



PL/SQL PROJECT

GYM PROGRESS TRACKER DATABASE

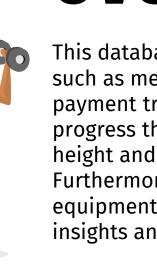
ORACLE APEX

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This database manages aspects of gym operations such as member registration, attendance tracking, and payment transactions. It also monitors members' progress through attributes such as calorie intake, height and weight for effective fitness management. Furthermore, it keep tracks of trainer assignments and equipment usage, that can aid in determining training insights and optimizing the overall gym experience.



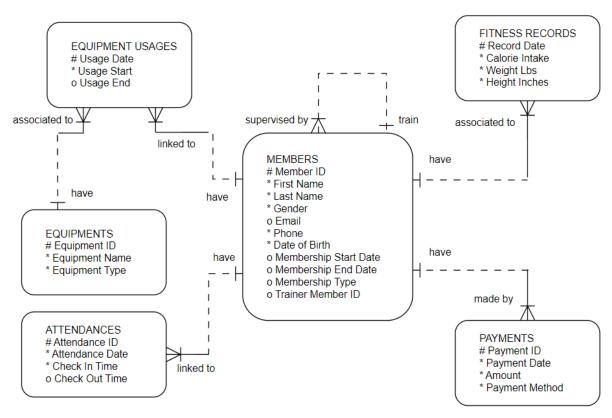
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DATABASE DESIGN

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Project ERD





Business Rules



- Each member may be supervised by a member (trainer)
- 2. Each member (trainer) may train one or many members
- 3. Each attendance record must be linked to one and only one member
- 4. Each member may have one or many attendance records
- 5. Each equipment usage must be linked to one and only one member
- 6. Each member may have one or many equipment usages
- 7. Each equipment usage must be associated to one and only one equipment
- 8. Each equipment may have one or many equipment usages
- 9. Each fitness record must be associated to one and only one member
- 10. Each member may have one or many fitness records
- 11. Each payment record must be made by one and only one member
- 12. Each member may have one or many payment records

Creating the Tables

```
CREATE TABLE Members (
   MemberID NUMBER GENERATED BY DEFAULT AS IDENTITY PRIMARY KEY,
   FirstName VARCHAR2(50) NOT NULL,
   LastName VARCHAR2(50) NOT NULL,
   Gender CHAR(1)
   Email VARCHAR2(50),
   Phone VARCHAR2(20)
   DateOfBirth DATE
  MembershipStart DATE,
  MembershipEnd DATE,
  MembershipType VARCHAR2(10),
   TrainerMbrID NUMBER
CREATE TABLE Payments (
   PaymentID NUMBER GENERATED BY DEFAULT AS IDENTITY PRIMARY KEY,
  PaymentDate DATE
```

PaymentMethod VARCHAR2(50) NOT NULL,

Create the Members table

Amount NUMBER(10, 2)

MemberID NUMBER

```
Create the Attendances table
CREATE TABLE Attendances (
  AttendanceID NUMBER GENERATED BY DEFAULT AS IDENTITY PRIMARY KEY,
   AttendanceDate DATE
                           NOT NULL.
   CheckInTime TIMESTAMP NOT NULL,
  CheckOutTime TIMESTAMP,
  MemberTD NUMBER
                           NOT NULL
CREATE TABLE Equipments (
  EquipmentID NUMBER GENERATED BY DEFAULT AS IDENTITY PRIMARY KEY,
  EquipmentName VARCHAR2(50) NOT NULL,
  EquipmentType VARCHAR2(50) NOT NULL
CREATE TABLE EquipmentUsages (
  UsageDate DATE
                           NOT NULL.
  MemberID NUMBER
                           NOT NULL.
                          NOT NULL.
   EquipmentID NUMBER
  UsageStart TIMESTAMP
                          NOT NULL.
  UsageEnd TIMESTAMP,
   -- Member can use each equipment once per day:
   PRIMARY KEY (UsageDate, MemberID, EquipmentID)
```

```
Create the FitnessRecords table
CREATE TABLE FitnessRecords (
                               NOT NULL.
   RecordDate DATE
   MemberID NUMBER
  CalorieIntake NUMBER(10, 2) NOT NULL,
  WeightLbs NUMBER(10, 2)
  HeightInches NUMBER(10, 2) NOT NULL,
   PRIMARY KEY (RecordDate, MemberID)
```



