

Assignment 13D

KIU

Faculty of Nursing
Department of Nursing
Bachelor of Science (Honors) in Nursing
3rd Year 1st Semester- Continuous Assessment
NUR3202- Applied Biochemistry

Lecturer: Ms. Chamilya Perera

Issue date: 02.05.2024

Due Date –: 02.06.2024

Question

Write your own diet diary for 7 days

1. Interpret your own diet regarding the content of macronutrients and micronutrients.
2. Comment on the changes that need to be done on your own diet to maintain healthy dietary intake. (100 Marks)

General instruction for writing the assignment

- ❖ Assignment should be typewritten, double-spaced, and be according to the APA format

Word count - 2000 – 3000

Marking Criteria for Assignment

- ❖ The following criteria will be considered when assessing your assignments:
- ❖ Appropriate answers to the questions
- ❖ Comprehension, organization, depth, and clarity of expression,
- ❖ Logical development of paper and appropriate sentence structure
- ❖ Quotations, reference citations in the text, and other format details according to APA criteria
- ❖ Scholarliness of paper
- ❖ The assignments should not exceed the recommended word/page limit (excluding the title page, reference list, and appendices)
- ❖ Handing over method: **Only soft copy**
- ❖ You need to mention only the last four digits (Eg: 1309)/ five digits (Eg: 13275) of the examination number to save documents in Team submission
- ❖ submission needs to be done as a single document. (Separated documents for content and cover page will be not accepted)
- ❖ Page no, content page and the acknowledgement are acceptable
- ❖ You are advised to **keep a copy** of your submitted assignment for personal reference.
- ❖ Your assignment should be **prepared individually**. If not, you will be subjected to **disciplinary actions** where necessary.

Assignment 13D

- ❖ You should also **not plagiarize** another person's work as your own. Marks will be deducted for plagiarized assignments.
- ❖ No marks will be issued for late assignments

Submission deadline will not be changed for any general reason.

Instruction for submission of assignment through MS teams

- You will be notified when you receive an assignment
- Log into your Teams account and go to the assignment section in the general channel of your team. The instructions can be downloaded and saved for future reference

(Pathway – Teams > assignment > view assignment > instructions > Click the three dots near the attachment > Click download)
- Prepare your answer in a separate word document based on the question and the instructions given.
- Convert it into a PDF document and rename it with your index number, subject and batch
- Go to the assignment section and view the assignment as per the instructions above
- Click “+add work” under my work category
- Click “Upload from this device”
- Select the file that you have created and wait for it to upload
- Once the file is uploaded click done and check if the correct attachment is there
- Click “Turn in” or “Hand in”

How to check if the assignment is successfully submitted

- When you submit the assignment according to the instructions provided to you, an animation will appear in the teams showing that the submission is successful.
- Your assignment will then move to the "completed" section from the "Assigned" section.
- When you click the assignment, the work that you have attached should be shown below the assignment while the "hand in" or "Turn in" button should be changed to "Undo hand in" or "Undo turn in".
- Be sure not to click that button again because that is similar to the withdrawal of your assignment.