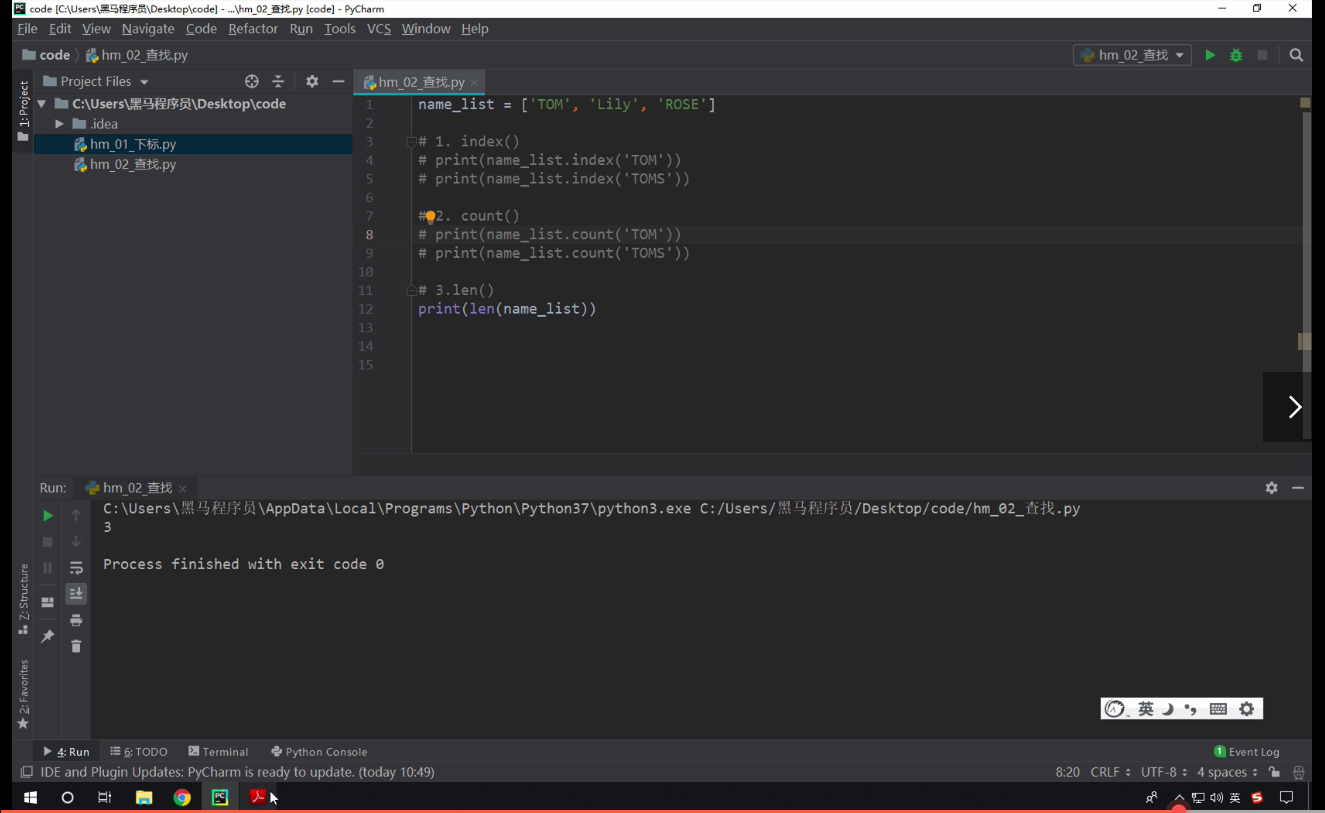
列表







判断是否存在

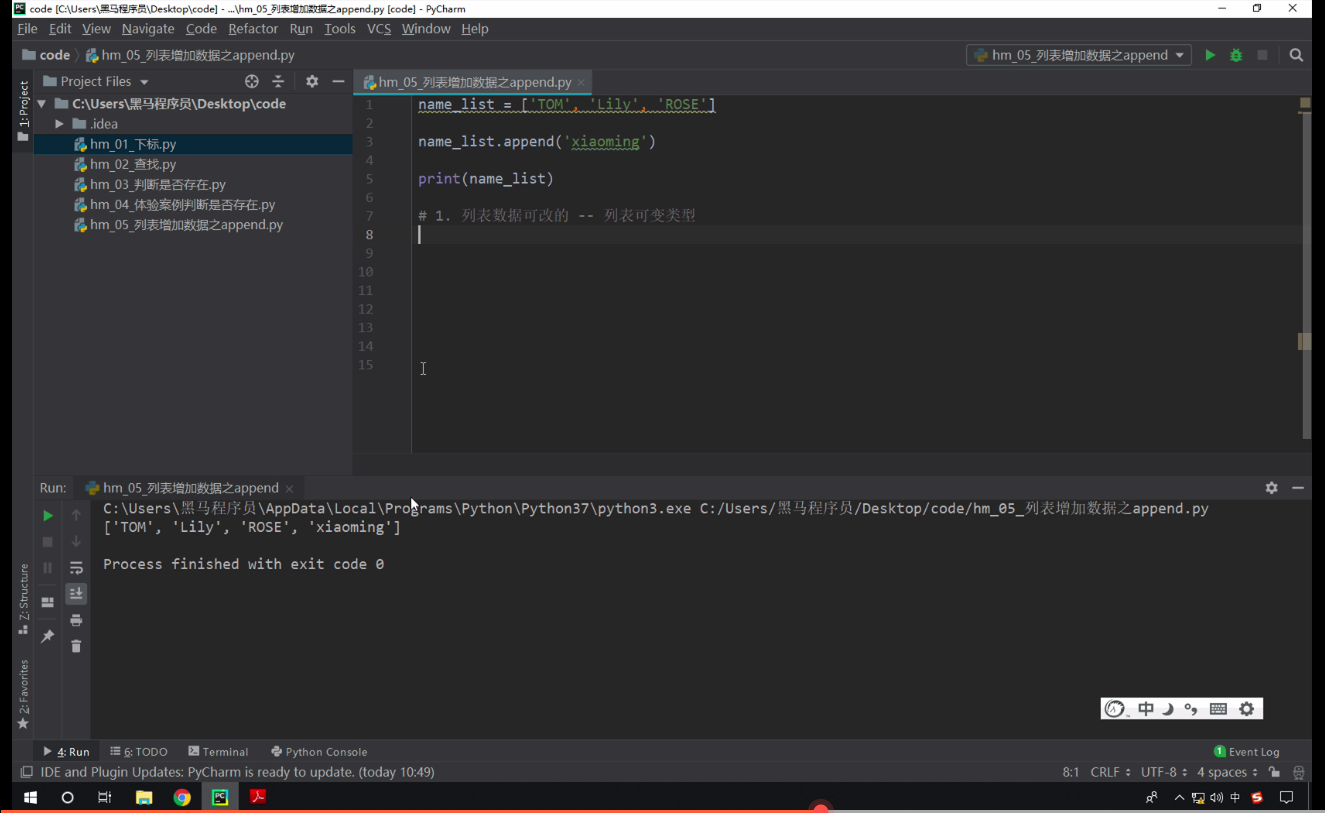


