

# Running Stats

Run #	Date	Duration	Avg Heart Rate	Distance	Time
1	1/1	1:00	150	1.0	1:00
2	1/2	1:05	155	1.1	1:05
3	1/3	1:10	160	1.2	1:10
4	1/4	1:15	165	1.3	1:15
5	1/5	1:20	170	1.4	1:20
6	1/6	1:25	175	1.5	1:25
7	1/7	1:30	180	1.6	1:30
8	1/8	1:35	185	1.7	1:35
9	1/9	1:40	190	1.8	1:40
10	1/10	1:45	195	1.9	1:45
11	1/11	1:50	200	2.0	1:50
12	1/12	1:55	205	2.1	1:55

Create

Delete

Done

X

- ☐
- ☒
- ☐
- ☐
- ☒
- ☐
- ☒
- ☐
- ☒
- ☐
- ☐