

# ADER: Adaptively Distilled Exemplar Replay Towards Continual Learning for Session-based Recommendation

Fei Mi\*  
Swiss Federal Institute of Technology  
Lausanne (EPFL)  
Lausanne, Switzerland  
fei.mi@epfl.ch

Xiaoyu Lin\*  
Swiss Federal Institute of Technology  
Lausanne (EPFL)  
Lausanne, Switzerland  
xiaoyu.lin@epfl.ch

Boi Faltings  
Swiss Federal Institute of Technology  
Lausanne (EPFL)  
Lausanne, Switzerland  
boi.faltings@epfl.ch

## ABSTRACT

Session-based recommendation has received growing attention recently due to **the increasing privacy concern**. Despite the recent success of neural session-based recommenders, they are typically developed in an offline manner using a static dataset. However, recommendation requires continual adaptation to take into account **new and obsolete items and users**, and requires “continual learning” in real-life applications. In this case, the recommender is updated continually and periodically with new data that arrives in each update cycle, and the updated model needs to provide recommendations for user activities before the next model update. A major challenge for continual learning with neural models is **catastrophic forgetting**, in which a continually trained model **forgets user preference patterns** it has learned before. To deal with this challenge, we propose a method called Adaptively Distilled Exemplar Replay (ADER) by **periodically replaying previous training samples** (i.e., exemplars) to the current model **with an adaptive distillation loss**. Experiments are conducted based on the state-of-the-art SASRec model using two widely used datasets to benchmark ADER with several well-known continual learning techniques. We empirically demonstrate that ADER consistently outperforms other baselines, and it **even outperforms the method using all historical data at every update cycle**. This result reveals that ADER is a promising solution to mitigate the catastrophic forgetting issue towards building more realistic and scalable session-based recommenders.

## CCS CONCEPTS

• **Computing methodologies** → **Neural networks; Online learning settings.**

## KEYWORDS

session-based recommendation, continual learning, exemplar replay, knowledge distillation

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## 1 INTRODUCTION

Due to new privacy regulations that prohibit building **user preference models from historical user data**, utilizing **anonymous short-term interaction data** within a browser session becomes popular. Session-based Recommendation (SR) is therefore increasingly used in real-life online systems, such as E-commerce and social media. The goal of SR is to make recommendations based on user behavior obtained in short web browser sessions, and the task is to predict the user’s next actions, such as clicks, views, and even purchases, based on previous activities in the same session.

Despite the recent success of various neural approaches [11, 16, 18, 20], they are developed in an offline manner, in which the recommender is trained on a very large static training set and evaluated on a very restrictive testing set in a *one-time* process. However, this setup does not reflect the realistic use cases of online recommendation systems. In reality, a recommender needs to be periodically updated with new data steaming in, and the updated model is supposed to provide recommendations for user activities before the next update. In this paper, we propose a **continual learning** setup to consider such realistic recommendation scenarios.

**The major challenge of continual learning is catastrophic forgetting** [6, 23]. That is, a neural model updated on new data distributions tends to forget old distributions it has learned before. A naive solution is to **retrain the model using all historical data every time**. However, it suffers from severe computation and storage overhead in large-scale recommendation applications.

To this end, we propose to store a small set of representative sequences from previous data, namely **exemplars**, and replay them each time when the recommendation model needs to be trained on new data. Methods using exemplars have shown great success in different continual learning [3, 31] and reinforcement learning [2, 34] tasks. In this paper, we propose to select representative exemplars of an item using an **herding** technique [31, 38], and its exemplar size is proportional to the item frequency in the near past. To enforce **a stronger constraint on not forgetting** previous user preferences, we propose a regularization method based on the well-known **knowledge distillation** technique [12]. We propose to apply a distillation loss on the selected exemplars to preserve the model’s knowledge. The distillation loss is further adaptively

