



GYM PROGRESS TRACKER DATABASE

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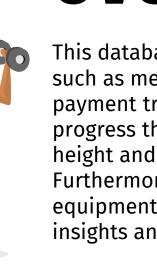
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DATABASE DESIGN

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This database manages aspects of gym operations such as member registration, attendance tracking, and payment transactions. It also monitors members' progress through attributes such as calorie intake, height and weight for effective fitness management. Furthermore, it keep tracks of trainer assignments and equipment usage, that can aid in determining training insights and optimizing the overall gym experience.

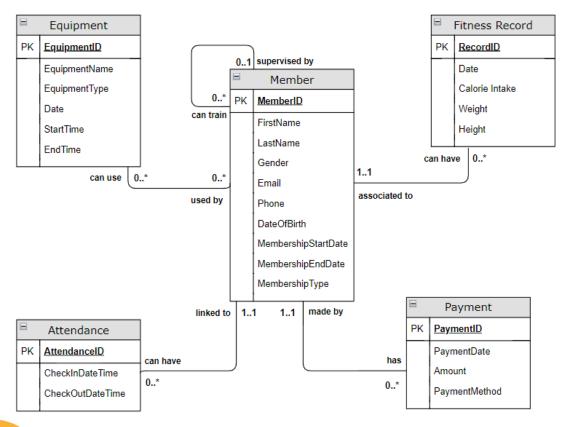


Business Rules

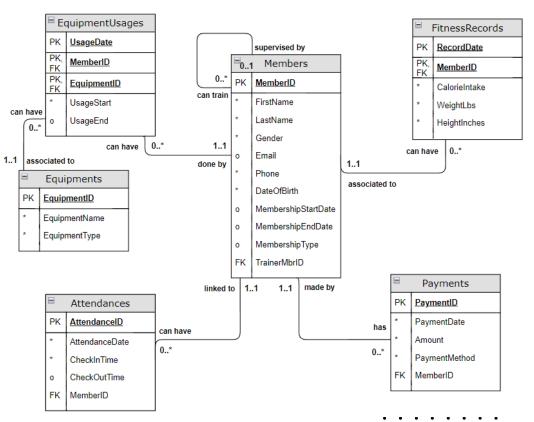


- 1. Each member may be supervised by a trainer
- 2. Each member can train zero or many members
- 3. Each member has zero or many payment records
- 4. Each payment record is made by one and only one member
- 5. Each attendance record is linked to one and only one member
- 6. Each member can have zero or many attendance records
- 7. Each fitness record is associated to one and only one member
- 8. Each member can have zero or many fitness records
- 9. Each gym equipment can be used by zero or many members
- 10. Each member can use zero or many gym equipment once per day

