# 60个职场必备英文行话

## Tips: 先看英文,自己试着翻译并联想例句

- 1. Think outside the box.
- 2.Touch base.
- 3.Get the ball rolling.
- 4.Run it up the flagpole.
- 5. Hit the ground running.
- 6.Put all your eggs in one basket.
- 7. The bottom line is...
- 8. Move the needle.
- 9.Break the ice.
- 10.Get the hang of it.
- 11.Bring something to the table.
- 12.Circle back.
- 13.Cut to the chase.
- 14. Wrap our heads around it.
- 15. Take the lead.
- 16.Raise the bar.
- 17.On the same page.
- 18.Close the loop.
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- 21.Leverage.
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- 30.Back to the drawing board.

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- 46.Jump ship.
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- 49.Cut corners.
- 50.Bite the bullet.
- 51. Throw a curveball.
- 52. Silver bullet.
- 53.Read between the lines.
- 54. Elephant in the room.
- 55.No-brainer.
- 56. Put lipstick on a pig.
- 57.Don't reinvent the wheel.
- 58.Down to the wire.
- 59. Fish or cut bait.
- 60. Hit the nail on the head.

#### 1.Think outside the box. (打破常规)

- English: To solve this complex problem, we need to think outside the box and explore unconventional solutions.
- Chinese: 要解决这个复杂的问题,我们需要打破常规,探索非常规的解决方案。

#### 2.Touch base. (保持联系)

- English: Let's touch base next week to discuss the progress of the project.
- Chinese: 我们下周保持联系,讨论项目的进展情况。

## 3.Get the ball rolling. (开始,着手)

- English: We need to get the ball rolling on the new marketing campaign before the end of the month.
- Chinese: 我们需要在月底之前开始新的营销活动。

## 4.Run it up the flagpole. (请教意见)

- English: Before finalizing the proposal, let's run it up the flagpole to get input from the entire team.
- Chinese: 在最终确定提案之前,让我们请教团队的意见。

## 5.Hit the ground running. (立即开始)

- English: The new hire was well-prepared and ready to hit the ground running on their first day.
- Chinese: 这位新员工准备充分,已经准备好在第一天就立即开始工作。

## 6.Put all your eggs in one basket. (孤注一掷)

- English: It's risky to put all your eggs in one basket; consider diversifying your investments.
- · Chinese: 孤注一掷是有风险的,考虑将投资分散化。

## 7.The bottom line is... (最终的结论是...)

- English: After analyzing the data, the bottom line is that we need to streamline our production process.
- · Chinese: 分析数据后, 最终的结论是我们需要简化生产流程。

#### 8.Move the needle.(产生影响)

- English: Our marketing efforts need to move the needle and increase brand awareness.
- · Chinese: 我们的营销工作需要产生影响,提高品牌知名度。

#### 9. Break the ice. (打破沉默)

- English: The team-building activity was designed to break the ice and encourage open communication.
- Chinese: 团队建设活动旨在打破沉默,促进开放式沟通。

#### 10.Get the hang of it. (掌握要领)

- English: It takes some time, but you'll eventually get the hang of our project management software.
- Chinese: 需要一些时间,但最终你会掌握我们的项目管理软件的要领。

## 11.Get the hang of it. (掌握要领)

- English: It might be challenging at first, but with practice, you'll get the hang of using the new software.
- Chinese: 起初可能有些困难,但通过练习,你会掌握使用新软件的要领。

## 12.Bring something to the table. (为团队贡献)

- English: Each team member should bring something valuable to the table during our brainstorming session.
- Chinese: 在头脑风暴会议上,每个团队成员都应该为团队贡献有价值的意见。

#### 13.Circle back. (再联系,回头讨论)

- 1. English: Let's circle back later in the week to discuss the unresolved issues from today's meeting.
- 2. Chinese: 这周晚些时候我们再联系,讨论今天会议中未解决的问题。

#### 14.Cut to the chase. (言简意赅)

- English: Let's cut to the chase and discuss the key points without unnecessary details.
- · Chinese: 我们言简意赅, 讨论关键问题, 不要过多琐碎细节。

#### 15.Wrap our heads around it. (理解,接受)

- English: The new project concept is innovative, and it might take some time for the team to wrap their heads around it.
- Chinese: 新项目概念很创新, 团队可能需要一些时间来理解和接受。

#### 16.Take the lead. (领导,带头)

- English: In challenging situations, it's essential for a manager to take the lead and guide the team.
- · Chinese: 在困境中,领导在必要时要带头,引导团队。

#### 17. Raise the bar. (提高标准)

- English: The company aims to raise the bar in customer service by implementing a new training program.
- Chinese: 公司通过实施新的培训计划来提高客户服务标准。