\*Equal Contribution

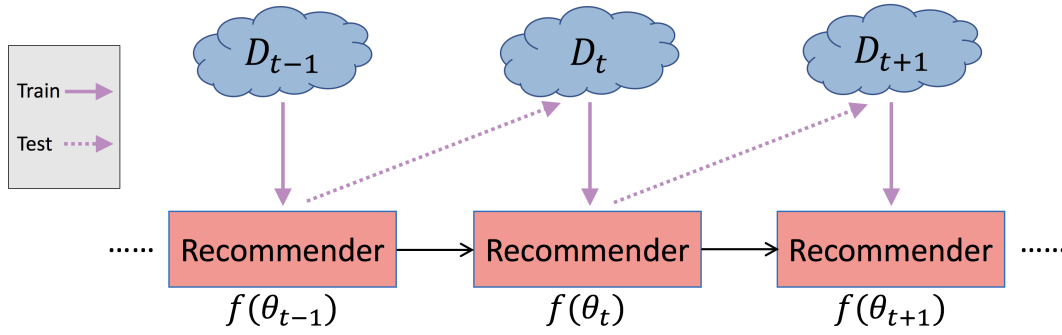
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**Figure 1: An visualization of the continual learning setup. At each update cycle  $t$ , the model is trained with data  $D_t$ , and the updated model  $f(\theta_t)$  is evaluated w.r.t. to data  $D_{t+1}$  before the next model update.**

interpolated with the regular cross-entropy loss on the new data by considering the difference between new data and old ones to flexibly deal with different new data distributions.

Altogether, (1) we are the first to study the practical continual learning setting for the session-based recommendation task; (2) we propose a method called Adaptively Distilled Exemplar Replay (ADER) for this task, and benchmark it with state-of-the-art continual learning techniques; (3) experiment results on two widely used datasets empirically demonstrate the superior performance of ADER and its ability to mitigate catastrophic forgetting.<sup>1</sup>

## 2 RELATED WORK

### 2.1 Session-based Recommendation

Session-based recommendation (SR) can be formulated as a sequence learning problem to be solved by recurrent neural networks (RNNs). The first work (GRU4Rec, [11]) uses a gated recurrent unit (GRU) to learn session representations from previous clicks. Based on GRU4Rec, [10] proposes new ranking losses on relevant sessions, and [36] proposes to augment training data. Attention operation is first used by NARM [18] to pay attention to specific parts of the sequence. Based on NARM, [20] proposes STAMP to model users' general and short-term interests using two separate attention operations, and [32] proposes RepeatNet to predict repetitive actions in a session. Recently, [39, 42] use graph attention to capture complex transitions of items. Motivated by the recent success of *Transformer* [37] and *BERT* [5] for language model tasks, [16] proposes SASRec using *Transformer*, and [35] proposes BERT4Rec to model bi-directional information. Despite the broad exploration and success, the above methods are all studied in a static and offline manner. Recently, the incremental and streaming nature of SR is pointed out by [9, 27].

Besides neural approaches, several non-parametric methods have been proposed. [15] proposes SKNN to compare the current session with historical sessions in the training data. Lately, variations [8, 21] of SKNN have been proposed to consider the position of items in a session or the timestamp of a past session. [7, 24–26] apply a non-parametric structure called *context tree*. Although these methods can be efficiently updated, the realistic continual learning setting and the corresponding forgetting issue remain to be explored.

### 2.2 Continual Learning

The major challenge for continual learning is catastrophic forgetting [6, 23]. Methods designed to mitigate catastrophic forgetting fall into three categories: **regularization** [17, 19, 40], **exemplar replay** [3, 4, 31] and **dynamic architectures** [22, 33]. Methods using dynamic architectures increase model parameters throughout the training process, which leads to an unfair comparison with other methods. In this work, we focus on the first two categories.

Regularization methods add specific regularization terms to consolidate knowledge learned before. [19] introduces knowledge distillation [12] to **penalize model logit change**, and it is widely employed by [3, 14, 31, 39, 41]. [1, 17, 40] propose to **penalize changes on parameters that are crucial to old knowledge according to various importance measures**. Exemplar replay methods store past samples, a.k.a *exemplars*, and replay them periodically to prevent model forgetting previous knowledge. Besides selecting exemplars uniformly, [31] incorporates the *Herding technique* [38] to select exemplars, and it soon becomes popular [3, 14, 28, 39, 41]. [30] proposes to store the most “surprising” samples that the model is least confident.

