

How to: make the most of your Conference

Welcome to share/modify
Don't use it for profitable purposes

Dr.

Haoyang Ye

Email: haoyang.ye@cantab.net

Website: haoyangye.com/Home

Slides: <https://github.com/zoeye859/Workshop>



Before the workshop

1

You are not allowed to be silent. Share your ideas and talk to people around you (**even if you don't know them very well**)

2

Ask relevant questions whenever you like - **without standing up, simply raise your hand**

3

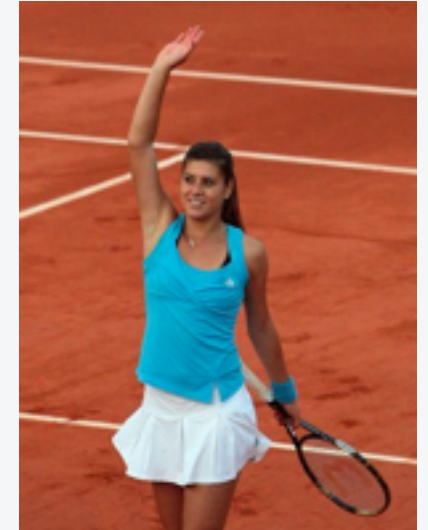
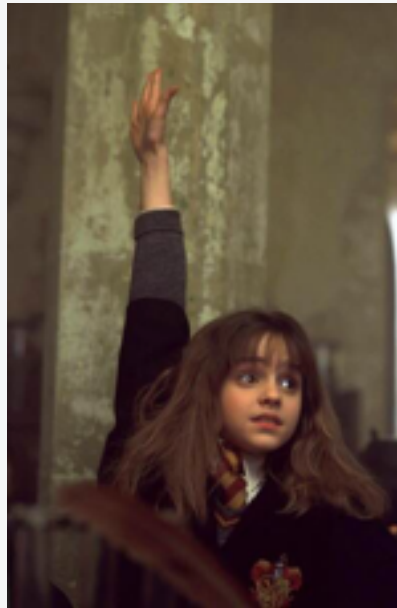
Phone: volume down to **minimum** please

4

Leave **anytime** you like (don't need to tell me that you need to go to the toilet, just go!)

Practice 1: Raise your hand

Practice at least **3 styles** of raising your hand, and find your favourite style!



Practice 1: Raise your hand



Now please raise your hand!

Practice 1: Raise your hand



Now please raise your hand!

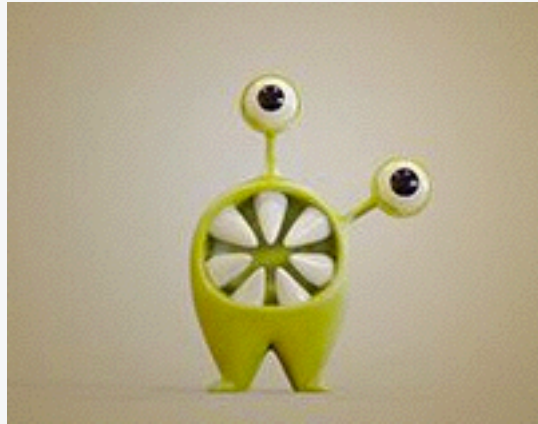
Remember this feeling!!!

(Practice at home until you feel comfortable raising up your hand!!)

Practice 2: Brainstorming



Motivation: what do you want to get from this workshop?



Brainstorming:

Voice your ideas without consequences -
no one should judge your idea during brainstorming, including yourself!

Practice 2: Brainstorming



Motivation: what do you want to get from this workshop?





Your thoughts & notes ...



- 1 Prepare for the conference
- 2 Your conference mindset
- 3 Social social social - how?
- 4 What's next?

Discussion 1: Conference preparation



How did/will you prepare for your conference?

Discussion 1: Conference preparation



How did/will you prepare for your conference?



Practice 3: Plan your next conference (1)



Will you try Tip 1-5?

If not, what are your biggest fears/stress?

(you can discuss it with me after the workshop.)



3 mins to write down your preparation plan for your next conference!



Your thoughts & notes ...



- 1 Prepare for the conference
- 2 Your conference mindset
- 3 Social social social - how?
- 4 What's next?

Practice 4: Motivation - todo list



Look at our motivation list earlier

Practice 4: Motivation - todo list

Your motivation

Your to-do list during conference:



Discussion 2: Share your motivation - todo list

Your thoughts & notes ...



Your thoughts & notes ...



- 1 Prepare for the conference
- 2 Your conference mindset
- 3 Social social social - how?
- 4 What's next?

Social social and social!!!

Unfortunately, you cannot avoid this forever....

Here is a toolkit for you—

- Start a conversation
- Make new connection
- Exit a conversation
- Maintain a conversation

Focus on the social part. Maybe another workshop on presentation?



You make contacts to...



Advertise your research/paper/software...



Seek collaboration/visiting opportunities



Generate new ideas/research projects



Approach potential employers



....

Practice 5: your killer conversation starters

Everyone please give me a conversation starter now.

Practice 6: your elevator pitch

Your thoughts & notes ...

Keep it compact and practice it until you can say it out loud without hesitation/pauses

Practice 7: Plan your next conference (2)



Will you try Tip 8-15?

If not, what are your biggest fears/stress?

(you can discuss it with me after the workshop.)



3 mins to write down your social plan for your next conference!



Your thoughts & notes ...



- 1 Prepare for the conference
- 2 Your conference mindset
- 3 Social social social - how?
- 4 What's next?

Practice 8: Plan your next conference (3)



Will you try Tip 16-18?

If not, what are your biggest fears/stress?

(you can discuss it with me after the workshop.)



3 mins to write down your post-conference plan!



Your thoughts & notes ...



Homework

A detailed plan

Please add the practice notes together to organise a detailed plan for your next conference meeting

Try the tips

Practice the tips as often as you can in your daily life, and conference.

Challenge yourself

Push yourself to find your current limit, research to find techniques and practice them to push your limit even further.

Please fill in this short survey, your time will be much appreciated!

<https://wj.qq.com/s2/7275687/01d3/>





Further reading/watching

- [How to make the most of an academic conference – a checklist for before, during and after the meeting](#) by Marta Teperek
- [How to Ask Better Questions | Mike Vaughan | TEDxMileHigh](#) by Mike Vaughan
- [How to Ask Questions Better](#) by Tim Ferriss
- [How to MAKE THE MOST of Conferences](#) by Jessica Sainsbury



Questionnaire

Your feedback is very much valued!

Please fill in this short survey, your time will be much appreciated!

<https://wj.qq.com/s2/7275687/01d3/>



Thank you!

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Q&A

培训

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