



Parish Dental Practice Policy: Display Screen Equipment (DSE)

Use

Policy Statement:

Parish Dental recognizes the importance of promoting safe and comfortable use of Display Screen Equipment. This policy is committed to ensuring that all DSE is appropriately set up and used, reducing the risk of any health problems associated with prolonged DSE use.

Objective:

To ensure the safe use of Display Screen Equipment and to minimize the risk of DSE-related health issues.

Scope:

This policy applies to all employees of Parish Dental Practice who use DSE such as computers, laptops, and other display screens as a regular part of their work.

Procedures:

1. Risk Assessment:

- Conduct regular DSE assessments to identify risks and implement necessary changes or improvements.
- Encourage employees to report any discomfort or issues related to DSE use.

2. Workspace Ergonomics:

- Provide guidance on setting up workstations ergonomically, including the position of screens, chairs, and keyboards.
- Ensure that lighting is suitable and reduces glare on screens.

3. Eye and Vision Tests:

- Offer regular eye and vision tests for DSE users, as required by DSE regulations.
- Cover the cost of basic glasses if they are needed specifically for DSE work.

4. Breaks and Changes of Activity:

- Encourage short, frequent breaks away from the screen to reduce fatigue.
- Promote awareness about exercises to reduce the risk of repetitive strain injury and eye strain.





5. Training and Information:

- Provide training on safe DSE use, including correct posture and workstation setup.
- Distribute information on the risks associated with prolonged DSE use and how to minimize them.

6. Health and Safety:

- Address any health and safety concerns related to DSE use promptly.
- Adjust workstations to accommodate any specific health needs.

7. Record Keeping:

- Maintain records of DSE assessments, training provided, and actions taken to reduce risks.

8. Policy Review and Update:

- Regularly review and update this policy to ensure ongoing effectiveness and compliance with current legislation.

Responsibility:

The practice manager is responsible for implementing and monitoring this DSE policy. All staff members are responsible for following the guidelines and participating in assessments and training.

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Updated Yearly