## 3 METHODOLOGY

In this section, we first introduce some background in Section 3.1 and a formulation of the continual learning setup in Section 3.2. In Section 3.3, we propose our method called “Adaptively Distilled Exemplar Replay” (ADER).

### 3.1 Background on Neural Session-based Recommenders

A user *action* in SR is a click or view on an item, and the task is to predict the next user action based on a sequence of user actions in the current web-browser session. Existing neural models  $f(\theta)$  typically contain two modules: a **feature extractor**  $\phi(\mathbf{x})$  to compute a compact *sequence representation* of the sequence  $\mathbf{x}$  of previous user actions, and an **output layer**  $\omega(\phi(\mathbf{x}))$  to predict the next user action. Various recurrent neural networks [10, 11] and attention mechanisms [16, 18, 20] have been proposed for  $\phi$ , and the common choices for the output layer  $\omega$  is fully-connect layers [11] or bi-linear decoders [16, 18]. In this paper, we base our comparison on SASRec [16], and we refer readers to model details in the original

<sup>1</sup>Code is available at: <https://github.com/DoubleMuL/ADER>

paper to avoid verbosity. Nevertheless, the techniques proposed and compared in this paper are agnostic to  $f(\theta)$ , therefore, a more thorough comparison using different  $f(\theta)$  are left for interesting future work.

### 3.2 Formulation of Continual Learning for Session-based Recommendation

In this section, we formulate the continual learning setting for the session-based recommendation task to simulate the realistic use cases of training a recommendation model continually. To be specific, at an update cycle  $t$ , the recommendation model  $f(\theta_{t-1})$  obtained until the last update cycle  $t - 1$  needs to be updated with new incoming data  $D_t$ . After  $f(\theta_{t-1})$  is trained on  $D_t$ , the updated model  $f(\theta_t)$  is evaluated w.r.t. the incoming data  $D_{t+1}$  before the next update cycle  $t + 1$ . A visualization of the continual learning setup is illustrated in Fig. 1, where a recommendation model is continually trained and tested upon receiving data in sequential update cycles.

### 3.3 Proposed Solution: Adaptively Distilled Exemplar Replay (ADER)

**3.3.1 Exemplar Replay.** To alleviate the widely-recognized catastrophic forgetting issue in continual learning, the model needs to preserve old knowledge it has learned before. To this end, we propose to store past samples, a.k.a *exemplars*, and replay them periodically to preserve previous knowledge. To maintain a manageable memory footprint, we only store a fixed total number of exemplars throughout the entire continual learning process. Two decisions need to be made at each cycle  $t$ : (1). how many exemplars should be stored for each item/label? (2). what is the criterion for selecting exemplars of an item/label?

First, we design the number of exemplars of each appeared item in  $I_t$  (i.e. the set of appeared items until cycle  $t$ ) to be proportional to its appearance frequency. In other words, more frequent and popular items contribute a larger portion of selected exemplars to be replayed to the next cycle. Suppose we store  $N$  exemplars in total, the number of exemplars  $m_{t,i}$  at cycle  $t$  for an item  $i \in I_t$  is:

$$m_{t,i} = N \cdot \frac{|\{x, y = i\} \in D_t \cup E_{t-1}|}{|D_t \cup E_{t-1}|}, \quad (1)$$

where the second term is the probability that item  $i$  appears in the current update cycle, as well as in the exemplars  $E_{t-1}$  we kept from the last cycle.

Therefore, the exemplar sizes of different items to be select in the cycle  $t$  can be encoded as a vector  $M_t = [m_1, m_2, \dots, m_{|I_t|}]$ .

Second, we need to decide which samples to select as exemplars for each item. We propose to use a herding technique [31, 38] to select the most representative sequences of an item in an iterative manner based on the distance to the mean feature vector of the item. In each iteration, one sample from  $D_t \cup E_{t-1}$  that best approximates the average feature vector ( $\mu$ ) over all training examples of this item ( $y$ ) is selected to  $E_t$ . The details are presented in Algorithm 1.