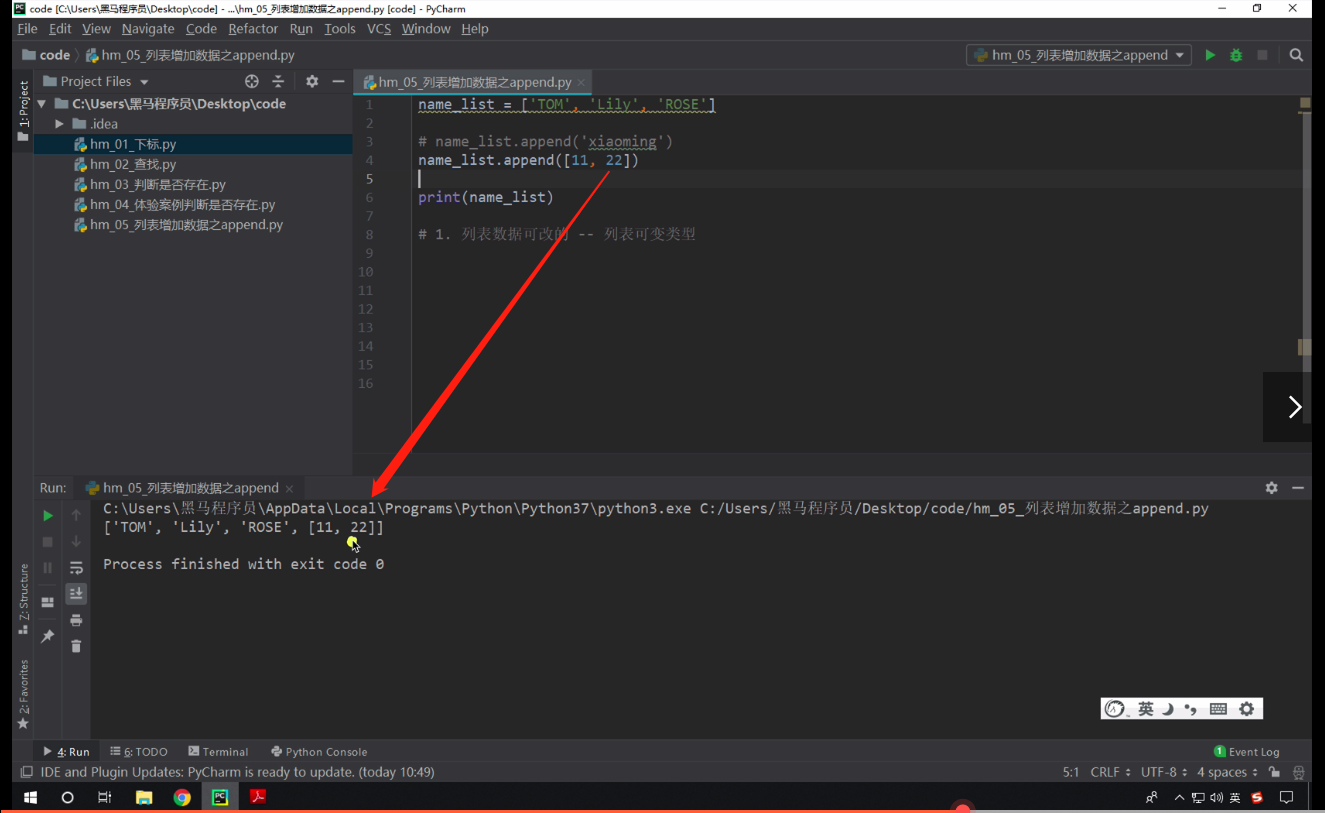


名字在邮箱通讯录中查找的时候 判断是否存在