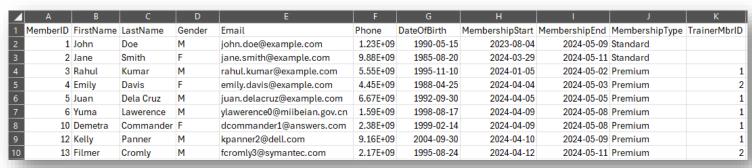
Adding Foreign Keys & Check Constraints

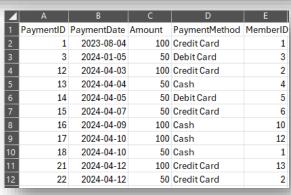


```
For the Members table
ALTER TABLE Members
NDD CONSTRAINT fkMembersMbrID FOREIGN KEY (TrainerMbrID) REFERENCES Members(MemberID);
ALTER TABLE Members
ADD CONSTRAINT chkMembersGender CHECK (Gender IN ('M', 'F'));
ALTER TABLE Members
ADD CONSTRAINT chkMembersMembershipType CHECK (MembershipType IN ('Standard', 'Premium'));
ALTER TABLE Payments
NDD CONSTRAINT fkPaymentsMbrID FOREIGN KEY (MemberID) REFERENCES Members(MemberID);
ALTER TABLE payments
ADD CONSTRAINT chkPaymentsAmount CHECK (Amount IN (50, 100));
ALTER TABLE payments
ADD CONSTRAINT chkPaymentsPaymentMethod CHECK (PaymentMethod IN ('Cash', 'Debit Card', 'Credit Card'));
- For the Attendances table
ALTER TABLE Attendances
ADD CONSTRAINT fkAttendancesMbrID FOREIGN KEY (MemberID) REFERENCES Members(MemberID);
ALTER TABLE EquipmentUsages
ADD CONSTRAINT fkEquipUsagesMembID FOREIGN KEY (MemberID) REFERENCES Members(MemberID);
ALTER TABLE EquipmentUsages
ADD CONSTRAINT fkEquipUsagesEquipID FOREIGN KEY (EquipmentID) REFERENCES Equipments(EquipmentID);
ALTER TABLE FitnessRecords
ADD CONSTRAINT fkFitnessRecordsMbrID FOREIGN KEY (MemberID) REFERENCES Members(MemberID);
```

.

Inserting Values from CSV





4	A	В	С
1	EquipmentID	EquipmentName	EquipmentType
2	1	Dumbbells	Strength
3	2	Barbell	Strength
4	3	Treadmill	Cardio
5	4	Exercise Bike	Cardio
6	5	Elliptical Machine	Cardio





Inserting Values from CSV

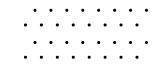


4	Α	В	С	D	E
1	Attendanc	AttendanceDate	CheckInTime	CheckOutTime	MemberID
2	19	2023-08-04	2023-08-04 7:30	2023-08-04 9:30	1
3	20	2023-08-05	2023-08-05 7:30	2023-08-05 9:30	1
4	21	2023-08-06	2023-08-06 7:30	2023-08-06 9:30	1
5	22	2023-08-07	2023-08-07 7:30	2023-08-07 9:30	1
5	23	2023-08-08	2023-08-08 7:30	2023-08-08 9:30	1
7	24	2023-08-09	2023-08-09 7:30	2023-08-09 9:30	1
3	25	2023-08-10	2023-08-10 7:30	2023-08-10 9:30	1
•	26	2023-08-11	2023-08-11 7:30	2023-08-11 9:30	1
0	27	2023-08-12	2023-08-12 7:30	2023-08-12 9:30	1
1	28	2023-08-13	2023-08-13 7:30	2023-08-13 9:30	1
2	29	2023-08-14	2023-08-14 7:30	2023-08-14 9:30	1
3	30	2023-08-15	2023-08-15 7:30	2023-08-15 9:30	1