**3.3.2 Adaptive Distillation on Exemplars.** The number of exemplars should be reasonably small to reduce memory overhead. As a consequence, the constraint to prevent the recommender forgetting previous user preference patterns is not strong enough. To

enforce a stronger constrain on not forgetting old user preference patterns, we propose to use a knowledge distillation loss [12] on exemplars to better consolidate old knowledge.

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#### Algorithm 1 ADER: ExemplarSelection at cycle $t$

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**Input:**  $S = D_t \cup E_{t-1}$ ;  $M_t = [m_1, m_2, \dots, m_{|I_t|}]$   
**for**  $y = 1, \dots, |I_t|$  **do**  
 $\mathcal{P}_y \leftarrow \{x : \forall (x, y) \in S\}$   
 $\mu \leftarrow \frac{1}{|\mathcal{P}_y|} \sum_{x \in \mathcal{P}_y} \phi(x)$   
**for**  $k = 1, \dots, m_y$  **do**  
 $x^k \leftarrow \arg \min_{x \in \mathcal{P}_y} \|\mu - \frac{1}{k} [\phi(x) + \sum_{j=1}^{k-1} \phi(x^j)]\|$   
**end for**  
 $E_y \leftarrow \{(x^1, y), \dots, (x^{m_y}, y)\}$   
**end for**  
**Output:** exemplar set  $E_t = \cup_{y=1}^{|I_t|} E_y$

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#### Algorithm 2 ADER: UpdateModel at cycle $t$

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**Input:**  $D_t, E_{t-1}, I_t, I_{t-1}$   
Initialize  $\theta_t$  with  $\theta_{t-1}$   
**while**  $\theta_t$  not converged **do**  
Train  $\theta_t$  with loss in Eq. (4)  
**end while**  
Compute  $M_t$  using Eq. (1)  
Compute  $E_t$  using Algorithm 1 with  $\theta_t$  and  $M_t$   
**Output:** updated  $\theta_t$  and new exemplar set  $E_t$

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At a cycle  $t$ , the set of exemplars to be replayed is  $E_{t-1}$  and the set of items till the last cycle is  $I_{t-1}$ , the proposed knowledge distillation (KD) loss is written as:

$$L_{KD}(\theta_t) = -\frac{1}{|E_{t-1}|} \sum_{(x, y) \in E_{t-1}} \sum_{i=1}^{|I_{t-1}|} \hat{p}_i \cdot \log(p_i), \quad (2)$$

where  $[\hat{p}_1, \dots, \hat{p}_{|I_{t-1}|}]$  is predicted distribution (softmax of logits) over  $I_{t-1}$  generated by  $f(\theta_{t-1})$ , and  $[p_1, \dots, p_{|I_{t-1}|}]$  is the prediction of  $f(\theta_t)$  over  $I_{t-1}$ .  $L_{KD}$  measures the difference between the outputs of the previous model and the current model on exemplars, and the idea is to penalize prediction changes on items in previous update cycles.

$L_{KD}$  defined above is interpolated with a regular cross-entropy (CE) loss computed w.r.t.  $D_t$  defined below:

$$L_{CE}(\theta_t) = -\frac{1}{|D_t|} \sum_{(x, y) \in D_t} \sum_{i=1}^{|I_t|} \delta_{i=y} \cdot \log(p_i), \quad (3)$$

In practice, the size of incoming data and the number of new items varies in different cycles, therefore, the degree of need to preserve old knowledge varies. To this end, we propose an adaptive weight  $\lambda_t$  to combine  $L_{KD}$  with  $L_{CE}$ :

$$L_{ADER} = L_{CE} + \lambda_t \cdot L_{KD}, \quad \lambda_t = \lambda_{base} \sqrt{\frac{|I_{t-1}|}{|I_t|} \cdot \frac{|E_{t-1}|}{|D_t|}} \quad (4)$$

In general,  $\lambda_t$  increases when the ratio of the number of old items to that of new items increases, and when the ratio of the exemplar size to the current data size increases. The idea is to rely more on  $L_{KD}$  when the new cycle contains fewer new items or fewer data to be learned. The overall training procedure for ADER is summarized in Algorithm 2.

