

How Does Screen Time and Device Type Impact Health Differently by Gender?

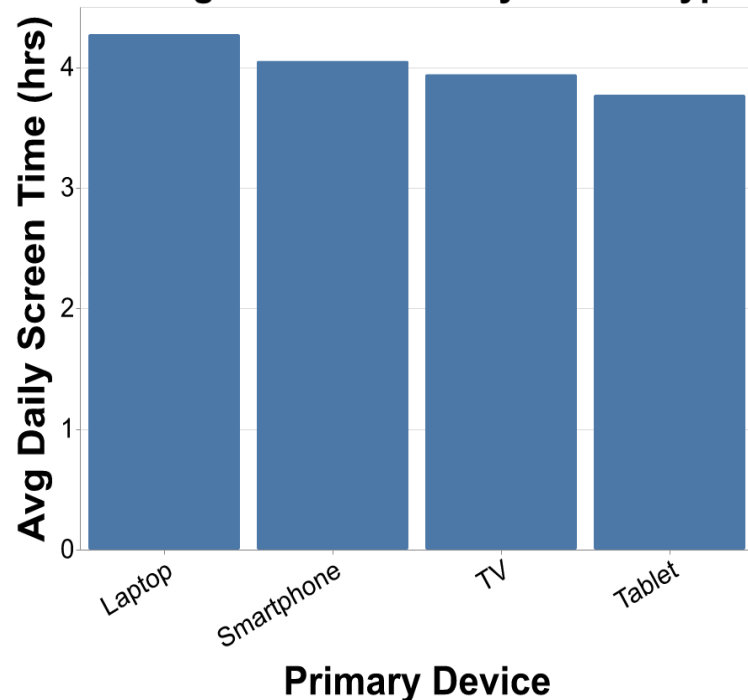
INTRODUCTION

Screen time averages over 4 hours daily, varying by device and gender. This poster explores screen time by device type, gender, and health impacts. Data highlights key health concerns linked to screen use across demographics.

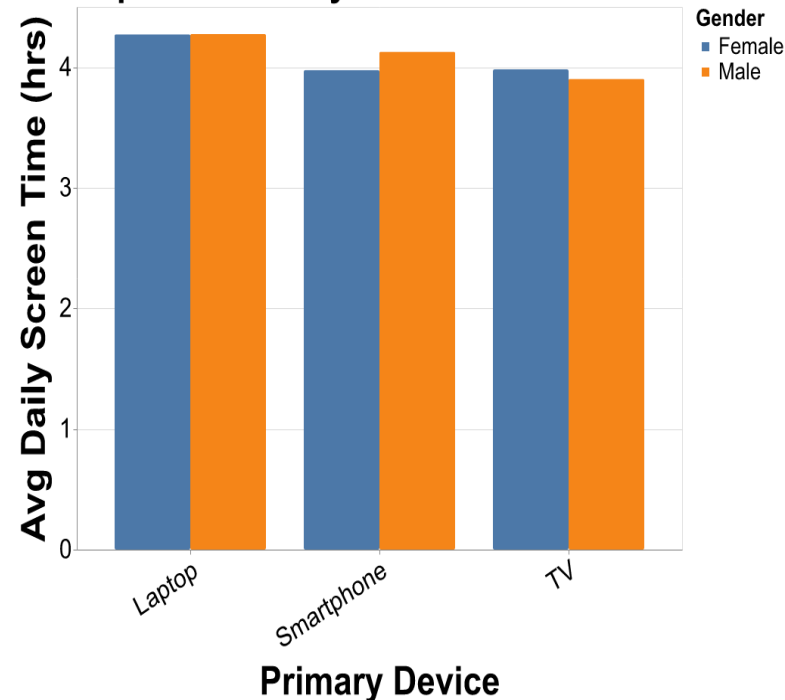
01

Screen time varies by device type, with top devices differing by gender.

