

IDMVis: Temporal Event Sequence Visualization for Type 1 Diabetes Treatment Decision Support



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Contributions



Contributions

- **IDMVis** – a temporal event sequence visualization tool to support diabetes treatment decision
- **Hierarchical Task Abstraction**

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Hierarchical Task Analysis

Contributions

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Hierarchical Task Analysis → Task Abstraction

Contributions

- **IDMVis** – a temporal event sequence visualization tool to support diabetes treatment decision
- **Hierarchical Task Abstraction**

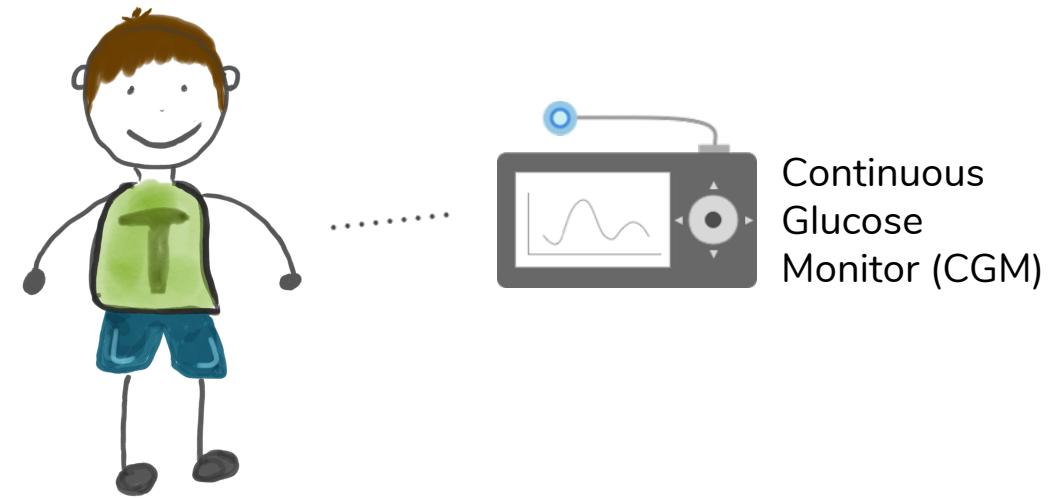


Hierarchical Task Analysis → Task Abstraction → Design

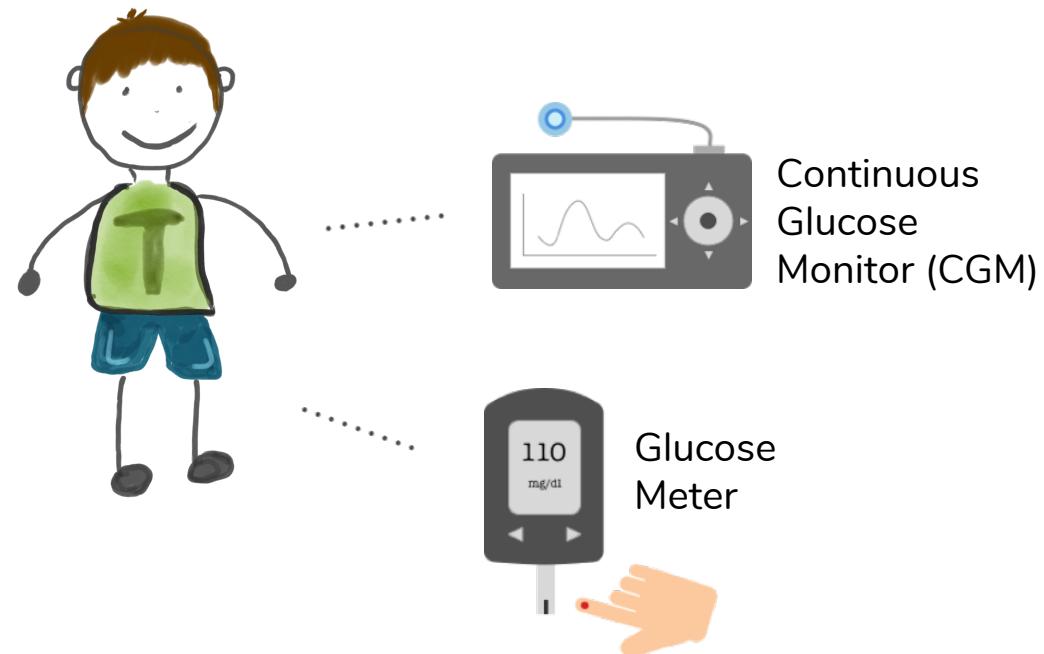
Imagine a 10-year-old kid, who has been diagnosed with type 1 diabetes...



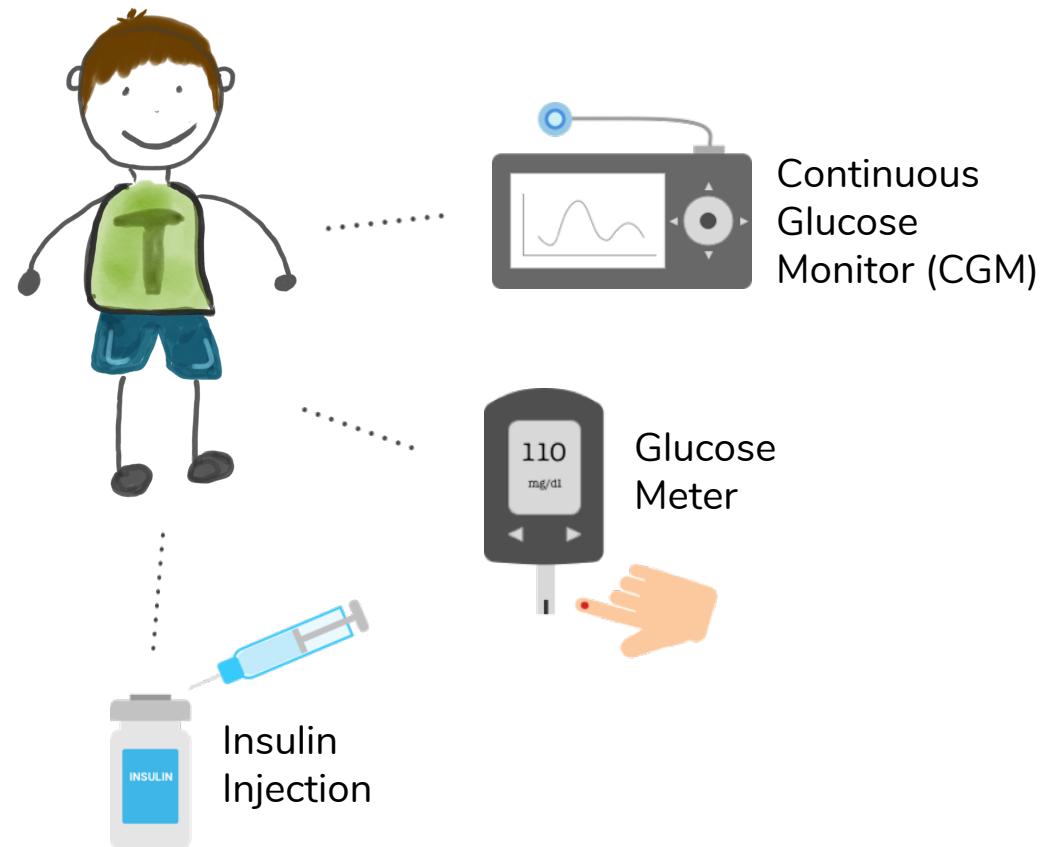
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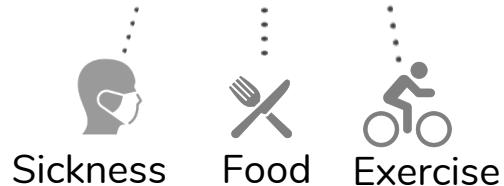


Imagine a 10-year-old kid, who has been diagnosed with type 1 diabetes...