列表增加数据

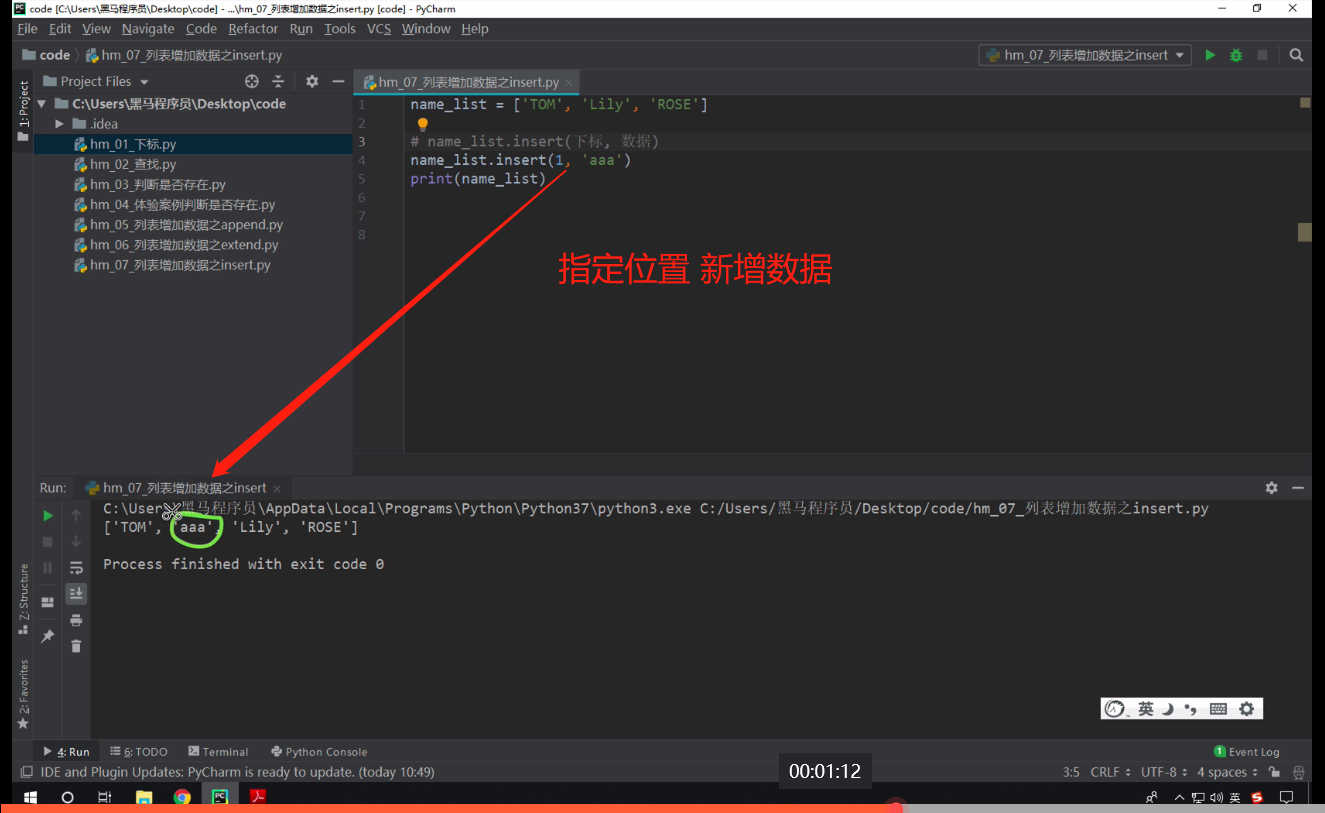












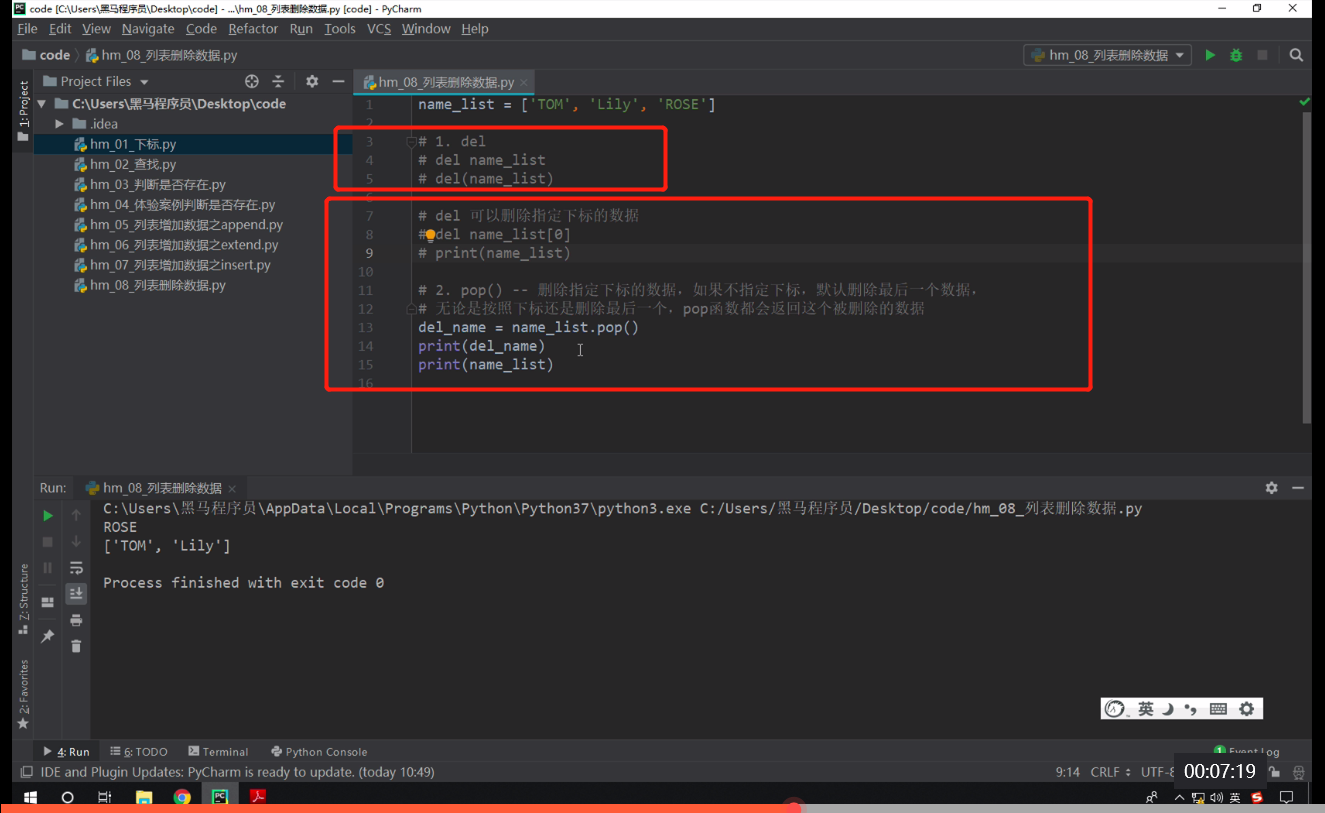