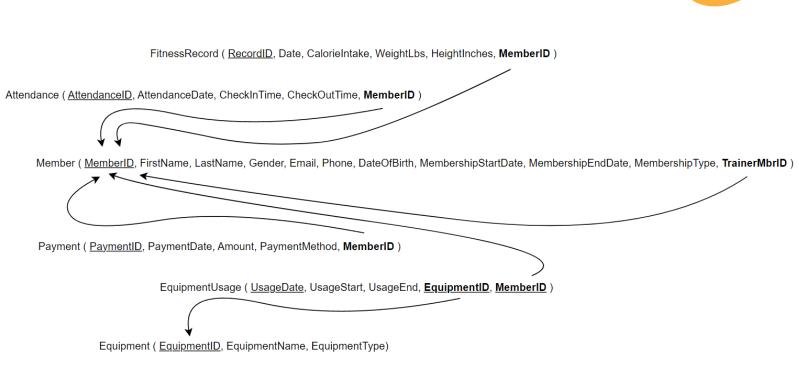
Conceptual Model



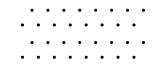
Relational Model



Relational Schema







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DATABASE PROGRAMMING

XX



Creating the tables

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```
CREATE TABLE Members (
    MemberTD
                    INT IDENTITY(1,1)
                                        NOT NULL,
    FirstName
                    NVARCHAR(50)
                                         NOT NULL,
    LastName
                    NVARCHAR(50)
                                        NOT NULL,
    Gender
                    CHAR(1)
                                         NOT NULL.
    Email
                    NVARCHAR(50)
                                         NULL,
    Phone
                    NVARCHAR(20)
                                         NOT NULL,
    DateOfBirth
                    DATE
                                         NOT NULL,
    MembershipStart DATE
                                        NULL,
    MembershipEnd
                    DATE
                                         NULL.
    MembershipType NVARCHAR(10)
                                         NULL,
    TrainerMbrID
                    INT
                                         NULL,
    PRIMARY KEY (MemberID),
   CHECK (Gender = 'M' OR Gender = 'F'),
    CHECK (MembershipType = 'Standard' OR MembershipType = 'Premium')
G0
CREATE TABLE Payments (
    PavmentID
                     INT IDENTITY(1,1)
                                         NOT NULL.
    PaymentDate
                    DATE
                                         NOT NULL,
    Amount
                    MONEY
                                         NOT NULL.
    PaymentMethod
                    NVARCHAR(50)
                                         NOT NULL,
    MemberID
                    INT
                                         NOT NULL,
    PRIMARY KEY (PaymentID),
    CHECK (Amount = 50 OR Amount = 100).
    CHECK (PaymentMethod IN ('Cash', 'Debit Card', 'Credit Card'))
G0
                                                    CREATE TABLE FitnessRecords (
                                                        RecordDate
                                                                            DATE
                                                        MemberTD
                                                                            TNT
                                                        CalorieIntake
                                                                            DECIMAL(10,2)
                                                        WeightLbs
                                                                            DECIMAL(10,2)
                                                        HeightInches
                                                                            DECIMAL(10,2)
                                                        PRIMARY KEY (RecordDate, MemberID)
                                                    GO
```

```
CREATE TABLE Attendances
     AttendanceID
                     INT IDENTITY(1.1)
                                          NOT NULL.
     AttendanceDate
                     DATE
                                          NOT NULL.
     CheckInTime
                     TTMF
                                          NOT NULL,
     CheckOutTime
                     TIME
                                          NULL,
     MemberID
                     INT
                                          NOT NULL.
     PRIMARY KEY (AttendanceID)
 G<sub>0</sub>
 CREATE TABLE Equipments
     EquipmentID
                     INT IDENTITY(1,1)
                                          NOT NULL,
     EquipmentName
                     NVARCHAR (50)
                                          NOT NULL,
     EquipmentType
                     NVARCHAR(50)
                                          NOT NULL.
     PRIMARY KEY (EquipmentID)
 G0
CREATE TABLE EquipmentUsages (
     UsageDate
                         NOT NULL.
                 DATE
     MemberTD
                 INT
                         NOT NULL,
     EquipmentID INT
                         NOT NULL,
    UsageStart TIME
                         NOT NULL.
    UsageEnd
                 TIME
                         NULL.
     -- Member can use each equipment once per day:
     -- MemberID + UsageDate + EquipmentID must be unique
     PRIMARY KEY (UsageDate, MemberID, EquipmentID)
G0
NOT NULL.
NOT NULL,
NOT NULL,
NOT NULL,
NOT NULL,
```

Adding Foreign Keys



