

Elementary Vocabulary S12

1	insist	坚决要求，坚持	21	for the sake of	为了...起见
2	put out	扑火；发表	22	deserve	值得，应得
3	on sale	出售，上市	23	worthy	值得的，应得的
4	get around	走动；传开；克服	24	at sea	在上海；迷惑
5	limit to	将...限制在	25	declare	声明，宣布
6	reward	奖励，回报	26	consequence	结果，后果
7	beyond recognition	认不出来	27	accuse	指责，控告
8	sympathy	同情；同感	28	envy	嫉妒，羡慕
9	motivate	激励，激发	29	may as well	只好，无妨
10	adjust	调整，调节	30	flesh	肉，肉体
11	participate	参加，参与	31	mercy	怜悯，仁慈
12	confidence	信心，信任	32	set about	动手，开始
13	in good repair	维修良好	33	go about	着手干，做
14	throw away	丢弃；错过	34	in one's power	在...支配下
15	let out	放出，释放	35	pay off	偿清，还清
16	allow for	考虑到，顾及	36	pay back	偿还，报复
17	reject	拒绝接受	37	deny	否认，否定
18	get stuck in	陷进去	38	take for granted	认为...理所当然
19	break away	脱离，断绝	39	trial	试验；审讯
20	otherwise	否则，不然	40	aware	意识到，知道的

▲ insist [In'sist]

v. 坚决要求，坚持 + on

eg. I didn't really want to go but he **insisted**. 我并不真的想去，但他硬要我去。

eg. He **insisted** on his innocence. 他坚持说他是无辜的。

eg. She **insisted** on her mother living with her. 她坚持要她妈妈和她住在一起。

eg. She **insisted** that her mother should live with her. 她坚持要她妈妈和她一起住。

▲ put out

phrv. 扑火，熄灭；出版，发表，发布；

eg. It took two hours to **put out** the fire. 用了两小时才把火扑灭。

eg. The company **put out** a report on commercial spin-offs from its research.

公司公布了一份有关其研究活动所产生的商业副产品的报告。

▲ on sale

phrv. 出售，上市，折价销售，减价出售；

eg. The fish are **on sale** from our own coastal waters.

出售的鱼来自我们自己的近海水域。

eg. The coat is **on sale** at a 50% discount. 大衣五折特卖。

▷ for sale 出售，待售

eg. They've put their house up **for sale**. 他们的房子现在出售。

▲ get around

phrv. ① 到处走动，旅行，游历；

eg. He doesn't **get around/about** much these days. 这些天他不常到处走动。

② 传开，散播出去

eg. The news of her resignation soon **got around/about/round**.

她辞职的消息很快传开了。

③ 克服，解决（问题或困难）

eg. None of these countries has found a way yet to get around the problem of the polarization of wealth. 这些国家都还没有找到办法来解决贫富分化的问题。

④ 规避，避开（法律或规章）

eg. If you are clever, you can sometimes **get around/round** the tax laws.

如果你聪明，有时可以绕过税法。

▷ get around sb 劝服某人，应付

eg. His wife knows how to **get around/round** him. 他的妻子知道如何劝服他。

eg. Tom is trying to **get around/round** his father to buy him a car. 劝服父亲买车。

▲ **limit to**

phrv. 将...限制在（或控制在），限于

eg. We must **limit** the expense **to** 10 yuan. 我们必须把费用限制在10元以内。

eg. Every man in these departments was **limited to** one job.

这些部门里的每个人只能从事一项工作。

▲ **reward** [rɪ'wɔ:rd]

n. 奖励，回报，报酬，赏格，悬赏金 vt. 奖励，奖赏，给以报酬

eg. a **reward** for good behaviour 优秀行为奖

eg. She was **rewarded** for her efforts with a cash bonus.

她因自己所作的努力而得到一笔奖金。

▷ **rewarding** [rɪ'wɔ:rdɪŋ]

adj. 有益的，值得做的，报酬高的

eg. Nursing is a **rewarding** job. 护理是一项有意义的工作。

▲ **beyond recognition**

phr. 面目全非，认不出来，无法辨认 out of (all) recognition

eg. Illness and age had changed her **beyond (all) recognition**.

