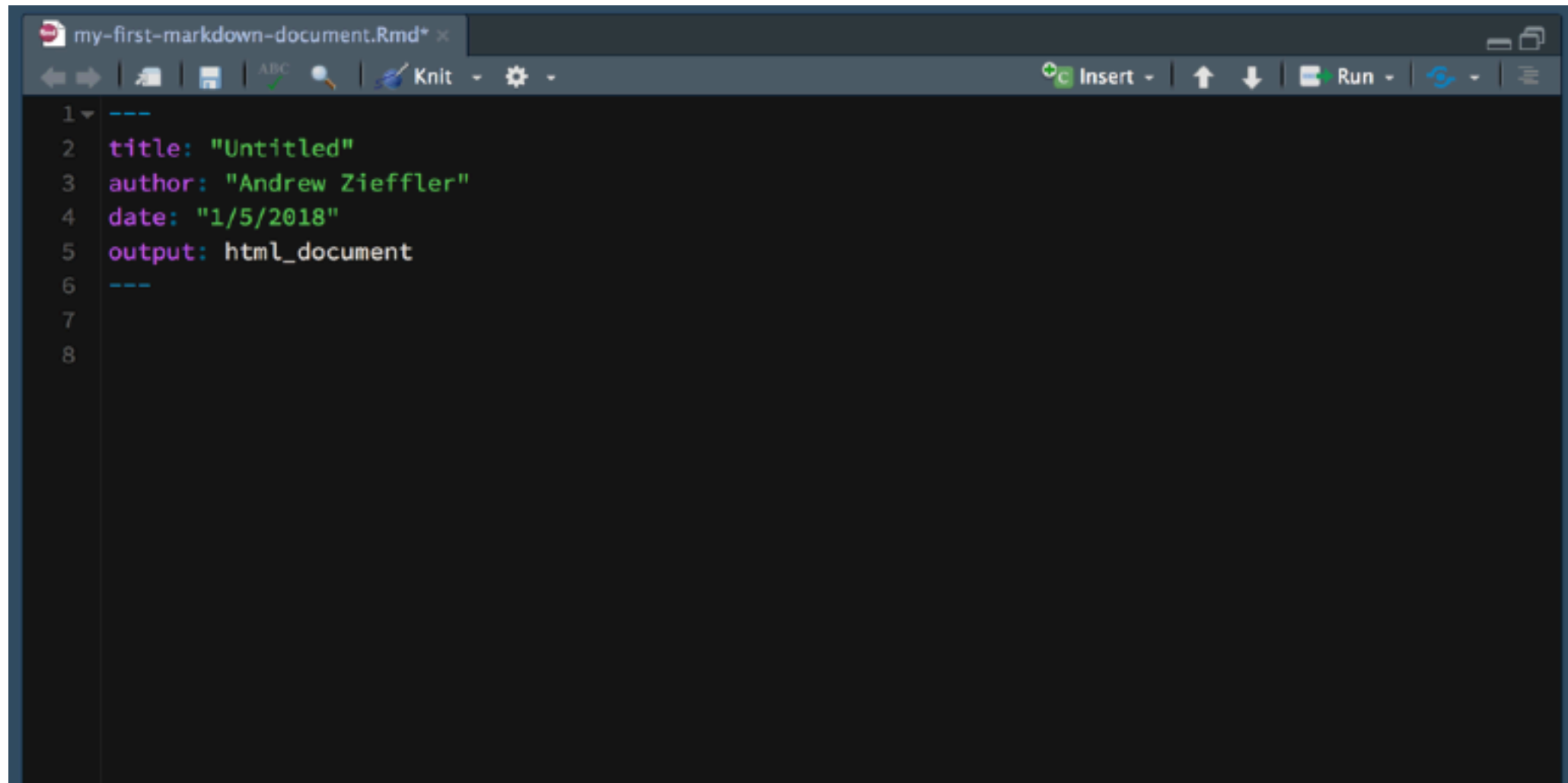


Delete all the text in the main part of your document. KEEP THE YAML but delete everything else.

A screenshot of the RStudio IDE interface. The title bar shows a file named 'my-first-markdown-document.Rmd'. The toolbar includes icons for navigation, editing, and running code. The main editor area has a dark background and displays a YAML header for a markdown document. The header consists of five lines: a separator line '---', followed by 'title: "Untitled"', 'author: "Andrew Zieffler"', 'date: "1/5/2018"', and 'output: html_document', followed by another separator line '---'. Line numbers 1 through 8 are visible on the left side of the editor.

