

## Unit P4 Review (Energy)

1. Define the following terms

(a) work

**Solution:** the product of force and distance

(b) energy

**Solution:** the ability to do work

(c) kinetic energy

**Solution:** energy due to motion

(d) potential energy

**Solution:** energy that is stored

2. What are the units for energy?

**Solution:** Joules (J)

3. What are the four types of **potential energy**?

**Solution:** elastic, gravitational, nuclear, chemical

4. Calculate the work done if 5 N of force is used to push a grocery cart 3 m.

**Solution:**

$$F = 5 \text{ N}$$

$$d = 3 \text{ m}$$

$$W = ?$$

$$W = Fd$$

$$W = (5)(3)$$

$$W = 15 \text{ J}$$

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Period: \_\_\_\_\_

5. What is the kinetic energy of the wrecking ball with a mass of 200 kg if it swings with a velocity of 15 m/s?

**Solution:**

$$m = 200 \text{ kg}$$

$$v = 15 \text{ m/s}$$

$$KE = ?$$

$$KE = \frac{1}{2}mv^2$$

$$KE = \frac{1}{2}(200)(15)^2$$

$$KE = (0.5)(200)(225)$$

$$KE = 22\,500 \text{ J}$$

6. What two things are needed in order for work to be done?

**Solution:** force and distance

7. Decide if work is being done in each of the following situations. Explain.

- (a) You push very hard against a stationary wall.

**Solution:** no, there is no distance

- (b) When the light turns green, a car accelerates forward for three blocks.

**Solution:** yes, there is a force, and the car is moving a distance.

- (c) A woman holds a child on her shoulders to watch a parade.

**Solution:** no, the child is not moving a distance

- (d) A woman lifts a child to her shoulders.

**Solution:** yes, there is a force, and the car is moving a distance.

8. Explain what the term “energy is conserved” means.

**Solution:** the total energy of a system does not change.

9. When does an object have zero kinetic energy?

**Solution:** when it is not moving

10. When does an object have zero gravitational potential energy?

**Solution:** when it is on the ground

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Period: \_\_\_\_\_

11. You drop a ball. Explain what kinds of energy it has in each of the following cases:

(a) Before it falls (while it's still in your hand)

**Solution:** all energy is PE

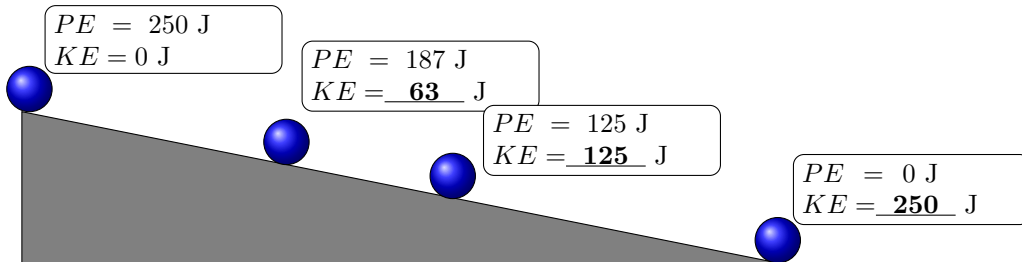
(b) While it is falling

**Solution:** PE is decreasing; KE is increasing

(c) Just before it hits the ground

**Solution:** all energy is KE

12. Fill in the missing kinetic energy values for the following marble rolling down a ramp:



13. What is the gravitational potential energy of a wrecking ball that is hung 20 meters above ground if it has a mass of 200 kg?

**Solution:**

$m = 200 \text{ kg}$	$PE = mgh$
$g = 9.8 \text{ m/s}^2$	$PE = (200)(9.8)(20)$
$h = 20 \text{ m}$	
$PE = ?$	$PE = 39\,200 \text{ J}$

14. A force of 13 N is applied on a cart. If 125 J of work is done, how far did you push the cart?

**Solution:**

$F = 13 \text{ N}$	$W = Fd$
$W = 125 \text{ J}$	$125 = (13)d$
$d = ?$	$9.62 \text{ m} = d$