```
-- For the Members table
ALTER TABLE Members
ADD CONSTRAINT fkMembersMbrID FOREIGN KEY (TrainerMbrID) REFERENCES Members(MemberID);
-- For the Payments table
ALTER TABLE Payments
ADD CONSTRAINT fkPaymentsMbrID FOREIGN KEY (MemberID) REFERENCES Members (MemberID);
-- For the Attendances table
ALTER TABLE Attendances
ADD CONSTRAINT fkAttendancesMbrID FOREIGN KEY (MemberID) REFERENCES Members(MemberID);
-- For the EquipmentUsages table
ALTER TABLE EquipmentUsages
ADD CONSTRAINT fkEquipUsagesMbrID FOREIGN KEY (MemberID) REFERENCES Members (MemberID),
    CONSTRAINT fkEquipUsagesEqpID FOREIGN KEY (EquipmentID) REFERENCES Equipments(EquipmentID);
-- For the FitnessRecords table
ALTER TABLE FitnessRecords
ADD CONSTRAINT fkFitnessRecordsMbrID FOREIGN KEY (MemberID) REFERENCES Members(MemberID);
```

Inserting Values (1)

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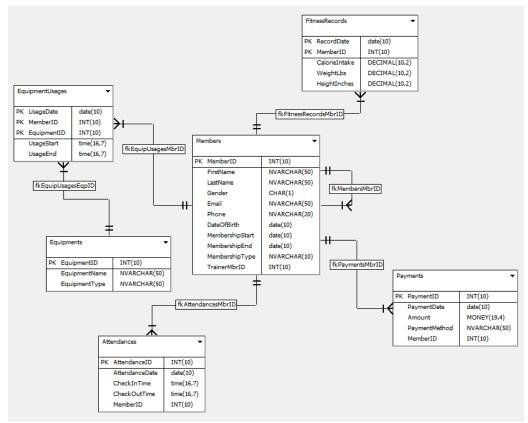
```
-- Insert value to Members table
INSERT INTO Members (FirstName, LastName, Gender, Email, Phone, DateOfBirth, MembershipStart, MembershipEnd, MembershipType, TrainerMbrID)
VALUES
    ('John', 'Doe', 'M', 'john.doe@example.com', '1234567890', '1990-05-15', '2024-03-02', '2024-04-01', 'Premium', NULL),
   ('Jane', 'Smith', 'F', 'jane.smith@example.com', '9876543210', '1985-08-20', '2024-04-03', '2024-05-02', 'Premium', NULL),
   ('Rahul', 'Kumar', 'M', 'rahul.kumar@example.com', '5551234567', '1995-11-10', '2024-04-03', '2024-05-02', 'Standard', 1),
    ('Emily', 'Davis', 'F', 'emily.davis@example.com', '4449876543', '1988-04-25', '2024-04-04', '2024-05-03', 'Standard', 2),
    ('Juan', 'Dela Cruz', 'M', 'juan.delacruz@example.com', '6667890123', '1992-09-30', '2024-04-06', '2024-05-05', 'Standard', 1);
-- Insert value to Payments table
INSERT INTO Payments (PaymentDate, Amount, PaymentMethod, MemberID)
VALUES
    ('2024-04-03', 100.00, 'Credit Card', 2),
    ('2024-04-04', 50.00, 'Cash', 4),
   ('2024-04-05', 50.00, 'Debit Card', 5),
    ('2024-04-07', 50.00, 'Credit Card', 6),
    ('2024-04-09', 100.00, 'Cash', 10),
    ('2024-04-10', 100.00, 'Cash', 12),
    ('2024-04-10', 50.00, 'Cash', 1);
-- Insert value to Attendances table
INSERT INTO Attendances (AttendanceDate, CheckInTime, CheckOutTime, MemberID)
VALUES
    ('2024-04-06', '07:30:00', NULL, 1),
    ('2024-04-06', '08:15:00', '09:30:00', 2),
    ('2024-04-06', '08:30:00', NULL, 3),
    ('2024-04-06', '08:45:00', NULL, 4),
    ('2024-04-06', '09:00:00', NULL, 5);
GO
```

Inserting Values (2)

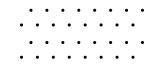
```
-- Insert value to Equipments table
INSERT INTO Equipments (EquipmentName, EquipmentType)
VALUES
    ('Dumbbells', 'Strength'),
    ('Barbell', 'Strength'),
    ('Treadmill', 'Cardio'),
    ('Exercise Bike', 'Cardio'),
    ('Elliptical Machine', 'Cardio')
GO
-- Insert value to EquipmentUsages table
INSERT INTO EquipmentUsages (MemberID, UsageDate, UsageStart, UsageEnd, EquipmentID)
VALUES
    (1, '2024-04-05', '08:00:00', '08:30:00', 1),
    (2, '2024-04-05', '08:30:00', '09:15:00', 2),
    (3, '2024-04-05', '09:00:00', '09:30:00', 3),
    (4, '2024-04-05', '09:15:00', '09:45:00', 1),
    (5, '2024-04-05', '09:30:00', '10:15:00', 5),
    (1, '2024-04-06', '08:00:00', '08:30:00', 1),
    (2, '2024-04-06', '08:30:00', '09:15:00', 2),
    (3, '2024-04-06', '09:00:00', '09:30:00', 3),
    (4, '2024-04-06', '09:15:00', '09:45:00', 4),
    (5, '2024-04-06', '09:30:00', '10:15:00', 5);
   Insert value to FitnessRecords table
INSERT INTO FitnessRecords (RecordDate, MemberID, CalorieIntake, WeightLbs, HeightInches)
VALUES
    ('2024-04-05', 1, 1500, 170.5, 70),
    ('2024-04-05', 2, 3000, 170.5, 70),
    ('2024-04-05', 3, 3000, 150.3, 68),
    ('2024-04-05', 4, 4000, 150.3, 68),
    ('2024-04-05', 5, 1800, 120.2, 65),
    ('2024-04-06', 1, 1500, 168.5, 70),
    ('2024-04-06', 2, 3000, 169.5, 70),
    ('2024-04-06', 3, 1500, 120.2, 68),
    ('2024-04-06', 4, 3000, 150.3, 68),
    ('2024-04-06', 5, 1800, 120.2, 65);
GO
```



Physical Model







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DATABASE PROGRAMMING & QUERYING







GO

Sample View Definitions (1)

