

# Transcript

00:00:00 Interviewer

Can you briefly introduce yourself - where you are from, or what you are studying and so on?

00:00:09 Interviewee

I'm Charlotte. I'm studying law at UQ.

00:00:14 Interviewer

Can you tell me a bit more about your living situation?

00:00:18 Interviewee

I'm currently living in a studio at Scape Regent.

00:00:26 Interviewer

Are you satisfied with your living arrangements?

00:00:30 Interviewee

Yes, but the rent is a bit too expensive, I feel like.

00:00:36 Interviewer

Do you like living with your friend mates?

00:00:40 Interviewee

I live in a studio alone, so I will just have mates from the same building, but I don't actually live with them.

00:00:50 Interviewer

So how often do you cook at home?

00:00:54 Interviewee

I mostly cook during weekdays because I have school and then once in a while I will go out for dinner with my friends at the weekend.

00:01:08 Interviewer

What do you usually like to cook?

00:01:10 Interviewee

I like to cook something that is fast and convenient, like dumplings or rice.

00:01:24 Interviewer

Do you meal prep?

00:01:26 Interviewee

Meal prep? Not really because.....Yeah, not really.

00:01:34 Interviewer

Can you describe your typical cooking routine?

00:01:39 Interviewee

Usually when I have days-off or at weekends, I will go grocery shopping and then..... but since my schedule is pretty loose right now, I will buy what I plan to cook for that day and then I will buy it again for another day.

00:02:05 Interviewer

And what challenge do you face when deciding what to cook?

00:02:10 Interviewee

Ummm.....I would say it's hard to think what to eat instead of what to cook, because sometimes when I think of something, I will think it takes too much time or too many preparation steps. So, I will switch to another option that is easier.

00:02:40 Interviewer

Do these challenges ever prevent you from cooking at all?

00:02:45 Interviewee

Yes, sometimes, and then I will ask if my friends are available to dine out together.

00:02:54 Interviewer

Do you sometimes get bored with what you cook?

00:03:01 Interviewee

Yes, but I tried to look at online recipes to get some inspiration and have a switch when I get bored with a certain type of food.

00:03:14 Interviewer

Do you usually cook the same thing often?

00:03:18 Interviewee

Uh, yes, so I can master that dish and cook it better and faster.

00:03:27 Interviewer

How do you feel about cooking with others or sharing the kitchen?

00:03:34 Interviewee

I don't think I can share a kitchen with someone else because I'm kind of a neat freak, so I will feel terrified seeing people making a mess. And then cooking with others.... I feel like it depends if the kitchen is big or not - if it's very small and crowded, then it will be like....it won't function well. I feel like it will cause arguments somehow.

00:04:08 Interviewer

What makes cooking with others enjoyable or difficult for you, or you just said it? You know, maybe it's up to you.

00:04:14 Interviewee

Yeah, I just said it. I think it's difficult.

00:04:18 Interviewer

OK, I think we can skip this. Uh, yeah. How often do you participate in social activity and how important is social interaction to you?

00:04:30 Interviewee

If you consider in class activities social activities, then almost every day. But other than that, I don't really socialise because I'm very busy with all the schoolwork. And social interaction is sometimes important to me, especially when I feel lonely. But when I get too much social interaction, I will feel very tired, and I need some me time.

00:05:04 Interviewer

How does living away from home impact your social life?

00:05:10 Interviewee

Maybe because I grew up with the same group of people. Since I studied in the same school for 12 years, so most of my friends are very long term friends and they are all from

home, so I don't feel very close to the people I meet here because they are very new in my life. Yeah.... So, I think that is like one of the main impacts.

00:05:42 Interviewer

Do you find it difficult to meet new people?

00:05:46 Interviewee

I mean.....I go to a new school so everyone I meet is new, so it's not that difficult to meet new people, but it's difficult to become friends with them, I would say.

00:06:01 Interviewer

Do you think food is a catalyst for social interaction?

00:06:08 Interviewee

I think so, because like for Asians eating together, dining together is such a social event. So I think it might be a catalyst.

00:06:21 Interviewer

Do you enjoy meeting up with friends over food?

00:06:26 Interviewee

Yeah, I think that is like the majority of our activities when we meet up, or else there's nothing else to do actually.

