Integrating Multilevel Data to Assess Massachusetts Food Vulnerability

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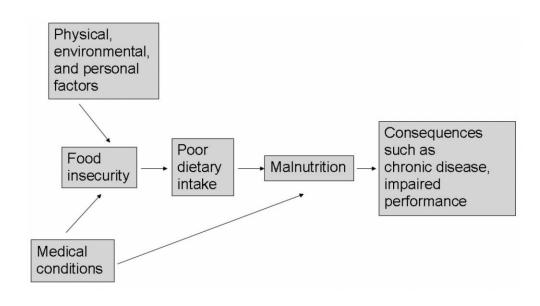
Chaitra Gopalappa

Department of Mechanical and Industrial Engineering

University of Massachusetts, Amherst Joint Statistical Meetings, August 2025

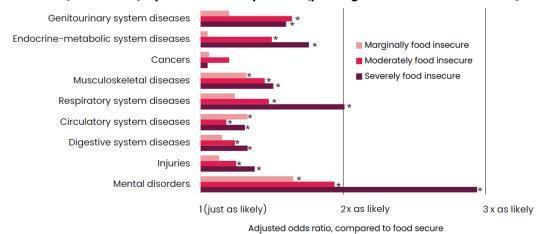


Food insecurity is associated with multiple adverse health outcomes



Food-insecure adults are more likely to be admitted to acute care for a wide array of reasons.

Adjusted differences in the likelihood of acute care admission among Canadian adults (n=403,620) by food insecurity status (pooling data from CCHS 2005-17)

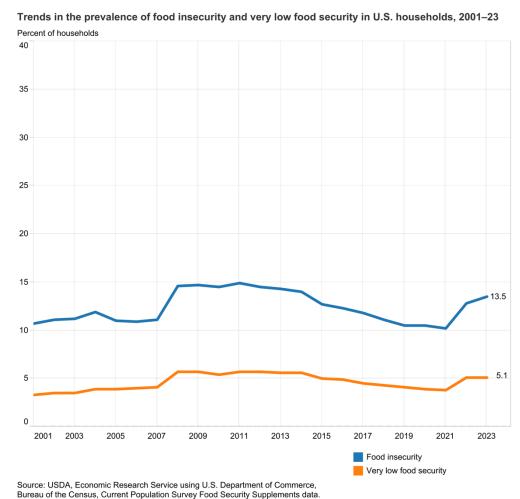


Food Insecurity and Hunger in the United States: An Assessment of the Measure. National Research Council (2006)

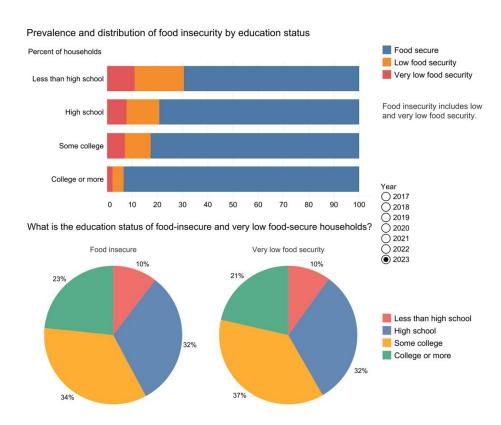
Website from Food Insecurity Policy Research, Canadian Institute of Health Research

18 million US households experienced food insecurity in some time during 2023

- Food insecure households were uncertain they would be able to acquire sufficient food to meet the needs of all household members.
- Explore the <u>USDA food insecurity</u> <u>interactive visualization</u> (2 min), what do you observe?
 - What did you learn from the visualization that you didn't know before?
 - What factors are associated with higher risk of food insecurity?
 - Which state has higher food insecurity?



