

Piedmont Virginia Community College

SP24 12/16W Course Evaluations

Course: PV282.HLT.230.40.SP24: [SP24] - HLT.230.40 - Principles of Nutrition
Instructor: Zhuo Fu *
Response Rate: 17/21 (80.95 %)

At A Glance: Overview

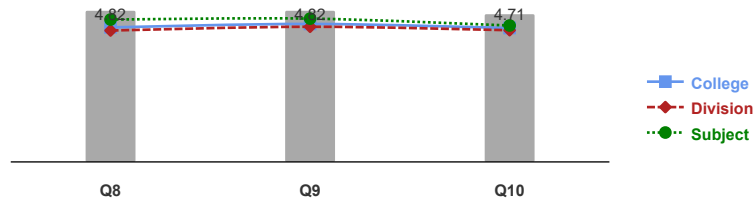
Strongly Agree

Agree

Neither Agree or Disagree

Disagree

Strongly Disagree



Q8 - Zhuo Fu returned graded materials in sufficient time to help me incorporate results into subsequent assignments/tests.



Q9 - Zhuo Fu maintained a supportive learning environment for students in this class.

Q10 - Overall, I rate the quality of instruction in this class as:



1 - Zhuo Fu was consistently prepared for this course. -

Response Option				Weight	Frequency	Percent	Percent Responses		Means											
Strongly Agree				(5)	13	76.47%														
Agree				(4)	4	23.53%														
Neither Agree or Disagree				(3)	0	0.00%														
Disagree				(2)	0	0.00%														
Strongly Disagree				(1)	0	0.00%														
									0	25	50	100	Question		College		Division		Subject	
Response Rate		Mean	STD	Median	College		Mean	STD	Median	Division		Mean	STD	Median	Subject		Mean	STD	Median	
17/21 (80.95%)		4.76	0.44	5.00	6111		4.47	0.83	5.00	2972		4.38	0.86	5.00	83		4.64	0.64	5.00	

2 - Zhuo Fu clearly explained course requirements. -

Response Option				Weight	Frequency	Percent	Percent Responses		Means										
Strongly Agree				(5)	12	70.59%													
Agree				(4)	5	29.41%													
Neither Agree or Disagree				(3)	0	0.00%													
Disagree				(2)	0	0.00%													
Strongly Disagree				(1)	0	0.00%													
								0	25	50	100	Question		College		Division		Subject	
Response Rate		Mean	STD	Median	College		Mean	STD	Median	Division		Mean	STD	Median	Subject		Mean	STD	Median
17/21 (80.95%)		4.71	0.47	5.00	6094		4.41	0.86	5.00	2959		4.34	0.88	5.00	83		4.58	0.68	5.00

3 - Zhuo Fu clearly described what I was expected to learn in this course. -

Response Option				Weight	Frequency	Percent	Percent Responses		Means										
Strongly Agree				(5)	11	64.71%													
Agree				(4)	6	35.29%													
Neither Agree or Disagree				(3)	0	0.00%													
Disagree				(2)	0	0.00%													
Strongly Disagree				(1)	0	0.00%													
								0	25	50	100	Question		College		Division		Subject	
Response Rate		Mean	STD	Median	College		Mean	STD	Median	Division		Mean	STD	Median	Subject		Mean	STD	Median
17/21 (80.95%)		4.65	0.49	5.00	6067		4.42	0.84	5.00	2942		4.35	0.88	5.00	82		4.61	0.62	5.00

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4 - Graded assignments appropriately tested my knowledge of what I was expected to learn.

