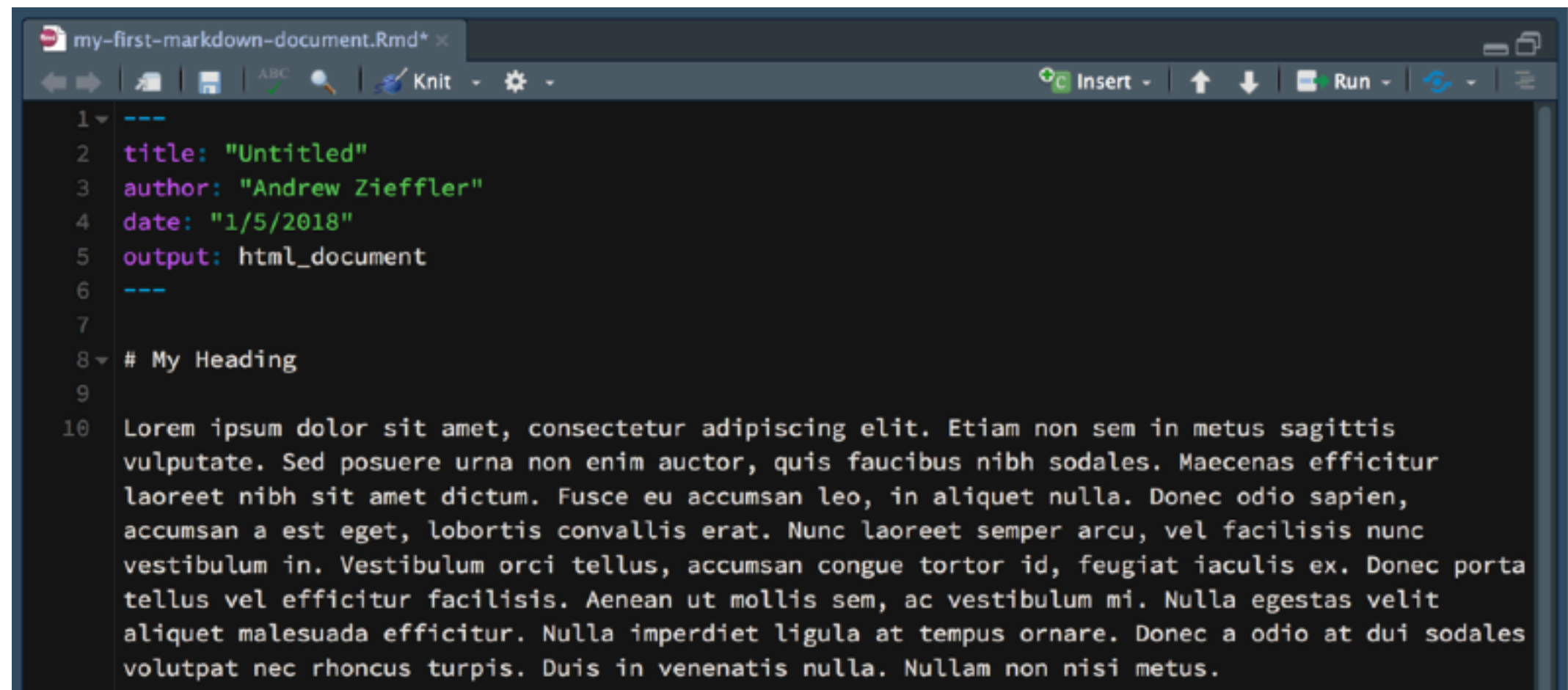


Add a Heading

After the YAML (but before the text you just entered) let's put in a heading. To do this start the line with a single hashtag (#), then one space, then the text you want to use as a heading. For example:

