

Fundamentals of Statistical Learning | Prof. Dr. Celisse Alain |
Homework 1

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Exercise 1

Let $A \subset \mathbb{R}^n$ denote a subset (not necessarily a vector space) of vectors $a = (a_1, \dots, a_n)^T$, and define the Rademacher complexity of the set A as

$$\mathcal{R}(A) = \mathbb{E}_\epsilon \left[\sup_{a \in A} \langle a, \epsilon \rangle \right],$$

where $\epsilon = (\epsilon_1, \dots, \epsilon_n)^T$ the ϵ_i s are independent Rademacher random variables.

1. Basic facts

(a)

We aim to justify that

$$\mathcal{R}(A) = \mathcal{R}(-A)$$

Proof

Based on the inner product definition, we can rewrite Rademacher complexity as follows:

$$\begin{aligned} \mathcal{R}(A) &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \langle a, \epsilon \rangle \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i \right] \end{aligned}$$

Now, consider set $-A$ of vectors $-a = (-a_1, \dots, -a_n)^T$. For any $-A$, we have:

$$\begin{aligned} \mathcal{R}(-A) &= \mathbb{E}_\epsilon \left[\sup_{a \in -A} \sum_{i=1}^n a_i \epsilon_i \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n (-a_i) \epsilon_i \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n a_i (-\epsilon_i) \right] \end{aligned}$$

Since ϵ_i and $-\epsilon_i$ follow the same distribution, we have:

$$\begin{aligned} \mathcal{R}(-A) &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n a_i (-\epsilon_i) \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i \right] \\ &= \mathcal{R}(A) \end{aligned}$$

(b)

We aim to show that

$$\mathcal{R}(A) \geq 0$$

Proof

Notice that $\sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i$ is a convex function, since it is the supremum of a linear function $\sum_{i=1}^n a_i \epsilon_i$. Then, by Jensen's inequality for convex functions and the fact that $\forall i \in \{1, \dots, n\}, \mathbb{E}[\epsilon_i] = 0$:

$$\begin{aligned}\mathcal{R}(A) &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i \right] \\ &\geq \sup_{a \in A} \mathbb{E}_\epsilon \left[\sum_{i=1}^n a_i \epsilon_i \right] \\ &\geq \sup_{a \in A} \sum_{i=1}^n \mathbb{E}[\epsilon_i] a_i \\ &= 0\end{aligned}$$

(c)

We aim to prove that

$$\mathcal{R}(A \cup -A) = \mathbb{E}_\epsilon \left[\sup_{a \in A} |\langle a, \epsilon \rangle| \right],$$

and we will give an example to justify that in general

$$\mathcal{R}(A \cup -A) \neq \mathcal{R}(A)$$

Proof

By the definition of Rademacher complexity:

$$\mathcal{R}(A \cup -A) = \mathbb{E}_\epsilon \left[\sup_{a \in A \cup -A} \langle a, \epsilon \rangle \right]$$

Notice that:

$$\sup_{a \in A \cup -A} \langle a, \epsilon \rangle = \sup \left\{ \sup_{a \in A} \langle a, \epsilon \rangle, \sup_{a \in -A} \langle a, \epsilon \rangle \right\}$$

Since for any $a \in -A, -a \in A$ we have $\langle -a, \epsilon \rangle = -\langle a, \epsilon \rangle$, we get that $\sup_{a \in -A} \langle a, \epsilon \rangle = \sup_{a \in A} \langle -a, \epsilon \rangle = \sup_{a \in A} -\langle a, \epsilon \rangle$ and thus:

$$\begin{aligned}\sup_{a \in A \cup -A} \langle a, \epsilon \rangle &= \sup \left\{ \sup_{a \in A} \langle a, \epsilon \rangle, \sup_{a \in -A} \langle a, \epsilon \rangle \right\} \\ &= \sup \left\{ \sup_{a \in A} \langle a, \epsilon \rangle, \sup_{a \in A} -\langle a, \epsilon \rangle \right\} \\ &= \sup_{a \in A} |\langle a, \epsilon \rangle|\end{aligned}$$