4	А	В	С	D	E
1	UsageDate	MemberID	Equipmen	UsageStart	UsageEnd
2	2023-08-04	1	3	2023-08-04 7:45	2023-08-04 8:30
3	2023-08-05	1	3	2023-08-04 7:45	2023-08-04 8:30
4	2023-08-06	1	3	2023-08-04 7:45	2023-08-04 8:30
5	2023-08-07	1	3	2023-08-04 7:45	2023-08-04 8:30
6	2023-08-08	1	3	2023-08-04 7:45	2023-08-04 8:30
7	2023-08-09	1	3	2023-08-04 7:45	2023-08-04 8:30
8	2023-08-10	1	3	2023-08-04 7:45	2023-08-04 8:30
9	2023-08-11	1	3	2023-08-04 7:45	2023-08-04 8:30
10	2023-08-12	1	3	2023-08-04 7:45	2023-08-04 8:30
11	2023-08-13	1	3	2023-08-04 7:45	2023-08-04 8:30
12	2023-08-14	1	3	2023-08-04 7:45	2023-08-04 8:30
13	2023-08-15	1	3	2023-08-04 7:45	2023-08-04 8:30

4	Α	В	С	D	E
1	RecordDate	MemberID	CalorieIntake	WeightLbs	HeightInches
2	2023-08-04	1	2600	151	68
3	2023-08-05	1	2600	151	68
4	2023-08-06	1	2600	150.5	68
5	2023-08-07	1	2600	151	68
6	2023-08-08	1	2600	150.5	68
7	2023-08-09	1	2600	151	68
8	2023-08-10	1	2600	151	68
9	2023-08-11	1	2600	151.5	68
10	2023-08-12	1	2600	151	68
11	2023-08-13	1	2600	151.5	68





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DATABASE PROGRAMMING

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Definition of Views

```
REATE OR REPLACE VIEW vwMemberInitialWeight
  SELECT fr.MemberID,
          fr.RecordDate,
          fr.WeightLbs
  FROM FitnessRecords fr
  INNER JOIN (
      SELECT MemberID, MIN(RecordDate) AS InitialRecordDate
      FROM FitnessRecords
      GROUP BY MemberID) initialfr
  ON fr.MemberID = initialfr.MemberID AND fr.RecordDate = initialfr.InitialRecordDate:

    View #2: vwMemberLatestWeight (Member View)

 This view allows members to check their latest weight.
REATE OR REPLACE VIEW vwMemberLatestWeight
  SELECT fr.MemberID,
          fr.RecordDate,
          fr.WeightLbs
  FROM FitnessRecords fr
  INNER JOIN (
      SELECT MemberID, MAX(RecordDate) AS InitialRecordDate
      FROM FitnessRecords
      GROUP BY MemberID) latestfr
  ON fr.MemberID = latestfr.MemberID AND fr.RecordDate = latestfr.InitialRecordDate;
```





Definition of Views

```
View #3: vwMemberInitialVsLatest (Member View) - (View #1+2)
CREATE OR REPLACE VIEW vwMemberInitialVsLatest
   SELECT i.MemberID,
          i.RecordDate AS InitialRecordDate,
          i.WeightLbs AS InitialWeightLbs,
          1.RecordDate AS LatestRecordDate,
          1.WeightLbs AS LatestWeightLbs
   FROM vwMemberInitialWeight i
   INNER JOIN vwMemberLatestWeight 1
   ON i.MemberID = 1.MemberID;
-- View #4: vwMemberLatestStatus (Member View)
  This view allows members to review their membership status and track their latest progress.
CREATE OR REPLACE VIEW vwMemberLatestStatus
   SELECT m.MemberID, m.FirstName, m.LastName, m.Gender, m.DateOfBirth,
          m.MembershipStart, m.MembershipEnd,
          vs.InitialRecordDate, vs.InitialWeightLbs,
          vs.LatestRecordDate, vs.LatestWeightLbs
   FROM Members m
   LEFT JOIN vwMemberInitialVsLatest vs
   ON m.MemberID = vs.MemberID;
```