DIGINETICA	week	0	1	2	3	4	5	6	7	8
	total actions	70,739	37,586	31,089	32,687	30,419	57,913	52,225	57,100	69,042
	new actions	100.00%	18.25%	13.26%	11.29%	10.12%	9.08%	6.64%	6.35%	5.42%
	week	9	10	11	12	13	14	15	16	<b>Total</b>
	total actions	82,834	82,935	50,037	63,133	70,050	71,670	56,959	77,065	993,483
YOOCHOOSE	new actions	5.22%	3.02%	3.01%	1.78%	1.83%	0.78%	0.45%	0.27%	/
	day	0	1	2	3	4	5	6	7	8
	total actions	219,389	209,219	218,162	162,637	177,943	307,603	232,887	178,076	199,615
	new actions	100.00%	3.04%	1.74%	1.29%	0.95%	0.57%	0.50%	1.09%	0.74%
	day	9	10	11	12	13	14	15	16	<b>Total</b>
	total actions	179,889	123,750	153,565	300,830	259,673	187,348	154,316	105,676	3,370,578
	new actions	0.81%	1.08%	0.56%	0.56%	0.29%	0.41%	0.38%	0.35%	/

**Table 1: Statistics of the two datasets; “new actions” indicates the percentage of actions on new items in this update cycle; week/day 0 is only used for training, while week/day 16 is only used for testing.**

	DIGINETICA					YOOCHOOSE				
	<i>Finetune</i>	<i>Dropout</i>	<i>EWC</i>	<i>Joint</i>	<i>ADER</i>	<i>Finetune</i>	<i>Dropout</i>	<i>EWC</i>	<i>Joint</i>	<i>ADER</i>
Recall@20	47.28%	49.07%	47.66%	50.03%	<b>50.21%</b>	71.86%	72.20%	71.91%	72.22%	<b>72.38%</b>
Recall@10	35.00%	36.53%	35.48%	37.27%	<b>37.52%</b>	63.82%	64.15%	63.89%	64.16%	<b>64.41%</b>
MRR@20	16.01%	16.86%	16.28%	17.31%	<b>17.32%</b>	36.49%	36.60%	36.53%	36.65%	<b>36.71%</b>
MRR@10	15.16%	16.00%	15.44%	16.43%	<b>16.45%</b>	35.92%	36.03%	35.97%	36.08%	<b>36.14%</b>

**Table 2: Performance averaged over 16 continual update cycles on two datasets.**

## 4 EXPERIMENTS

### 4.1 Dataset

Two widely used datasets are adopted: (1). **DIGINETICA** contains click-streams data on an **e-commerce site** over 5 months, and it is used for CIKM Cup 2016 (<http://cikm2016.cs.iupui.edu/cikm-cup>). (2). **YOOCHOOSE** is another dataset used by RecSys Challenge 2015 (<http://2015.recsyschallenge.com/challenge.html>) for predicting click-streams on another **e-commerce site** for over 6 months.

As in [11, 16, 18, 20], we remove sessions of length 1 and items that appear less than 5 times. To simulate the continual learning scenario, we split the model update cycle of DIGINETICA **by weeks** and YOOCHOOSE **by days** as its volume is much larger. Different time spans also resemble model update cycles at different granulates. In total, 16 update cycles are used to continually train the recommender on both datasets. **10% of the training data of each update cycle is randomly selected as a validation set.** Statistics of split datasets are summarized in Table 1. We can see that YOOCHOOSE is less dynamic, indicated by the tiny fraction of actions on new items, that is, old items heavily reappear.

### 4.2 Evaluation Metrics

Two commonly used evaluation metrics are used: (1). **Recall@k**: The ratio when the desired item is among the top-k recommended items. (2). **MRR@k**: Recall@k does not consider the order of the items recommended, while MRR@k measures the *mean reciprocal ranks* of the desired items in top-k recommended items. For easier comparison, we report the mean value of these two metrics averaged over all 16 update cycles.