删除列表

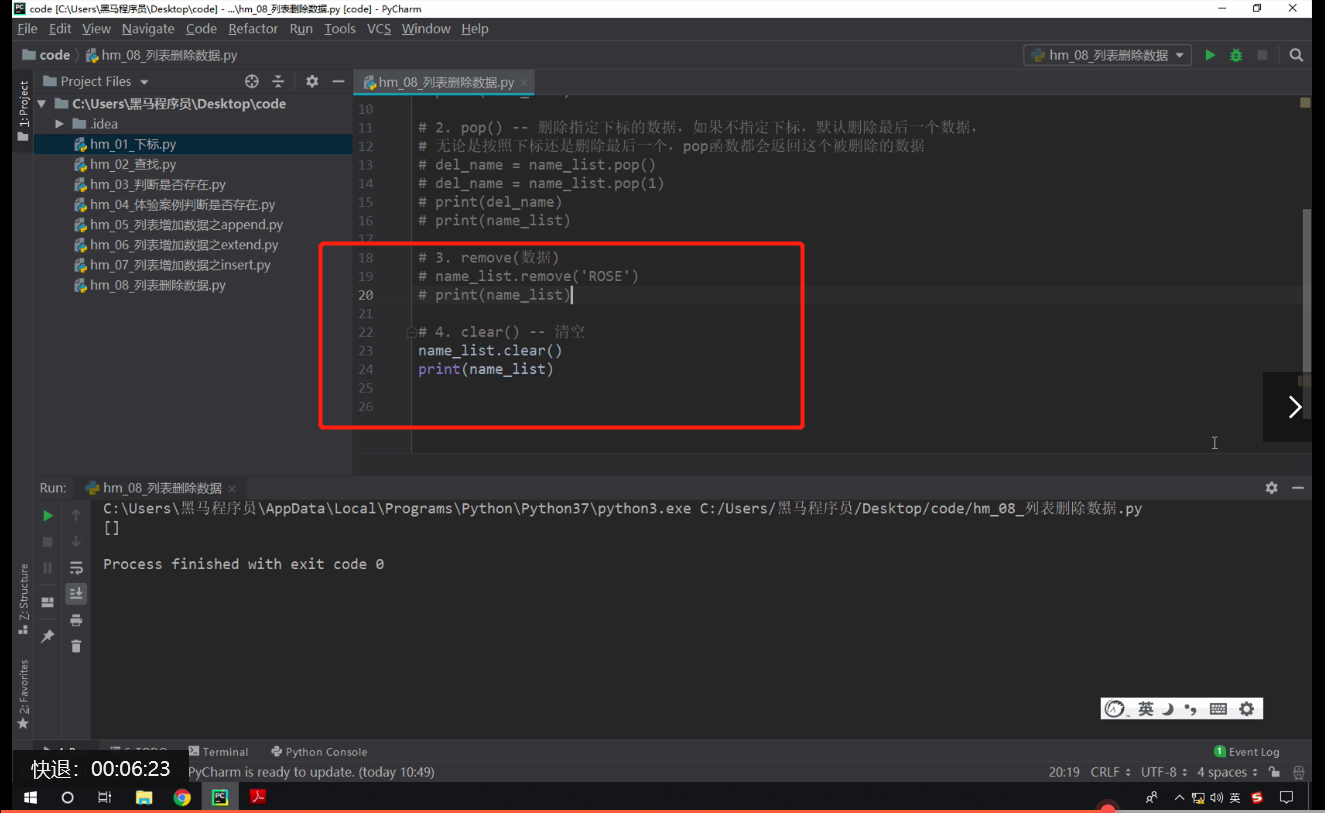