Day	Breakfast			Lunch			Dinner			Bedtime		
	Insulin	Carbs	Bunner	Insulin	Carbs	Glucom	Insulin	Carbs	Glucom	Insulin	Carbs	Glucom
2023-01-25	2.0	W	165	1.5	45	149	0.5	40	111			
2023-01-26	1.0	24	180	1.5	45	149	0.5	35	107			
2023-01-27	1.0	W	165	1.5	45	149	0.5	35	107			
2023-01-28	1.0	W	165	1.5	45	149	0.5	35	107			
2023-01-29	1.0	W	165	1.5	45	149	0.5	35	107			
2023-01-30	1.0	W	165	1.5	45	149	0.5	35	107			
2023-01-31	1.0	W	165	1.5	45	149	0.5	35	107			

Note: checking before bed time only

Diabetes Logbook



Sickness

Food

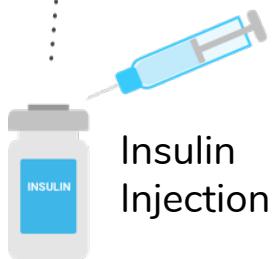
Exercise



Continuous
Glucose Monitor
(CGM)

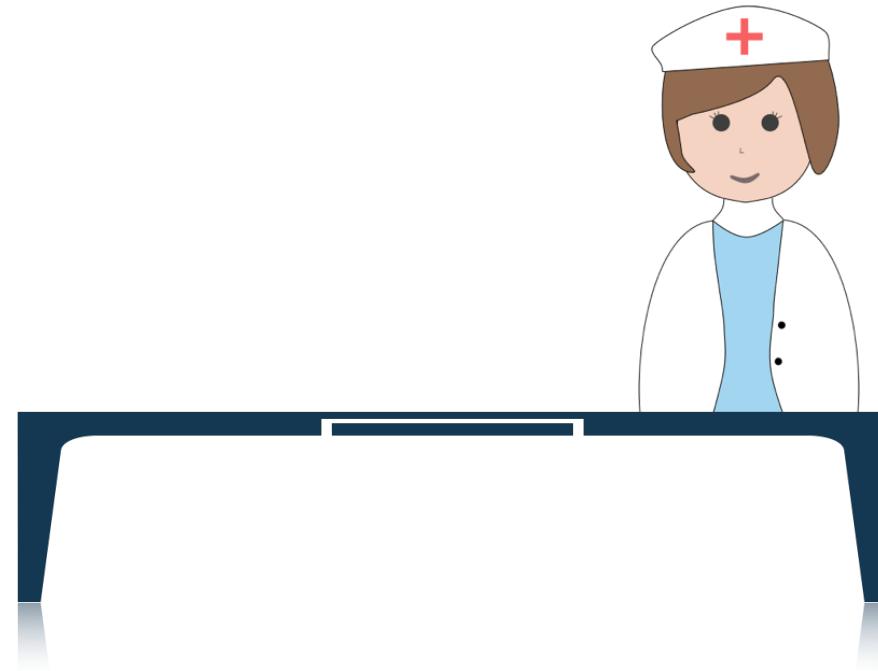
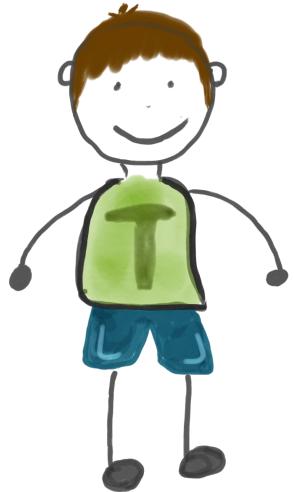


Glucose
Meter



Insulin
Injection

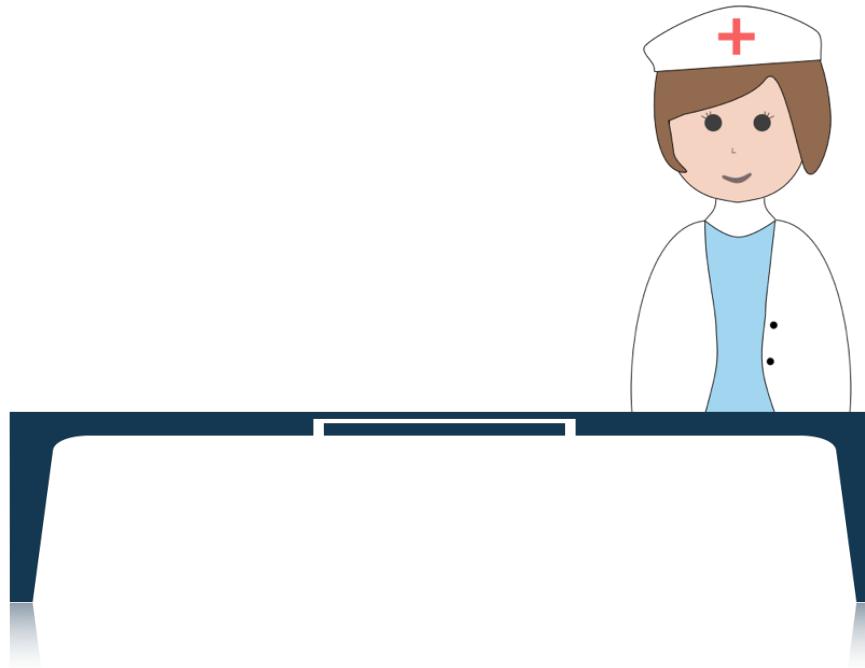
During a clinical visit ...



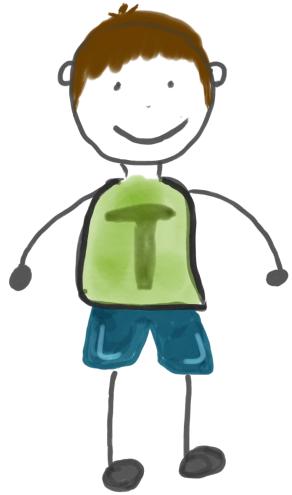
During a clinical visit ...



Day	Breakfast		Lunch		Dinner		Bedtime	
	Buncky/Carbs	Buncky/Breath	Buncky/Breath	Buncky/Breath	Buncky/Carbs	Buncky/Glucose	Buncky/Breath	Buncky/Glucose
08/17	28	W	15	41	145	15	50	10
08/18	14	14	15	44	145	15	50	10
08/19	13	W	14	44	145	15	50	10
08/20	17	14	15	40	145	15	50	10
08/21	16	W	15	49	145	15	50	10
08/22	13	W	15	40	145	15	50	10
08/23	13	14	15	49	145	15	50	10
08/24	13	W	15	49	145	15	50	10

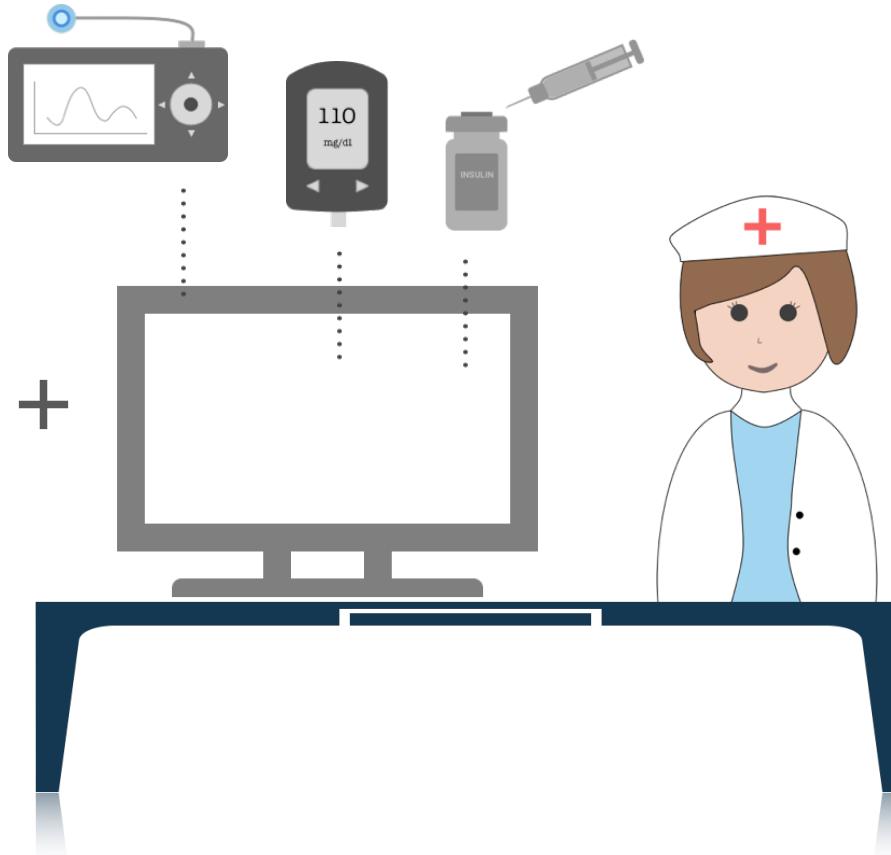


During a clinical visit ...