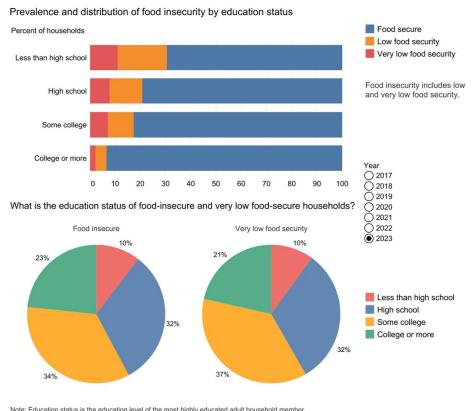
Individual-level factors influence food insecurity



Note: Education status is the education level of the most highly educated adult household member.

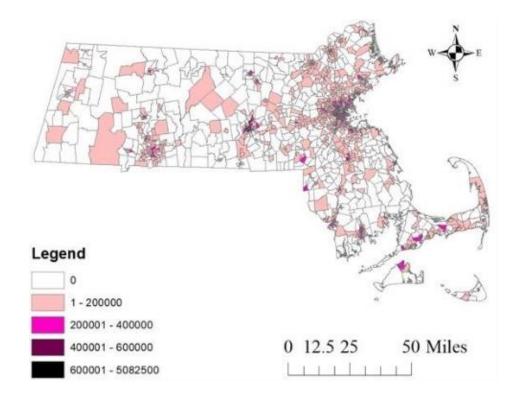
Source: USDA, Economic Research Service using U.S. Department of Commerce, Bureau of the Census, Current Population Survey Food Security Supplements data.

Individual-level factors influence food insecurity, and so do community-level factors



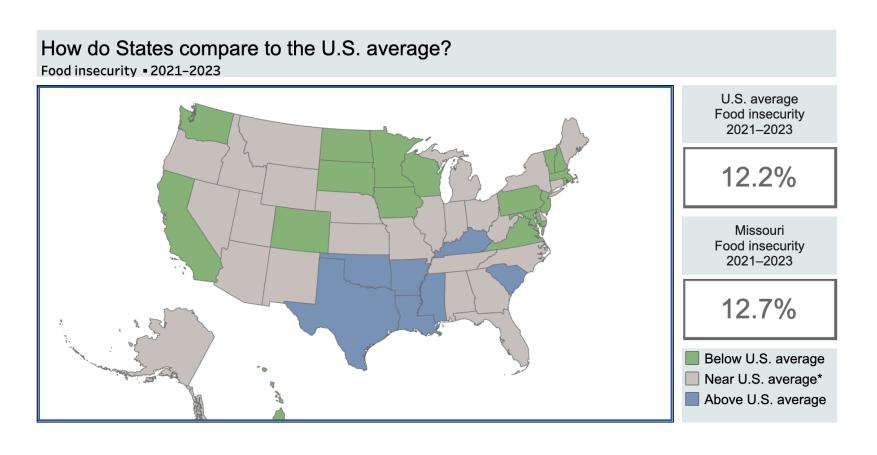
Note: Education status is the education level of the most highly educated adult household member

Source: USDA, Economic Research Service using U.S. Department of Commerce, Bureau of the Census, Current Population Survey Food Security Supplements data



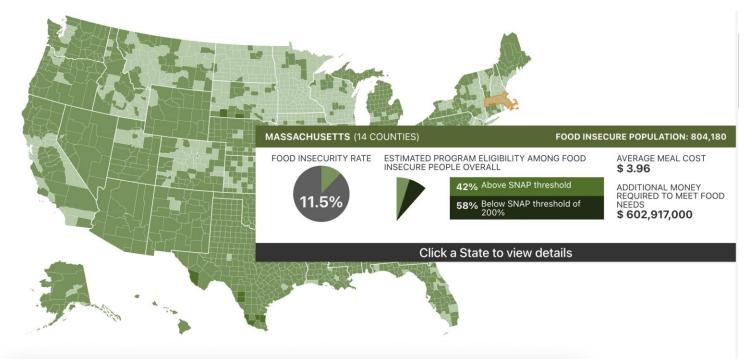
Total square footage of supermarkets within 30 min public transit Christofa et al. Measuring Food Access to Improve Public Health (No. Report No. 23-042). Massachusetts Dept. of Transportation (2023)

State-level data is reported yearly, what about counties?