### 4.3 Baseline Methods

Several widely adopted baselines in continual learning literature are compared:

- **Finetune**: At each cycle, the recommender trained till the last task is trained with the data from the current task.
- **Dropout** [29]: Dropout [13] is recently found by [29] that it effectively alleviates catastrophic forgetting. We applied dropout to every self-attention and feed-forward layer.
- **EWC** [17]: It is a well-known method to alleviate forgetting by **regularizing parameters important to previous data** estimated by the diagonal of a Fisher information matrix computed w.r.t. exemplars.
- **ADER** (c.f. Algorithm 2): The proposed method using adaptively distilled exemplars in each cycle with dropout.
- **Joint**: In each cycle, the recommender is trained (with dropout) using data from the current **and all** historical cycles. This is a common performance “**upper bound**” for continual learning.

The above methods are applied on top of the state-of-the-art base SR recommender SASRec [16] using 150 hidden units and 2 stacked self-attention blocks. During continual training, we set the batch size to be 256 on DIGINETICA and 512 on YOOCHOOSE. We use Adam optimizer with a learning rate of 5e-4. A total of 100 epochs are trained, and early stop is applied if validation performance (Recall@20) does not improve for 5 consecutive epochs. Other hyper-parameters are tuned to maximize Recall@20. The dropout rate of *Dropout*, *ADER*, and *Joint* is set to 0.3; 30,000 exemplars are used by default for *EWC* and *ADER*;  $\lambda_{base}$  of *ADER* is set to 0.8 on DIGINETICA and 1.0 on YOOCHOOSE.

### 4.4 Overall Results on Two Datasets

Results averaged over 16 update cycles are presented in Table 2, and several interesting observations can be noted:

- **Finetune** already works reasonably well, especially on the less dynamic YOOCHOOSE dataset. The performance gap between *Finetune* and *Joint* is less significant than typical



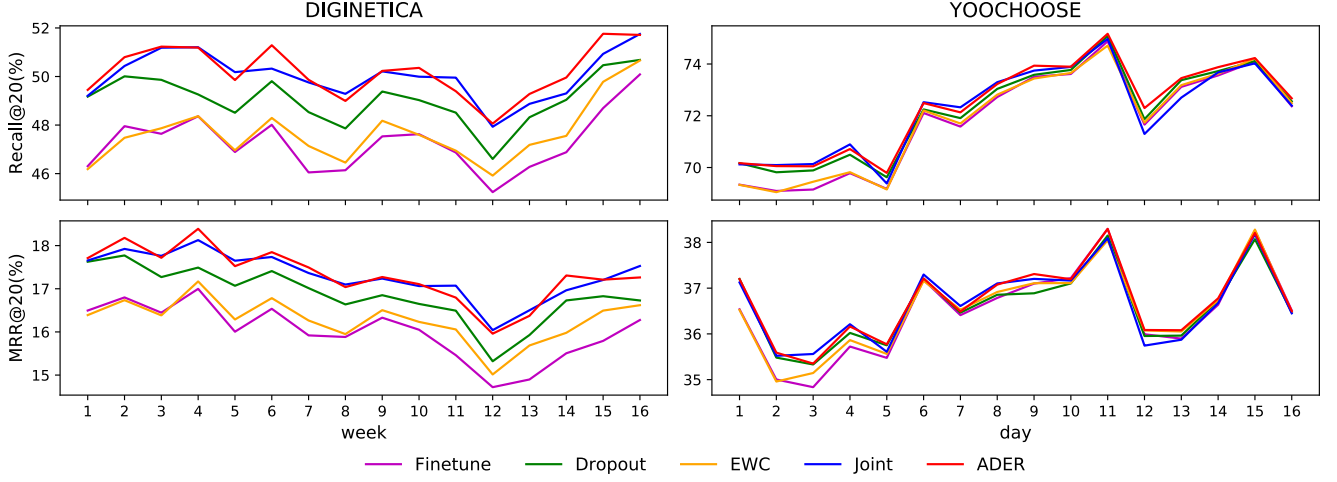


Figure 2: Disentangled Recall@20 (Top) and MRR@20 (Bottom) at each continual learning update cycle on two datasets.

	10k	20k	30k
Recall@20	49.59%	50.05%	50.21%
Recall@10	36.92%	37.40%	37.52%
MRR@20	17.04%	17.29%	17.32%
MRR@10	16.17%	16.42%	16.45%

Table 3: Different exemplar sizes for ADER.