```
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```

	MemberID	FirstName	LastName	Membership Start	Membership End	PaymentID	Payment Date	Amount	Payment Method
2	1	John	Doe	2023-08-04	2024-05-09	18	2024-04-10	50.00	Cash
3	2	Jane	Smith	2024-03-29	2024-05-11	12	2024-04-03	100.00	Credit Card
4	2	Jane	Smith	2024-03-29	2024-05-11	22	2024-04-12	50.00	Credit Card
5	3	Rahul	Kumar	2024-01-05	2024-05-02	3	2024-01-05	50.00	Debit Card
6	4	Emily	Davis	2024-04-04	2024-05-03	13	2024-04-04	50.00	Cash
7	5	Juan	Dela Cruz	2024-04-05	2024-05-05	14	2024-04-05	50.00	Debit Card
8	6	Yuma	Lawerence	2024-04-09	2024-05-08	15	2024-04-07	50.00	Credit Card
9	10	Demetra	Commander	2024-04-09	2024-05-08	16	2024-04-09	100.00	Cash
10	12	Kelly	Panner	2024-04-10	2024-05-09	17	2024-04-10	100.00	Cash
11	13	Filmer	Cromly	2024-04-12	2024-05-11	21	2024-04-12	100.00	Credit Card



GO.

Sample View Definitions (2)



	MemberID	FirstName	LastName	Gender	DateOfBirth	Membership Start	Membership End	InitialRecordDate	InitialWeightLbs	Latest Record Date	LatestWeightLbs
1	1	John	Doe	M	1990-05-15	2023-08-04	2024-05-09	2023-08-04	151.00	2024-04-06	151.50
2	2	Jane	Smith	F	1985-08-20	2024-03-29	2024-05-11	2024-03-29	170.50	2024-04-06	169.50
3	3	Rahul	Kumar	M	1995-11-10	2024-01-05	2024-05-02	2024-01-05	150.30	2024-04-06	120.20
4	4	Emily	Davis	F	1988-04-25	2024-04-04	2024-05-03	2024-04-05	150.30	2024-04-06	150.30
5	5	Juan	Dela Cruz	M	1992-09-30	2024-04-05	2024-05-05	2024-04-05	120.20	2024-04-06	120.20
6	6	Yuma	Lawerence	M	1998-08-17	2024-04-09	2024-05-08	NULL	NULL	NULL	NULL
7	10	Demetra	Commander	F	1999-02-14	2024-04-09	2024-05-08	NULL	NULL	NULL	NULL
. 8	12	Kelly	Panner	M	2004-09-30	2024-04-10	2024-05-09	2024-04-10	160.50	2024-04-10	160.50
9	13	Filmer	Cromly	M	1995-08-24	2024-04-12	2024-05-11	2024-04-12	150.00	2024-04-12	150.00



Sample View Definitions (3)