00:06:40 Interviewer

Do you enjoy potlucks or hot pot type of meals?

00:06:46 Interviewee

Yes, but I would prefer to have these meals with friends that I am acquainted and familiar with, because if I eat hot pot with someone I don't know, I will feel like eww because I'm a clean freak. I don't want to eat someone else's saliva, you know.

00:07:10 Interviewer

How often do you find yourself throwing away food and how do you feel about it?

00:07:17

I do fridge cleaning like once a month. So, I think that's when I throw away like expired food and I feel like I forget about them sometimes. Then next time I will try to keep in mind that I have that particular item in my fridge.

00:07:44 Interviewer

What strategies, if any, do you use to reduce food waste?

00:07:49 Interviewee

Like I said, I will do grocery shopping for that particular meal that I already planned instead of getting plenty of ingredients.

00:07:57 Interviewer

OK.

00:08:04 Interviewer

What are your thoughts on sharing ingredients with others to prevent food waste?

00:08:12 Interviewee

I don't mind giving extra ingredients to others, but I would not want to receive ingredients from others because.....I'm just picky like that.

00:08:28 Interviewer

Will you be open to a system where you can trade or share extra ingredients?

00:08:35 Interviewee

Yeah, I think I can share to others, but like trading.....I can only trade individual packing stuff instead of something like.....imagine a cabbage cut into half, and then you give it to me..... No, I cannot accept that.

00:08:55 Interviewer

Have you ever bought ingredients but didn't use them?

00:09:00

Umm. Not really.

00:09:05 Interviewer

How did that make you feel, and what do you do with those ingredients?

00:09:11 Interviewee

I used the ingredients that I bought at least once, and if I really don't like it, I will just leave it there until it expired. Then I throw it away.

00:09:22 Interviewer

Do you ever want to try and cook new recipes or try cooking food from different cuisines, but there are just too many ingredients to buy?

00:09:33 Interviewee

Uh, if I see there are too many ingredients, it implies that it takes a long preparation time, so I tend to avoid those recipes already.

00:09:47 Interviewer

Are long ingredient lists intimidating?

00:09:51 Interviewee

Yes, yes, yes. As I said, a long ingredient list means longer preparation time. So I will avoid those types of food.

00:10:00 Interviewer

You ever hesitate to try a new recipe because you are not sure you will like the result?

00:10:08 Interviewee

Yes, because I'm not very confident towards my own cooking skills. So if I mess up, then I will have to eat it, which I don't want.

00:10:23 Interviewer

Do you often crave food from home when you do not know how to cook it or it just involves too many ingredients?

00:10:30 Interviewer

I will call my mom and ask her and then she will explain to me. And if I hear that it's too long, then I will just.....never mind.

00:10:41 Interviewer

What do you think could be done to make cooking and socialising easier or more enjoyable for students like you?

00:10:52 Interviewee

UM. I think to make cooking easier, of course it's like make everything more convenient and less time-consuming. But socialising, I don't really know.

00:11:12 Interviewer

Are there any tools that you think would help?

00:11:18

Uhm. A thing like that share ingredient thing is quite good. As long as they got like individual packing and then we got like we can have like a small marketplace at our share accommodation. So I don't have to walk all the way to the supermarket for grocery shopping.

00:11:48 Interviewer

If there were an app that could help you find co-cooking events or share ingredients, what features would you find most helpful?

00:12:00 Interviewee

Co-cooking event I'm not that keen about, but share ingredients I feel like.....I'm not too sure, like maybe share ingredients I have to meet up with that person, so maybe like a scheduling thing would be good.

00:12:29 Interviewer

How likely are you to use such an app?

00:12:33 Interviewee

Uh. Maybe when I'm lazy to go for grocery shopping then I will use the app.

00:12:41 Interviewer

What would stop you from using it?

00:12:45 Interviewee

If I find out that the available ingredients are not up to my liking and then like people who contribute to those to that platform, like contribute to sharing the ingredients and not hygienic, then I will stop using it.

00:13:05 Interviewer

Is there anything else you would like to share about your experience with cooking, or socialising as a student, living away from home?

00:13:16 Interviewee

Not really.

00:13:18 Interviewer

OK. So that's it. This whole interview question. Thank you.

00:13:21 Interviewee

Thank you.