

英语口语地道表达

实用短语附例句

- Have a business trip
- Have a safe journey
- Have a backache
- Have a bad fall
- Have a bad temper
- Have a bath
- Have a birthday
- Have a busy day
- Have a career/a goal
- Have a competition
- Have a confrontation
- Have a conversation/chat
- Have a cup of tea/ coffee
- Have an appointment with
- Have breakfast/lunch/dinner
- Have an interview
- Have an opportunity
- Have some sugar/ milk
- Have a party/concert
- Have something to eat
- Have a temperature
- Have fun/a good time
- Have a discussion
- Have a glass of wine
- Have a good time
- Have a good/nice/etc day!
- Have a great weekend
- Have the chance (to)
- Have an experience
- Have an ice-cream
- Have a baby
- Have a haircut
- Have a hard time
- Have a headache
- Have a holiday
- Have a jacuzzi
- Have a jog
- Have a laugh
- Have a lecture
- Have a lesson
- Have a lie down
- Have a limp
- Have a lisp
- Have a listen
- Have a look
- Have a massage
- Have a meal
- Have a meeting
- Have a moment
- Have a nap
- Have a night mare
- Have a passion for
- Have a plan
- Have a problem
- Have a quarrel
- Have a relationship
- Have a rest
- Have a ride
- Have a right
- Have a run
- Have a drill
- Have a drink
- Have a salad
- Have a sandwich
- Have a scrub
- Have a shave
- Have a shower
- Have a smell
- Have a snack
- Have a snooze
- Have a stretch
- Have a stroke
- Have a swim
- Have a talk
- Have a taste
- Have a think
- Have a touch
- Have a try
- Have a walk
- Have a wash
- Have a wish
- Have a word
- Have a workout
- Have access (to)
- Have an accident
- Have an argument
- Have an effect (on)
- Have an energy bar
- Have an event
- Have an exam
- Have an excuse
- Have a doubt
- Have a dream
- Have a dispute
- Have a game
- Have an idea
- Have difficulty
- Have faith
- Have food
- Have no education
- Have no fear
- Have patience
- Have a rest
- Have room
- Have self-esteem
- Have sex
- Have skills
- Have soul
- Have success
- Have sympathy
- Have time
- Have trouble
- Have work
- Have a go
- Have a goal
- Have a dance
- Have a day off
- Have a fight
- Have a fit
- Have a bite
- Have a break
- Have a chance
- Have a chat
- Have a cold
- Have a feeling

Have a cup of tea/coffee: 喝一杯茶/咖啡

I usually have a cup of coffee in the morning to wake up.

Have a confrontation: 遭遇冲突

He had a confrontation with his boss about the project deadline.

Have an opportunity: 有机会。

He was lucky to have an opportunity to study abroad.

Have an appointment with: 与...有约

I have an appointment with the doctor at 3 PM.

Have a safe journey: 一路平安。

Before they left, I told them to have a safe journey.

Have a backache: 背痛

After lifting heavy boxes all day, he had a terrible backache.

Have a bad fall: 摔伤

She had a bad fall while skiing and broke her leg.

Have a bad temper: 脾气坏。

He often gets into arguments because he has a bad temper.

Have a bath: 洗澡

I like to have a bath to relax after a long day at work.

Have a birthday: 过生日

She's going to have a birthday party on Saturday.

Have a business trip: 出差

He won't be in the office next week; he has a business trip to attend.

Have a busy day: 过得很忙

I can't talk right now; I'm having a busy day at work.

Have a career/a goal: 有事业/目标

She's determined to have a successful career in medicine.

Have a competition: 参加比赛

They are going to have a swimming competition next week.

Have a conversation/chat: 进行谈话/聊天

We had a long conversation about our future plans.

Have breakfast/lunch/dinner: 吃早餐/午餐/晚餐

Let's have lunch together tomorrow at the new restaurant.

Have an interview: 面试

She's nervous because she has an important job interview tomorrow.

Have some sugar/milk: 加点糖/牛奶。

Could you please pass me the tea? I'd like to have some sugar.

Have a party/concert: 举办派对/音乐会。

They're planning to have a party for his birthday next week.

Have something to eat: 吃点东西。

I'm starving; let's stop and have something to eat.

Have a temperature: 发烧。

He can't go to school today; he has a temperature.

Have fun/a good time: 玩得开心/过得愉快。

I hope you have fun at the party tonight!

Have a discussion: 进行讨论。

We need to have a discussion about the project's progress.