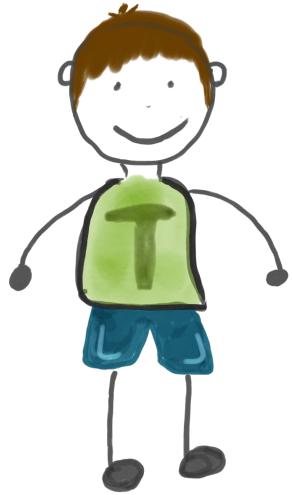


Day	Breakfast		Lunch		Dinner		Bedtime	
	Brekkie	Glucom	Lunch	Glucom	Dinner	Glucom	Bedtime	Glucom
20/07	28	96	15	41	145	15	50	10
21/07	14	14	16	44	132	98	10	—
22/07	13	16	14	41	140	14	99	26
23/07	17	14	162	—	135	16	10	—
24/07	16	16	162	15	135	16	10	—
25/07	10	16	15	69	135	12	44	—
26/07	11	16	142	17	140	12	44	29

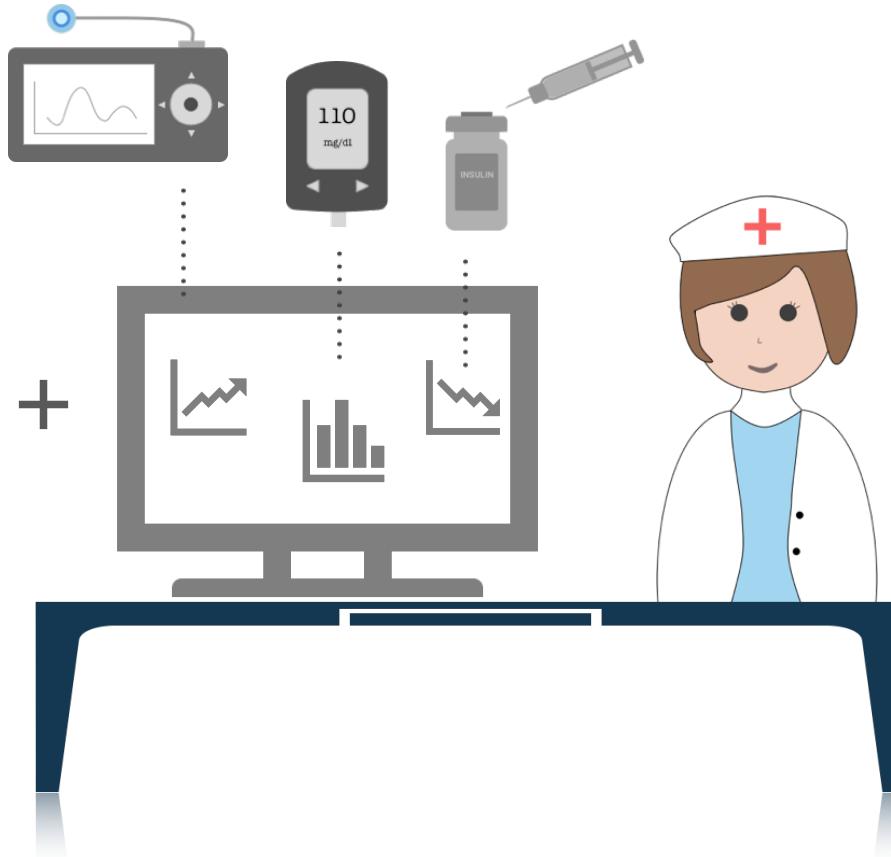
Note: checking before bed time not



During a clinical visit ...



Day	Breakfast			Lunch			Dinner			Bedtime		
	Bun	Cups	Banana	Bun	Cups	Banana	Bun	Cups	Banana	Bun	Cups	Banana
08/15	2x	0	0	1x	4x	1x	1x	0	0	0	0	0
08/16	1x	0	0	1x	4x	1x	0	0	0	0	0	0
08/17	1x	0	0	1x	4x	1x	0	0	0	0	0	0
08/18	1x	0	0	1x	4x	1x	0	0	0	0	0	0
08/19	1x	0	0	1x	4x	1x	0	0	0	0	0	0
08/20	1x	0	0	1x	4x	1x	0	0	0	0	0	0
08/21	1x	0	0	1x	4x	1x	0	0	0	0	0	0
08/22	1x	0	0	1x	4x	1x	0	0	0	0	0	0
Note: checking before bed time not												





**How to help diabetes clinicians
make treatment decisions?**

What are the tasks?



Hierarchical Task Analysis

Task analysis:

Task 1

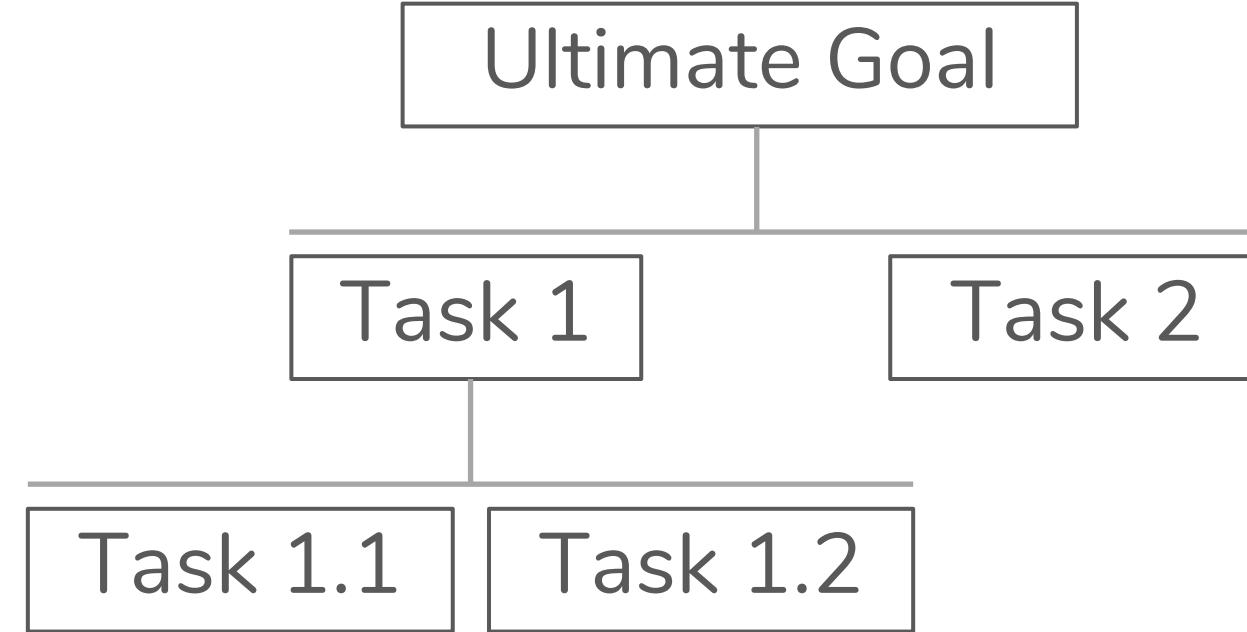
Task 2

Task 3

Task 4

Task analysis:
^

Hierarchical





Develop a treatment plan and educate patients



0.

Develop a treatment plan and educate patients

Increasing Task Specificity
↓



0.

Develop a treatment plan and educate patients

1.

Collect and display
the patient's data

Increasing Task Specificity
↓



0.

Develop a treatment plan and educate patients

1.

Collect and display
the patient's data

2.

Overview the
patient's data

Increasing Task Specificity
↓



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Overview the
patient's data

3.
Reason about patient
blood glucose levels

Increasing Task Specificity
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Educate patients
and caregivers

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blood glucose levels

4.
Educate patients
and caregivers

5.
Make a
treatment plan

Increasing Task Specificity
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Develop a treatment plan and educate patients

1.
Collect and display
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2.
Overview the
patient's data

3.
**Reason about patient
blood glucose levels**

4.
Educate patients
and caregivers

5.
Make a
treatment plan

3.1
**Examine post-event
glucose level**

Increasing Task Specificity
↓



0.

Develop a treatment plan and educate patients

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Collect and display
the patient's data

2.
Overview the
patient's data

3.
**Reason about patient
blood glucose levels**

4.
Educate patients
and caregivers

5.
Make a
treatment plan

3.1
Examine post-event
glucose level

3.2
Examine the interplay
between events

Increasing Task Specificity
↓



0.

Develop a treatment plan and educate patients

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Collect and display
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3.
Reason about patient
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5.
Make a
treatment plan

3.1
Examine post-event
glucose level

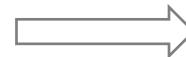
3.2
Examine the interplay
between events

3.1

Examine post-event
glucose level

3.1

Examine post-event
glucose level



Examine related
data to understand
observation

Hierarchical Task Analysis

Task Abstraction

Design

Design Requirements

Design Requirements

- DR1. Composite Visualization of **Integrated Data**

Design Requirements

- DR1. Composite Visualization of **Integrated** Data
- DR2. Visualization of **Folded Temporal** Data

Design Requirements

- DR1. Composite Visualization of **Integrated** Data
- DR2. Visualization of **Folded Temporal** Data
- DR3. **Align and Scale** Temporal Data

Design Requirements

- DR1. Composite Visualization of **Integrated** Data
- DR2. Visualization of **Folded Temporal** Data
- DR3. **Align and Scale** Temporal Data
- DR4. **Summary** Statistics