Source: USDA, Economics Research Service using U.S. Department of Commerce, Bureau of Census, Current Population Survey Food Security Supplements Data

County-level food insecurity is estimated with linear models

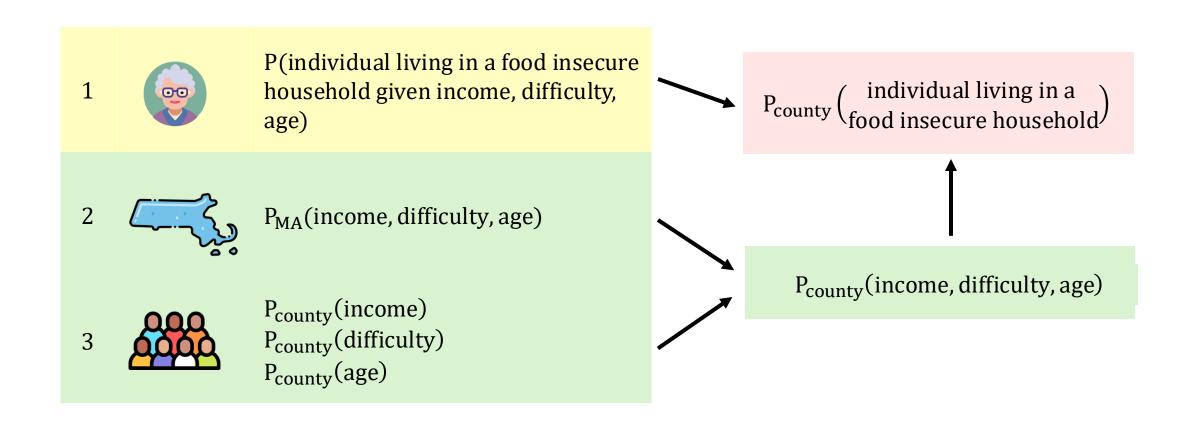


Mind the Meal Gap 2025 Food Insecurity Report and Technical Appendix (using 2023 data)

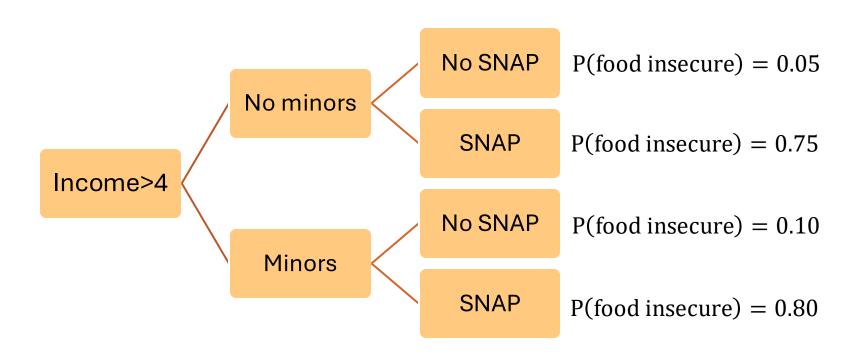
$$FI_{st} = \alpha + \beta_{UN}UN_{st} + \beta_{POV}POV_{st} + \beta_{MI}MI_{st} + \beta_{HISP}HISP_{st} + \beta_{BLACK}BLACK_{st} + \beta_{OWN}OWN_{st} + \beta_{DSBL}DSBL_{st} + \mu_t + \upsilon_s + \varepsilon_{st}$$
(1)

$$FI^*_{c} = \hat{\alpha} + \widehat{\beta_{UN}}UN_{c} + \widehat{\beta_{POV}}POV_{c} + \widehat{\beta_{MI}}MI_{c} + \widehat{\beta_{HISP}}HISP_{c} + \widehat{\beta_{BLACK}}BLACK_{c} + \widehat{\beta_{OWN}}OWN_{c} + \widehat{\beta_{DSBL}}DSBL_{c} + \widehat{\mu_{2022}} + \widehat{\nu_{s}}$$
 (2)

