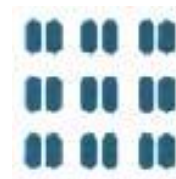


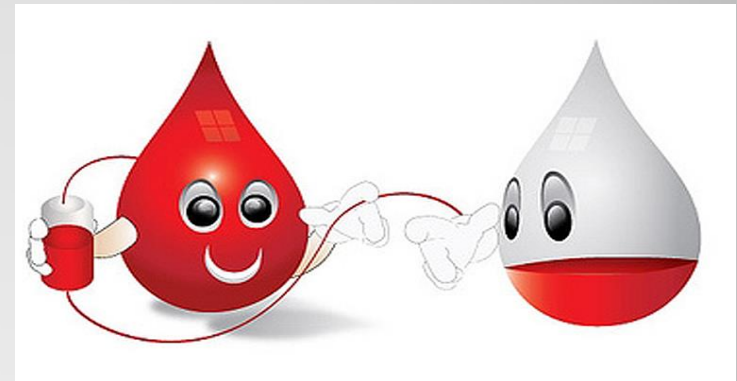
# Doniranje krvi



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Zavod za bolesti srca i krvnih žila

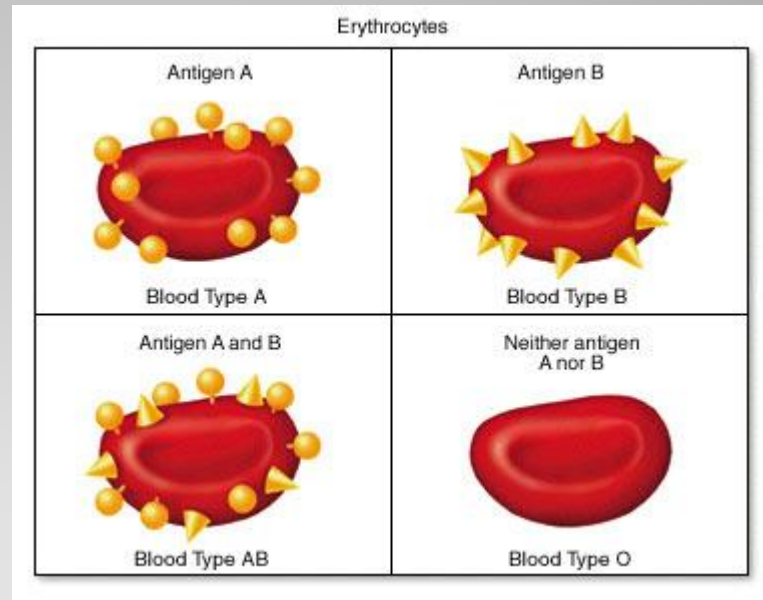
# Pregled

- Ukratko o ABO +/- sustavu
- Tko može dati krv
- Tko treba primiti krv
- Upitnik
- Postupak



# Ukratko o ABO +/- sustavu

- O + / O -
- A+ / A -
- B + / B -
- AB + / AB -



# Tko može dati krv

- Dob – 18 - 65 g
- TM > 55 Kg
- Hgb – M >135 mg/L, F 125 mg/l
- Tr > 150
- RR 180/100 mmHg, 90/50 mmHg
- M svaka 3mj, Ž svaka 4 mj

<b>Kardiovaskularne bolesti</b>	
<b>Bolesti centralnog živčanog sustava</b>	
<b>Sklonost krvarenju</b>	
<b>Gubitak svijesti/konvulzije</b>	
<b>Gastrointestinalne, genitourinarne, hematološke, metaboličke, bubrežne ili respiratorne sustavne bolesti</b>	
<b>Šećerna bolest</b>	
<b>Zarazne bolesti</b>	<b>HCV, HBV, HIV, HTLV</b>
<b>Maligne bolesti</b>	
<b>IV/ IM uporaba lijekova</b>	
<b>Transplantirani</b>	
<b>Seksualno ponašanje</b>	
<b>Brucela, Osteomijelitis, Q grozinica, Tuberkuloza, reumatska vrućica</b>	<b>2 godine</b>
<b>Povišena tjelesna temperatura</b>	➤ <b>2 tj ili od smpt prehlade</b>
<b>Sifilis</b>	<b>1 godina</b>
<b>Endoskopski pregled</b>	<b>6 mj</b>
<b>Transfuzija</b>	<b>6mj</b>
<b>Tetovaža i piercing</b>	<b>6mj</b>
<b>Akupunktura</b>	<b>6mj</b>
<b>Nezaštićeni spolni odnos</b>	<b>6mj</b>
<b>Cijepljenje</b>	<b>4 tj</b>
<b>Trudnoća</b>	<b>6mj</b>
<b>Lijekovi</b>	

# Tko treba primiti krv

Table 3. RBC Transfusion Recommendations\* for Hospitalized, Hemodynamically Stable Patients in Specific Clinical Situations

Clinical Situation	Potential Transfusion Threshold	Evidence Quality	Recommendation
ICU Patients (adult or ped)	Hgb** $\leq$ 7 gm/dL†	High	Strong
Post-Operative	Hgb $\leq$ 8 gm/dL§ or for symptoms††	High	Strong
Cardiovascular Disease	Hgb $\leq$ 8 gm/dL‡ or for symptoms††:	Moderate	Weak
Acute Coronary Syndrome	AABB cannot recommend for or against a liberal or restrictive RBC transfusion strategy	Very Low	Uncertain
All Patients	Guided by symptoms as well as by Hgb level	Low	Weak

# Upitnik i postupak



ZEMLJA	%	ZEMLJA	%
Švicarska	9,7	Norveška	4,8
Francuska	8,1	Irska	4,6
Finska	7,4	Nizozemska	4,6
Danska	6,6	Hrvatska	3,8
Belgija	5,9	Španjolska	1,5
Švedska	4,9	SAD	6,1

