

War Survival Kit

A comprehensive survival kit is crucial during conflict scenarios. This guide covers essential gear, supplies, and tools organized by priority and function.

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Emergency Essentials (First 72 Hours)

Water & Hydration (Critical)

- 3L water per person/day (minimum)
- Water filters or purification tablets
- Collapsible water containers

Food & Nutrition (Critical)

- High-calorie emergency rations
- Dried foods and protein bars
- Manual can opener

First Aid & Medical (Critical)

- Comprehensive first aid kit
- Prescription medications
- Wound care supplies
- Emergency blankets



Navigation & Communication

Navigation Tools (Important)

- Paper maps (local area)
- Compass (non-electronic)
- Signal mirror

Communication (Important)

- Hand-crank radio
- Whistle or sound signals
- Emergency contact information



Protection & Shelter

Protective Gear (Important)

- N95 masks or respirators
- Work gloves
- Eye protection

Shelter Items (Important)

- Emergency shelter or tarp
- Rope or paracord
- Emergency blankets
- Basic tools (multi-tool)



Documents & Resources

Critical Documents (Critical)

- ID and important papers (waterproof)
- Emergency contacts list
- Area maps and safe routes

Financial (Critical)

- Emergency cash (small bills)
- Copies of important documents

Additional Considerations

Power & Light

- Hand-crank flashlight
- Extra batteries
- Solar charger (if essential)

Hygiene & Sanitation

- Personal hygiene items
- Sanitation supplies
- Portable toilet supplies

Field Navigation Quick Guide

Compass (Important)

: Take a bearing, correct for magnetic declination (e.g., Cairo ~ +3°E in 2025), and follow distant aiming points.

Map (Important)

: Orient the map to north; triangulate with two back-bearings from visible landmarks.

Natural North (Important)

: Shadow-stick (day), Polaris (night). Sun is due south at local solar noon in the Northern Hemisphere.

[Full Navigation Tutorial →](#)

Kit Maintenance

- Check expiration dates monthly
- Rotate food and water supplies
- Test all equipment quarterly
- Update documents as needed
- Adjust kit based on seasonal needs



Insects & Snakes Protection

Insect Protection

- Insect repellent (DEET or picaridin-based)
- Mosquito netting
- Permethrin-treated clothing
- Sting relief pads or cream

Snake Safety

- Snake bite kit (suction device, bandages)
- Heavy-duty gloves for handling debris
- Sturdy boots (for protection when moving through brush)
- Flashlight (for night movement)

First Aid for Bites/Stings

- Antihistamines for allergic reactions
- Hydrocortisone cream
- Compression bandages (for snake bites)
- Emergency contact numbers for poison control

Photo Gallery - Survival Kit Components

First Aid & Medical

Essential first aid supplies and kits for wound care and basic medical response.

Water & Hydration

Essential water filtration tools that remove 99.999999% of waterborne bacteria and 99.999% of waterborne parasites

Shelter & Protection

Emergency shelter kit including tarps, ropes, and essential tools for temporary shelter construction.

Navigation & Communication Equipment

Essential navigation and communication tools for survival scenarios

Documents & Resources

Secure storage for critical documents, identification, and emergency information.

[← Back to the Human Continuity Blueprint](#)

War Survival Kit — Part of the Human Continuity Blueprint • Developed by Hazem ElBatawy