疾病和年龄使她变得面目全非。

▲ **sympathy** ['sɪmpəθi]

n. 同情；同感，慰问，赞同，支持 + for

eg. Out of **sympathy**, we will help the handicapped.

出于同情，我们会帮助那些残疾人。

eg. I feel **sympathy** for his suffering. 我同情他的痛苦。

eg. I have a lot of **sympathy** for his opinions, but I don't think his ideas will work.

他的看法我有同感，但我认为他的想法行不通。

eg. You have my deepest **sympathies** on the death of your wife.

我对你妻子的去世深表慰问。

eg. My **sympathies** are with the workers in this dispute.

我支持这场纠纷中的工人。

▷ in sympathy with sb/sth 支持，赞同

eg. I'm sure he'll be in **sympathy** with your proposal. 我相信他会同意你的建议。

▷ sympathetic adj. 表示同情的

▲ **motivate** ['mɒtɪveɪt]

v. 激励，激发

eg. These children sit around all day doing nothing they need something to **motivate** them. 这些孩子整天无所事事，他们需要一些东西来激励他们。

eg. The murder was **motivated** by hatred. 谋杀是出于仇恨。

▲ **adjust** [ə'dʒʌst]

v. 调整，调节，整理，适应，习惯

eg. She carefully **adjusted** her clothers and her hair before going out.

她出门前仔细调整了一下衣服和头发。

eg. I must **adjust** my watch, it's slow. 我得调整一下手表，它慢了。

eg. My eyes haven't **adjusted** to the dark yet. 我的眼睛还没有适应黑暗。

▲ **participate** [pɑ:'tɪsɪpeɪt]

vi. 参加，参与 = take part in

eg. He actively **participated** in local politics. 他积极参与当地政治。

▷ participant n. 参加者

▲ **confidence** ['kɒnfɪdəns]

n. 信心，信任，信赖，自信心，把握，肯定，秘密；

eg. I have little **confidence** in him. 我对他没什么信心。

▷ in confidence 私下的，秘密的，

▷ take sb into one's confidence 把某人当作自己的心腹

▷ confident adj. 自信的，肯定的，确信的，有把握的

▲ **in good repair**

phr. (建筑等)维修良好，状况良好

eg. First, be sure your bicycle is **in good/bad repair**.

首先，确保您的自行车状况良好。

▷ beyond repair 无法修复，不能再修，无法弥补

▷ under repair 正在维修中

eg. His car was damaged **beyond repair**. 汽车损坏严重，无法修复。

▲ throw away

phrv. 扔掉，丢弃；浪费，错过（机会、优势或好处）

eg. That's rubbish, you can **throw** it **away**. 那是垃圾，你可以把它扔掉。

eg. You are **throwing away** your money by buying such useless things.

你买这些没用的东西是在浪费钱。

eg. This is your last change, don't **throw** it **away**. 这是你最后的零钱，不要扔掉。

▲ let out

phrv. 放出，释放（水、空气等），呼（气）；改大（let in 改小 改瘦）

eg. It lets sunlight in but doesn't **let** heat **out**. 它吸收阳光，但并不释放热量。

eg. He is getting so fat that his trousers have to be **let out** round the waist.

他越来越胖，裤子的腰部必须放出来。

▷ let sth out on sth 泄露某人某事 ▷ let sb in on/for sth 让某人介入某事

eg. Don't **let** it **out** about me losing my job, will you? 不要泄露我失业的消息，好吗？

eg. You are **letting** yourself **in** for trouble by buying that rusty old car.

你买那辆生锈的旧车是自找麻烦。

▷ let sb out 饶了某人，让某人出去，让某人不介入

▲ allow for

phrv. 考虑到，将...计算在内，顾及

eg. **Allowing for** the train being delayed, we should be back by 10:30.