Have a glass of wine: 喝一杯酒。

After a long day, she likes to relax by having a glass of wine.

Have a good time: 过得愉快。

Have a good time at the movie!

Have a good/nice/etc day!: 祝你今天过得愉快/愉快等。

Have a nice day at work!

Have a great weekend: 祝你周末愉快。

Have a great weekend with your family!

Have the chance (to): 有机会（做某事）。

She finally had the chance to travel to Europe.

Have an experience: 有经历，经历过某事。

I had a wonderful experience studying abroad.

Have an ice-cream: 吃冰淇淋。

It's a hot day; let's have an ice-cream to cool off.

Have a haircut: 理发。

I need to have a haircut; my hair is getting too long.

Have a hard time: 经历困难，过得不容易。

She had a hard time adjusting to her new job.

Have a headache: 头痛。

I can't come to the party; I have a terrible headache.

Have a holiday: 度假。

We're planning to have a holiday in Europe next summer.

Have a baby: 生孩子

She is excited because she's going to have a baby soon.

Have a jacuzzi: 泡热水澡。

After a long day, she likes to have a jacuzzi to relax.

Have a jog: 慢跑。

He likes to have a jog in the park every morning.

Have a laugh: 笑一笑，开心一下。

Let's have a laugh together and forget our worries.

Have a lecture: 参加讲座。

I have a lecture on history this afternoon.

Have a lesson: 上课。

She has a French lesson every Monday and Wednesday.

Have a lie down: 躺下休息。

I'm feeling tired; I'm going to have a lie down for a while.

Have a limp: 跛行。

After the accident, he had a limp in his right leg.

Have a lisp: 口齿不清，有口吃。

He used to have a lisp, but he worked hard to overcome it.

Have a listen: 听一下。

Have a listen to this song; it's really beautiful.

Have a look: 看一看。

Have a look at this painting; it's amazing.

Have a massage: 接受按摩。

She likes to have a massage to relax her muscles.

Have a meal: 吃饭。

We'll have a meal together at the new restaurant.

Have a meeting: 开会。

I can't join you for lunch; I have a meeting at that time.

Have a moment: 有空，稍等一下。

Do you have a moment to discuss the project?

Have a nap: 小睡一会儿。

I'm going to have a nap before the party tonight.

Have a nightmare: 做噩梦。

After watching the horror movie, she had a nightmare.

Have a problem: 遇到问题。

He has a problem with his computer; it's not working properly.

Have a quarrel: 争吵。

They had a quarrel about the division of the inheritance.

Have a relationship: 有关系，交往。

They have a great relationship; they've been best friends for years.

Have a rest: 休息。

After working hard all morning, she decided to have a rest in the afternoon.

Have a ride: 搭乘（车、马等）。

We're planning to have a ride on the new roller coaster at the theme park.

Have a right: 有权利。

Every citizen has a right to vote in a democratic society.

Have a run: 运行，试运转。

The car hasn't been used for a while; I think it's time to have a run.

Have a drill: 进行演习，进行训练。

The firefighters have a drill every month to practice their skills.

Have a drink: 喝一杯。

Let's have a drink to celebrate your success!

Have a salad: 吃沙拉。

I usually have a salad for lunch; it's a healthy choice.

Have a sandwich: 吃三明治。

I don't have much time for lunch, so I often have a sandwich at my desk.

Have a scrub: 洗擦，搓洗。

After gardening, I need to have a scrub to get all the dirt off my hands.

Have a shave: 刮脸。

He usually has a shave in the morning before going to work.

Have a shower: 洗澡。

I feel refreshed after I have a shower in the morning.

Have a smell: 闻一闻，嗅一嗅。

Have a smell of these flowers; they're so fragrant.

Have a passion for: 对...充满热情。

She has a passion for painting; she spends hours in her art studio every day.

Have a plan: 有计划。

We have a plan to renovate the house next year.

Have a snack: 吃点小吃，零食。

While watching a movie, I like to have a snack like popcorn.

Have a snooze: 小睡片刻。

I have a snooze in the afternoon to recharge my energy.

Have a stretch: 伸展一下身体。

After sitting for a long time, it's good to have a stretch to relax your muscles.

Have a stroke: 抚摸，轻拍。

She loves animals; every evening, she goes to the park to have a stroke with the dogs.

Have a swim: 游泳。

On hot summer days, I like to have a swim in the pool to cool off.

Have a talk: 进行谈话。

We need to have a talk about our future plans.

Have a taste: 品尝，尝一尝。

Have a taste of this soup; it's delicious.