Zhuo Fu

Response Option				Weight	Frequency	Percent	Percent Responses		Means										
Strongly Agree				(5)	10	58.82%													
Agree				(4)	7	41.18%													
Neither Agree or Disagree				(3)	0	0.00%													
Disagree				(2)	0	0.00%													
Strongly Disagree				(1)	0	0.00%													
02550100										Question		College		Division		Subject			
Response Rate		Mean	STD	Median	College		Mean	STD	Median	Division		Mean	STD	Median	Subject		Mean	STD	Median
17/21 (80.95%)		4.59	0.51	5.00	6081		4.38	0.88	5.00	2947		4.28	0.91	5.00	83		4.60	0.70	5.00

5 - Zhuo Fu used methods that helped me learn the course content. -

Response Option				Weight	Frequency	Percent	Percent Responses		Means										
Strongly Agree				(5)	14	82.35%													
Agree				(4)	3	17.65%													
Neither Agree or Disagree				(3)	0	0.00%													
Disagree				(2)	0	0.00%													
Strongly Disagree				(1)	0	0.00%													
02550100										Question		College		Division		Subject			
Response Rate		Mean	STD	Median	College		Mean	STD	Median	Division		Mean	STD	Median	Subject		Mean	STD	Median
17/21 (80.95%)		4.82	0.39	5.00	6079		4.26	0.97	5.00	2944		4.21	0.97	5.00	83		4.47	0.83	5.00

6 - Zhuo Fu was helpful when I didn't understand the material being presented. -

Response Option				Weight	Frequency	Percent	Percent Responses		Means												
Strongly Agree				(5)	12	70.59%															
Agree				(4)	5	29.41%															
Neither Agree or Disagree				(3)	0	0.00%															
Disagree				(2)	0	0.00%															
Strongly Disagree				(1)	0	0.00%															
										0	25	50	100	Question		College		Division		Subject	
Response Rate		Mean	STD	Median	College		Mean	STD	Median	Division		Mean	STD	Median	Subject		Mean	STD	Median		
17/21 (80.95%)		4.71	0.47	5.00	6077		4.29	0.94	5.00	2941		4.23	0.95	5.00	83		4.47	0.83	5.00		

7 - Zhuo Fu was available to assist me outside of class during posted office hours. -

Response Option				Weight	Frequency	Percent	Percent Responses		Means										
Strongly Agree				(5)	12	70.59%			4.59		4.28		4.24		4.41				
Agree				(4)	3	17.65%													
Neither Agree or Disagree				(3)	2	11.76%													
Disagree				(2)	0	0.00%													
Strongly Disagree				(1)	0	0.00%													
								0	25	50	100	Question		College		Division		Subject	
Response Rate		Mean	STD	Median	College		Mean	STD	Median	Division		Mean	STD	Median	Subject		Mean	STD	Median
17/21 (80.95%)		4.59	0.71	5.00	6059		4.28	0.89	5.00	2930		4.24	0.91	5.00	83		4.41	0.87	5.00

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8 - Zhuo Fu returned graded materials in sufficient time to help me incorporate results into subsequent assignments/tests. -

Response Option				Weight	Frequency	Percent	Percent Responses			Means									
Strongly Agree				(5)	14	82.35%													
Agree				(4)	3	17.65%													
Neither Agree or Disagree				(3)	0	0.00%													
Disagree				(2)	0	0.00%													
Strongly Disagree				(1)	0	0.00%													
							0	25	50	100	Question		College		Division		Subject		
Response Rate		Mean	STD	Median	College		Mean	STD	Median	Division		Mean	STD	Median	Subject		Mean	STD	Median
17/21 (80.95%)		4.82	0.39	5.00	6062		4.29	0.96	5.00	2929		4.19	1.01	5.00	83		4.54	0.80	5.00

9 - Zhuo Fu maintained a supportive learning environment for students in this class. -

Response Option				Weight	Frequency	Percent	Percent Responses		Means										
Strongly Agree				(5)	14	82.35%													
Agree				(4)	3	17.65%													
Neither Agree or Disagree				(3)	0	0.00%													
Disagree				(2)	0	0.00%													
Strongly Disagree				(1)	0	0.00%													
								0	25	50	100	Question		College		Division		Subject	
Response Rate		Mean	STD	Median	College		Mean	STD	Median	Division		Mean	STD	Median	Subject		Mean	STD	Median
17/21 (80.95%)		4.82	0.39	5.00	6052		4.40	0.86	5.00	2921		4.31	0.90	5.00	83		4.57	0.75	5.00