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```
-- This view allows trainers to tailor workouts, monitor nutrition intake, and optimize training plans.
TCREATE VIEW vwTrainerNutritionTraining
 AS
     SELECT fr.RecordDate, m.MemberID,
             m.FirstName, m.LastName, m.DateOfBirth, m.Gender,
             dbo.GetCalorieMaintenance(fr.RecordDate, m.MemberID) AS CalorieMaintenance,
             fr.CalorieIntake, fr.WeightLbs, fr.HeightInches,
             dbo.GetBMIValue(fr.HeightInches, fr.WeightLbs) AS BMIValue,
             dbo.GetBMIClass(dbo.GetBMIValue(fr.HeightInches, fr.WeightLbs)) AS BMIClass,
             e.EquipmentName, e.EquipmentType, u.UsageStart, u.UsageEnd
     FROM Members m
     JOIN FitnessRecords fr
         ON m.MemberID = fr.MemberID
     JOIN EquipmentUsages u
         ON m.MemberID = u.MemberID AND u.UsageDate = fr.RecordDate
     JOIN Equipments e
         ON u.EquipmentID = e.EquipmentID;
```

	RecordDate	MemberID	FirstName	LastName	DateOfBirth	Gender	Calorie Maintenance	CalorieIntake	WeightLbs	HeightInches	BMIValue	BMIClass	EquipmentName	Equipment Type	UsageStart	UsageEnd
339	2024-04-05	4	Emily	Davis	1988-04-25	F	2459.85	4000.00	150.30	68.00	22.85	Nomal	Exercise Bike	Cardio	09:15:00.0000000	09:45:00.0000000
340	2024-04-05	5	Juan	Dela Cruz	1992-09-30	M	2252.54	1800.00	120.20	65.00	20.00	Nomal	Elliptical Machi	Cardio	09:30:00.0000000	10:15:00.0000000
341	2024-04-06	1	John	Doe	1990-05-15	M	2770.63	2600.00	151.50	70.00	21.74	Nomal	Dumbbells	Strength	08:00:00.0000000	08:30:00.0000000
342	2024-04-06	2	Jane	Smith	1985-08-20	F	2753.58	3000.00	169.50	70.00	24.32	Nomal	Barbell	Strength	08:30:00.0000000	09:15:00.0000000
343	2024-04-06	3	Rahul	Kumar	1995-11-10	M	2266.10	1500.00	120.20	64.00	20.63	Nomal	Treadmill	Cardio	09:00:00.0000000	09:30:00.0000000
344	2024-04-06	3	Rahul	Kumar	1995-11-10	M	2266.10	1500.00	120.20	64.00	20.63	Nomal	Exercise Bike	Cardio	08:45:00.0000000	09:30:00.0000000
345	2024-04-06	4	Emily	Davis	1988-04-25	F	2459.85	3000.00	150.30	68.00	22.85	Nomal	Exercise Bike	Cardio	09:15:00.0000000	09:45:00.0000000
346	2024-04-06	5	Juan	Dela Cruz	1992-09-30	M	2252.54	1800.00	120.20	65.00	20.00	Nomal	Elliptical Machi	Cardio	09:30:00.0000000	10:15:00.0000000
• 347	2024-04-10	12	Kelly	Panner	2004-09-30	M	2926.60	2500.00	160.50	60.50	30.83	Obese	Dumbbells	Strength	22:23:40.2566667	22:28:28.0133333
348	2024-04-12	13	Filmer	Cromly	1995-08-24	M	2766.75	2500.00	150.00	68.00	22.80	Nomal	Barbell	Strength	05:12:08.9466667	06:03:02.9466667



Sample Function Definitions

```
-- Function to calculate the BMI Value

☐ CREATE FUNCTION GetBMIValue(@HeightInches DECIMAL(10,2), @WeightLbs DECIMAL(10,2))

 RETURNS DECIMAL(10,2)
 AS
 BEGIN
     DECLARE @BMI DECIMAL(10,2);
     SET @BMI = (@WeightLbs / POWER(@HeightInches, 2)) * 703;
     RETURN @BMI;
 END;
 GO
 -- Function to determine the BMI classification
□ CREATE FUNCTION GetBMIClass(@BMI DECIMAL(10,2))
 RETURNS NVARCHAR(20)
 AS
 BEGIN
     DECLARE @BMICategory NVARCHAR(50) = NULL;
     -- Determine BMI category
     IF @BMI < 18.5
         SET @BMICategory = 'Underweight';
     ELSE IF @BMI >= 18.5 AND @BMI < 25
         SET @BMICategory = 'Normal';
     ELSE IF @BMI >= 25 AND @BMI < 30
         SET @BMICategory = 'Overweight';
     ELSE IF @BMI >= 30
         SET @BMICategory = 'Obese';
```

RETURN @BMICategory;

END;





GO

Sample Stored Proc. Definitions (1)