考虑到火车晚点，我们应该在10:30之前回来。

eg. Has everything been **allowed for** in your plan? 你的计划中考虑到了一切吗？

▲ reject ['ri:dʒekt]

v. 拒绝接受，不予考虑

eg. The proposal was firmly **rejected**. 这项提议被断然否决。

▲ get stuck in

phrv. 陷进去，起劲地干，下定决心做

eg. I don't want to **get stuck in** another job like that

我不想陷入另一份那样的工作中。

▲ break away

phrv. 脱离，离开，断绝与...的关系 + from

eg. The prisoner **broke away** from his guards. 囚犯从看守中逃跑了。

eg. He **broke away** from all his friends. 他脱离了所有的朋友。

▲ **otherwise** ['ʌðərwaɪz]

adv. 否则，不然，除此以外

eg. My parents lent me the money. **Otherwise**, I couldn't have afforded the trip.

我父母借钱给我了。否则，我可付不起这次旅费。

▲ **for the sake of**

adv. 为了...起见

eg. **For the sake of** your family, don't take so many risks.

为了你的家人，不要冒那么多风险。

▷ for sb/sth 's sake 看在...的份上

eg. I'll help you **for your father's sake**. 看在你父亲的份上，我会帮助你的。

▲ **deserve** [dɪ'zɜːrv]

v. 值得，应得，应受

eg. You **deserve** a rest after all that hard work. 辛苦劳累那么久，你该休息一下了。

▲ **worthy** ['wɜːrði]

adj. 值得的，应得的，值得尊敬的 (of sb/sth)

eg. He is **worthy** of all our respect. 他完全值得尊敬。

eg. He is indeed a **worthy** man. 他确实是一个值得尊敬的人。

▲ **at sea**

phr. 在上海；迷惑，茫然，糊涂，不知所措

eg. He spent three years **at sea**. 他在海上度过了三年。

eg. When it comes to maths, I'm completely **at sea**. 说到数学，我完全不知所措。

▲ **declare** [dɪ'kleɪ]

v. 声明，宣布，宣告，宣称，公布，表明；(比announce严肃)

eg. The government has **declared** a state of emergency. 政府已宣布进入紧急状态。

eg. **declare** war 宣战

eg. He **declared** that he was in love with her. 他声称他已爱上她。

▲ **consequence** ['kɒnsɪkwens]

n. 结果，后果，重要性

eg. This decision could have serious **consequences** for the industry.

这项决定可能对该行业造成严重后果。

eg. Don't worry. It's of no **consequence**. 别担心，这无关紧要。

▷ in consequence (of sth) 由于，作为...的结果 = as a consequence of

eg. The child was born deformed **in consequence of** an injury to its mother.

由于母亲受过伤，这小孩生下来是畸形。

eg. **As a consequence of** his laziness, he was fired. 由于懒惰，他被解雇了。

▲ **accuse** [ə'kju:z]

vt. 指责，控告，谴责，控诉 (of sth)

eg. They **accused** me of not being frank. 他们指责我不坦率。

▷ accusingly adv 以指责的态度

eg. She looked **accusingly** at me. 她责备地看着我。

▲ **envy** ['envi]

n. 嫉妒，羡慕，忌妒 vt. 羡慕，忌妒

eg. I've always **envied** your good luck. 我一直羡慕你的好运。

eg. He couldn't conceal his **envy** of me. 他无法掩饰对我的嫉妒。

▲ **may as well**

phr. 只好(做)，(做...)也无妨，(几乎)和...一样 = might as well

eg. You **might as well** go stand upon the beach and argue with the sea.

你不妨站在海滩上和大海争论。

eg. If no one else wants it, we **might as well** give it to him.

如果没人要这个，我们不妨给他吧。

▲ **flesh** [fleʃ]

n. (动物或人的)肉，果肉，肉体

▷ flesh and blood 血肉之躯 亲骨肉，亲人

eg. I must help them because they are my own **flesh and blood**.