Thus, we get:

$$\begin{aligned}\mathcal{R}(A \cup -A) &= \mathbb{E}_\epsilon \left[\sup_{a \in A \cup -A} \langle a, \epsilon \rangle \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} |\langle a, \epsilon \rangle| \right]\end{aligned}$$

To give an example to show that $\mathcal{R}(A \cup -A) \neq \mathcal{R}(A)$, let us define $A = \{(1, 1)\} \subset \mathbb{R}^2$ containing a single vector. Then:

$$\begin{aligned}\mathcal{R}(A) &= \frac{1}{2} \left(\frac{1}{4}(1+1) + \frac{1}{4}(1-1) + \frac{1}{4}(-1+1) + \frac{1}{4}(-1-1) \right) \\ &= 0\end{aligned}$$

Now, $A \cup -A = \{(1, 1), (-1, 1)\}$ and $\mathcal{R}(A \cup -A)$ is calculated as follows:

$$\begin{aligned}\mathcal{R}(A \cup -A) &= \frac{1}{2} \left(\frac{1}{4} \max(1+1, -1-1) + \frac{1}{4} \max(1-1, -1+1) + \frac{1}{4} \max(-1+1, 1-1) + \frac{1}{4} \max(-1-1, 1+1) \right) \\ &= \frac{1}{2} \\ &\neq \mathcal{R}(A)\end{aligned}$$

2. Show the next properties

(a)

We aim to prove that

$$A \subset B \Rightarrow \mathcal{R}(A) \leq \mathcal{R}(B)$$

Proof

Since $A \subset B$ and the fact that the supremum is non-decreasing function, then for every ϵ :

$$\sup_{a \in A} \langle a, \epsilon \rangle \leq \sup_{b \in B} \langle b, \epsilon \rangle$$

Thus, since we take expectation over the same ϵ :

$$\mathbb{E}_\epsilon \left[\sup_{a \in A} \langle a, \epsilon \rangle \right] \leq \mathbb{E}_\epsilon \left[\sup_{b \in B} \langle b, \epsilon \rangle \right]$$

\iff

$$\mathcal{R}(A) \leq \mathcal{R}(B)$$

(b)

We aim to prove that

$$\mathcal{R}(cA + \{b\}) = |c|\mathcal{R}(A)$$

Proof

First, let us see what happens when we multiply A by a constant c . We have 2 cases: $c \geq 0$ and $c < 0$. Let us first discuss $c \geq 0$.

If $c \geq 0$, then $\sup_{a \in A} \sum_{i=1}^n c \cdot a_i \epsilon_i = c \cdot \sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i = |c| \sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i$.

If $c < 0$, then $\sup_{a \in A} \sum_{i=1}^n c \cdot a_i \epsilon_i = \sup_{a \in A} \sum_{i=1}^n -|c| a_i \epsilon_i = |c| \sup_{a \in A} \sum_{i=1}^n -a_i \epsilon_i = |c| \sup_{a \in A} \sum_{i=1}^n a_i (-\epsilon_i)$.

Again, using the fact that ϵ_i and $-\epsilon_i$ follow the same distribution, we achieve:

$$\begin{aligned}\mathcal{R}(A) &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n c \cdot a_i \epsilon_i \right] \\ &= \mathbb{E}_\epsilon \left[|c| \sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i \right]\end{aligned}$$

Now, let us add $b \in \mathbb{R}^n$:

$$\begin{aligned}\mathcal{R}(cA + \{b\}) &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n (ca_i + b_i) \epsilon_i \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n c \cdot a_i \epsilon_i + \sum_{i=1}^n b_i \epsilon_i \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n c \cdot a_i \epsilon_i \right] + \mathbb{E} \left[\sum_{i=1}^n b_i \epsilon_i \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n c \cdot a_i \epsilon_i \right] + \sum_i^n b_i \mathbb{E}[\epsilon_i] \quad (= 0 \text{ since } \forall i \in \{1, \dots, n\}, \mathbb{E}[\epsilon_i] = 0) \\ &= \mathbb{E}_\epsilon \left[|c| \sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i \right] \\ &= |c| \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i \right] \\ &= |c| \mathcal{R}(A)\end{aligned}$$