```
-- This stored procedure is responsible for adding a new member to the database.
□ CREATE PROCEDURE spAddMember
     @FirstName
                         NVARCHAR(50),
                         NVARCHAR(50),
     @LastName
     @Gender
                         CHAR(1),
                         NVARCHAR(50) = NULL
     @Email
     @Phone
                        NVARCHAR(20),
     @DateOfBirth
                         DATE,
                         INT = NULL
     @TrainerMbrID
 AS
⇒BEGIN
     BEGIN TRY
         -- Check if mandatory fields are provided
         IF (@FirstName IS NULL OR @LastName IS NULL OR @Gender IS NULL
             OR @Phone IS NULL OR @DateOfBirth IS NULL)
            THROW 50001, 'Mandatory fields cannot be null.', 1:
         -- Insert member into Members table
         INSERT INTO Members
             (FirstName, LastName, Gender, Email, Phone, DateOfBirth, TrainerMbrID)
         VALUES
             (@FirstName, @LastName, @Gender, @Email, @Phone, @DateOfBirth, @TrainerMbrID);
         -- Print success message
         DECLARE @tmpMemberID INT;
         SELECT @tmpMemberID = MAX(MemberID) FROM Members;
         PRINT 'Member successfully added. Your Member ID is: ' + CONVERT(varchar, @tmpMemberID);
     END TRY
     BEGIN CATCH
         PRINT 'Error occurred: ' + CONVERT(varchar, ERROR MESSAGE());
     END CATCH
 END
```





Sample Stored Proc. Definitions (2)



```
-- This stored procedure is responsible for adding a payment record then updating the membership info of the member.
CREATE PROCEDURE spAddPaymentUpdateMembership
    @MemberID
                    INT.
    @PaymentAmount MONEY,
    @PaymentMethod NVARCHAR(50)
BEGIN
    BEGIN TRY
         -- Check if mandatory fields are provided
        IF (@MemberID IS NULL OR @PaymentAmount IS NULL OR @PaymentMethod IS NULL)
            THROW 50001, 'MemberID and PaymentAmount cannot be null.', 1:
        -- Check existence of TrainerID in Member Record
        DECLARE @TrainerMbrID INT:
        SELECT @TrainerMbrID = TrainerMbrID
        FROM Members
        WHERE MemberID = @MemberID:
        -- Check if any inserted records violate the rule
        IF @TrainerMbrID IS NOT NULL AND @PaymentAmount <> 100
            THROW 50114, 'Payment is incorrect.', 1;
         -- Add payment record
        DECLARE @PaymentDate DATE = GETDATE(); -- Assume payment date is current date
        INSERT INTO Payments
             (PaymentDate, Amount, PaymentMethod, MemberID)
            (@PaymentDate, @PaymentAmount, @PaymentMethod, @MemberID);
```

```
-- Calculate MembershipEnd date (one day before the end of the month following MembershipStart date)
       DECLARE @MembershipStart DATE = @PaymentDate;
       DECLARE @MembershipEnd
                                   DATE = DATEADD(DAY, -1, DATEADD(MONTH, 1, @PaymentDate));
       -- Check if membership is standard or premium
       DECLARE @MembershipType NVARCHAR(10);
       IF @PaymentAmount = 50
            SET @MembershipType = 'Standard'
       IF @PaymentAmount = 100
            SET @MembershipType = 'Premium'
       -- Check if member is new or just renewing
       DECLARE @OldMembershipStart DATE:
       SELECT @OldMembershipStart = MembershipStart
       FROM Members
       WHERE MemberID = @MemberID:
       IF @OldMembershipStart IS NOT NULL
           SET @MembershipStart = @OldMembershipStart;
        -- Update MembershipStart, MembershipEnd, and MembershipType columns in Members table
       UPDATE Members
       SET MembershipStart = @MembershipStart,
           MembershipEnd = @MembershipEnd,
           MembershipType = @MembershipType
       WHERE MemberID
                           = @MemberID;
       -- Print success message
       PRINT 'Payment record added and membership details updated.':
   FND TRY
   REGIN CATCH
       PRINT 'Error occurred: ' + CONVERT(varchar, ERROR MESSAGE());
   END CATCH
END
```

Members Table

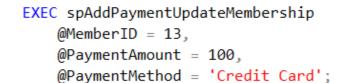
```
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```

```
EXEC spAddMember
    @FirstName = 'Filmer',
    @LastName = 'Cromly',
    @Gender = 'M',
    @Email = 'fcromly3@symantec.com',
    @Phone = '2168969541',
    @DateOfBirth = '1995-08-24',
    @TrainerMbrID = 2;
(1 row affected)
Member successfully added. Your Member ID is: 13
```