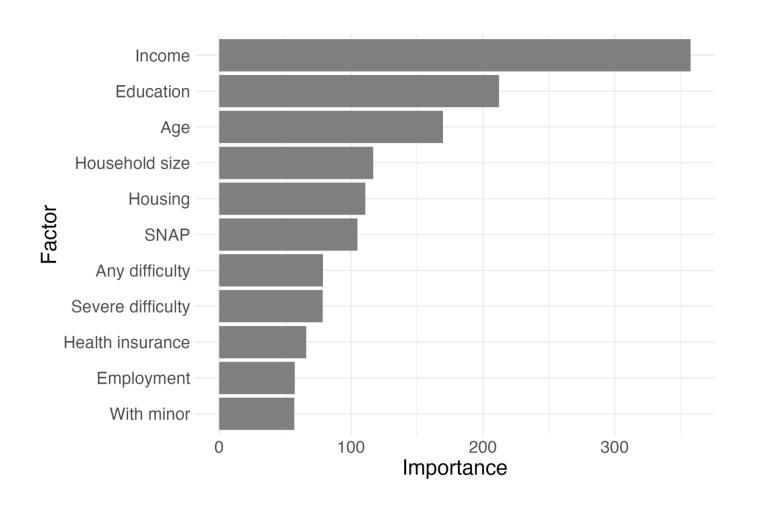
This work combines individual-level model and synthetic population to estimate county-level food insecurity



1. **Probability forest** estimates an individual's likelihood to be food insecure



Income, education and age are the most important variables in the fitted model



We use PULSE household survey public data, with ~18K observations from Massachusetts in 2023 (<u>link</u> <u>to website</u>)

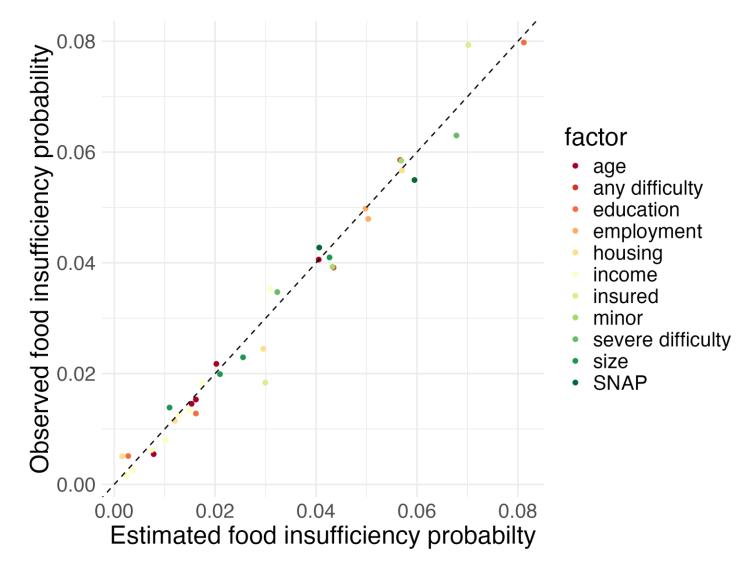
2. Estimate **state-level joint distribution** of individual factors using a probabilistic graphical model

- Step 1: Apply one-shot encoding to each categorical variable
- Step 2: Estimate precision matrix using graphical LASSO with cross validated regularization parameter
- Step 3: construct **cliques** based on estimated edges
- Step 4: Compute maximum likelihood estimates assuming an exponential family model

$$p(x) = \exp\left(\sum_{c \in Cliques} \theta_c \ I_c(x_c) - \phi(\theta)\right)$$

