUMENTO:

I. Read the text and decide if the sentences below are true , false or not mentioned. (40 points)



ARE YOU AN INTERNET ADDICT?

Experts say that millions of people around the world are one click away from 'online' addiction.

The Internet is where we spend more and more of our time. But for a growing number of people, it's an out-of-control habit that interferes with normal living and causes severe stress on family, friends, loved ones and work.

Kimberly Young, clinical director of the Centre for Internet Addiction Recovery and author of the book *Caught in the Net*, says that about 5% to 10% of Americans – 15 to 30 million people – may suffer from Internet addiction and the problem may be even greater in countries like China, Korea and Taiwan. It's a global problem.

Coleen Moore, coordinator of resource development at the Illinois Institute for Addiction Recovery, says she has clients from college age to early adulthood who spend 14 to 18 hours a day online. But Young notes that it's not just how long people spend using a computer; it's what they're doing online.

To help people with their diagnosis, Young developed a test that uses a 20-question survey to measure levels of Internet addiction. "There are no real drugs for this yet," she says. "It's not about medication, it's more about therapy." The estimated recovery time varies. At the Illinois Institute for Addiction Recovery, some patients need 30 to 90 days of in-patient treatment, followed by a continuing care program. But Internet addiction recovery, like any other addiction, requires lifelong treatment, experts say.

Online gaming is the form of Internet addiction most rapidly growing among young people. "Initially we primarily had people addicted to surfing the Web, chat rooms, virtual communities and things like that. Now we are looking more to gaming," Moore says. "Gaming is certainly one of the things that could get people addicted to the Internet, because it has such compelling content. But I don't think games are any more likely to cause Internet addiction than any of the other forms of entertainment".

Decide if each sentence is TRUE (T), FALSE (F), or NOT MENTIONED (NM).

- | | | | |
|---|---------------------------------------|---------------------------------------|--|
| 1. The number of Internet users has increased by 1000%. | T <input type="checkbox"/> | F <input type="checkbox"/> | NM <input checked="" type="checkbox"/> |
| 2. Internet addiction affects people's life in many different ways. | T <input checked="" type="checkbox"/> | F <input type="checkbox"/> | NM <input type="checkbox"/> |
| 3. Almost half of Americans spend too much time online. | T <input type="checkbox"/> | F <input checked="" type="checkbox"/> | NM <input type="checkbox"/> |
| 4. The USA is the country with the highest number of addicts. | T <input type="checkbox"/> | F <input checked="" type="checkbox"/> | NM <input type="checkbox"/> |



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5. There are centres to recover from Internet addiction.

T ☒ F ☐ NM ☐

6. Their clients are between 14 and 18 years old.

T ☐ F ☒ NM ☐

7. Internet addiction hasn't been understood very well yet.

T ☒ F ☐ NM ☒

8. It's difficult to recover from this addiction.

T ☒ F ☐ NM ☐

9. People are mostly addicted to surfing the web, chat rooms and social networks. T ☒ F ☐ NM ☒

10. Games are just as addictive as other forms of entertainment.

T ☒ F ☐ NM ☐

II. Answer the following questions based on the text (20 points)

1. What aspects on people's lives does the internet addiction interfere on?

The internet interferes in family, communication

2. What countries suffer most from the internet addiction?

the countries ~~most~~ that ~~most~~ suffer are China, Korea, Taiwan

3. What is the estimated time for the addiction treatment?

the time estimated ^{time} is 30 to 90 days

4. How can the internet addiction be treated according to Coleen Moore?

It's more about therapy

5. What is the internet addiction form growing rapidly among young people?

online gaming is the form most rapidly

III. Write the meaning in Spanish to the following words. (20 points)

1. Addicted: adicto a

2. Leave: dejar



3. Upload: subir
4. Meet: reunirse
5. Available: disponible
6. Online: en línea

7. Recovery: recuperación
8. Addiction: adicción
9. Habit: hábitos
10. Survey: encuesta

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IV. Answer the two questions below. Have in mind the grammar and punctuation marks. (20 points)

1. What are the pros and cons of the Internet?

the pros:
- better communication
- supply information

cons
- wasting time
- become addicted

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2. How important is your smartphone to you?

It is ~~the~~ very important because it has all my information.

RESULTADOS: Aprobado ☒ Deficiente ☐

OBSERVACIONES-RECOMENDACIONES:

Ciudad y fecha de aplicación del instrumento:

Firma del Aprendiz

Firma del Instructor