

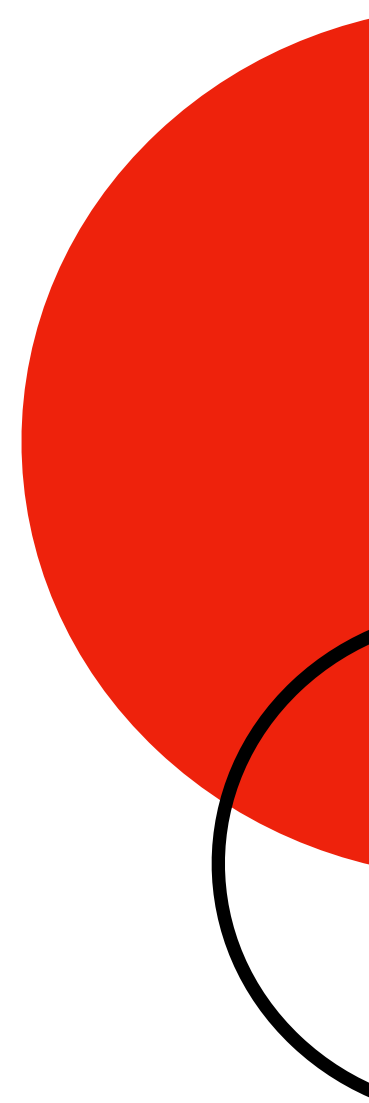
# The First Step towards your **Emotional Wellbeing**

“ *Can I handle this myself?  
Do I really need help?  
I don't know what to do!*

**CONTACT ADVISOR**

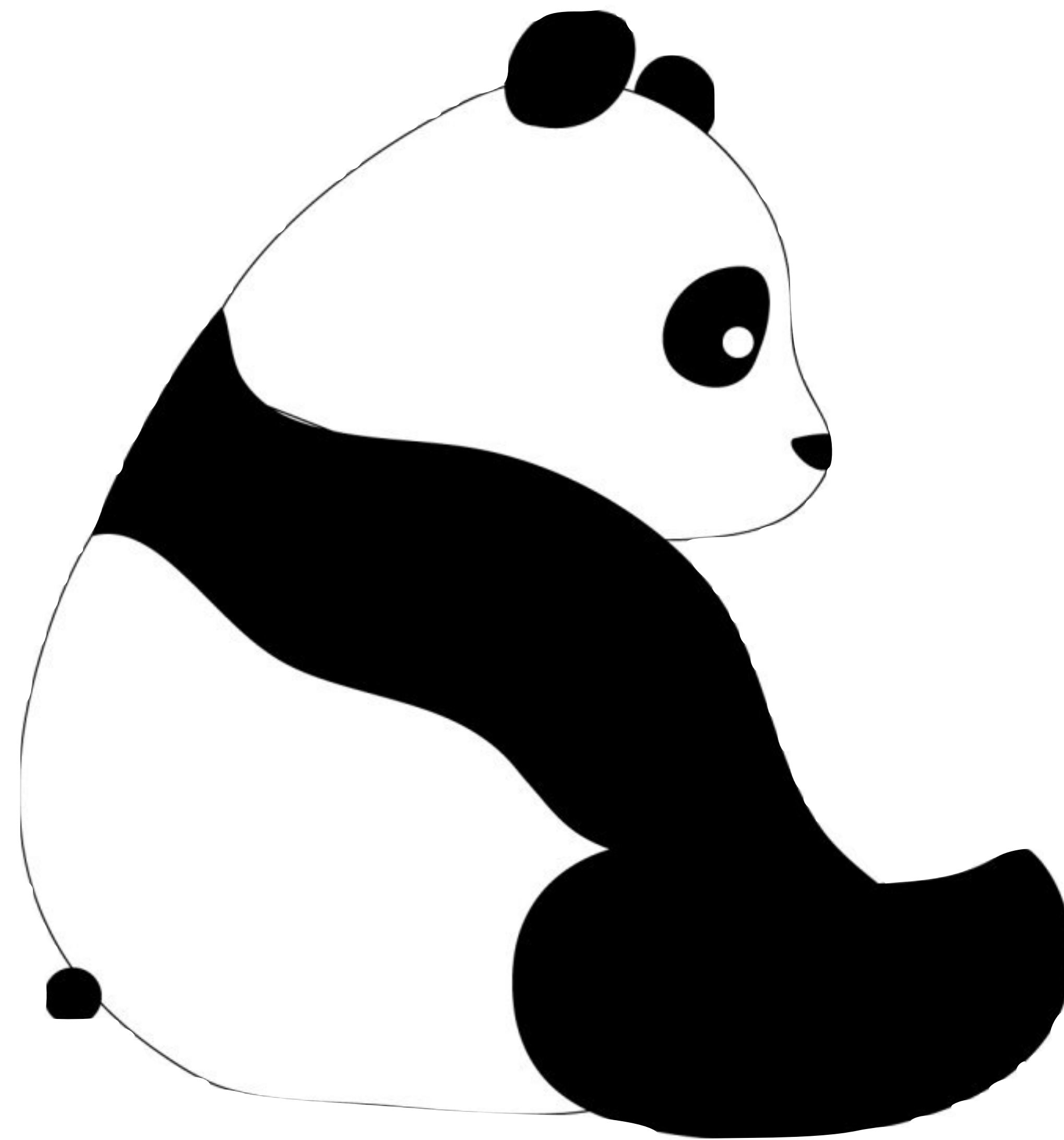


There are times when life feels  
like a battle.  
And all you want to do is be lazy  
and sleep.





We know it's hard to face it.  
But we know you can!



# Resolve all your doubts

“ You may be able to handle it yourself.

Or, you may need help.

Zoyu is on a mission to find it out.

Be like Zoyu.

**CONTACT ADVISOR**