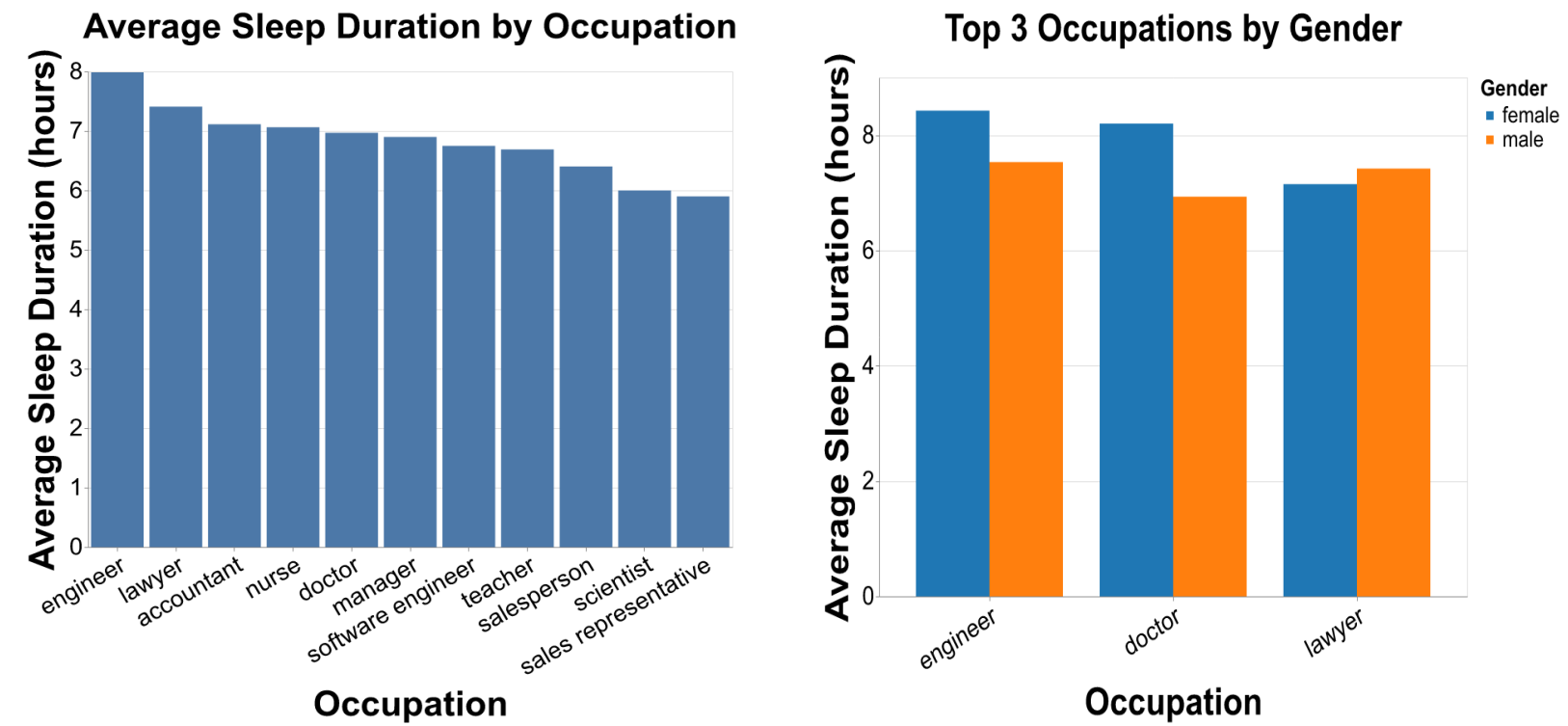


How Do Occupation and Gender Influence Sleep Duration and Disorders?