(c)

We aim to prove that

$$\mathcal{R}(A + B) = \mathcal{R}(A) + \mathcal{R}(B)$$

Proof

Let us rewrite $\mathcal{R}(A + B)$ as follows:

$$\begin{aligned}\mathcal{R}(A + B) &= \mathcal{R}(a + b | a \in A, b \in B) \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A, b \in B} \sum_{i=1}^n (a_i + b_i) \epsilon_i \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i + \sup_{b \in B} \sum_{i=1}^n b_i \epsilon_i \right] \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i \right] + \mathbb{E}_\epsilon \left[\sup_{b \in B} \sum_{i=1}^n b_i \epsilon_i \right] \\ &= \mathcal{R}(A) + \mathcal{R}(B)\end{aligned}$$

- (d) $\mathcal{R}(\text{Conv}(A)) = \mathcal{R}(A)$, with $\text{Conv}(A) = \{\sum_{i=1}^n \theta_i a_i | (\theta_i)_{1 \leq i \leq n} \in (\mathbb{R}_+)^n, \sum_{i=1}^n \theta_i = 1\}$

$$\begin{aligned}\mathcal{R}(Conv(A)) &= \mathcal{R}\left(\sum_{i=1}^n \theta_i a_i\right) \\ &= \mathbb{E}_\epsilon \left[\sup_{a \in A, (\theta_i)_{1 \leq i \leq n} \in (\mathbb{R}_+)^n, \sum_{i=1}^n \theta_i = 1} \sum_{i=1}^n \left(\sum_{i=1}^n \theta_i a_i \right) \epsilon_i \right]\end{aligned}$$

Since θ_i are non-negative scalars, we can use the fact that for f real-valued function, $\sup_{i \in \{1, \dots, n\}} \sum_i^n \theta_i f(a_i) = \sum_i^n \theta_i \sup_{i \in \{1, \dots, n\}} f(a_i)$. In our case, $f(a_i) = a_i$ and we get:

$$\begin{aligned}\mathcal{R}(Conv(A)) &= \mathbb{E}_\epsilon \left[\sup_{a \in A, (\theta_i)_{1 \leq i \leq n} \in (\mathbb{R}_+)^n, \sum_{i=1}^n \theta_i = 1} \sum_{i=1}^n \left(\sum_{i=1}^n \theta_i a_i \right) \epsilon_i \right] \\ &= \mathbb{E}_\epsilon \left[\sum_{i=1, (\theta_i)_{1 \leq i \leq n} \in (\mathbb{R}_+)^n, \sum_{i=1}^n \theta_i = 1} \theta_i \sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i \right] \\ &= \sum_{i=1, (\theta_i)_{1 \leq i \leq n} \in (\mathbb{R}_+)^n, \sum_{i=1}^n \theta_i = 1} \theta_i \mathbb{E}_\epsilon \left[\sup_{a \in A} \sum_{i=1}^n a_i \epsilon_i \right] \\ &= \sum_{i=1, (\theta_i)_{1 \leq i \leq n} \in (\mathbb{R}_+)^n, \sum_{i=1}^n \theta_i = 1} \theta_i \mathcal{R}(A) \\ &= \mathcal{R}(A) (\text{since } \sum_{i=1}^n \theta_i = 1)\end{aligned}$$

3. Bounded-difference inequality

(a)

We aim to prove that

$$|\varphi(D_n) - \varphi(D'_n(i))| \leq \frac{2M}{n}$$

Proof

Let us rewrite $|\varphi(D_n) - \varphi(D'_n(i))|$ according to the definition of the $\varphi(x)$ function:

$$\begin{aligned}|\varphi(D_n) - \varphi(D'_n(i))| &= \left| \sup_{f \in F} \left\{ \frac{1}{n} \sum_{j=1}^n (\mathbb{E}[f(X_j)] - f(X_j)) \right\} - \sup_{f \in F} \left\{ \frac{1}{n} \sum_{j=1}^n (\mathbb{E}[f(X'_j)] - f(X'_j)) \right\} \right| \\ &= \left| \sup_{f \in F} \left\{ \frac{1}{n} \sum_{j=1}^n (\mathbb{E}[f(X_j)] - f(X_j)) \right\} - \sup_{f \in F} \left\{ \frac{1}{n} \left(\sum_{j=1, j \neq i}^n (\mathbb{E}[f(X_j)] - f(X_j)) + \mathbb{E}[f(X'_i)] - f(X'_i) \right) \right\} \right|\end{aligned}$$