我必须帮助他们，因为他们是我的亲骨肉。

▷ in the flesh 本人/本身，活生生地，亲自，本人

eg. He is nicer **in the flesh** than in his photographs. 他本身比照片上好。

▷ make your flesh creep 使起鸡皮疙瘩，令人毛骨悚然，使人十分厌恶

eg. His story **makes my flesh creep**. 他的粗壮使我毛骨悚然。

▲ **mercy** ['mɜ:rsi]

n. 怜悯，仁慈，慈悲，宽恕；恩惠，幸运的事；

eg. to ask/beg/plead for **mercy** 请求 / 乞求 / 祈求宽恕

eg. They showed no **mercy** to their hostages. 他们对人质丝毫不讲仁慈。

eg. His death was a **mercy**. 他的死是一种解脱。

▷ at the mercy of sb/sth 任凭... 摆布/支配

eg. I'm not going to put myself **at the mercy of** the bank. 我不想任由银行摆布。

▷ leave/put sb/sth to the mercy/mercies of 听任某人可能受到虐待（而无能为力）

▷ throw oneself on sb's mercy 指望某人能够善待（或宽恕）

▷ without mercy 无情地

▲ **set about**

phrv. 动手，开始，下手，着手

eg. How shall we **set about** this problem? 我们如何着手解决这个问题？

▲ **go about**

phrv. 着手干，做，处理，从事，进行（日常活动）

eg. I want him back, but I just don't know how to **go about** it.

我想让他回来，但就是不知道该怎么做好。

▲ **in one's power**

phr. 在...支配下/摆布之下，力所能及

eg. If you want to have me **in your power**, you are wrong.

如果你想让我掌握你的权力，你错了。

eg. I'll be happy to give you any information **in my power**.

我很乐意向你提供我力所能及的任何信息。

▷ in power 在掌权，执政

▲ **pay off**

phrv. ① 偿清，还清（债务）= pay up

eg. It would take him the rest of his life to **pay off** that loan.

他得用余生来还清那笔贷款。

② 成功，赢利，带来好结果

eg. It was a risk but it **paid off**. 这是一个风险，但它得到了回报。

▷ pay out 支付

▲ pay back

phrv. 偿还，报复，惩罚

eg. He **paid** the money **back** promptly. 他很快把钱还了。

▷ pay sb back for sth 因...而报复

eg. I'll **pay** him **back** for the trick he played on me. 我会报复他对我的欺骗。

▷ pay for 支付，付开销，（为某种过失）付出代价，赔偿（损失），吃亏

▲ deny [dɪˈnaɪ]

v. 否认，否定，拒绝

eg. to **deny** a claim/a charge/an accusation 否认某种说法 / 指控 / 指责

eg. She **denied** all knowledge of the incident. 她矢口否认知晓此事的任何情况。

eg. They were **denied** access to the information. 他们试图取得这个情报被拒。

▲ take for granted

phrv. 认为...是理所当然的，不把...当回事，对...不予重视（或不知感激）

eg. Don't **take** his help **for granted**. 不要认为他的帮助是理所当然的。

eg. The free things we often **take for granted**.

这些免费的东西我们经常认为是理所当然的。

▲ trial ['traɪəl]

v. 试验，试用，测试； n. (法院的)审讯，审理，审判

eg. a murder **trial** 谋杀案的审理

eg. He's **on trial** for murder. 他因涉嫌谋杀罪而受审。

▷ trial and error 反复试验，不断摸索

▷ stand trial for 因...而受审

eg. Five people are to **stand trial for** murder. 将有5个人因涉嫌谋杀受到审判。

▷ go on trial 受审

▲ aware [əˈweɪ]

adj. 意识到的，意识到，知道的

eg. I don't think people **are** really **aware of** just how much it costs.

我认为人们并不真正明白这要花多少钱。

eg. Were you **aware** that something was wrong? 你有没有意识到已经出了问题？

eg. As you're **aware**, this is not a new problem. 正如你所了解，这不是一个新问题。