

# Harmovex

Emperor of Heaven's Heart Tonifying Pills

Tian Wang Bu Xin Wan / 天王補心丸

SP-502 | NPN 80012822

Replenishes Yin and Blood  
Strengthens Heart and Kidney  
Calms Mind (Shen)

## Clinical Manifestations

- Heart blood deficiency - Signs & Symptoms: forgetfulness and palpitations.
- Hyperactivity of yang due to Heart blood deficiency - Signs & Symptoms: irritability and insomnia.
- Malnourishment due to Blood deficiency - Signs & Symptoms: lassitude.
- Yin-deficient/fire consuming fluids - Signs & Symptoms: dry stools.
- Yin-deficient/fire rising - Signs & Symptoms: tongue ulcerations.
- Tongue: Red tongue body (especially red dots at the tip) with little coating. May also be sores of the mouth and tongue.
- Pulse: fine, rapid pulse.

## Formula Rationale

Harmovex (Tian Wang Bu Xin Wan) is designed to treat Heart and Kidney deficiencies with yin and blood insufficiencies.

Di Huang is the chief herb in this formula; its main actions are tonifying yin and blood to help control hyperactivity of yang and moisten dryness. Di Huang also nourishes Kidney water and helps to control Heart fire.

Xuan Shen, Tian Dong, and Mai Men Dong are assistant herbs to further strengthen yin to clear fire. Dan Shen and Dang Gui both act to tonify and activate blood circulation.

Dang Shen and Fu Ling tonify qi to calm the shen (mind). Suan Zao Ren and Wu Wei Zi astringe the Heart qi to calm the shen (mind). Bai Zi Ren and Yuan Zhi nourish the Heart to calm the shen (mind). Jie Gen leads all the herb actions to the Upper Jiao (burner).

## Cautions/Warnings

Consult a healthcare practitioner prior to use if pregnant or breastfeeding. Consult a health care practitioner if symptoms persist or worsen.

## Reference

1. Bensky D, Barolet R. Chinese Herbal Medicine: Formulas & Strategies (1990).
2. Pharmacopoeia of the People's Republic of China. Volume 1 (2005). Chinese Pharmacopoeia Commission. People's Medical Publishing House. China.
3. Chen JK, Chen TT. Chinese Herbal Formulas and Applications: Pharmacological Effects & Clinical Research (2009).

## Clinical Applications

(\*Note: This formula is ONLY indicated in the following conditions if the patients match Signs & Symptoms, Tongue, and Pulse described in Clinical Manifestations.)

Irritability, palpitations with anxiety, fatigue, insomnia with very restless sleep, difficult concentrating for even short periods of time, fibromyalgia, nocturnal emissions, forgetfulness, dry stools, low grade fever, night sweats, hypertension, hyperthyroidism, neuroasthenia, mental instability, ADHD, impotence, and hepatitis.<sup>1,2,3</sup>

### Ingredients (per capsule):

Tian Wang Bu Xin Wan extract 8:1.....	345 mg
(equivalent to 2.8 g of dried crude ingredients)	
Contains:	
Dan Shen 8:1 ( <i>Salvia miltiorrhiza</i> ) (root, rhizome).....	12.3 mg
Dang Gui 8:1 ( <i>Angelica sinensis</i> ) (root).....	24.7 mg
Shi Chang Pu 8:1 ( <i>Acorus tatarinowii</i> ) (rhizome).....	12.3 mg
Dang Shen 8:1 ( <i>Codonopsis tangshen</i> ) (root).....	12.3 mg
Fu Ling 8:1 ( <i>Poria cocos</i> ) (sclerotium).....	12.3 mg
Wu Wei Zi 8:1 ( <i>Schisandra chinensis</i> ) (fruit).....	24.7 mg
Mai Men Dong 8:1 ( <i>Ophiopogon japonicus</i> ).....	24.7 mg
(root tuber)	
Tian Dong 8:1 ( <i>Asparagus cochinchinensis</i> ).....	24.7 mg
(root tuber)	
Di Huang 8:1 ( <i>Rehmannia glutinosa</i> ) (root).....	98.6 mg
Xuan Shen 8:1 ( <i>Scrophularia ningpoensis</i> ) (root).....	12.3 mg
Yuan Zhi 8:1 ( <i>Polygala tenuifolia</i> ) (root).....	12.3 mg
Suan Zao Ren 8:1 ( <i>Ziziphus spinosa</i> ) (seed).....	24.7 mg
Bai Zi Ren 8:1 ( <i>Platycladus orientalis</i> ) (kernel).....	24.7 mg
Jie Geng 8:1 ( <i>Platycodon grandiflorum</i> ) (root).....	12.3 mg
Gan Cao 8:1 ( <i>Glycyrriza uralensis</i> ) (root, rhizome).....	12.3 mg

### Non-medicinal Ingredients:

Certified organic apple fibre, beetroot fibre, pullulan/hypromellose (capsule)

### Suggested Use:

Adults - Take 2 capsules, twice a day, better before meals, or as directed by a health care practitioner.

**Dosage Form:** 112 Vegetarian Capsules