Now, we can use the fact that for $f, g \in \mathbb{R}^I, \forall x \in I, \sup(f - g)(I) \geq \sup f(I) - \sup g(I)$, (“triangle inequality for the supremum”) and get:

$$\begin{aligned}
|\varphi(D_n) - \varphi(D'_n(i))| &= \left| \sup_{f \in F} \left\{ \frac{1}{n} \sum_{j=1}^n (\mathbb{E}[f(X_j)] - f(X_j)) \right\} - \sup_{f \in F} \left\{ \frac{1}{n} \left(\sum_{j=1, j \neq i}^n (\mathbb{E}[f(X_j)] - f(X_j)) + \mathbb{E}[f(X'_i)] - f(X'_i) \right) \right\} \right| \\
&\leq \left| \sup_{f \in F} \left\{ \frac{1}{n} \sum_{j=1}^n (\mathbb{E}[f(X_j)] - f(X_j)) - \frac{1}{n} \left(\sum_{j=1, j \neq i}^n (\mathbb{E}[f(X_j)] - f(X_j)) + \mathbb{E}[f(X'_i)] - f(X'_i) \right) \right\} \right| \\
&= \left| \sup_{f \in F} \left\{ \frac{1}{n} \left(\sum_{j=1}^n (\mathbb{E}[f(X_j)] - f(X_j)) - \sum_{j=1, j \neq i}^n (\mathbb{E}[f(X_j)] - f(X_j)) + \mathbb{E}[f(X'_i)] - f(X'_i) \right) \right\} \right| \\
&= \left| \sup_{f \in F} \left\{ \frac{1}{n} (\mathbb{E}[f(X_i)] - f(X_i) - \mathbb{E}[f(X'_i)] + f(X'_i)) \right\} \right|
\end{aligned}$$

Since X_i and X'_i have the same distribution, $\mathbb{E}[f(X_i)] = \mathbb{E}[f(X'_i)]$. Thus:

$$\begin{aligned}
|\varphi(D_n) - \varphi(D'_n(i))| &\leq \left| \sup_{f \in F} \left\{ \frac{1}{n} (\mathbb{E}[f(X_i)] - f(X_i) - \mathbb{E}[f(X'_i)] + f(X'_i)) \right\} \right| \\
&= \left| \sup_{f \in F} \left\{ \frac{1}{n} (f(X'_i) - f(X_i)) \right\} \right| \\
&= \frac{1}{n} \left| \sup_{f \in F} \{f(X'_i) - f(X_i)\} \right|
\end{aligned}$$

We know that $\sup_{f \in F} \|f\|_\infty \leq M < +\infty$, and thus by triangle inequality: $|f(X'_i) - f(X_i)| \leq |f(X'_i)|_{\leq M} + |f(X_i)|_{\leq M} \leq 2M$

$$\begin{aligned}
|\varphi(D_n) - \varphi(D'_n(i))| &\leq \frac{1}{n} \left| \sup_{f \in F} \{f(X'_i) - f(X_i)\} \right| \\
&= \frac{2M}{n}
\end{aligned}$$

(b)

We aim to prove that for every $t > 0$,

$$\begin{aligned}
\mathbb{P} \left[\sup_f (P - P_n)f - \mathbb{E} \left[\sup_f (P - P_n)f \right] > t \right] &\leq e^{-\frac{2nt^2}{(2M)^2}} \\
\mathbb{P} \left[\sup_f (P_n - P)f - \mathbb{E} \left[\sup_f (P_n - P)f \right] > t \right] &\leq e^{-\frac{2nt^2}{(2M)^2}}
\end{aligned}$$