## 18.On the same page. (思想一致)

- English: Before proceeding, let's ensure everyone is on the same page regarding the project objectives.
- Chinese: 在继续之前,让我们确保每个人对项目目标有一致的理解。

## 19.Close the loop. (结束事务)

- English: We need to close the loop on the unresolved issues from the previous project before starting the new one.
- Chinese: 在开始新项目之前,我们需要结束前一个项目中未解决的问题。

#### 20.Give it a shot. (尝试一下)

- English: You might not be familiar with the task, but go ahead and give it a shot—you might surprise yourself.
- Chinese: 你可能对这项任务不太熟悉,但试试看吧,也许你会让自己惊喜。

#### 21.Leverage. (充分利用)

- English: We should leverage our expertise in digital marketing to gain a competitive advantage.
- Chinese: 我们应该充分利用在数字营销方面的专业知识,以取得 竞争优势。

## 22.In the weeds. (陷入细节)

- English: I'm currently in the weeds analyzing the project data to identify potential issues.
- Chinese: 我目前正在深入细节分析项目数据,以发现可能存在的问题。

## 23.Drill down. (深入了解)

- English: Let's drill down into the customer feedback to pinpoint areas for improvement.
- · Chinese: 我们要深入了解客户反馈,找出需要改进的地方。

## 24.Pick your brain. (向你请教)

- English: I'd like to pick your brain about your experience with client negotiations.
- Chinese: 我想向你请教一下你在客户谈判方面的经验。

#### 25.Put a pin in it. (暂时搁置)

- English: Let's put a pin in the discussion about the new product features until we have more information.
- Chinese: 我们暂时搁置对新产品特性的讨论,直到我们有更多信息。

#### 26.Throw in the towel. (放弃)

- English: Despite facing challenges, our team is not ready to throw in the towel; we will persevere.
- Chinese: 尽管面临挑战,我们的团队还没有准备好放弃,我们会坚持下去。

#### 27.Put on the back burner. (搁置)

- English: Due to budget constraints, we had to put the expansion plans on the back burner for now.
- Chinese: 由于预算限制,我们暂时不得不搁置扩张计划。

## 28.Get the big picture. (看到全局)

- English: As a project manager, it's crucial to get the big picture and align tasks with overall goals.
- Chinese: 作为项目经理,理解全局并使任务与整体目标一致是至 关重要的。

#### 29.Go the extra mile. (额外付出努力)

- English: Employees who go the extra mile often stand out and contribute significantly to the team's success.
- Chinese: 那些额外付出努力的员工通常会脱颖而出,并为团队的成功做出重要贡献。

## 30.Back to the drawing board. (重新规划)

- English: The initial product design didn't meet expectations, so it's back to the drawing board for improvements.
- Chinese: 最初的产品设计未达到期望,因此需要重新规划以进行 改进。

#### 31.Jump on the bandwagon. (跟风)

- English: Many companies are jumping on the bandwagon of sustainable business practices.
- Chinese: 许多公司都在跟风采用可持续的商业做法。

#### 32.Crunch the numbers. (进行数据分析)

- English: Before making any financial decisions, we need to crunch the numbers to assess the feasibility.
- Chinese: 在做任何财务决策之前,我们需要进行数据分析,评估可行性。

## 33.Play hardball. (采取强硬手段)

- English: In negotiations, we might need to play hardball to secure the best deal for our company.
- Chinese: 在谈判中,我们可能需要采取强硬手段来为公司争取最好的交易条件。

## 34.Bring to the table. (贡献, 提供)

- English: Everyone should bring their unique skills and ideas to the table for the success of the project.
- Chinese: 每个人都应该为项目的成功贡献他们独特的技能和想法。

#### 35.Drink the Kool-Aid. (盲目接受)

- English: Be cautious not to drink the Kool-Aid; always critically evaluate new ideas and proposals.
- Chinese: 要小心不要盲目接受观点;始终要对新的想法和提议进行批判性评估。

## 36.Synergy. (协同效应)

- English: The collaboration between departments created a synergy that boosted overall productivity.
- · Chinese: 部门之间的合作创造了协同效应,提高了整体生产力。

#### 37.It is what it is. (事实就是这样)

- English: Despite our efforts, the project didn't go as planned – it is what it is.
- Chinese: 尽管我们努力了,项目并没有按计划进行,事实就是这样。

### 38.All hands on deck. (齐心协力)

- English: The deadline is approaching, so we need all hands on deck to complete the tasks.
- Chinese: 截止日期即将到来,因此我们需要齐心协力完成任务。

## 39.By the book. (按照规定)

- English: It's essential to conduct the audit by the book to ensure compliance with regulations.
- · Chinese: 进行审计时按照规定进行是确保合规的重要步骤。

## 40.Hit the ground running. (立即开始)

- English: The new team member hit the ground running and contributed to the project from day one.
- Chinese: 新团队成员立即开始并从第一天开始为项目做出了贡献。

## 41.Out of the loop. (不了解最新情况)

- English: I feel out of the loop; can you update me on the recent developments in the project?
- Chinese: 我感觉不了解最新情况,你能告诉我项目的最新进展吗?