Average Screen Time by Device Type



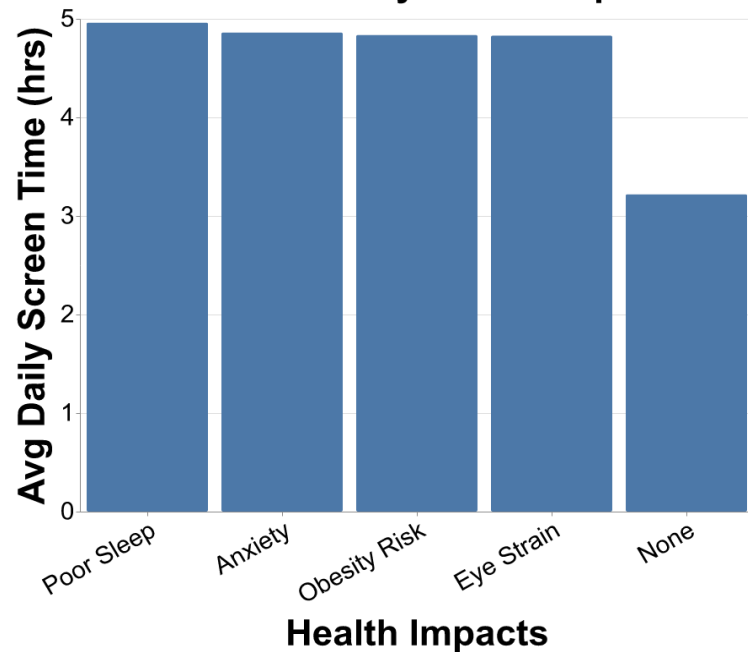
Top 3 Devices by Gender Screen Time



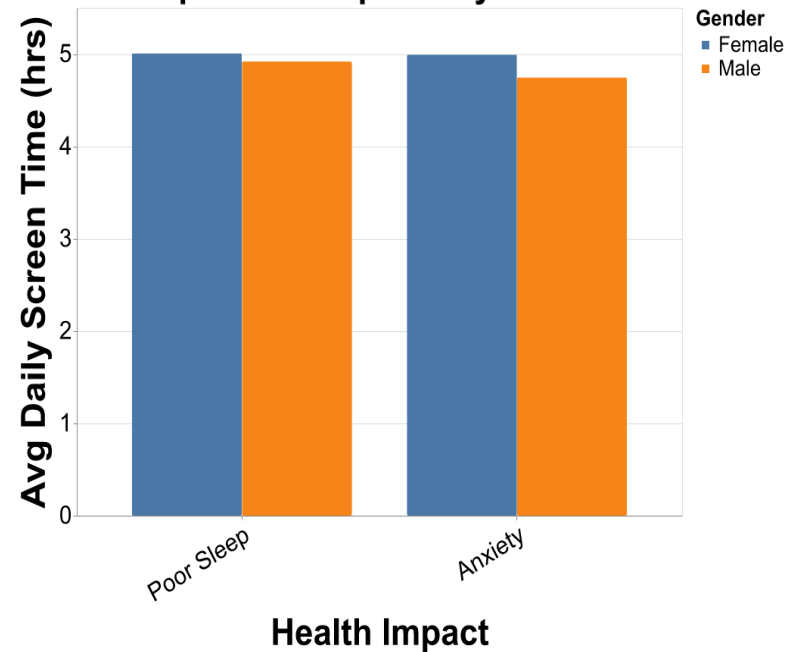
02

Health impacts differ by screen time and show distinct gender patterns.