Proof

From (a) we know that $\varphi : \mathcal{X}^n \rightarrow \mathbb{R}$ is a function such that:

$$\begin{aligned}
|\varphi(D_n) - \varphi(D'_n(i))| &= \sup_{X_1, \dots, X_n, X'_i \in R} |\varphi(X_1, \dots, X_i, \dots, X_n) - \varphi(X_1, \dots, X'_i, \dots, X_n)| \\
&\leq \frac{2M}{n}
\end{aligned}$$

Thus, we can apply the **BDI** theorem to this function and get:

$$\begin{aligned} \mathbb{P} \left[\sup_f (P - P_n) f - \mathbb{E} \left[\sup_f (P - P_n) f \right] > t \right] &\leq e^{-\sum_{i=1}^n \frac{2t^2}{(2M/n)^2}} \\ &= e^{-\frac{2nt^2}{(2M)^2}} \end{aligned}$$

Same applies for the following:

$$\begin{aligned} \mathbb{P} \left[\sup_f (P - P_n) f - \mathbb{E} \left[\sup_f (P - P_n) f \right] < -t \right] &\leq e^{-\sum_{i=1}^n \frac{2t^2}{(2M/n)^2}} \\ &= e^{-\frac{2nt^2}{(2M)^2}} \end{aligned}$$

4. Symmetrization

(a)

We aim to justify that

$$\mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] \leq \mathbb{E} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (f(X_i) - f(X'_i)) \right\} \right]$$

Proof

Let us rewrite $\mathbb{E} [\sup_{f \in F} (P - P_n) f]$ as follows (definition):

$$\mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] = \mathbb{E} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (\mathbb{E}[f(X_i)] - f(X_i)) \right\} \right]$$

Since X'_i is a copy of X_i , then $\mathbb{E}[X_i] = \mathbb{E}[X'_i]$ and $\mathbb{E}_{X'_i}[X_i] = X_i$. Thus, we can rewrite the above inequality as follows:

$$\begin{aligned} \mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] &= \mathbb{E} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (\mathbb{E}[f(X_i)] - f(X_i)) \right\} \right] \\ &= \mathbb{E} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \mathbb{E}_{X'_i} [f(X'_i) - f(X_i)] \right\} \right] \end{aligned}$$

Now, due to the fact that the supremum of an expectation is **at most** an expectation of a supremum (by Jensen's inequality), we can bound above as follows:

$$\begin{aligned} \mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] &= \mathbb{E} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \mathbb{E}_{X'_i} [f(X'_i) - f(X_i)] \right\} \right] \\ &\leq \mathbb{E} \left[\mathbb{E}_{X'_i} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (f(X'_i) - f(X_i)) \right\} \right] \right] \\ &\leq \mathbb{E}_{X_i, X'_i} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (f(X'_i) - f(X_i)) \right\} \right] \end{aligned}$$

Lastly, since we take the expectation of $f(X_i) - f(X'_i)$, we know that this would be equal to the expectation of $f(X'_i) - f(X_i)$, since they follow the same probability distribution. Thus, we finally get:

$$\begin{aligned}\mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] &\leq \mathbb{E}_{X_i, X'_i} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (f(X'_i) - f(X_i)) \right\} \right] \\ &= \mathbb{E} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (f(X_i) - f(X'_i)) \right\} \right]\end{aligned}$$

Notice that here to denote $\mathbb{E}_{X_i, X'_i}[\dots]$ is the same as to denote $\mathbb{E}[\dots]$.