10 - Overall, I rate the quality of instruction in this class as:

Zhuo Fu

Response Option				Weight	Frequency	Percent	Percent Responses		Means									
Very High				(5)	13	76.47%												
Above Average				(4)	3	17.65%												
Average				(3)	1	5.88%												
Low				(2)	0	0.00%												
Very Low				(1)	0	0.00%												
							0	25	50	100	Question		College		Division		Subject	
Response Rate		Mean	STD	Median	College	Mean	STD	Median	Division	Mean	STD	Median	Subject	Mean	STD	Median		
17/21 (80.95%)		4.71	0.59	5.00	5994	4.27	0.99	5.00	2861	4.20	0.99	5.00	83	4.35	0.93	5.00		

11 - What are some things that Zhuo Fu has done especially well? -

Response Rate 12/21 (57.14%)

-
- Very open and fun assignments with the community posts.
-
- very straightforward assignments, I didn't experience any confusion about anything.
- Dr. Fu did a wonderful job at helping me feel heard and accommodated when it came to things I did not feel comfortable participating in. She also did a great job at making the work due very clear and giving direct instructions to significantly reduce any stress regarding finishing work. I feel as if I learned a lot and this class brought me little to zero stress, and I am very grateful that I had Dr. Fu as my professor. I have already recommended this class to many peers.
- Professor use very interesting language and explain everything very easy to understand.
- Her assignments were easy.
- Many courses and textbooks are packed with "filler" stuff that isn't overly relevant to the topics at hand. this course did a great job of slimming down on the filler and focusing on the important stuff.
- She was the kindest professor ever! She made the class so enjoyable and easy to learn and retain information.
- Dr. Fu was very communicative and helpful if there were issues with the content or if you didn't understand something she answered very fast and helped as best as she could and was very understanding
- really great class. Especially appreciated the professor's kindness and enthusiasm.
- She was very understanding of my circumstances and allowed me time to complete all assignments.

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12 - What suggestions do you have for the improvement of this course?

Zhuo Fu

Response Rate 11/21 (52.38%)

-
- I would like some video lessons or zoom but other than that nothing comes to mind.
-
- nothing, I enjoyed it and learned a lot
- I honestly don't have any suggestions! It was engaging, fun, and basically stress-free.
- everything is good.
- I think Fu could use AI or something to help her English because some of the assignment questions were a little hard to read and gave me a headache.
- I feel like a little more attention could have been spent on the macro and micro nutrients. The last couple weeks sort of seemed smushed together.
- n/a.
- I think the only improvement Dr. Fu could make is by using an AI source or something like Grammarly because there were often times when there was some confusion on things she assigned because of the language difference, but other than that nothing.
- None!

13 - What would you tell another student who asked you about this course?

Zhuo Fu

Response Rate 12/21 (57.14%)

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- You should take it.
-
- I recommend it! Learning about nutrition may be one of the most useful courses for everyday life.
- I would tell them that this class brought me basically zero stress and the course information was very interesting and applicable to my own life. I would also let them know what a good job Dr. Fu does concerning the layout of the class materials and assignments.
- you will actually learn things from this class.
- Definitely take this class! Fu is really nice and wants you to learn as opposed to just throwing a bunch of work at you.
- Just follow the weekly instructions and the directions in the homework and you'll do fine.
- Professor Fu is the best professor to take this course with. She is flexible, understanding (including technological issues!), and makes the class and information enjoyable.
- This was probably the best nutrition class you could take, she makes the material very accessible and sets you up for success.
- great class with a great professor.
- I would tell them to make sure to take the course with this professor!!

Mean of Means Calculations	Mean	College	Division	Subject
Score Average	4.73	4.34	4.27	4.52