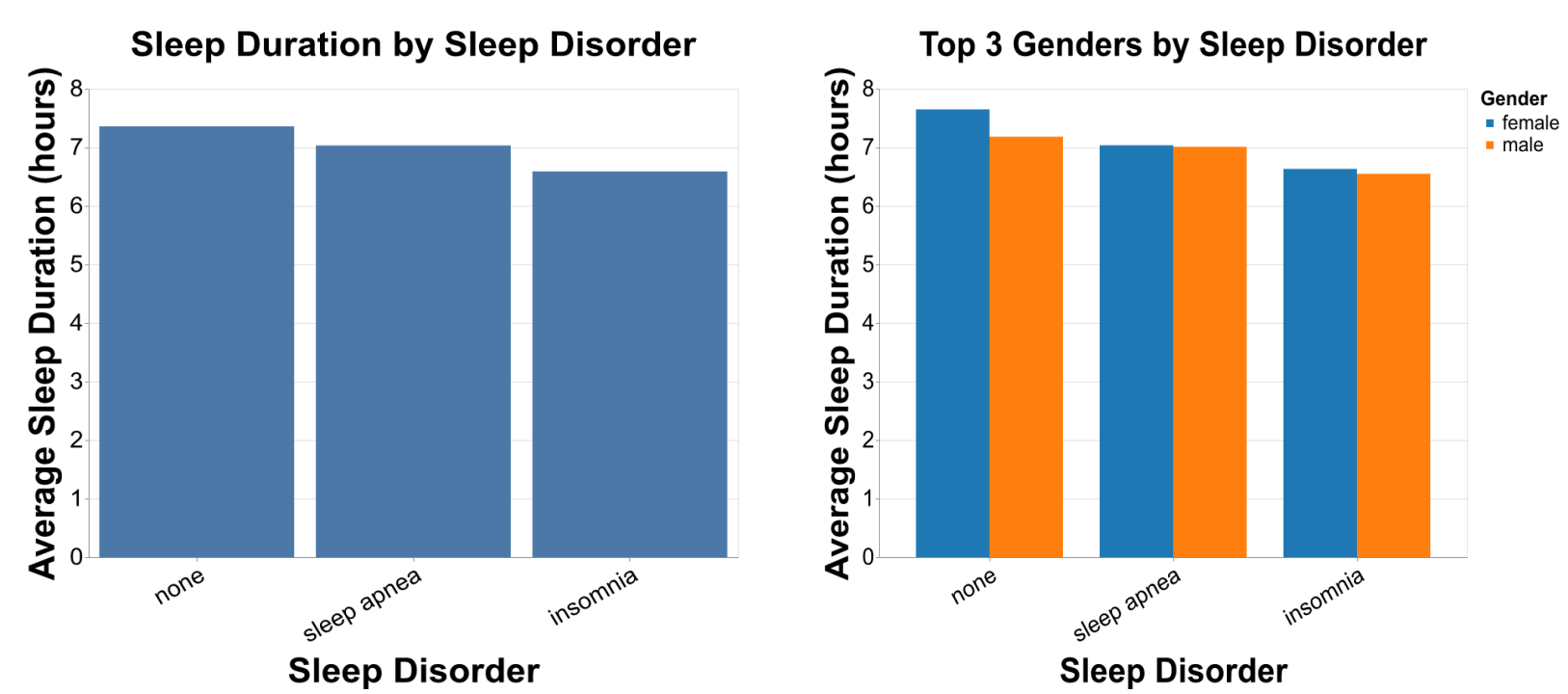
INTRODUCTION

Sleep duration varies significantly across occupations and sleep disorders. This poster analyzes sleep patterns by occupation, gender, and sleep disorder status. Data includes average sleep hours and distribution of sleep disorders among nurses and salespersons.

