

英语口语地道表达

实用短语附例句

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1.get up 起床

- English: I usually get up at 7 a.m.
- Chinese: 我通常在早上7点起床。

2.get ready 准备好

- English: We need to get ready for the meeting.
- Chinese: 我们需要准备好开会。

3.get going 出发

- English: It's time to get going if we want to catch the train.
- Chinese: 如果我们想赶上火车，现在是出发的时候了。

4.get started 开始

- English: Let's get started with the project right away.
- Chinese: 我们立刻开始这个项目吧。

5.get to know 了解

- English: I'd like to get to know you better.
- Chinese: 我想更好地了解你。

6.get along 相处

- English: They usually get along well with each other.
- Chinese: 他们通常相处得很好。

7.get in touch 联系

- English: I'll get in touch with you after I arrive.
- Chinese: 我到达后会与你联系。

8.get lost 迷路

- English: If you don't know the way, you might get lost.
- Chinese: 如果你不知道路，可能会迷路。

9.get by 勉强过活

- English: With some savings, we can get by for a few months.
- Chinese: 有些储蓄，我们可以勉强过几个月。

10.get through 渡过

- English: It's challenging, but we'll get through it together.
- Chinese: 虽然困难，但我们会一起度过的。

11.get ahead 取得进展

- English: Hard work can help you get ahead in your career.
- Chinese: 努力工作可以帮助你事业上取得进展。

12.get on with 继续做

- English: Let's stop arguing and just get on with the task.
- Chinese: 别再争论了，让我们继续做任务吧。

13.get over 克服

- English: It took her a while to get over the breakup.
- Chinese: 她花了一些时间才克服分手的痛苦。

14.get off 下车

- English: I'll get off the bus at the next stop.
- Chinese: 我会在下一站下车。

15.get out 离开

- English: Let's get out of the house and enjoy the sunshine.
- Chinese: 让我们离开房子，享受阳光吧。

16.get away 逃离

- English: We need a vacation to get away from work stress.
- Chinese: 我们需要度假来摆脱工作的压力。

17.get back 返回

- English: I'll get back to you with the information later.
- Chinese: 我会稍后回复你有关信息。

18.get down to 开始认真做

- English: Let's get down to business and discuss the project details.
- Chinese: 让我们认真地开始讨论项目的细节。

19.get behind 落后

- English: Don't get behind on your assignments; stay organized.
- Chinese: 别在作业上落后了，保持组织。

20.get together 聚会

- English: We should get together for dinner sometime.
- Chinese: 我们应该找个时间一起吃饭。

21.get on well 相处得好

- English: They get on well, and their friendship is strong.
- Chinese: 他们相处得很好，他们的友谊很深厚。

22.get used to 习惯

- English: It takes time to get used to a new environment.
- Chinese: 适应新环境需要时间。

23.get on my nerves 惹恼我

- English: His constant complaining really gets on my nerves.
- Chinese: 他经常的抱怨真的让我很烦。

24.get the hang of 掌握要领

- English: After a few tries, she finally got the hang of it.
- Chinese: 经过几次尝试，她终于掌握了要领。

25.get the point 理解要点

- English: I explained it three times, but he still didn't get the point.
- Chinese: 我解释了三次，但他仍然没理解要点。

26.get a grip 控制自己

- English: You need to get a grip on your emotions in stressful situations.
- Chinese: 在紧张的情况下，你需要控制好自己的情绪。

27.get the ball rolling 开始

- English: Let's get the ball rolling on the new project.
- Chinese: 让我们开始新项目吧。

28.get the picture 明白

- English: I've explained it several times; do you finally get the picture?
- Chinese: 我已经解释了好几次，你终于明白了吗？

29.get in the way 妨碍

- English: Don't let your ego get in the way of teamwork.
- Chinese: 别让你的自尊心妨碍团队合作。

30.get on with it 继续做

- English: Stop procrastinating and get on with it!
- Chinese: 别再拖延了，继续做吧！

31.get a move on 赶紧

- English: We need to get a move on if we want to catch the train.
- Chinese: 如果我们想赶上火车，就得赶紧。

32.get the job done 完成任务

- English: No matter what it takes, we must get the job done by tomorrow.
- Chinese: 不管需要付出什么代价，我们必须在明天完成任务。

33.get a kick out of 从中得到乐趣

- English: I always get a kick out of solving challenging puzzles.
- Chinese: 我总是从解决有难度的谜题中得到乐趣。