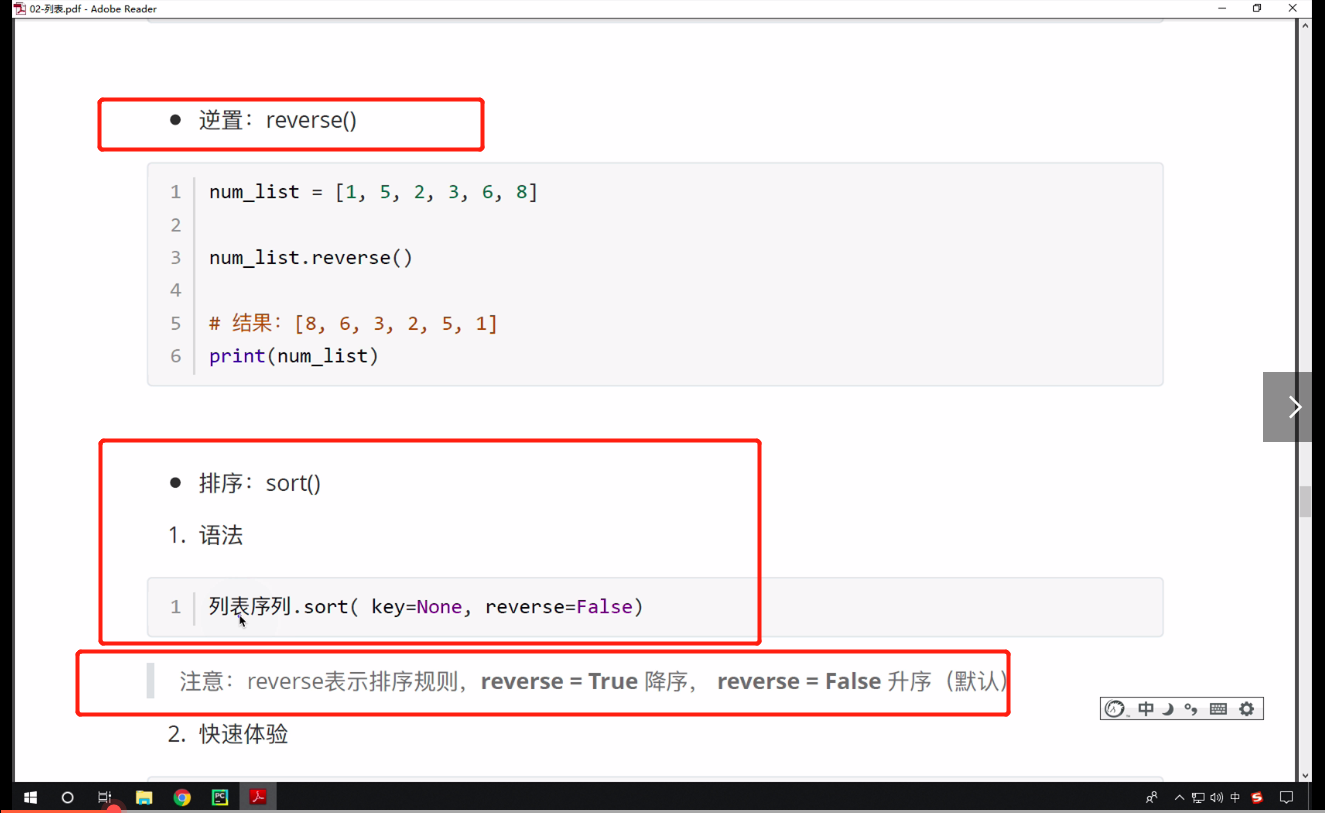


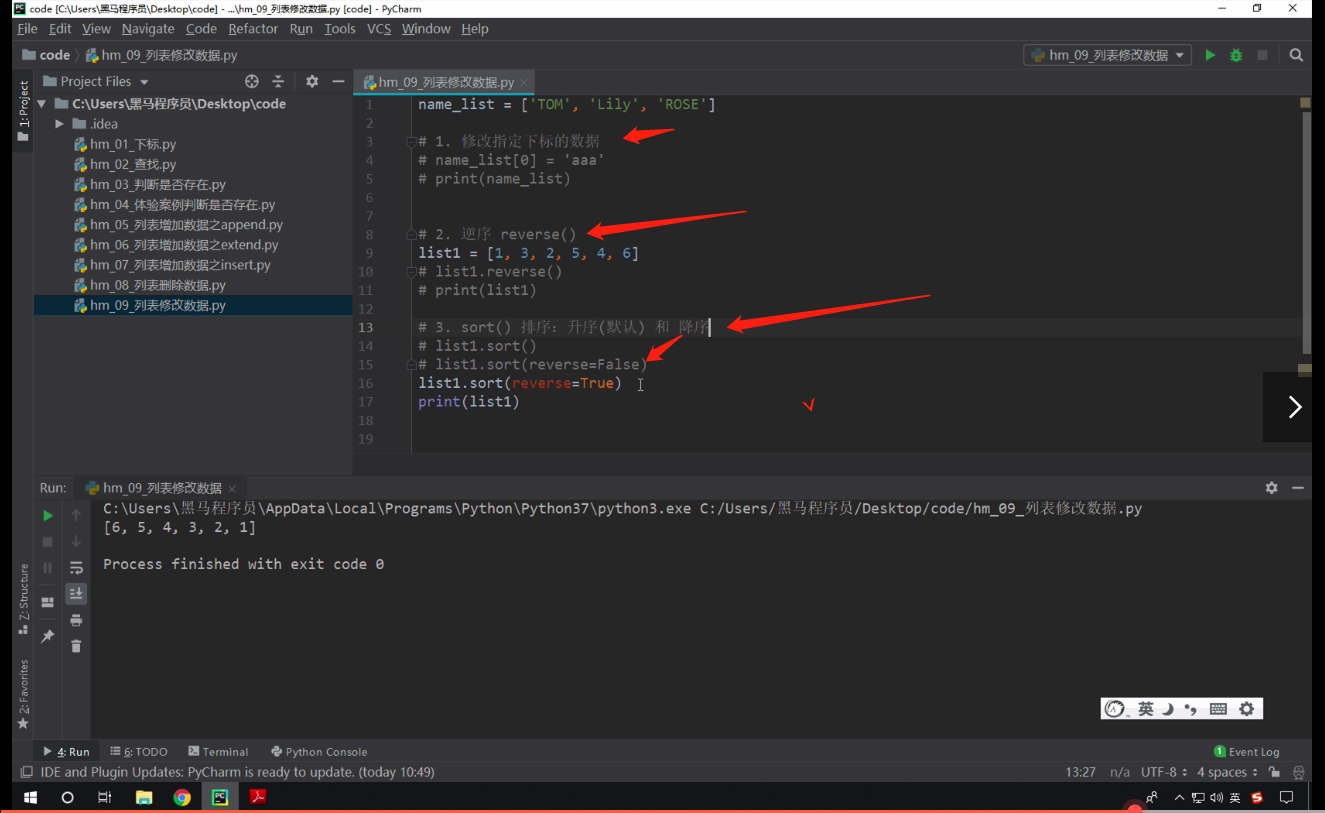




列表修改