Design of IDMVis

Hierarchical Task Analysis

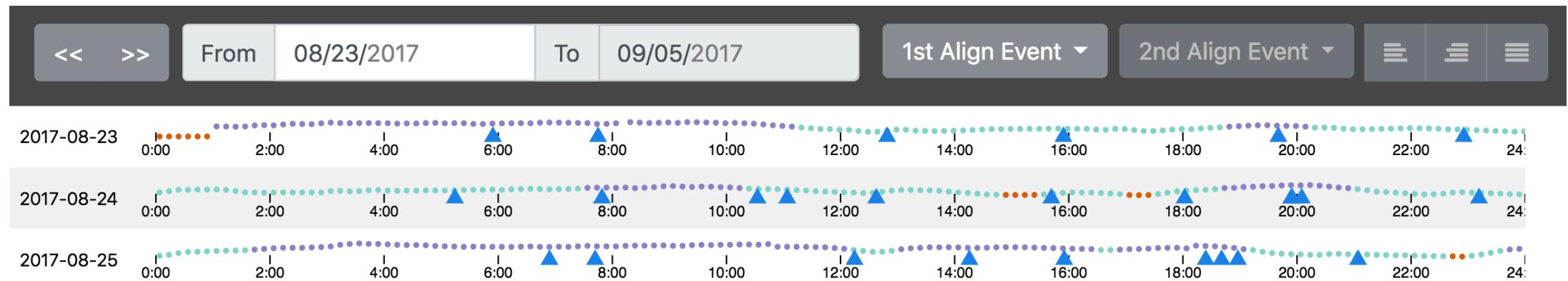
Task Abstraction

Design



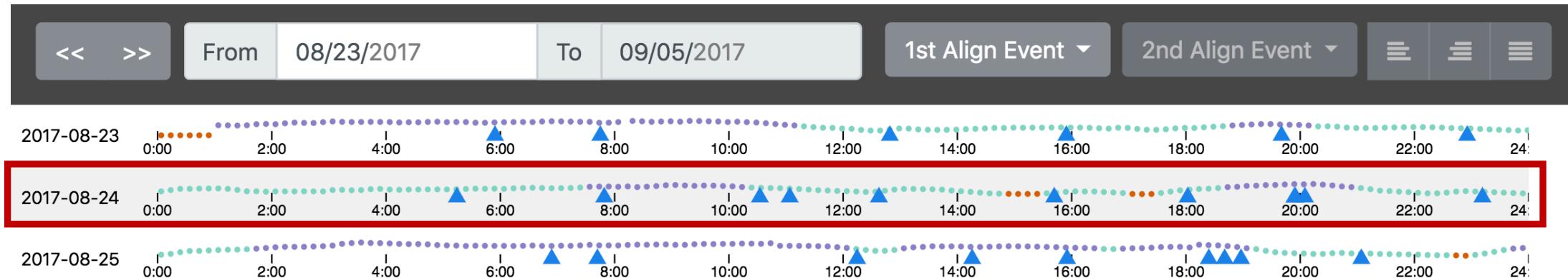
**Summary
Statistics
Panel**

14-Day Overview



Use small multiples to partition data folded by days

14-Day Overview



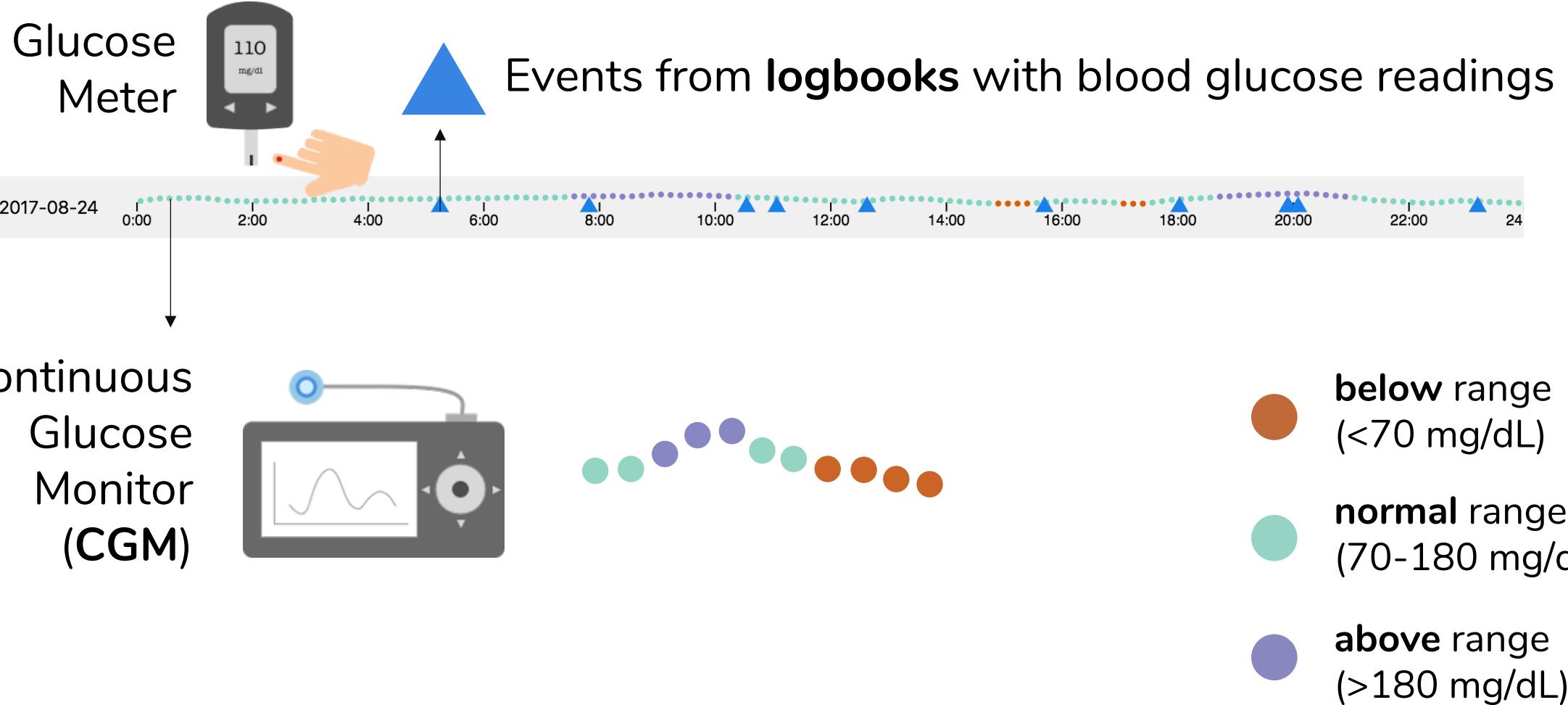
Glucose
Meter



Events from **logbooks** with blood glucose readings



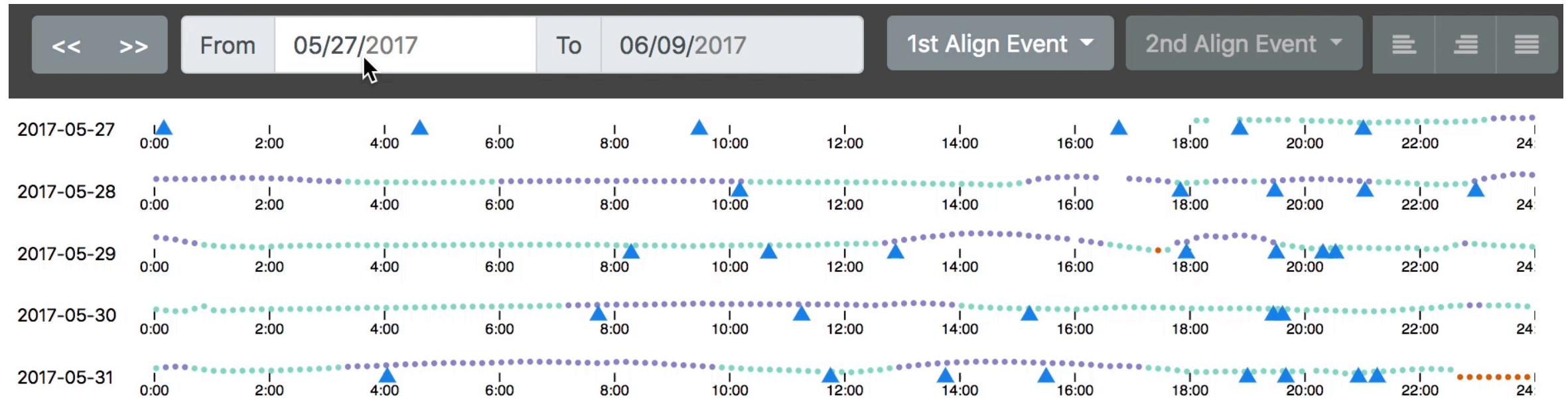




Hierarchical Task Analysis

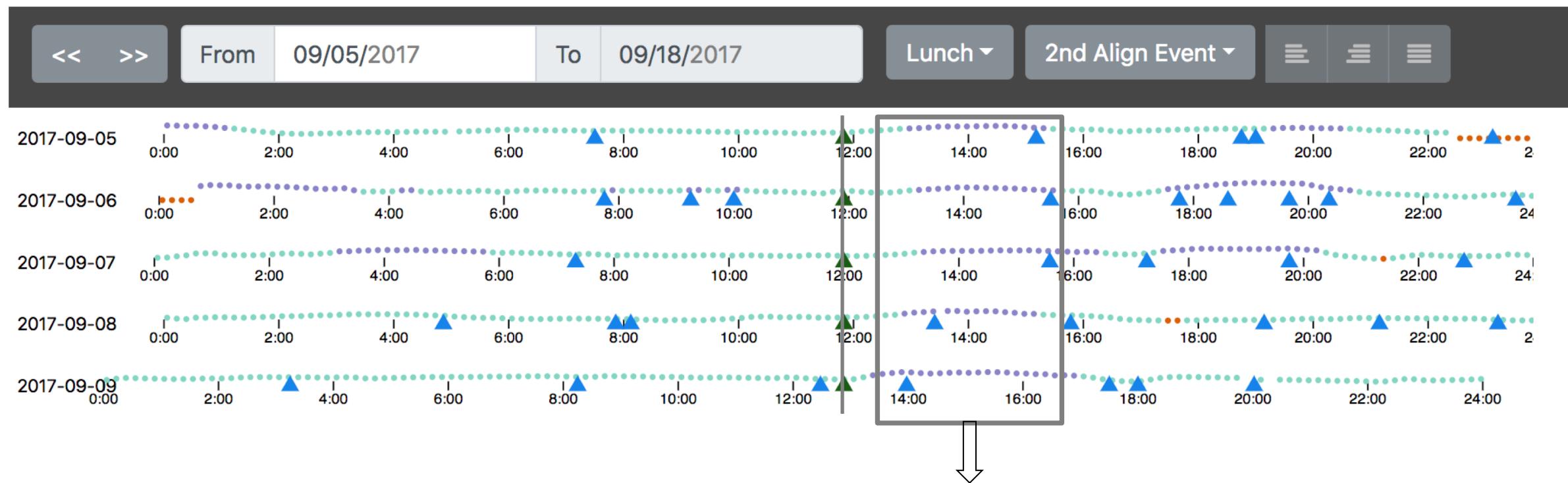
