



Says

What have we heard them say?  
What can we imagine them saying?



Thinks

What are their wants, needs, hopes, and dreams?  
What other thoughts might influence their behavior?

Some of us have an auditory processing disorder, which means that although we heard the person our processing deficits kept immediately understanding what was said.

Everyone has hopes and dream. The NDUS refers to hopes and dreams as aspirations aspirations are things you would like to happen in future.

If you can imagine it, you can achieve it. If you can dream it, you can become it. Everything you can imagine is real

Our thoughts create our feelings and our feelings drive our behavior. lets take a simple example, the thought of going to a pool makes me feel happy, these thoughts and feelings are going to lead me to plan activities that include swimming.



Persona's name  
Short summary of the persona

postures, movements, nonverbal and verbal behavior-all can be observed. Watching people, seeing their behaviors, looking at their performance, is interesting for many reasons.

cognitive scientists hypothesize that our ability to imagine is the result of something called a mental workplace, an neural network that coordinates activity across multiple regions of the brain.

Fear is response to a perceived threat. While anxiety involves worry about a threat that has not yet, or may never. Anxiety is often connected with overstimulation from a stressful environment or threat, combined with the threat..

Simply put, a situation arises, and we have thoughts trigger feelings we engages in behaviors which in turn impact the situation either positively or negatively.



Does

What behavior have we observed?  
What can we imagine them doing?



Feels

What are their fears, frustrations, and anxieties?  
What other feelings might influence their behavior?

 See an example