	$ER_{random}$	$ER_{loss}$	$ER_{herding}$	$ADER_{equal}$	$ADER_{fix}$	$ADER$
Recall@20	49.14%	49.31%	49.44%	49.92%	50.09%	50.21%
Recall@10	36.61%	36.65%	36.88%	37.21%	37.41%	37.52%
MRR@20	16.79%	16.90%	16.95%	17.23%	17.29%	17.32%
MRR@10	15.92%	16.02%	16.08%	16.35%	16.41%	16.45%

Table 4: Ablation study for ADER.

continual learning setups [14, 19, 31, 39]. The reason is that catastrophic forgetting **is not severe** since old items can frequently *reappear* in recommendation tasks.

- *EWC* only outperforms *Finetune* marginally, and it performs worse than *Dropout*.
- *Dropout* is effective, and it notably outperforms *Finetune*, especially on the more dynamic DIGINETICA dataset.
- *ADER* significantly outperforms other methods, and the improvement margin over other methods is larger on the more dynamic DIGINETICA dataset. Furthermore, **it even outperforms Joint**. This result empirically reveals that *ADER* is a promising solution for the continual recommendation setting by effectively preserving user preference patterns learned before.

Detailed disentangled performance at each update cycle is plotted in Figure 2. We can see that the advantage of *ADER* is significant on the **more dynamic** DIGINETICA dataset. On the less dynamic YOOCHOOSE dataset, the gain of *ADER* mainly comes from the more dynamic **starting cycles** with relatively more actions on new items. At later stable cycles with few new items, different methods show comparable performance, including the vanilla *Finetune*.

#### 4.5 In-depth Analysis

In the following experiments, we conduct an in-depth analysis of the results on the more dynamic DIGINETICA dataset.

**4.5.1 Different number of Exemplars.** We study the effect of a varying number of exemplars for *ADER*. Besides using **30k** exemplars, we test using only 10k/20k exemplars, and results are shown in Table 3. We can see that the performance of *ADER* **only drops marginally** as exemplar size decreases from 30k to 10k. This result reveals that *ADER* is insensitive to the number of exemplars, and it works reasonably well with a smaller number of exemplars.

**4.5.2 Ablation Study.** In this experiment, we compare *ADER* to several simplified versions to justify our design choices. (i).  **$ER_{herding}$** : A vanilla exemplar replay different from *ADER* by using a regular  $L_{CE}$ , rather than  $L_{KD}$ , on exemplars. (ii).  **$ER_{random}$** : It differs from  $ER_{herding}$  by selecting exemplars of an item at random. (iii).  **$ER_{loss}$** : It differs from  $ER_{herding}$  by selecting exemplars of an item with smallest  $L_{CE}$ . (iv).  **$ADER_{equal}$** : This version differs from *ADER* by selecting equal number of exemplars for each item, that is, the assumption that more frequent items should be stored more is removed. (v).  **$ADER_{fix}$** : This version differs from *ADER* by not using the adaptive  $\lambda_t$  in Eq. (4), but a fixed  $\lambda$ .

Comparison results are presented in Table 4, and several observations can be noted: (1). Herding is effective to selected exemplars, indicated by the better performance of  $ER_{herding}$  over  $ER_{random}$  and  $ER_{loss}$ . (2). The distillation loss in Eq. (2) is helpful, indicated by the better performance of three versions of *ADER* over three vanilla *ER* methods. (3). Selecting exemplars proportional to item frequency is helpful, indicated by the better performance of *ADER* over  $ADER_{equal}$ . (4). The adaptive  $\lambda_t$  in Eq. (2) is helpful, indicated by the better performance of *ADER* over  $ADER_{fix}$ .

## 5 CONCLUSION

In this paper, we study the practical and realistic continual learning setting for session-based recommendation tasks. To prevent the recommender forgetting user preferences learned before, we propose *ADER* by **replaying carefully chosen** exemplars from previous cycles and an **adaptive distillation loss**. Experiment results on two widely used datasets empirically demonstrate the promising performance of *ADER*. Our work may inspire researchers working from similar continual learning perspective for building more robust and scalable recommenders.

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