Task Abstraction

Design



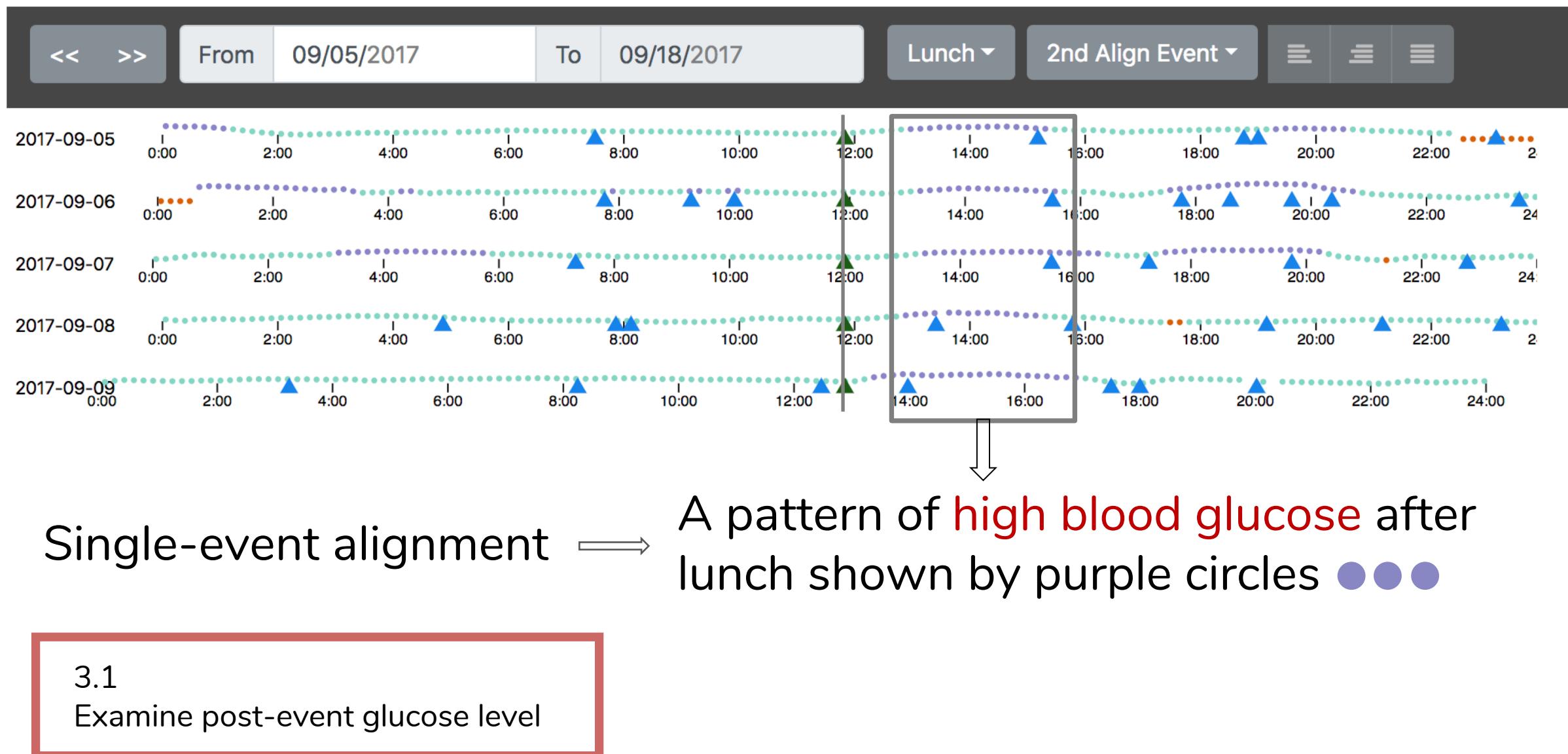
▲ Events from logbooks with blood glucose readings

● CGM normal range (70-180 mg/dL) ● CGM above range (>180 mg/dL) ● CGM below range (<70 mg/dL)



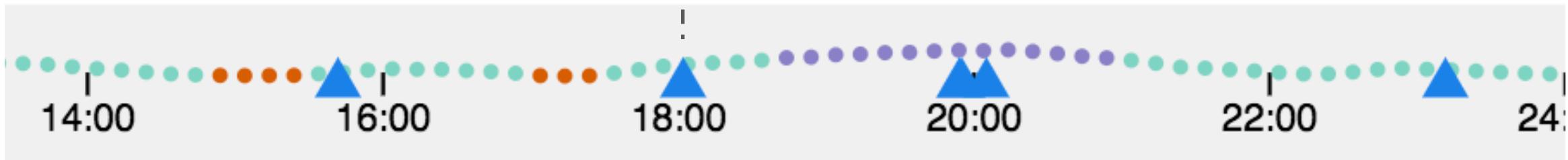
Single-event alignment →

A pattern of **high blood glucose** after lunch shown by purple circles ●●●





Zoom-in window to show event details



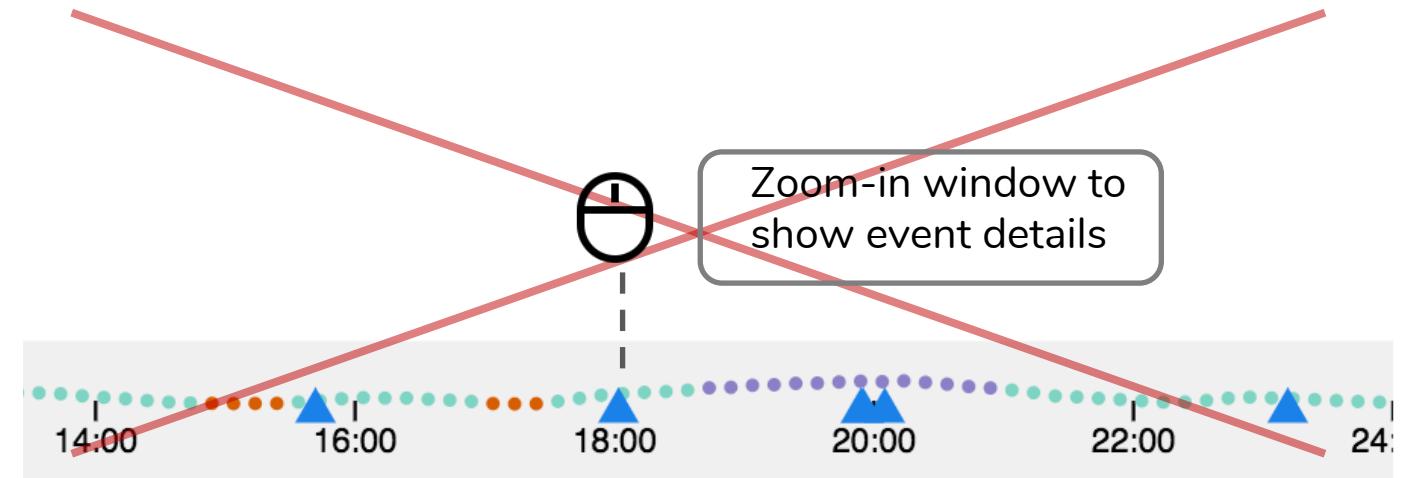
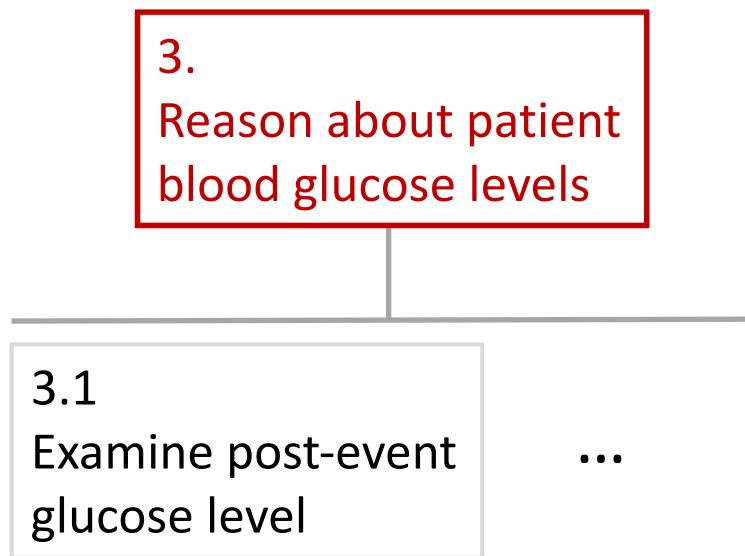
3.1