	MemberID	FirstName	LastName	Gender	Email	Phone	DateOfBirth	Membership Start	Membership End	Membership Type	TrainerMbrID
1	1	John	Doe	M	john.doe@example.com	1234567890	1990-05-15	2024-04-10	2024-05-09	Standard	NULL
2	2	Jane	Smith	F	jane.smith@example.com	9876543210	1985-08-20	2024-04-03	2024-05-02	Premium	NULL
3	3	Rahul	Kumar	M	rahul.kumar@example.com	5551234567	1995-11-10	2024-04-03	2024-05-02	Standard	1
4	4	Emily	Davis	F	emily.davis@example.com	4449876543	1988-04-25	2024-04-04	2024-05-03	Standard	2
5	5	Juan	Dela Cruz	M	juan.delacruz@example.com	6667890123	1992-09-30	2024-04-06	2024-05-05	Standard	1
6	6	Yuma	Lawerence	M	ylawerence0@miibeian.gov.cn	1587588503	1998-08-17	2024-04-09	2024-05-08	Standard	1
7	10	Demetra	Commander	F	dcommander1@answers.com	2383570976	1999-02-14	2024-04-09	2024-05-08	Premium	1
8	12	Kelly	Panner	M	kpanner2@dell.com	9164311758	2004-09-30	2024-04-10	2024-05-09	Premium	1
9	13	Filmer	Cromly	M	fcromly3@symantec.com	2168969541	1995-08-24	NULL	NULL	NULL	2

• • • • • • • • •

Payments Table



(1 row affected)
(1 row affected)

Payment record added and membership details updated.

	PaymentID	Payment Date	Amount	Payment Method	MemberID
6	15	2024-04-07	50.00	Credit Card	6
7	16	2024-04-09	100.00	Cash	10
8	17	2024-04-10	100.00	Cash	12
9	18	2024-04-10	50.00	Cash	1
10	21	2024-04-12	100.00	Credit Card	13

	MemberID	FirstName	LastName	Gender	Email	Phone	DateOfBirth	Membership Start	Membership End	MembershipType	TrainerMbrID
5	5	Juan	Dela Cruz	М	juan.delacruz@example.com	6667890123	1992-09-30	2024-04-06	2024-05-05	Standard	1
6	6	Yuma	Lawerence	М	ylawerence0@miibeian.gov.cn	1587588503	1998-08-17	2024-04-09	2024-05-08	Standard	1
7	10	Demetra	Comman	F	dcommander1@answers.com	2383570976	1999-02-14	2024-04-09	2024-05-08	Premium	1
8	12	Kelly	Panner	M	kpanner2@dell.com	9164311758	2004-09-30	2024-04-10	2024-05-09	Premium	1
9	13	Filmer	Cromly	M	fcromly3@symantec.com	2168969541	1995-08-24	2024-04-12	2024-05-11	Premium	2



Attendances Table



```
EXEC spMemberCheckIn
@MemberID = 13;
```

EXEC spMemberCheckOut
 @MemberID = 13;

```
(1 row affected)
Member successfully checked in.
```

(1 row affected)
Member successfully checked out.

	AttendanceID	Attendance Date	CheckInTime	CheckOutTime	MemberID
339	357	2024-04-06	08:15:00.0000000	09:15:00.0000000	2
340	358	2024-04-06	08:45:00.0000000	09:15:00.0000000	4
341	359	2024-04-06	09:00:00.0000000	09:15:00.0000000	5
342	360	2024-04-10	22:23:40.2566667	22:28:28.0133333	12
343	362	2024-04-12	04:53:21.5666667	NULL	13

	AttendanceID	Attendance Date	CheckInTime	CheckOutTime	MemberID
339	357	2024-04-06	08:15:00.0000000	09:15:00.0000000	2
340	358	2024-04-06	08:45:00.0000000	09:15:00.0000000	4
341	359	2024-04-06	09:00:00.0000000	09:15:00.0000000	5
342	360	2024-04-10	22:23:40.2566667	22:28:28.0133333	12
343	362	2024-04-12	04:53:21.5666667	06:24:39.7566667	13

Equipments & Usages Table



```
EXEC spAddEquipmentUsageStart
    @MemberID = 13,
    @EquipmentID = 2;
```

(1 row affected)
Equipment usage start time successfully added.