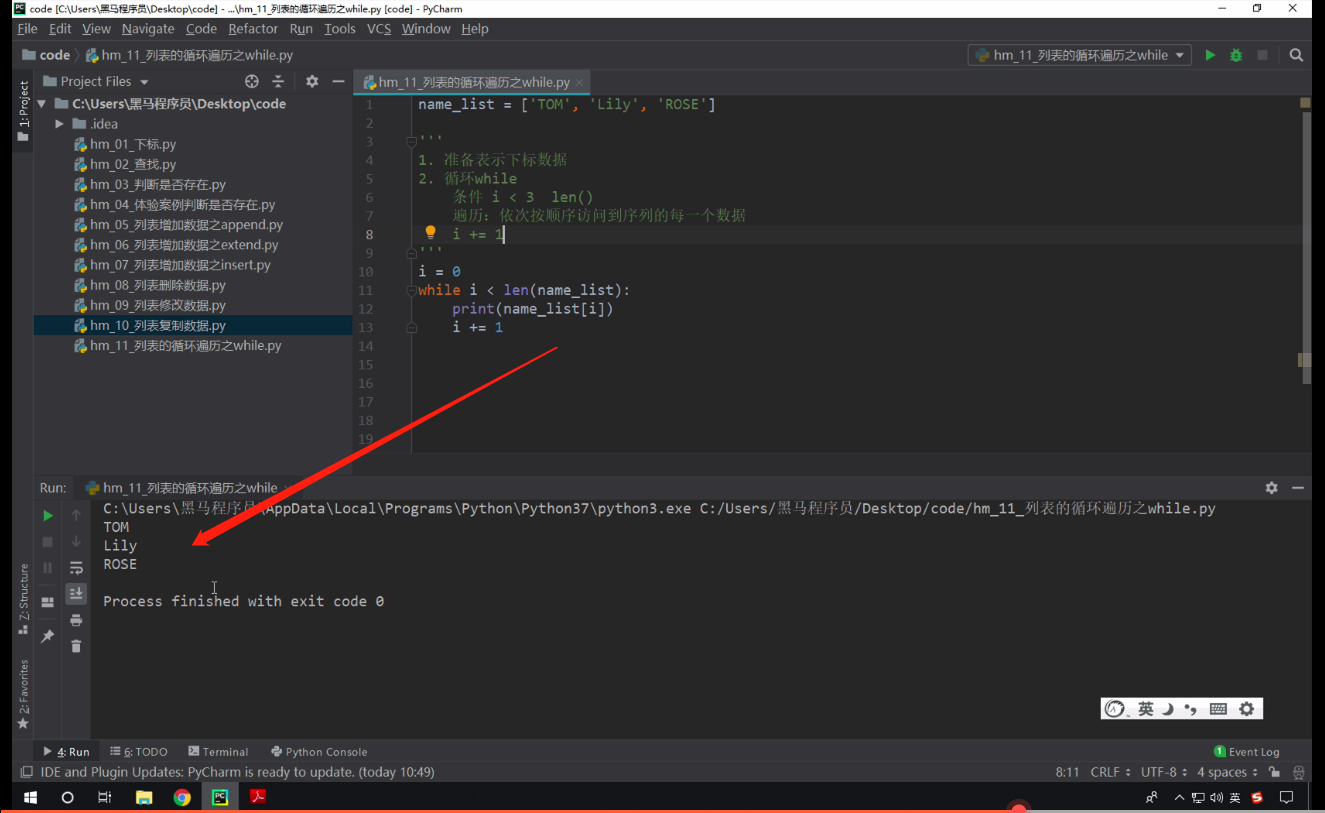


列表复制



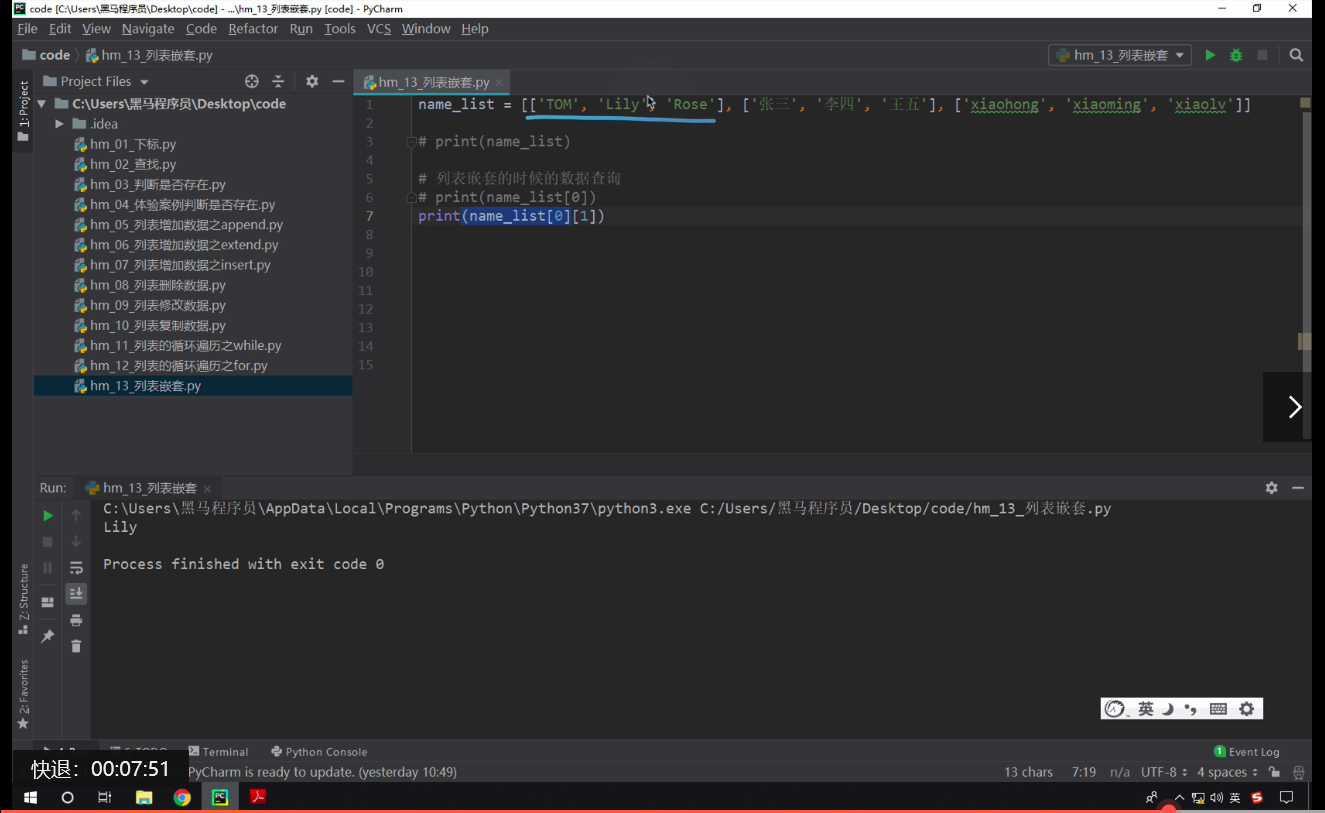