Have a think: 深思熟虑，考虑一下。

I need to have a think before I make a decision.

Have a touch: 触摸，碰一碰。

Have a touch of this fabric; it's very soft.

Have a try: 尝试，试一试。

Why don't you have a try at solving this puzzle?

Have a walk: 散步，去散步。

After dinner, I like to have a walk in the park.

Have a wash: 洗漱，洗个澡。

I'll be ready in a few minutes; I just need to have a wash.

Have a wish: 许愿。

Every birthday, she would have a wish before blowing out the candles.

Have a word: 谈话，交谈。

Can I have a word with you in private?

Have a workout: 锻炼身体，进行体育锻炼。

I usually have a workout at the gym in the evenings.

Have access (to): 有权使用，可以接触。

As a member, you have access to all the facilities in the club.

Have an accident: 发生事故，出事。

She had an accident on her way to work this morning.

Have an argument: 争吵，发生争论。

They had an argument about where to spend their vacation.

Have an effect (on): 对...有影响。

Lack of sleep can have a significant effect on your health.

Have an energy bar: 吃能量棒。

I usually have an energy bar before my workout to boost my energy levels.

Have an event: 举办活动，举行事件。

The school will have an event next week to celebrate its anniversary.

Have an exam: 参加考试。

She had an exam yesterday, so she couldn't go out with us.

Have an excuse: 有借口，找借口。

He always seems to have an excuse for being late.

Have a doubt: 有疑虑，怀疑。

I have a doubt about the accuracy of this information.

Have a dream: 梦见，做梦。

Last night, I had a dream about flying over the mountains.

Have a dispute: 有争议，发生争端。

The two countries have a long-standing dispute over the border.

Have a game: 进行比赛，玩游戏。

Let's have a game of chess after dinner.

Have an idea: 有想法，有主意。

She had an idea for a new invention that could revolutionize the industry.

Have difficulty: 遇到困难，有困难。

He's having difficulty understanding the complex instructions.

Have faith: 有信仰，相信。

I have faith in his ability to complete the project successfully.

Have food: 有食物，有可食用的东西。

We need to make sure we have enough food for the party.

Have no education: 没有受过教育。

Many children in impoverished regions still have no education.

Have no fear: 毫无畏惧，毫不害怕。

He faced the challenge with courage and had no fear.

Have patience: 有耐心，耐心等待。

Sometimes you need to have patience and wait for the right opportunity.

Have a rest: 休息一下。

After a long hike, we decided to have a rest by the lake.

Have room: 有空间，有位置。

The hotel is fully booked; they don't have room for additional guests.

Have self-esteem: 有自尊心，自尊。

It's important to have self-esteem to face life's challenges confidently.

Have sex: 发生性关系。

It's crucial to have safe sex to prevent the spread of diseases.

Have skills: 具备技能，有技巧。

She has skills in graphic design, which makes her valuable in the job market.

Have soul: 具有灵魂，有情感。

The singer's voice was so emotional; it really seemed to have soul.

Have success: 取得成功，获得成就。

Hard work and dedication are essential to have success in any field.

Have sympathy: 表示同情，怜悯。

She had sympathy for the homeless and volunteered at a shelter.

Have time: 有时间。

Do you have time to meet for coffee tomorrow morning?

Have trouble: 遇到麻烦，有困难。

He had trouble understanding the complicated instructions.

Have work: 有工作。

Fortunately, she has work despite the economic downturn.

Have a go: 尝试，试一试。

Don't be afraid to have a go at something new; you might surprise yourself.

Have a goal: 设定目标，有目标。

It's essential to have a goal in life to stay motivated and focused.

Have a dance: 跳舞，进行舞蹈。

Let's have a dance at the party tonight!

Have a day off: 休息一天，放假。

I'm going to have a day off tomorrow to relax and unwind.

Have a fight: 打斗，发生争吵。

They had a fight over the last piece of cake.

Have a fit: 发脾气，突然发病。

She had a fit when she saw the mess in the living room.

Have a bite: 吃一口，咬一口。

Can I have a bite of your sandwich? I'm really hungry.

Have a break: 休息，休息片刻。

Let's have a break and grab some coffee.

Have a chance: 有机会，获得机会。

I hope to have a chance to travel around the world someday.

Have a chat: 聊天，交谈。

We should have a chat over coffee sometime.

Have a cold: 患感冒，感冒了。

I can't come to the party; I have a cold and need to rest at home.

Have a feeling: 有预感，有感觉。

I have a feeling that something good is going to happen today.