Examine post-event glucose level

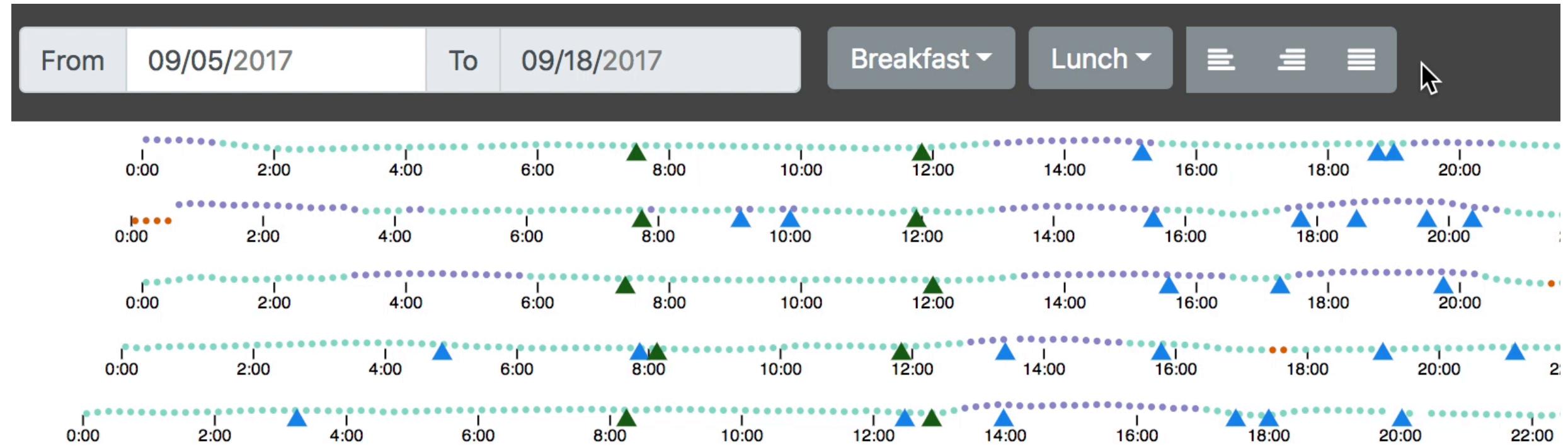
Hierarchical Task Analysis

Task Abstraction

Design



Dual-event alignment

Stretch time scaling

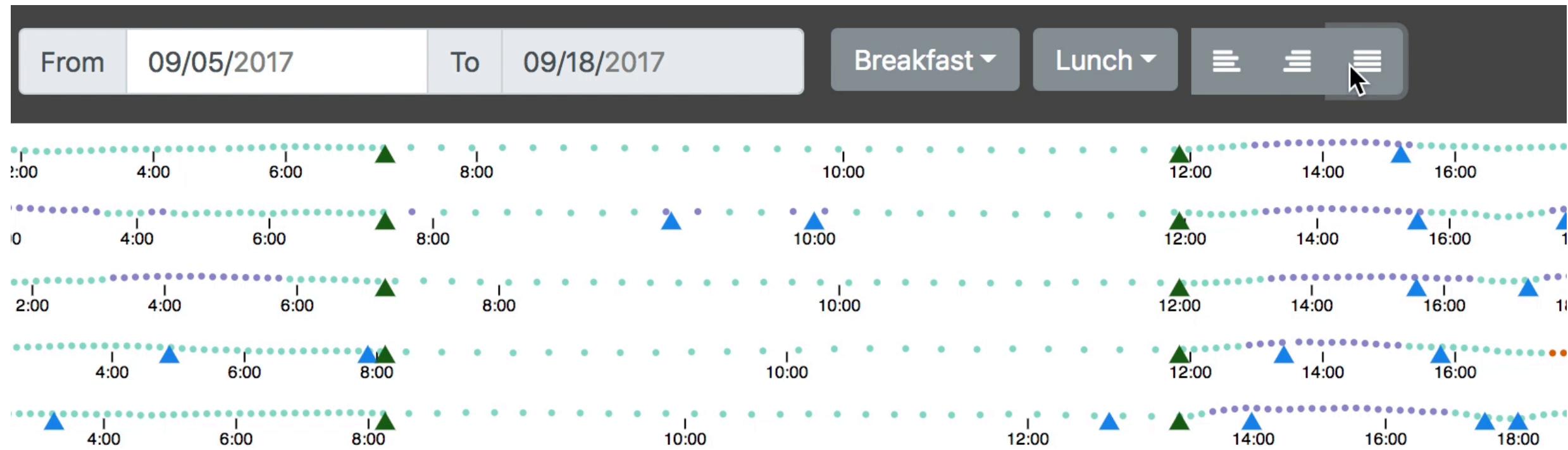
▲ Events from logbooks with blood glucose readings

● CGM normal range (70-180 mg/dL)

● CGM above range (>180 mg/dL)

● CGM below range (<70 mg/dL)

Dual-event alignment

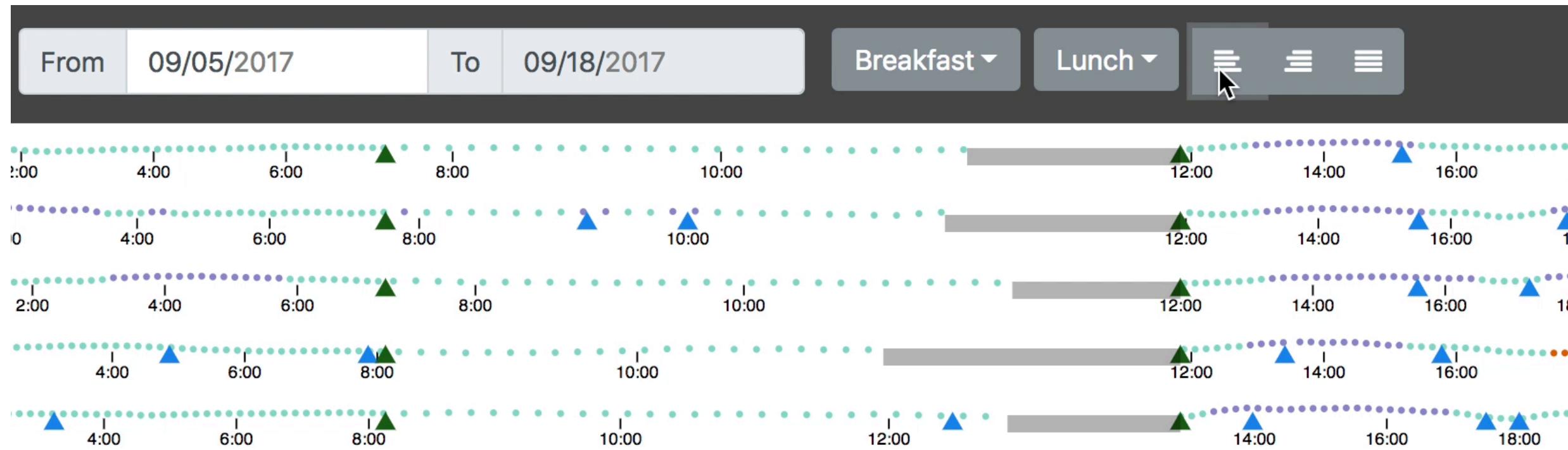
Left-justified time scaling

▲ Events from logbooks with blood glucose readings

● CGM normal range (70-180 mg/dL) ● CGM above range (>180 mg/dL) ● CGM below range (<70 mg/dL)