(b)

We aim to show that

$$f(X_i) - f(X'_i) \stackrel{\mathcal{L}}{=} \epsilon_i [f(X_i) - f(X'_i)]$$

and deduce that the joint distribution of $(f(X_i) - f(X'_i))_{1 \leq i \leq n}$ is equal to the one of $(\epsilon_i [f(X_i) - f(X'_i)])_{1 \leq i \leq n}$

Proof

Let us study the distribution of $\epsilon_i(f(X_i) - f(X'_i))$:

$$\begin{aligned}\mathbb{P} [\epsilon_i(f(X_i) - f(X'_i)) \leq t] &\stackrel{\text{Law of Total Prob.}}{=} \mathbb{P} [\epsilon_i(f(X_i) - f(X'_i)) \leq t | \epsilon_i = 1] \mathbb{P} [\epsilon_i = 1] \\ &\quad + \mathbb{P} [\epsilon_i(f(X_i) - f(X'_i)) \leq t | \epsilon_i = -1] \mathbb{P} [\epsilon_i = -1] \\ &= \frac{1}{2} \mathbb{P} [f(X_i) - f(X'_i) \leq t] + \frac{1}{2} \mathbb{P} [f(X'_i) - f(X_i) \leq t]\end{aligned}$$

Since X_i and X'_i are independent copies, we get that $\mathbb{P} [f(X_i) - f(X'_i) \leq t] = \mathbb{P} [f(X'_i) - f(X_i) \leq t]$ and thus:

$$\mathbb{P} [\epsilon_i(f(X_i) - f(X'_i)) \leq t] = \mathbb{P} [f(X_i) - f(X'_i) \leq t] ,$$

thus proving the fact that $f(X_i) - f(X'_i) \stackrel{\mathcal{L}}{=} \epsilon_i [f(X_i) - f(X'_i)]$.

For the joint distribution of $(\epsilon_i(f(X_i) - f(X'_i)))_{1 \leq i \leq n}$ we have that:

$$\mathbb{P} [\epsilon_1(f(X_1) - f(X'_1)) \leq t_1, \dots, \epsilon_n(f(X_n) - f(X'_n)) \leq t_n] = \prod_{i=1}^n \mathbb{P} [\epsilon_i(f(X_i) - f(X'_i)) \leq t_i] ,$$

which is true since $\epsilon_i(f(X_i) - f(X'_i)) \perp \epsilon_j(f(X_j) - f(X'_j)) \quad \forall 1 \leq i, j \leq n, i \neq j$.

We also know that $\mathbb{P} [\epsilon_i(f(X_i) - f(X'_i)) \leq t] = \mathbb{P} [f(X_i) - f(X'_i) \leq t]$ and thus we conclude:

$$\begin{aligned}\mathbb{P} [\epsilon_1(f(X_1) - f(X'_1)) \leq t_1, \dots, \epsilon_n(f(X_n) - f(X'_n)) \leq t_n] &= \prod_{i=1}^n \mathbb{P} [\epsilon_i(f(X_i) - f(X'_i)) \leq t_i] \\ &= \prod_{i=1}^n \mathbb{P} [f(X_i) - f(X'_i) \leq t_i] \\ &\stackrel{\perp}{=} \mathbb{P} [(f(X_1) - f(X'_1)) \leq t_1, \dots, (f(X_n) - f(X'_n)) \leq t_n]\end{aligned}$$

So we deduce that the joint distribution of $(f(X_i) - f(X'_i))_{1 \leq i \leq n}$ is equal to the one of $(\epsilon_i [f(X_i) - f(X'_i)])_{1 \leq i \leq n}$

(c)

We aim to deduce that

$$\mathbb{E} \left[\sup_f (P - P_n) f \right] \leq 2 \mathbb{E}_{D,\epsilon} \left[\sup_f \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right]$$

Proof

From part (a) we know that:

$$\mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] \leq \mathbb{E} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (f(X'_i) - f(X_i)) \right\} \right]$$

Using (b), i.e. the fact that the joint distribution of $(f(X_i) - f(X'_i))_{i \leq i \leq n}$ is equal to the one of $(\epsilon_i [f(X_i) - f(X'_i)])_{i \leq i \leq n}$, the right side term in the above inequality is equal to the following:

$$\mathbb{E} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (f(X'_i) - f(X_i)) \right\} \right] = \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i (f(X'_i) - f(X_i)) \right\} \right]$$

Thus:

$$\mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] \leq \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i (f(X'_i) - f(X_i)) \right\} \right]$$