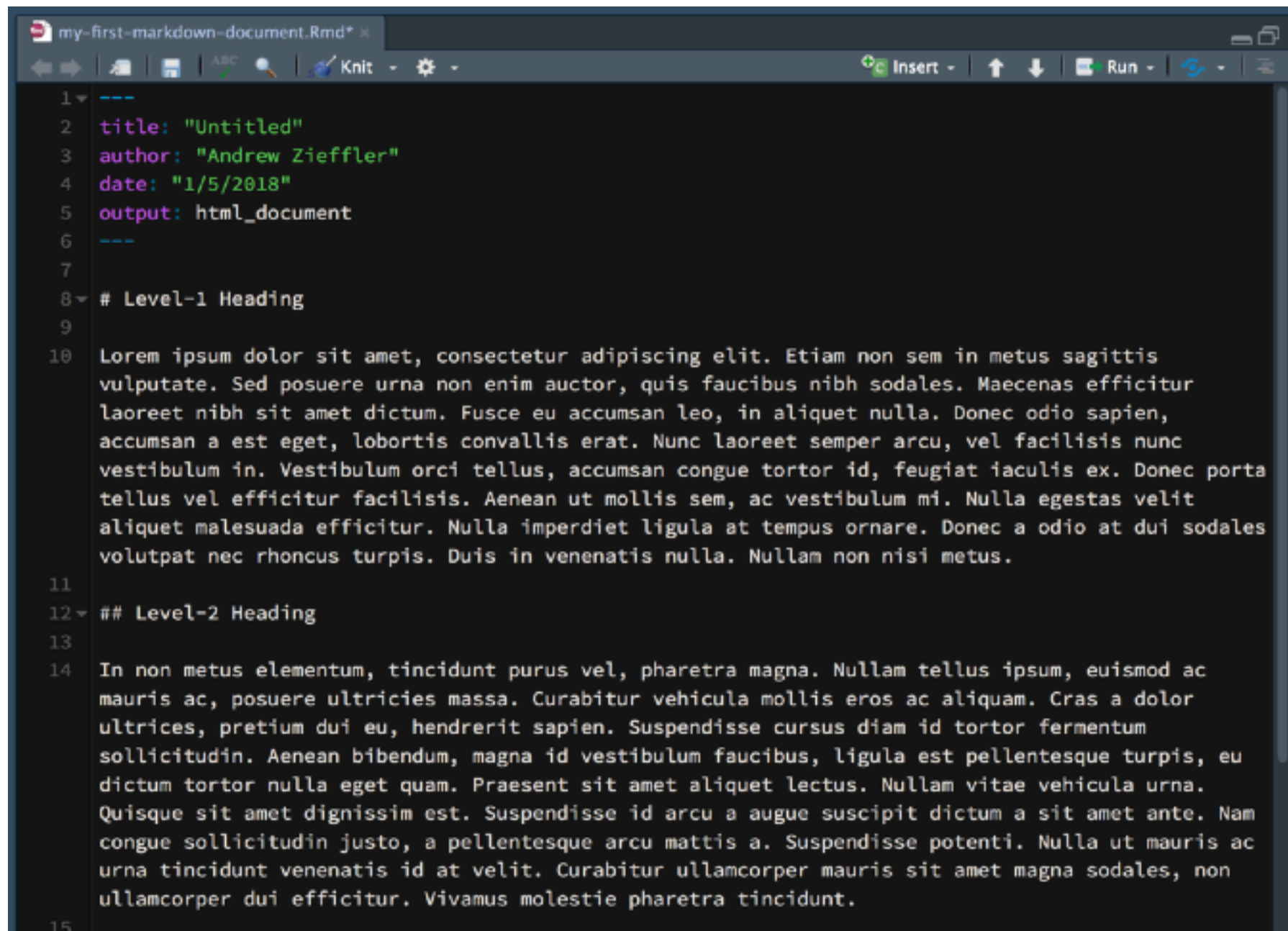
A screenshot of the RStudio editor window. The title bar shows 'my-first-markdown-document.Rmd'. The editor has a dark theme. The code is as follows:

```
1 ---
2 title: "Untitled"
3 author: "Andrew Zieffler"
4 date: "1/5/2018"
5 output: html_document
6 ---
7
8 # My Heading
9
10 Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam non sem in metus sagittis
    vulputate. Sed posuere urna non enim auctor, quis faucibus nibh sodales. Maecenas efficitur
    laoreet nibh sit amet dictum. Fusce eu accumsan leo, in aliquet nulla. Donec odio sapien,
    accumsan a est eget, lobortis convallis erat. Nunc laoreet semper arcu, vel facilisis nunc
    vestibulum in. Vestibulum orci tellus, accumsan congue tortor id, feugiat iaculis ex. Donec porta
    tellus vel efficitur facilisis. Aenean ut mollis sem, ac vestibulum mi. Nulla egestas velit
    aliquet malesuada efficitur. Nulla imperdiet ligula at tempus ornare. Donec a odio at dui sodales
    volutpat nec rhoncus turpis. Duis in venenatis nulla. Nullam non nisi metus.
```

You will need a blank line between your heading and text.

Re-knit the document. (*Protip:* Re-knitting will automatically save the document.)

The heading you created is a Level-1 heading. There are six different heading sizes. Level-1 is the largest. To create a Level-2 heading use two hashtags rather than one.



```
1 ---  
2 title: "Untitled"  
3 author: "Andrew Zieffler"  
4 date: "1/5/2018"  
5 output: html_document  
6 ---  
7  
8 # Level-1 Heading  
9  
10 Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam non sem in metus sagittis  
vulputate. Sed posuere urna non enim auctor, quis faucibus nibh sodales. Maecenas efficitur  
laoreet nibh sit amet dictum. Fusce eu accumsan leo, in aliquet nulla. Donec odio sapien,  
accumsan a est eget, lobortis convallis erat. Nunc laoreet semper arcu, vel facilisis nunc  
vestibulum in. Vestibulum orci tellus, accumsan congue tortor id, feugiat iaculis ex. Donec porta  
tellus vel efficitur facilisis. Aenean ut mollis sem, ac vestibulum mi. Nulla egestas velit  
aliquet malesuada efficitur. Nulla imperdiet ligula at tempus ornare. Donec a odio at dui sodales  
volutpat nec rhoncus turpis. Duis in venenatis nulla. Nullam non nisi metus.  
11  
12 ## Level-2 Heading  
13  
14 In non metus elementum, tincidunt purus vel, pharetra magna. Nullam tellus ipsum, euismod ac  
mauris ac, posuere ultricies massa. Curabitur vehicula mollis eros ac aliquam. Cras a dolor  
ultrices, pretium dui eu, hendrerit sapien. Suspendisse cursus diam id tortor fermentum  
sollicitudin. Aenean bibendum, magna id vestibulum faucibus, ligula est pellentesque turpis, eu  
dictum tortor nulla eget quam. Praesent sit amet aliquet lectus. Nullam vitae vehicula urna.  
Quisque sit amet dignissim est. Suspendisse id arcu a augue suscipit dictum a sit amet ante. Nam  
congue sollicitudin justo, a pellentesque arcu mattis a. Suspendisse potenti. Nulla ut mauris ac  
urna tincidunt venenatis id at velit. Curabitur ullamcorper mauris sit amet magna sodales, non  
ullamcorper dui efficitur. Vivamus molestie pharetra tincidunt.  
15
```

Don't forget to separate new headings with blank lines.
Re-knit the document to see the difference.