## 42.Put a stake in the ground. (确立立场)

- English: It's time to put a stake in the ground and make a clear decision on the direction of the project.
- · Chinese: 是时候确立立场,明确决定项目的方向了。

## 43.Raise a red flag. (引起警觉)

- English: The declining sales numbers should raise a red flag;
  we need to investigate the cause.
- · Chinese: 销售数字的下降应该引起警觉,我们需要调查原因。

#### 44.Square the circle. (不可能完成的任务)

- 1. English: Trying to meet such tight deadlines with limited resources is like trying to square the circle.
- 2. Chinese: 试图在有限的资源下满足如此紧迫的截止日期就像试图 做不可能完成的任务一样。

## 45.Throw under the bus. (置之于不顾)

- 1. English: It's not fair to throw someone under the bus for a mistake that was a team effort.
- 2. Chinese: 因为一个团队错误就把某人置之于不顾是不公平的。

## **46.Jump ship.** (离职,离开团队)

- English: Some team members may jump ship if they feel the project is not progressing as expected.
- Chinese: 如果团队成员觉得项目进展不如预期,有些人可能会离职。

## 47. Take it with a grain of salt. (持怀疑态度)

- English: When receiving feedback, it's essential to take it with a grain of salt and consider multiple perspectives.
- · Chinese: 收到反馈时, 持怀疑态度并考虑多个角度是很重要的。

## 48.Ride shotgun. (陪同,协助)

- English: As a senior employee, I'll ride shotgun with the new hire during their first client meeting.
- Chinese: 作为一名资深员工,我将在新员工的第一次客户会议中陪同他。

## 49.Cut corners. (采取捷径)

- English: We can't afford to cut corners on quality; our reputation is at stake.
- · Chinese: 我们不能在质量上采取捷径,我们的声誉岌岌可危。

## 50.Bite the bullet. (迎难而上)

- English: We have to bite the bullet and implement the necessary changes to improve efficiency.
- · Chinese: 我们必须迎难而上,实施必要的变革以提高效率。

#### 51.Throw a curveball. (使计划受挫)

- English: The sudden change in market trends threw a curveball into our sales projections.
- Chinese: 市场趋势的突然变化使我们的销售预测受挫。

#### 52.Silver bullet. (灵丹妙药)

- English: There's no silver bullet for success; it requires hard work and dedication.
- Chinese: 成功并非有灵丹妙药可言,需要努力和专注。

#### 53.Read between the lines. (看懂言外之意)

- English: When negotiating contracts, it's crucial to read between the lines to avoid misunderstandings.
- Chinese: 在谈判合同时,看懂言外之意是至关重要的,以避免误解。

## 54.Elephant in the room. (明显的问题)

- English: The budget deficit is the elephant in the room that we need to address in our financial discussions.
- Chinese: 预算赤字是一个明显的问题,在财务讨论中我们需要解决。

#### 55.No-brainer. (显而易见的事)

- English: Choosing the more cost-effective option was a nobrainer for the budget-conscious team.
- Chinese: 对于注重预算的团队来说,选择更经济的选项是显而 易见的事。

## 56.Put lipstick on a pig. (对不好的事物粉饰太多)

- English: Trying to improve an outdated product without addressing its fundamental flaws is like putting lipstick on a pig.
- Chinese: 试图改进一个过时的产品而不解决其根本缺陷就像是对猪抹口红。

#### 57.Don't reinvent the wheel. (不要重复造轮子)

- English: When developing a new project, it's often more efficient not to reinvent the wheel but to build on existing successful strategies.
- Chinese: 在开发新项目时,通常更高效的做法是不要重复造轮子,而是建立在现有成功的战略基础上。

## 58.Down to the wire. (时间非常紧迫)

- English: We're down to the wire with the project deadline approaching; everyone needs to work efficiently.
- Chinese: 项目截止日期临近,时间非常紧迫;每个人都需要高效工作。

## 59.Fish or cut bait. (决定是干还是走)

- English: We've given enough time for the team members to catch up; now it's time to fish or cut bait.
- · Chinese: 我们已经给团队成员足够的时间来跟进,现在是时候 决定是干还是走了。

#### 60.Hit the nail on the head. (一针见血)

- English: Your analysis hit the nail on the head, identifying the core issue affecting our productivity.
- Chinese: 你的分析一针见血,指出了影响我们生产力的核心问题。