Screen Time by Health Impacts



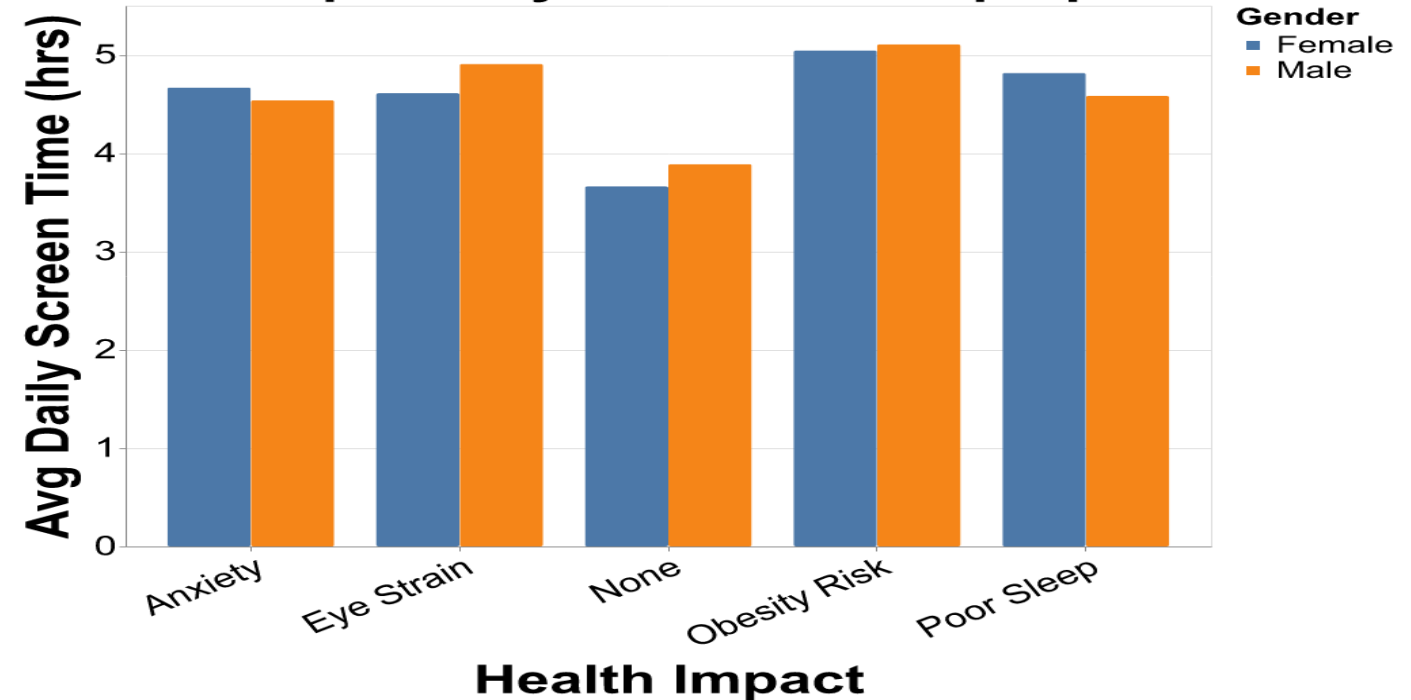
Top Health Impacts by Gender



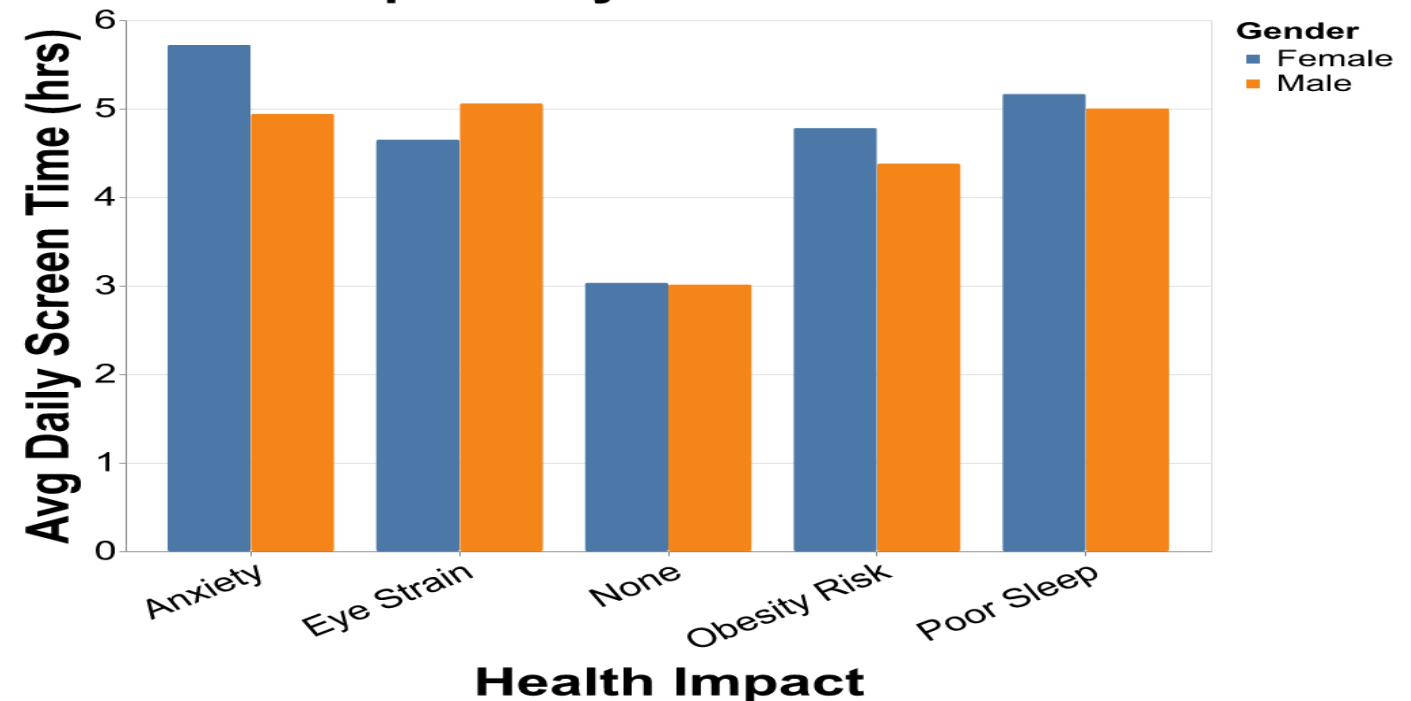
03

Health impacts vary by gender for laptop and TV users, the top and bottom devices.

Health Impacts by Gender for Laptop Users



Health Impacts by Gender for TV Users



CONCLUSION

Screen time exceeds four hours daily and varies by device and gender. Health impacts differ significantly based on screen time and gender patterns. Laptop and TV users show distinct health effects linked to their screen use. Understanding these differences can guide targeted health interventions for each group.