Definition of Views

```
View #5: vwTrainerNutritionTraining (Trainer View)
  This view allows trainers to tailor workouts, monitor nutrition intake, and optimize training plans
CREATE OR REPLACE VIEW vwTrainerNutritionTraining
   SELECT m.MemberID, fr.RecordDate,
           m.FirstName, m.LastName, m.DateOfBirth, m.Gender,
           GetCalorieMaintenance(fr.RecordDate, m.MemberID) AS CalorieMaintenance,
           fr.CalorieIntake, fr.WeightLbs, fr.HeightInches,
           GetBMIValue(fr.HeightInches, fr.WeightLbs) AS BMIValue,
           GetBMIClass(GetBMIValue(fr.HeightInches, fr.WeightLbs)) AS BMIClass,
           e.EquipmentName, e.EquipmentType, u.UsageStart, u.UsageEnd
   FROM Members m
   JOIN FitnessRecords fr
       ON m.MemberID = fr.MemberID
   JOIN EquipmentUsages u
       ON m.MemberID = u.MemberID AND u.UsageDate = fr.RecordDate
   JOIN Equipments e
       ON u.EquipmentID = e.EquipmentID;
 View #6: vwFinanceMembershipPayment (Finance View)
REATE OR REPLACE VIEW vwFinanceMembershipPayment
   SELECT m.MemberID, m.FirstName, m.LastName,
       m.MembershipStart, m.MembershipEnd, m.MembershipType,
       p.PaymentID, p.PaymentDate, p.Amount, p.PaymentMethod
   FROM Members m
   LEFT JOIN Payments p
   ON m.MemberID = p.MemberID;
```





Definition of Functions

```
Function to calculate the BMI Value
CREATE OR REPLACE FUNCTION GetBMIValue (
   p HeightInches IN FitnessRecords.HeightInches%TYPE,
   p WeightLbs IN FitnessRecords.WeightLbs%TYPE
 RETURN DECIMAL AS
   v_BMI DECIMAL(10, 2);
   -- Calculate BMI using the formula (Weight / Height^2) * 703
   v BMI := (p WeightLbs / POWER(p HeightInches, 2)) * 703;
   -- Return the calculated BMI value
   RETURN v BMI;
   WHEN OTHERS THEN
END GetBMIValue;
```



```
Function to determine the BMI classification
CREATE OR REPLACE FUNCTION GetBMIClass (
   p BMI IN DECIMAL
) RETURN VARCHAR AS
   v BMICategory VARCHAR(50);
   v BMICategory := NULL;
   IF p BMI < 18.5 THEN
       v BMICategory := 'Underweight';
    ELSIF p_BMI >= 18.5 AND p_BMI < 25 THEN
       v BMICategory := 'Normal';
    ELSIF p BMI >= 25 AND p BMI < 30 THEN
       v BMICategory := 'Overweight';
   ELSIF p BMI >= 30 THEN
       v BMICategory := 'Obese';
   END IF:
    RETURN v BMICategory;
EXCEPTION
   WHEN OTHERS THEN
       -- Handle any potential errors
   GetBMIClass:
```



Definition of Stored Procedures

```
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```

```
This stored procedure is responsible for adding a new member to the database.
REATE OR REPLACE PROCEDURE spAddMember (
  p FirstName
                   Members.FirstName%TYPE,
                   Members.LastName%TYPE,
  p LastName
  p Gender
                   Members.Gender%TYPE,
                   Members.Email%TYPE DEFAULT NULL,
  p Email
  p_Phone
                   Members.Phone%TYPE,
  p DateOfBirth
                   Members.DateOfBirth%TYPE,
  p_TrainerMbrID
                   Members.TrainerMbrID%TYPE DEFAULT NULL
  v tmpMemberID
                    Members.MemberID%TYPE;
  IF p FirstName IS NULL OR p LastName IS NULL OR p Gender IS NULL
     OR p Phone IS NULL OR p DateOfBirth IS NULL THEN
      RAISE APPLICATION ERROR(-20001, 'Mandatory fields cannot be null.');
  END IF:
  -- Insert member into Members table
  INSERT INTO Members (
      FirstName, LastName, Gender, Email, Phone, DateOfBirth, TrainerMbrID
  ) VALUES (
      p FirstName, p LastName, p Gender, p Email, p Phone, p DateOfBirth, p TrainerMbrID
  -- Print success message
  SELECT MAX(MemberID) INTO v tmpMemberID FROM Members;
  DBMS OUTPUT.PUT LINE('Member successfully added. Your Member ID is: ' || v tmpMemberID);
XCEPTION
  WHEN OTHERS THEN
      DBMS OUTPUT.PUT LINE('Error occurred: ' | SQLERRM);
D spAddMember;
```



Definition of Stored Procedures