	EquipmentID	EquipmentName	Equipment Type
1	1	Dumbbells	Strength
2	2	Barbell	Strength
3	3	Treadmill	Cardio
4	4	Exercise Bike	Cardio
5	5	Elliptical Machine	Cardio

	UsageDate	MemberID	EquipmentID	UsageStart	UsageEnd
348	2024-04-06	5	5	09:30:00.0000000	10:15:00.0000000
349	2024-04-09	1	1	20:05:08.0800000	20:42:56.3500000
350	2024-04-09	1	2	20:30:46.8366667	20:42:50.5566667
351	2024-04-10	12	1	22:23:40.2566667	22:28:28.0133333
352	2024-04-12	13	2	05:12:08.9466667	NULL

Equipment Usages Table



```
EXEC spAddEquipmentUsageEnd
    @MemberID = 13,
    @EquipmentID = 2;
```

(1 row affected)
Equipment usage end time successfully updated.

	UsageDate	MemberID	EquipmentID	UsageStart	UsageEnd
348	2024-04-06	5	5	09:30:00.0000000	10:15:00.0000000
349	2024-04-09	1	1	20:05:08.0800000	20:42:56.3500000
350	2024-04-09	1	2	20:30:46.8366667	20:42:50.5566667
351	2024-04-10	12	1	22:23:40.2566667	22:28:28.0133333
352	2024-04-12	13	2	05:12:08.9466667	06:03:02.9466667

Fitness Records Table



```
EXEC spAddFitnessRecord
    @MemberID = 13,
    @CalorieIntake = 2500,
    @WeightLbs = 150,
    @HeightInches = 68;
```

(1 row affected)
Fitness record successfully added. BMI is: Normal
Current BMI value is: 22.80

	RecordDate	MemberID	CalorieIntake	WeightLbs	HeightInches
343	2024-04-06	3	1500.00	120.20	64.00
344	2024-04-06	4	3000.00	150.30	68.00
345	2024-04-06	5	1800.00	120.20	65.00
346	2024-04-10	12	2500.00	160.50	60.50
347	2024-04-12	13	2500.00	150.00	68.00



Sample Trigger Definitions (1)

```
×
```

```
-- This trigger ensures records outside of gym hours are deleted from the Attendances table.
□ CREATE TRIGGER tgDeleteAttendanceOutsideGymHours
     ON Attendances
     AFTER INSERT
 AS
⊨BEGIN
     -- Define the fixed open and close times for the gym
     DECLARE @GymOpenTime TIME = '04:30:00';
     DECLARE @GymCloseTime TIME = '23:30:00';
     -- Define the last check-in as 1 hour before the gym's closing time
     DECLARE @GymLastCheckIn TIME = DATEADD(HOUR, -1, @GymCloseTime);
     -- Check if the inserted attendance record falls OUTSIDE of gym hours
     IF EXISTS (
         SELECT 1 -- Arbitrary value to check existence
         FROM Inserted AS i
         WHERE i.CheckInTime < @GymOpenTime OR i.CheckInTime > @GymLastCheckIn
     BEGIN
         THROW 50113, 'Check-in is outside gym hours.', 1;
         ROLLBACK TRAN;
     END
 END
 GO.
```

```
(0 rows affected)
Error occurred: Check-in is outside gym hours.
```



Sample Trigger Definitions (2)

```
×
```

```
-- This trigger ensures that members cannot check in multiple times without clocking out first.
□ CREATE TRIGGER tgPreventCheckinsWithoutCheckout
     ON Attendances
     INSTEAD OF INSERT
 AS
⊨BEGTN
     -- Check if any inserted records violate the rule
     IF EXISTS (
         SELECT 1 -- Arbitrary value to check existence
         FROM Inserted AS i
         JOIN Attendances AS a
             ON i.MemberID = a.MemberID
         WHERE (i.AttendanceDate = a.AttendanceDate
             AND i.CheckInTime IS NOT NULL
             AND a.CheckOutTime IS NULL) -- Member hasn't clocked out yet
         THROW 50114, 'Please check-out first.', 1;
     FLSE
     BEGIN
         -- Perform the actual insert operation
         INSERT INTO Attendances
             (AttendanceDate, CheckInTime, MemberID)
             (SELECT i.AttendanceDate, i.CheckInTime, i.MemberID
                 FROM Inserted AS i);
     END
 END
```

```
(O rows affected)
Error occurred: Please check-out first.
```







