# PSYCH 532 STUDY GUIDE – MIDTERM Fall, 2019

# **Bailey & Burch (2016):**

## Chapter 1: How we got here

- Sunland Miami Scandal generally, what happened and what resulted from it
- What does Ethics refer to and what are the three fundamental questions ethics addresses?

### Chapter 4: Analyzing Complex Ethics Cases using 7-step model

- What are the seven steps?
- Why each important?
- Main considerations of each Be able to apply to simple vignettes

# <u>Chapter 5: Everyday Ethical Challenges</u>

Recognize and manage the following common everyday challenges:

- Potential problems associated with
- Favors
- Gossip
- White Lies
- Gifts / appreciation
- Advice
- Not taking responsibility

## Chapter 6: Responsible Conduct of Behavior Analysts

- From Guidelines to Compliance Code implications
  - 1.01-1.07: what is take home message of each, why important to ethical practice, use to analyze vignettes:
    - Fad treatments
    - Scope of Competence vs scope of practice
      - How to broaden one's scope of competence
      - Is it really a worthy CEU?
    - Ethics and Lawfulness
    - Avoid Jargon- speaking with clients vs professionals
    - Cultural Sensitivity
    - Avoid Confusing roles example of multiple relationship vs exploitative
    - We love our therapy team and the holidays Is it a gift or common courtesy?
    - Behavior analysts behaving badly how address

### Chapter 7: Behavior Analyst Responsibility to Clients

- When to get consult?
- When to refer out?
- Appropriate referral practice:
  - o 30-day notice
  - No active crisis
  - Provide three pre-screened referrals who provide evidence-based practice
  - No kickbacks or kick forwards
- When can shred client records (adults vs minors)
  - Adults: 7 years
  - Minors: 18 + 7 = 25 years
- Conditions for ethical treatment termination:
  - No evidence of therapeutic gain
  - o Treatment resulting in harm to child
  - o Breakdown of therapeutic relationship
  - o Financial debts to you
- What is client abandonment?
  - Unjust termination
    - Out of left field no warning or attempt to solve
    - Lack of proper notice
- Best Discharge Criteria
  - Transition planning will include three components:
    - Gradual/step-down reduction of services over a sustained three to sixmonth period with shifting treatment modality
    - Reduce 1:1 and Increase SV/parent education and support
    - Collaboration with providers of ongoing educational and generic services
      IF HAVE RELEASE FROM PARENT TO DO SO
  - 2.01-2.15: what is the take home message of each, why important to ethical practice, use to analyze vignettes:
    - Evaluating whether can and should accept a particular client
    - Who is my client? But what about all these other stakeholders/players?
    - Playing nice in the sandbox situations / Collaboration- funding entities, educators, other treating service providers, MDs, extended family
    - Protecting client confidentiality
    - Limits of confidentiality
    - Dueling treatments what is your ethical responsibility?
    - What to do?
      - High rate of session cancellations by client
      - High rates of session cancellation by RBT
      - Hostile client situations

#### Chapter 18: Declaration of Professional Services

**AKA: Informed Consent** 

#### Include:

- Area of Expertise: credentials, where received degree, how long in practice, specialty
- Scope of Relationship, limitations, and risks
- ABA intro What is it, what is it not, risks and benefits
- How work consult with parents and others, target socially significant bx
- Expectations of Client buy-in, attendance, data collection, share/honesty re: meds, other interventions, etc., adherence to office policies (covers, calls / response times, etc), payment for services
- Reference to our ethics code
- Confidentiality & Limits to Confidentiality (danger to self or others, financial, funders)
- Appointments, Fees, and emergency policies
- Grievance procedures
- Dates and Signatures!

### Chapter 8: Assessing Behavior

- Scope of competence/ practice to complete assessment
- Importance of establishing baselines prior to intervention why??
- Client/ Parent consent prior to assessment
- Rule-out medical or other potential contributing factors for behavior observed
  - Referrals dentists, medical doctors (Pediatrician, GI, Neuro, etc) common (have a vetted list)
- Review assessment findings in plain terms avoid jargon assess for understanding
- If sharing results with others or receiving other reports must have release of info form signed by parents.