列表循环 遍历

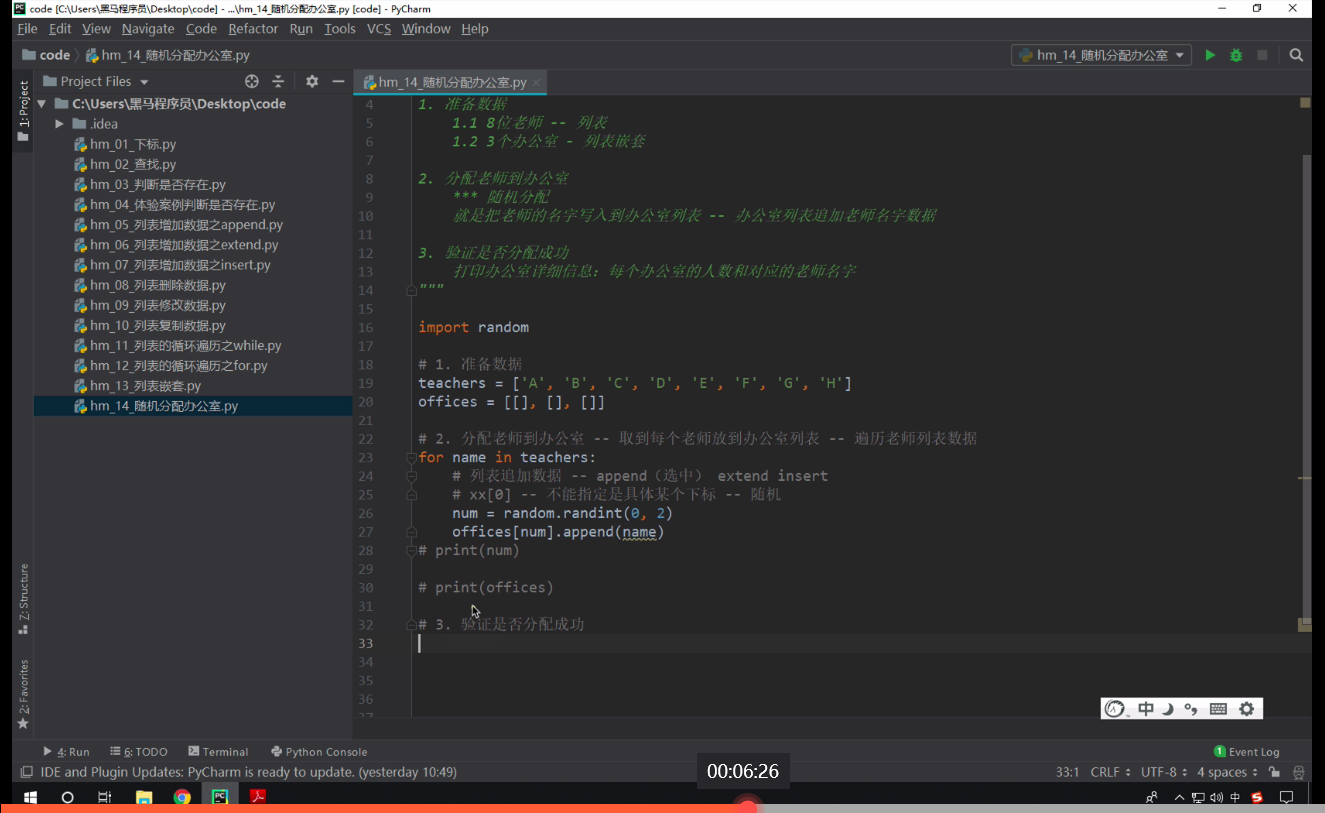


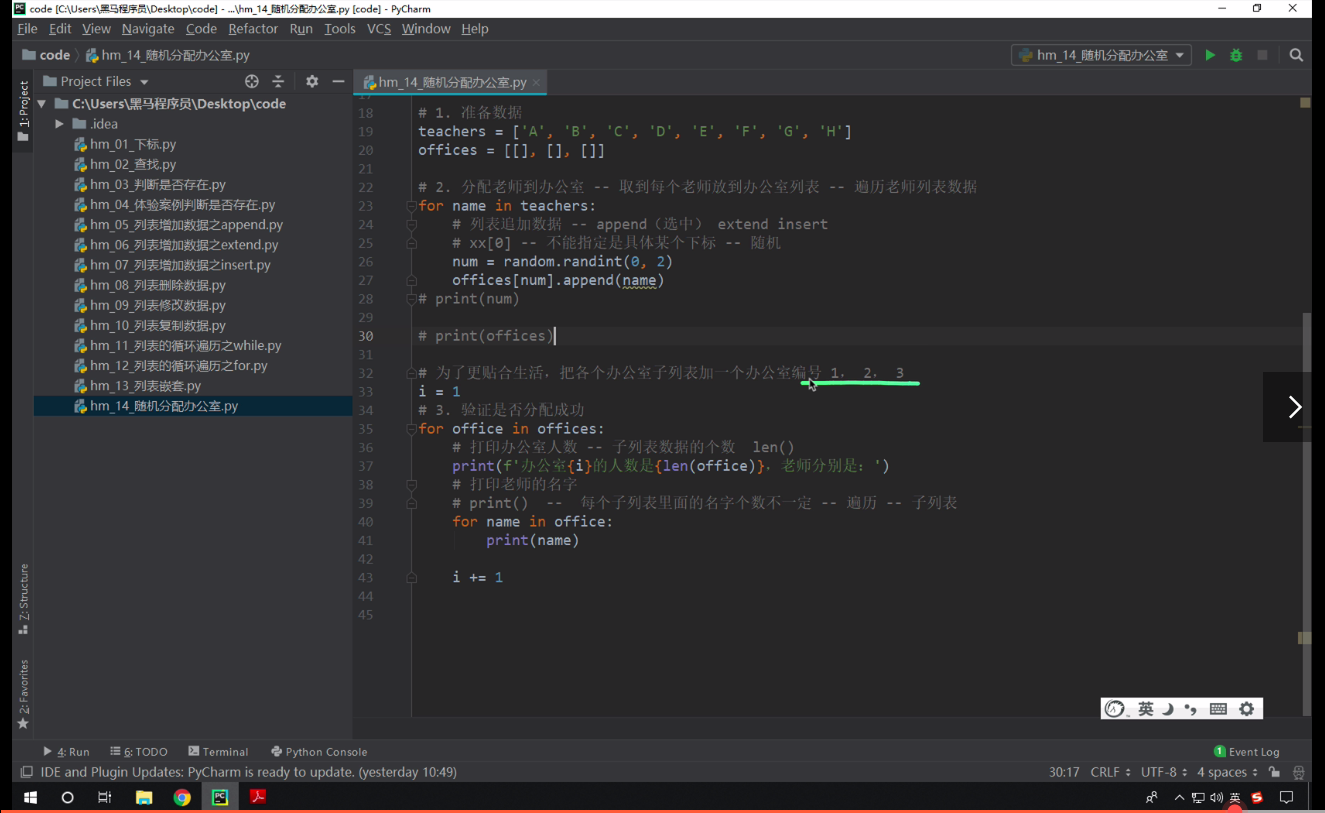




