Dear (Patient):

As your primary care physician I care about your health! Therefore, I am writing to remind you to **call today** for your clinical breast exam and mammogram. Your team of compassionate and trained professionals are waiting to hear from you. A mammogram is an x-ray that helps detect early signs of breast cancer.

Did you know that the chance of getting breast cancer increases with age? It does! Many women do not have any symptoms when they are first diagnosed with breast cancer? That is true too. An abnormal growth in your breast has to grow to at least the size of a pea before your doctor can feel it when you are examined.

The good news is that a mammogram can help your doctor to find the cancer early ô often1-1/2 to 2 years before a lump is big enough to be felt. This is why it is so important for women 40 and older to get a mammogram every year. By getting mammograms regularly, breast cancer can be found and treated early when the chances for a cure are good.

It is important to take care of your own health. If you have not had a mammogram in the past year and do not have an appointment to **call for your appointment today!**

In addition, did you know that insurance will cover your mammogram at 100%? This will be free to you with no out-of-pocket costs!

The compassionate and caring team of Vista health professionals look forward to seeing you soon!

Scheduling your Mammogram is easy! What you need to do:

- **☎** Call the Central Scheduling Number- 847-360-4184 for the Vista locations listed below to schedule an appointment for a mammogram. Make sure to take note of the location where you are making your appointment.
- **Take the enclosed referral form with you on the day of your appointment.**

Vista Imaging Center	Vista Surgery & Treatment Center	Vista East
95 N Greenleaf	1050 Red Oak Lane	1324 N. Sheridan Road
Gurnee, IL 60031	Lindenhurst, IL 60046	Waukegan, IL 60085

You are important - call today! To learn more about breast cancer go to www.nationalbreastcancer.org. If you already had a mammogram in 2014, or if this screening does not apply to you, please disregard this letter.

Sincerely,

Dr. Español