Dual-event alignment

Right-justified time scaling



▲ Events from logbooks with blood glucose readings

● CGM normal range (70-180 mg/dL)

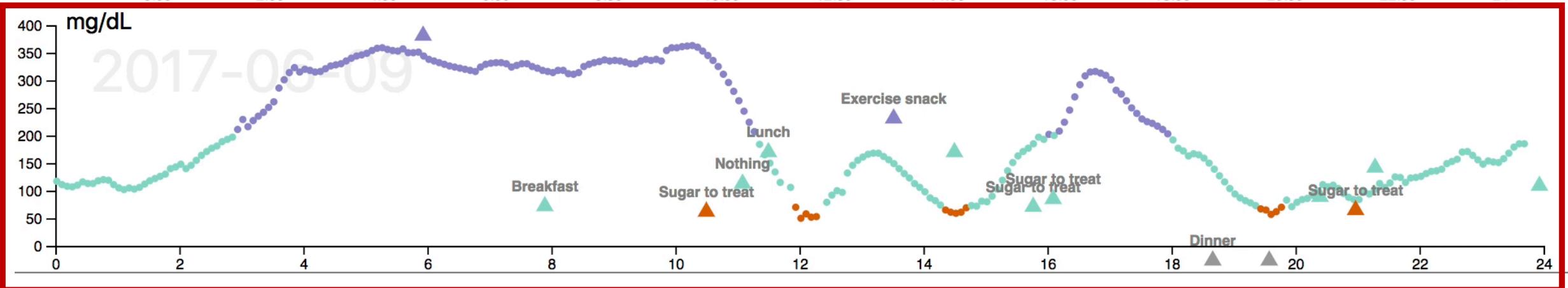
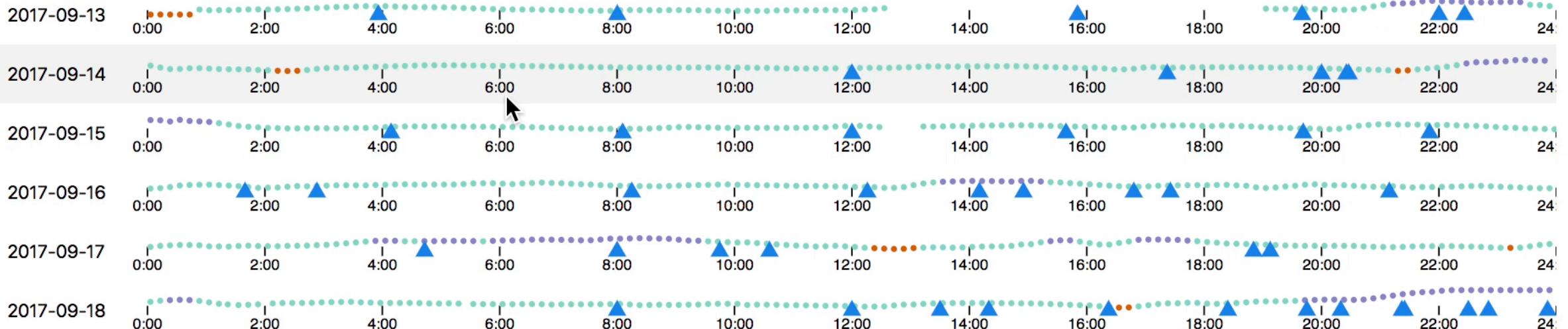
● CGM above range (>180 mg/dL)

● CGM below range (<70 mg/dL)

Hierarchical Task Analysis

Task Abstraction

Design

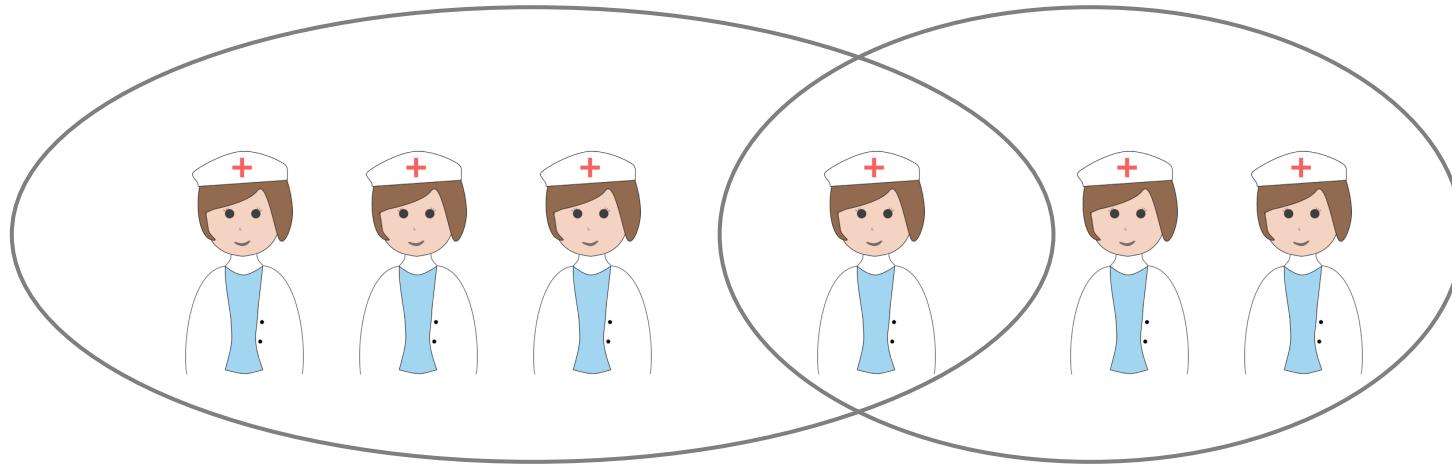


Detail View



Qualitative Study

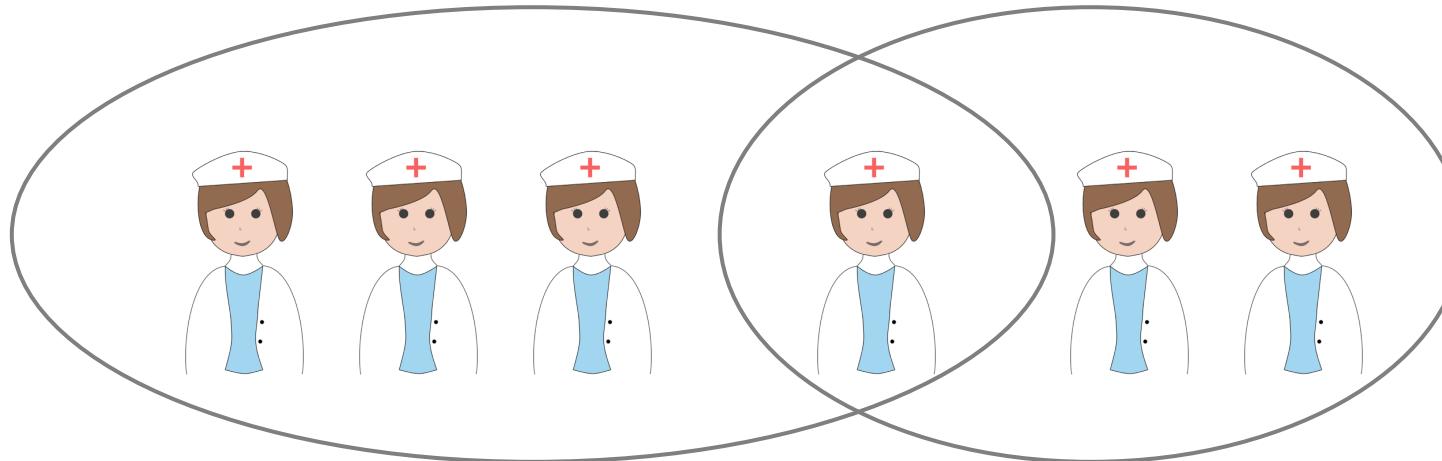
Participants



Certified diabetes educators
(CDEs)

Dietitians

Participants



Certified diabetes educators
(CDEs)