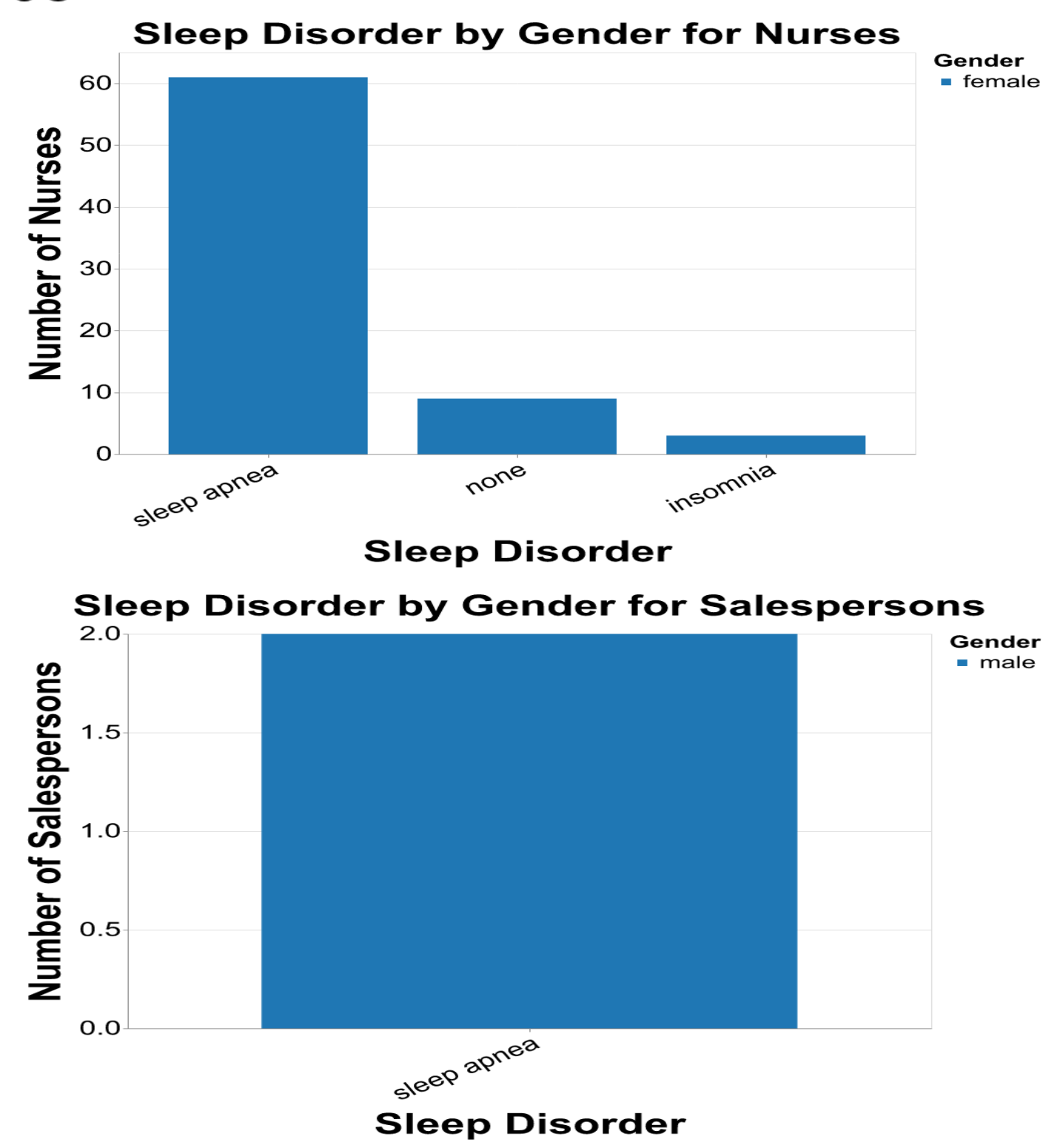
01 Sleep duration varies by occupation, with gender distribution highlighting top occupations.



02 Sleep disorders impact sleep duration differently, with gender differences in disorder prevalence.



03 Nurses and salespersons show distinct gender patterns in sleep disorder prevalence.



CONCLUSION

Sleep duration differs notably among various occupations and between genders. Sleep disorders affect sleep length and show gender-specific prevalence patterns. Nurses and salespersons exhibit unique gender-related sleep disorder trends. Understanding these differences can guide targeted health interventions.