```
This stored procedure is responsible for member check-ins while checking active membership period.
REATE OR REPLACE PROCEDURE spMemberCheckIn (
  p MemberID IN Members.MemberID%TYPE
  v AttendanceDate Attendances.AttendanceDate%TYPE := SYSDATE;
  v CheckInTime Attendances.CheckInTime%TYPE := SYSTIMESTAMP;
 v MembershipStart Members.MembershipStart%TYPE;
  v_MembershipEnd Members.MembershipEnd%TYPE;
                                                                                              -- Insert attendance record into the Attendances table
                                                                                              INSERT INTO Attendances (AttendanceDate, CheckInTime, MemberID)
                                                                                              VALUES (v AttendanceDate, v CheckInTime, p MemberID);
  IF p MemberID IS NULL THEN
      RAISE APPLICATION ERROR(-20001, 'MemberID cannot be null.');
                                                                                              -- Success message
  END IF:
                                                                                              DBMS OUTPUT.PUT LINE('Member successfully checked in.');
  -- Check if the member exists
                                                                                          EXCEPTION
                                                                                              WHEN OTHERS THEN
      SELECT MembershipStart, MembershipEnd
                                                                                                -- Handle unexpected errors
      INTO v MembershipStart, v MembershipEnd
                                                                                                  DBMS OUTPUT.PUT LINE('Error occurred: ' | SQLERRM);
      FROM Members
      WHERE MemberID = p MemberID;
      WHEN NO DATA FOUND THEN
         RAISE APPLICATION ERROR(-20002, 'Member ID does not exist.');
  -- Check if the attendance date falls within the member's active membership period
  IF v AttendanceDate < v MembershipStart OR v AttendanceDate > v MembershipEnd THEN
      RAISE APPLICATION ERROR(-20003, 'Attendance date is not within the member''s active membership period.');
  END IF;
```



Definition of Triggers



```
Trigger #1: tgDeleteAttendanceOutsideGymHours
-- This trigger ensures records outside of gym hours are deleted from the Attendances table.
CREATE OR REPLACE TRIGGER tgDeleteAttendanceOutsideGymHours
BEFORE INSERT ON Attendances
FOR EACH ROW
DECLARE
                   CONSTANT Attendances.CheckInTime%TYPE :=
   v GymOpenTime
       TO TIMESTAMP(TO CHAR(SYSDATE, 'DD-MON-YYYY') | ' ' | '04:30:00', 'DD-MON-YYYY HH24:MI:SS');
   TO_TIMESTAMP(TO_CHAR(SYSDATE, 'DD-MON-YYYY') || ' ' || '23:30:00', 'DD-MON-YYYY HH24:MI:SS');
   v GymLastCheckIn CONSTANT Attendances.CheckInTime%TYPE := v GymCloseTime - INTERVAL '1' HOUR;
   -- Check if the CheckInTime falls outside gym hours
   IF :NEW.CheckInTime < v GymOpenTime OR :NEW.CheckInTime > v GymLastCheckIn THEN
       RAISE APPLICATION ERROR(-20113, 'TG1: Check-in is outside gym hours.');
   END IF;
```



Definition of Triggers

```
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```

```
Trigger #2: tgPreventCheckinsWithoutCheckout
  This trigger ensures that members cannot check in multiple times without clocking out first.
CREATE OR REPLACE TRIGGER tgPreventCheckinsWithoutCheckout
BEFORE INSERT ON Attendances
FOR EACH ROW
DECLARE
   v_count INTEGER;
   SELECT COUNT(*)
   INTO v count
   FROM Attendances
   WHERE MemberID = :NEW.MemberID
   AND TO TIMESTAMP(AttendanceDate) = TO TIMESTAMP(:NEW.AttendanceDate)
   AND CheckOutTime IS NULL;
   IF v count > 0 THEN
       RAISE APPLICATION ERROR(-20001, 'TG2: Please check-out first.');
   END IF;
   -- If no violations, the new row will be inserted
```