Dietitians

Average years of
work experience:
17.2 years

Methodology

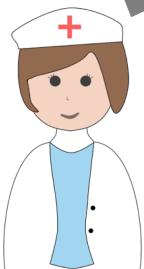
Date	Breakfast			Lunch			Dinner		
	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose
2017-08-23	0.6	16.0	162.0	1.5	43.0	149.0	2.3	90.0	111.0
2017-08-24	1.4	29.0	144.0	1.3	49.0	-	2.0	73.0	115.0
2017-08-25	1.2	31.0	-	2.1	31.0	265.0	1.9	77.0	-
2017-08-26	1.7	34.0	145.0	-	-	-	0.3	11.0	-
2017-08-27	1.9	36.0	166.0	1.5	67.0	85.0	1.0	41.0	-
2017-08-28	1.0	31.0	78.0	1.1	40.0	130.0	0.1	5.0	-
2017-08-29	1.1	29.0	140.0	1.6	47.0	140.0	1.0	46.0	77.0
2017-08-30	1.2	21.0	145.0	1.3	54.0	85.0	2.3	72.0	161.0
2017-08-31	0.6	19.0	88.0	1.7	46.0	162.0	-	69.0	184.0
2017-09-01	-	-	-	1.3	36.0	147.0	1.6	63.0	115.0
2017-09-02	1.8	38.0	138.0	1.3	52.0	85.0	1.9	75.0	-
2017-09-03	-	-	-	1.7	60.0	80.0	1.9	65.0	153.0
2017-09-04	1.1	19.0	151.0	2.4	28.0	325.0	-	56.0	-
2017-09-05	0.6	10.0	135.0	2.1	54.0	169.0	1.4	50.0	-

Day-by-meal table



Exploration using IDMVis

Semi-structured
interviews

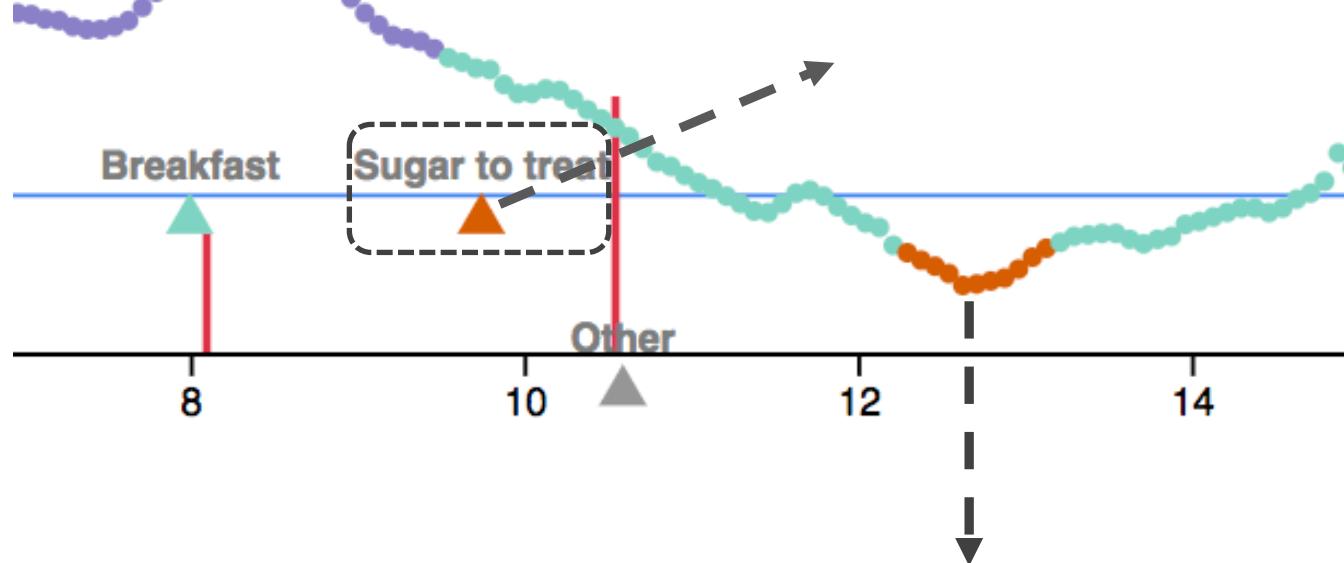




Results

Results

Superimposed detail view helps identify issues of data quality (e.g., missing or conflicting data)



“ So sugar-to-treat [blood glucose] should have gone up from here, not down. It went down. Kept going down. Sugar to treat should be here, before this curve comes back up. That’s my concern. It’s missing something here. ”

Results

Sentinel event alignment allows exploration of event sequence relationships

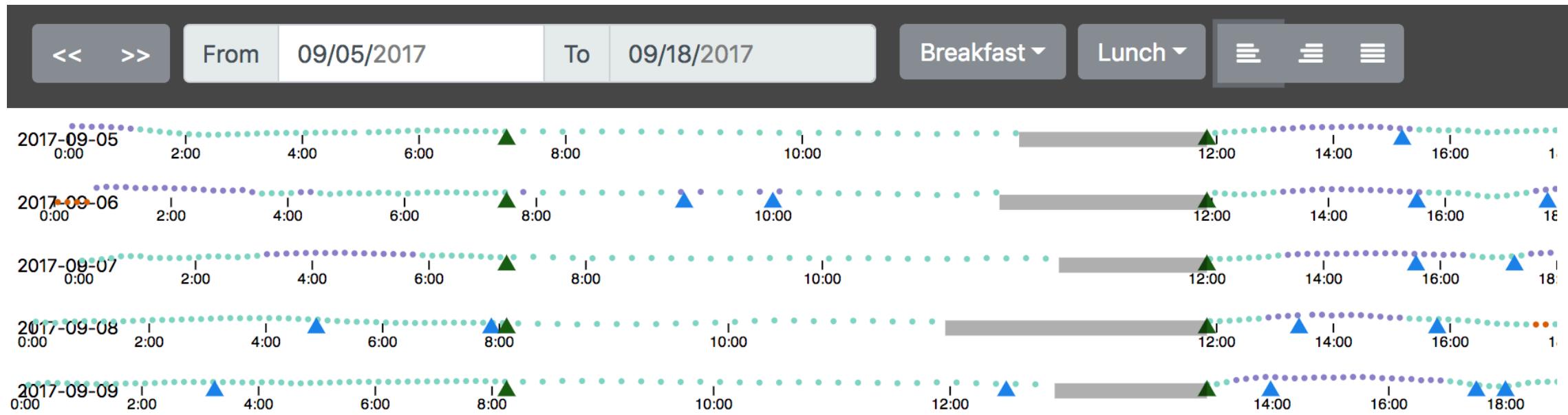
Sentinel event alignment allows exploration of event sequence relationships

- Use **single-event** alignment to look for event consistency

Sentinel event alignment allows exploration of event sequence relationships

- Use **single-event** alignment to look for event consistency
- Use **dual-event** alignment to examine variability of patterns

Results



“I like being able to see how you could **separate and see between the length, the time between meals...** You can't tell them to eat three times a day at the same time. So it's just sort of helpful to see the **variability...** It would help you plan for it in the fact that you might **reduce his basal based on the fact that he's an erratic eater.** **”**



Conclusion

Conclusion

- IDMVis – a temporal event sequence visualization
 - Novel techniques for temporal folding
 - Aligning by dual sentinel events & scaling the intermediate timeline

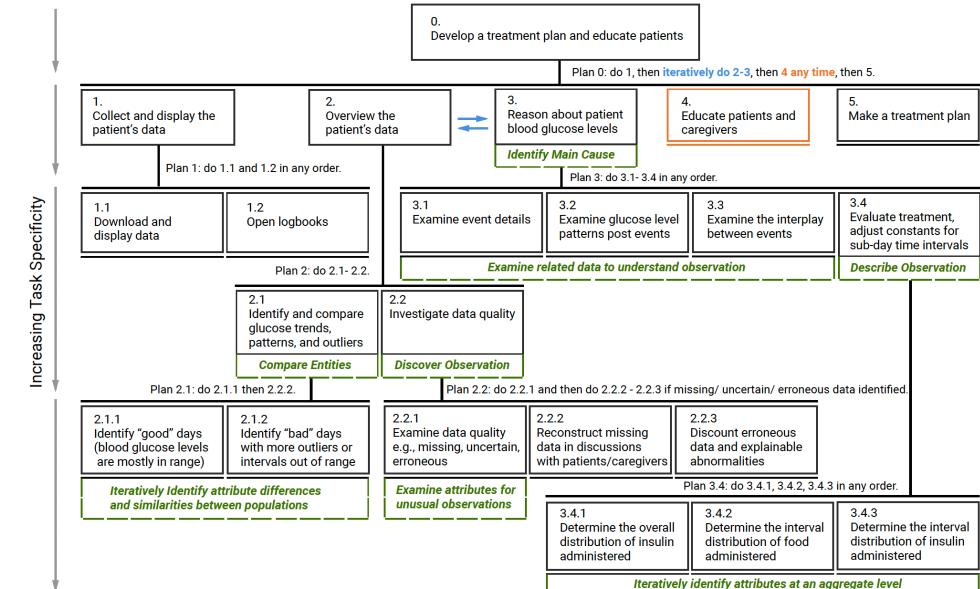
Conclusion

- IDMVis – a temporal event sequence visualization
 - Novel techniques for temporal folding
 - Aligning by dual sentinel events & scaling the intermediate timeline
- Hierarchical task abstraction



Hierarchical Task Analysis → Task Abstraction → Design

For more information, please visit bit.ly/IDMVis



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