34.get into trouble 惹上麻烦

- English: If you don't follow the rules, you might get into trouble.
- Chinese: 如果你不遵守规则，你可能会惹上麻烦。

35.get out of hand 失去控制

- 1.English: The party started getting out of hand after midnight.
- 2.Chinese: 派对在午夜后开始失去控制。

36.get the feel of 体会

- English: It takes a while to get the feel of driving a manual car.
- Chinese: 开手动档车需要一些时间来体会。

37.get on someone's nerves 惹恼某人

- English: His constant complaining really gets on my nerves.
- Chinese: 他经常的抱怨真的让我很烦。

38.get cold feet 临阵退缩

- English: Don't get cold feet now; we've come too far to give up.
- Chinese: 现在可不要临阵退缩，我们已经走了这么远，不能放弃。

39.get the message 得到信息

- English: I hope you get the message I left on your voicemail.
- Chinese: 我希望能收到我在语音信箱留下的信息。

40.get the hang of it 掌握要领

- English: After a few tries, she finally got the hang of it.
- Chinese: 经过几次尝试, 她终于掌握了要领。

41.get a taste of 体验

- English: Traveling allows you to get a taste of different cultures.
- Chinese: 旅行能够让你体验不同的文化。

42.get the ball rolling 开始

- English: Let's get the ball rolling on the new project.
- Chinese: 让我们开始新项目吧。

43.get wind of 听到风声

- English: She got wind of the surprise party and pretended to be surprised.
- Chinese: 她听到了惊喜派对的风声, 假装很惊讶。

44.get your act together 整顿自己

- English: If you want to succeed, you need to get your act together.
- Chinese: 如果你想成功, 你需要整顿好自己。

45.get a handle on 掌握

- English: It took me a while to get a handle on the new software.
- Chinese: 我花了一些时间才掌握新软件。

46.get the best of 占上风

- English: Don't let your emotions get the best of you in a negotiation.
- Chinese: 在谈判中不要让情绪占上风。

47.get the upper hand 占优势

- English: After a tough match, our team finally got the upper hand.
- Chinese: 经过一场激烈的比赛, 我们的队伍终于占了上风。

48.get a sense of 感知

- English: Traveling helps you get a sense of the diversity of the world.
- Chinese: 旅行能够让你感知到世界的多样性。

49.get a feel for 了解

- English: Spend some time in the job to get a feel for the company culture.
- Chinese: 在工作中花些时间，了解公司文化。

50.get the scoop 获取内幕消息

- English: Journalists work hard to get the scoop on breaking news.
- Chinese: 记者们努力获取突发新闻的内幕消息。

51.get on the same page 达成共识

- English: We need to have a meeting to get on the same page about the project.
- Chinese: 我们需要开个会，确保对项目有一致的理解。

52.get the ball in motion 开始进行

- English: Let's get the ball in motion and start working on the proposal.
- Chinese: 让我们开始进行，着手撰写提案。

53.get under someone's skin 惹恼某人

- English: His constant criticism really gets under my skin.
- Chinese: 他不断的批评真的让我很恼火。

54.get the show on the road 开始做

- English: Enough planning; let's get the show on the road and start the project.
- Chinese: 计划够了，让我们开始做吧，启动这个项目。

55.get the ball in play 开始进行

- English: The coach encouraged the team to get the ball in play early in the game.
- Chinese: 教练鼓励球队在比赛开始时就迅速开始进行。

56.get the ball rolling 开始进行

- English: We need someone to get the ball rolling on this project; otherwise, we'll never finish it.
- Chinese: 我们需要有人开始推动这个项目，否则我们永远也完成不了。

57.get on the bandwagon 赶时髦

- English: Many people are getting on the electric car bandwagon.
- Chinese: 很多人都在赶时髦地使用电动汽车。

58.get the green light 得到批准

- English: We can start the project as soon as we get the green light from the manager.
- Chinese: 一旦经理批准，我们就可以立刻开始这个项目。

59.get the word out 传播信息

- English: Social media is a powerful tool to get the word out about new products.
- Chinese: 社交媒体是传播新产品信息的强大工具。

60.get the drift 理解大意

- English: I didn't catch all the details, but I think I get the drift of the plan.
- Chinese: 我没有听懂所有的细节，但我觉得我理解了计划的大意。