As $m \vee n = m \wedge n + m \oplus n$

We must only compute
$$f(n) = \sum_{k=0}^{k \le n} (n-k) \lor k$$
 and $G(N) = 2 \times \sum_{n=0}^{n \le N} f(n)$

We have the recursive formulas:

(1a)
$$f(2n+1) = 4 \times f(n) + 2 \times (n+1)$$

(1b)
$$f(2n) = 2 \times f(n-1) + 2 \times f(n) + n$$

(2a)
$$g(2n+1) = 8 \times g(n) - 2 \times f(n) + \frac{(3n+4)(n+1)}{2}$$

(2b)
$$g(2n) = 8 \times g(n) - 6 \times f(n) + 3 \times n \times (n+1)$$

Example of demo for (1b):

$$f(2n) = \sum_{k=0}^{k \le 2n} (2n-k) \vee k = \sum_{k=0}^{k \le n} (2n-2k) \vee 2k + \sum_{k=0}^{k \le n-1} (2n-2k-1) \vee (2k+1)$$

$$= \sum_{k=0}^{k \le n} 2((n-k) \vee k) + \sum_{k=0}^{k \le n-1} ((2n-2-2k+1) \vee (2k+1))$$

$$= 2\sum_{k=0}^{k \le n} ((n-k) \vee k) + \sum_{k=0}^{k \le n-1} ((2n-2-2k) \vee (2k)) + 1$$

$$= 2 \times f(n) + 2\sum_{k=0}^{k \le n-1} ((n-1-k) \vee k) + \sum_{k=0}^{k \le n-1} 1$$

$$= 2 \times f(n) + 2 \times f(n-1) + n$$

we can construct N bit by bit from the most significant bit by:

$$n_0 = 0$$
, $n_1 = 2 \times n_0 + b_1$, $n_2 = 2 \times n_1 + b_2$

...
$$n_k = 2 \times n_{k-1} + b_k$$
 ... $N = 2 \times n_{nb-1} + b_{nb}$

where $b_1b_2...b_k...b_{nb}$ are the bits in base 2 for N, b_1 most significant

Now we can compute by recursion $\{g(n_k), f(n_k), f(n_k-1)\}$

using (2a) and (2b) for $g(n_k)$

and noting for $(f(n_k), f(n_k - 1))$ that if:

$$b_k = 1 \ then \ (n_k, n_k - 1) = (2 \times n_{k-1} + 1, 2 \times n_{k-1})$$

$$b_k = 0 \ then \ (n_k, n_k - 1) = (2 \times n_{k-1}, 2 \times n_{k-1} - 1) = (2 \times n_{k-1}, 2 \times (n_{k-1} - 1) + 1)$$