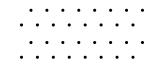


Definition of Triggers

```
Trigger #3: tgPreventIncorrectPayment
CREATE OR REPLACE TRIGGER tgPreventIncorrectPayment
BEFORE INSERT ON Payments
FOR EACH ROW
   v_TrainerMbrID Members.TrainerMbrID%TYPE;
   -- Retrieve TrainerMbrID for the MemberID being inserted
   SELECT TrainerMbrID
   INTO v TrainerMbrID
   FROM Members
   WHERE MemberID = :NEW.MemberID;
   -- Validate the Amount based on TrainerMbrID
   IF : NEW. Amount NOT IN (50, 100) THEN
       RAISE APPLICATION ERROR(-20002, 'TG3: Must be $50 or $100.');
   ELSIF v_TrainerMbrID IS NULL AND :NEW.Amount <> 50 THEN
       RAISE APPLICATION ERROR(-20003, 'TG3: Amount should be 50.');
   ELSIF v TrainerMbrID IS NOT NULL AND : NEW. Amount <> 100 THEN
       RAISE APPLICATION ERROR(-20004, 'TG3: Amount should be 100.');
   END IF;
```







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APPLICATION DEVELOPMENT







Input Forms

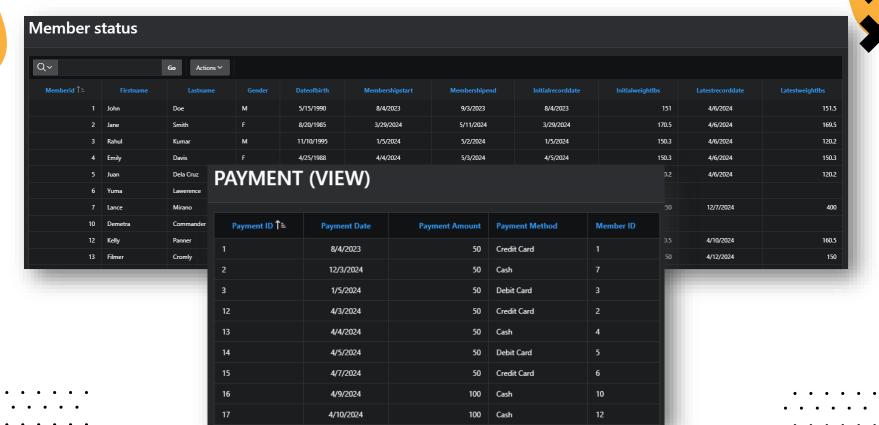


Register Member		
First Name		
Last Name		
Gender		
Email Address		
Phone Number		
Date of Birth	ð	
Trainer Member ID View your Trainer's Member ID from the Member Management.		
Cancel	Submit	

Record Payment				
Amount				
Payment Method V				
Member ID View your Member ID from the Member Management.				
Cancel				



Classic Reports

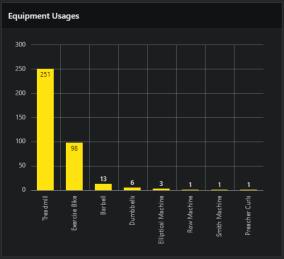


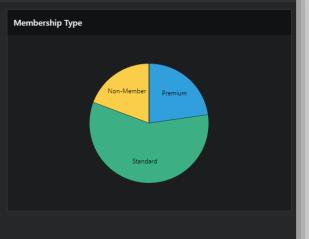


Charts

Dashboard



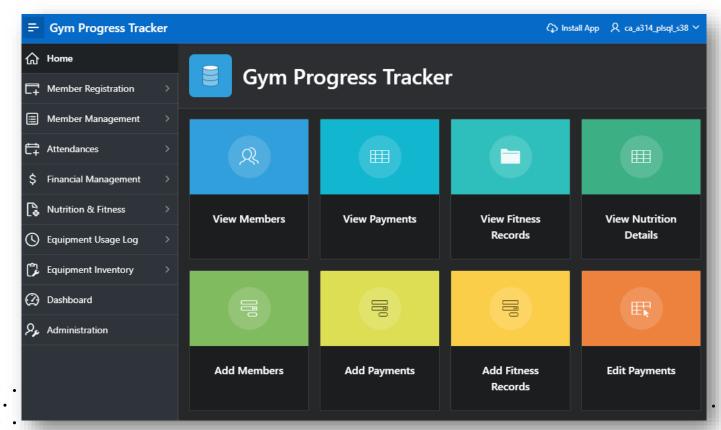






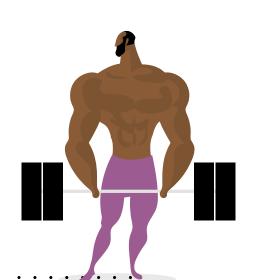
Navigation Structure











THANKS!

Does anyone have any questions?