Estimated state level food insecurity aligns with observed

frequency for each factor



3. Estimate **county-level joint distribution** of individual factors using iterative proportional fitting

Household income	Age		State
mcome	18 - 24	25 – 34	total
<\$24,999	а	b	a + b
\$25,000 - \$34,999	С	d	c + d
State total	a + c	b+d	



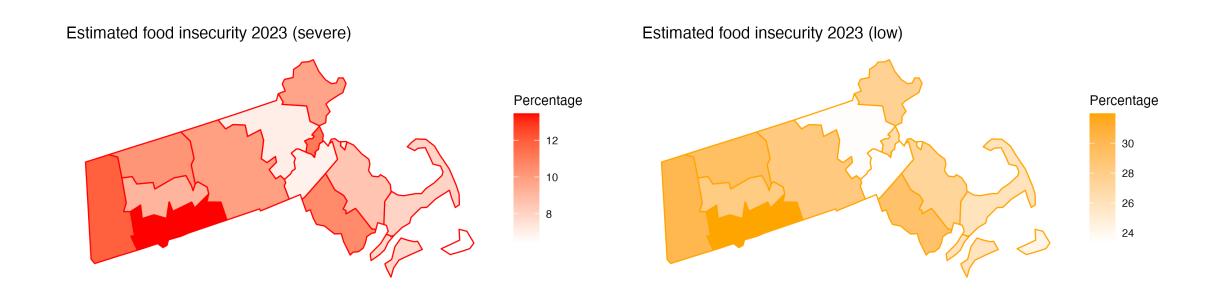
Household income	Age		County
IIICOIIIE	18 - 24	25 – 34	total
<\$24,999	$\frac{a}{a+b}m$	$\frac{b}{a+b}m$	m
\$25,000 - \$34,999	$\frac{c}{c+d}n$	$\frac{d}{c+d}n$	n
County total	$\frac{\frac{a}{a+b}m+}{\frac{c}{c+d}n}$	$\frac{b}{a+b}m + \frac{d}{c+d}n$	



Household income	County total
<\$24,999	m
\$25,000 - \$34,999	n

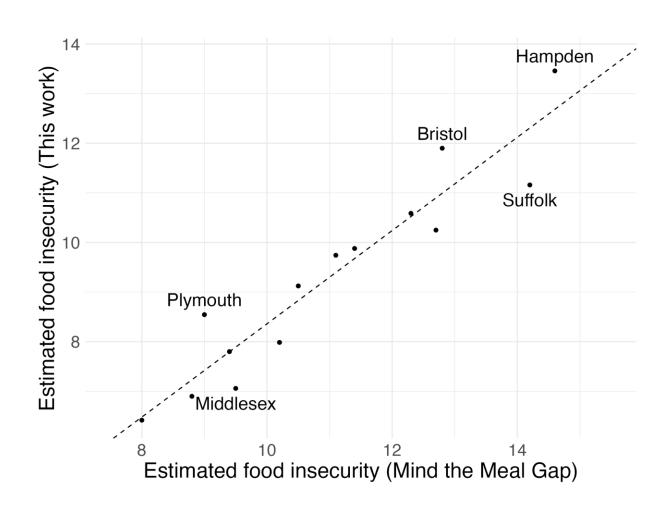
Lancaster et al. The importance of a household living budget in the context of measuring economic vulnerability: a census curated data enterprise use case demonstration (2023)

4. Combining individual probability and synthetic county population to estimate county level food insecurity



Severe food insecurity: sometime / often not enough food to eat Low food insecurity: Enough, but not always the kind of food we want to eat

Our estimates mostly align with Mind the Meal Gap estimates



Dashed line has slope 0.94 and intercept -1.04.

Summary

- This work combines individuallevel model and synthetic population to estimate countylevel food insecurity
- Future work includes incorporating community characteristics in the model and considering longitudinal model of food insecurity



Thank you! qianzhao@umass.edu