[**Interest Rate:**](https://fred.stlouisfed.org/graph/?g=1k0JC) **Short-term signal**

**(two days lag, e.g., Mar-29-2024 reports Mar-27-2024 data)**

**Consumer Spending (**[**Release**](https://www.bea.gov/news/current-releases)**) Medium-term signal**

[**Chart**](https://fred.stlouisfed.org/graph/?g=1k6eI)**: Real Spending + Price**

**(one-month lag, e.g., Mar-29-2024 published Feb-2024 spending)**

[Table 2.8.x](https://apps.bea.gov/iTable/?reqid=19&step=2&isuri=1&categories=survey&_gl=1*4q08yk*_ga*MTQ3MzQ5NjIxMi4xNzExMjQ2MTk4*_ga_J4698JNNFT*MTcxMjUyMDk2MS42LjEuMTcxMjUyMDk3Mi40OS4wLjA.#eyJhcHBpZCI6MTksInN0ZXBzIjpbMSwyLDNdLCJkYXRhIjpbWyJjYXRlZ29yaWVzIiwiU3VydmV5Il0sWyJOSVBBX1RhYmxlX0xpc3QiLCI4MiJdXX0=) Personal Consumption Expenditures by Major Type of Product, Monthly,

e.g., **Motor vehicles and parts - Durable goods**

[Table 2.4.x](https://apps.bea.gov/iTable/?reqid=19&step=2&isuri=1&categories=survey&_gl=1*4q08yk*_ga*MTQ3MzQ5NjIxMi4xNzExMjQ2MTk4*_ga_J4698JNNFT*MTcxMjUyMDk2MS42LjEuMTcxMjUyMDk3Mi40OS4wLjA.#eyJhcHBpZCI6MTksInN0ZXBzIjpbMSwyLDNdLCJkYXRhIjpbWyJjYXRlZ29yaWVzIiwiU3VydmV5Il0sWyJOSVBBX1RhYmxlX0xpc3QiLCI3MCJdXX0=) Personal Consumption Expenditures by Type of Product, Quarterly

e.g. **New motor vehicles -** **Motor vehicles and parts - Durable goods**

**[Labor’s value-added vs market performance: Long-term Signal](https://fred.stlouisfed.org/graph/?g=1iTKv)**