# **READINGS** – Main idea from each | Ethical implications

Van Houten, Axelrod, Bailey, Favell, Foxx, Iwata, & Lovaas (1988). The right to effective behavioral treatment.

- What are the six rights discussed by Van Houten and why important?
- What are you and your therapy teams doing to ensure your clients' rights are protected? Provide examples for each of the six areas.

Smith, T. & Wick, J. (2008). Controversial treatments. pgs. 243-251 only.

Jacobson, J W., Foxx, R. M., & Mulick, J. A. Lawrence Erlbaum Associates, (2004). Helping parents separate the wheat from the chaff: Putting autism treatments to the test

Wang, Kang, Ramirez, Tarbox (2019). Multilingual Diversity in the Field of Applied Behavior Analysis and Autism: A Brief Review and Discussion of Future Directions.

Fong et al. (2016). Developing cultural awareness skills of behavior analysts.

Brodhead (2015). Maintaining Professional Relationships in an Interdisciplinary Setting: Strategies for Navigating Non-behavioral Treatment Recommendations for Individuals with Autism

Cicoria, M. (2019). {podcast} 11 tips for consulting in public school settings, Session 74. (Main Ideas)

BACB (2014). ABA for ASD. Practice guidelines for healthcare funders and managers (2<sup>nd</sup> Ed).

- Focused vs comprehensive treatment models
- Caseloads
- Medical necessity

Papatola, K. & Lustig, S. (2016). Navigating a managed care peer review: Guidelines for clinicians using applied behavior analysis in the treatment of children on the autism spectrum. Behavior Analysis in Practice, 9, 135-145.

Kornack, J., Herscovitch, B. & Williams, A. (2017). A response to Papatola and Lustig's paper on navigating a managed care peer review: Guidelines for clinicians using applied behavior analysis in the treatment of children on the autism spectrum. Behavior Analysis in Practice, https://doi.org/10.1007/s40617-017-0192-x

#### Treatment Efficacy of Lovaas (and other outcome studies):

- Early and intensive (25+ hrs/week) = most effective
  - "Eclectic" model (some ABA, some school, some OT, some speech) = subpar
- Parent involvement / part of treatment team = most effective
- Across settings better than only in hospital / clinic = generalization
- Older kids at intake (4-7 years) also benefit from ABA services but not as much. Earlier the better to start intensive treatment.

# **CLASS DISCUSSIONS**

Non-Evidence Based Treatments – what they are, how address if presented by a client

- Facilitated Communication
- Floortime
- Dolphin Therapy
- Marijuana

Funding process - diagnosis to funded hours for ongoing treatment services; Importance of Informed Consent / Declaration of Services:

• <u>Regional Center</u>: Provides lifetime support and services; intended to MAXIMIZE outcomes; goal is adaptive functioning/ as independent as possible; enable individuals to continue living in their homes rather than being hospitalized

- <u>School Districts</u>: (Per Bonnie) Provides FREE AND APPROPRIATE PUBLIC EDUCATION TO ALL STUDENTS with the stated purpose of ensuring the student able to access the educational curriculum. Focus on Least Restrictive Setting; Must just provide "adequate (aka: appropriate)" vs "best" service. (Honda vs Range Rover analogy)
- <u>Insurance / Medi-Cal</u>: Senate Bill 946 mandated coverage for therapeutic services for those with ASD includes ABA if "medically necessary." Requires formal diagnoses first by licensed health care professional with prescription order for ABA evaluation. ABA agency assess for ABA services and develops Treatment Plan.
  - Treatment plan to include: (bold per Cigna All per our best practice)
    - Medical Dx date, by whom
    - History any other significant issues / comorbidity that could impact treatment response
    - Current levels of functioning/ Baseline
      - Baseline testing adaptive bx, etc.
    - Goals of treatment set as 6-month goals
    - Parent Goals
    - Discharge Criteria
    - Service level recs hours, settings, etc. and WHY the rationale for that level of service for that individual client.