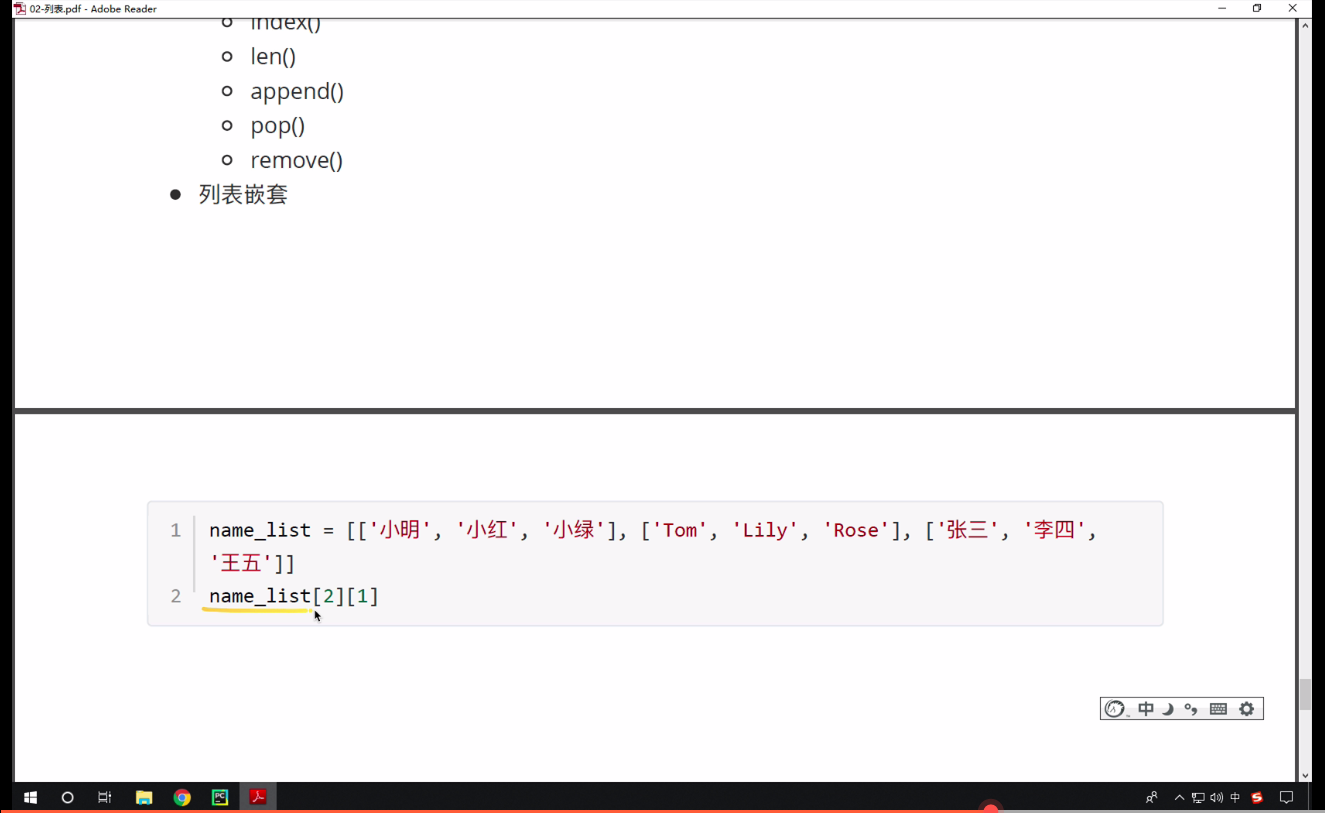








列表总结



元祖 ：数据不能修改