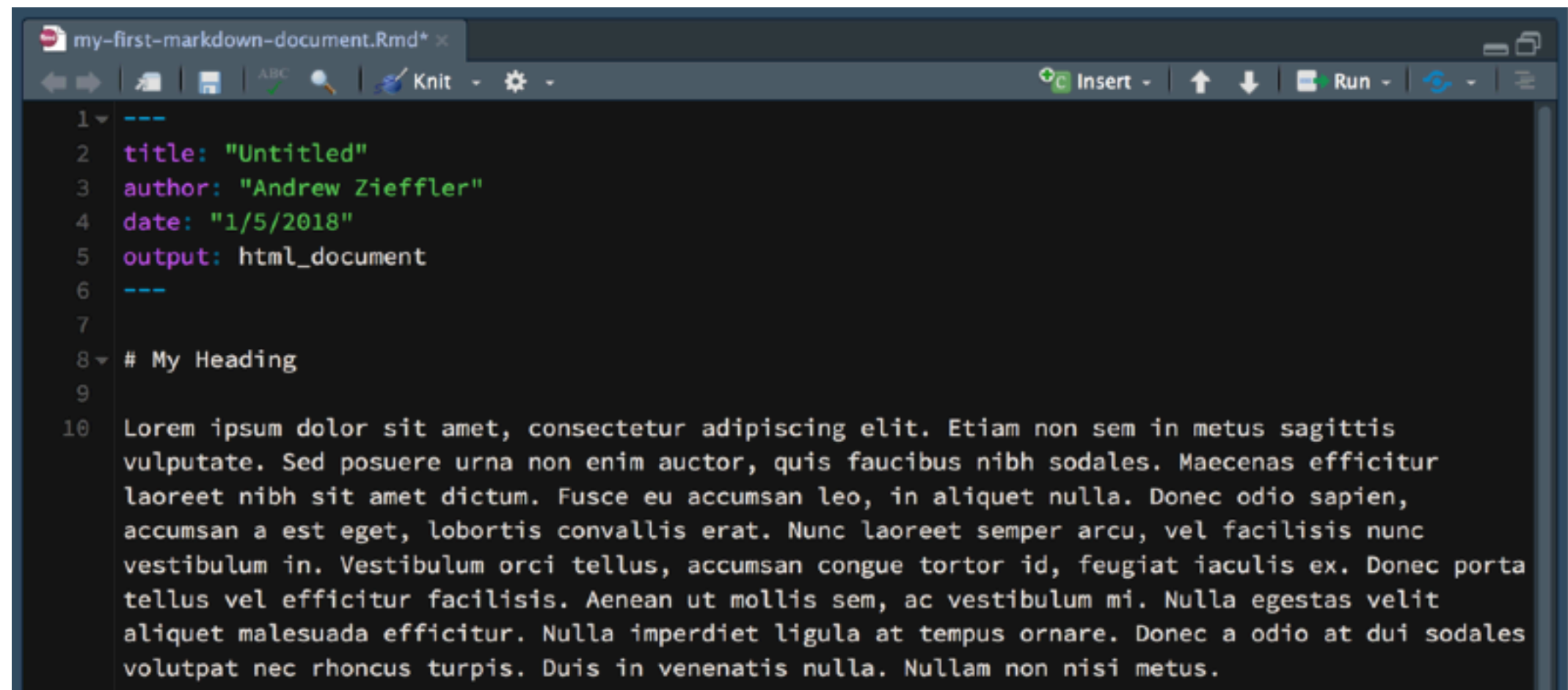
```
1 ---  
2 title: "Untitled"  
3 author: "Andrew Zieffler"  
4 date: "1/5/2018"  
5 output: html_document  
6 ---  
7  
8
```

Below the YAML part of the document (skip a line or two) enter some text. You can freestyle this or copy-and-paste from an existing document. Don't worry about formatting it yet. (Generate some text from: <https://www.lipsum.com/>)

Then save the document and re-knit it.

Add a Heading

After the YAML (but before the text you just entered) let's put in a heading. To do this start the line with a single hashtag (#), then one space, then the text you want to use as a heading. For example:

A screenshot of the RStudio editor window. The title bar shows 'my-first-markdown-document.Rmd'. The toolbar includes icons for navigation, editing, and running. The code editor shows a YAML frontmatter block followed by a heading and a paragraph of Lorem Ipsum text.

```
1 ---  
2 title: "Untitled"  
3 author: "Andrew Zieffler"  
4 date: "1/5/2018"  
5 output: html_document  
6 ---  
7  
8 # My Heading  
9  
10 Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam non sem in metus sagittis  
vulputate. Sed posuere urna non enim auctor, quis faucibus nibh sodales. Maecenas efficitur  
laoreet nibh sit amet dictum. Fusce eu accumsan leo, in aliquet nulla. Donec odio sapien,  
accumsan a est eget, lobortis convallis erat. Nunc laoreet semper arcu, vel facilisis nunc  
vestibulum in. Vestibulum orci tellus, accumsan congue tortor id, feugiat iaculis ex. Donec porta  
tellus vel efficitur facilisis. Aenean ut mollis sem, ac vestibulum mi. Nulla egestas velit  
aliquet malesuada efficitur. Nulla imperdiet ligula at tempus ornare. Donec a odio at dui sodales  
volutpat nec rhoncus turpis. Duis in venenatis nulla. Nullam non nisi metus.
```

You will need a blank line between your heading and text.

Re-knit the document. (*Protip:* Re-knitting will automatically save the document.)