Let us study the term on the right side of the inequality:

$$\begin{aligned} \mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] &\leq \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i (f(X'_i) - f(X_i)) \right\} \right] \\ &\leq \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X'_i) - \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right] \\ &\leq \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X'_i) + \frac{1}{n} \sum_{i=1}^n (-\epsilon_i) f(X_i) \right\} \right] \end{aligned}$$

Since supremum of the sum is less than the sum of the supremums:

$$\begin{aligned} \mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] &\leq \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X'_i) + \frac{1}{n} \sum_{i=1}^n (-\epsilon_i) f(X_i) \right\} \right] \\ &\leq \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X'_i) \right\} \right] + \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (-\epsilon_i) f(X_i) \right\} \right] \end{aligned}$$

Notice that because of the symmetry of the Rademacher random variables, the expectations over positive and negative ϵ_i are the same. Hence, this expression simplifies to twice the expectation over positive ϵ_i :

$$\begin{aligned} \mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] &\leq \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X'_i) \right\} \right] + \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n (-\epsilon_i) f(X_i) \right\} \right] \\ &= \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X'_i) \right\} \right] + \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right] \end{aligned}$$

Since X'_i is independent copy of X_i :

$$\begin{aligned}
\mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] &\leq \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X'_i) \right\} \right] + \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right] \\
&= \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right] + \mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right] \\
&= 2\mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right]
\end{aligned}$$

(d)

Let $\mathcal{F}(D_n) = \{(f(X_1), \dots, f(X_n)) \in \mathbb{R}^n \mid f \in \mathcal{F}\}$. We aim to conclude that

$$\mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] \leq 2\mathbb{E}_D [\mathcal{R}(\mathcal{F}(D_n)/n)]$$

Proof

By denoting

$$\mathcal{R}(\mathcal{F}(D_n)/n) = \frac{1}{n} \mathbb{E}_\epsilon \left[\sup_{f \in F} \left\{ \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right],$$

we can conclude from (c) that

$$\begin{aligned}
\mathbb{E} \left[\sup_{f \in F} (P - P_n) f \right] &\leq 2\mathbb{E}_{D,\epsilon} \left[\sup_{f \in F} \left\{ \frac{1}{n} \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right] \\
&\leq 2\mathbb{E}_D \left[\frac{1}{n} \mathbb{E}_\epsilon \left[\sup_{f \in F} \left\{ \sum_{i=1}^n \epsilon_i f(X_i) \right\} \right] \right] \\
&\leq 2\mathbb{E}_D [\mathcal{R}(\mathcal{F}(D_n)/n)]
\end{aligned}$$

Exercise 2

1. ψ_2 -Orlicz norm

We define ψ_2 -Orlicz norm as:

$$\|X\|_{\psi_2} := \inf \left\{ t > 0 \mid \mathbb{E} \left[\exp \left(\frac{X^2}{t^2} \right) \right] \leq 2 \right\}$$

(a)

We aim to prove that

$$\|X\|_{\psi_2} = 0 \Rightarrow \mathbb{E}[X^2] \leq t^2 \ln(2), \forall t \geq 0$$

Then, we will deduce that $\|X\|_{\psi_2} = 0$ implies $X = 0$ a.s.

Proof

Let $f(x) = \exp(x)$ a convex function. Jensen's inequality states that for any random variable X and convex function f :

$$f(\mathbb{E}[X]) \leq \mathbb{E}[f(X)]$$

According to the Jensen's inequality and the definition of the ψ_2 -Orlicz norm:

$$\exp \left(\mathbb{E} \left[\frac{X^2}{t^2} \right] \right)^2 \leq \mathbb{E} \left[\exp \left(\frac{X^2}{t^2} \right) \right] \leq 2$$

Thus, we get:

$$\exp \left(\mathbb{E} \left[\frac{X^2}{t^2} \right] \right) \leq 2$$

\iff

$$\mathbb{E} \left[\frac{X^2}{t^2} \right] \leq \ln(2)$$

Due to the linearity of expectation, we can rewrite the left term as:

$$\mathbb{E} \left[\frac{X^2}{t^2} \right] = \frac{1}{t^2} \mathbb{E} [X^2]$$

Thus, we get:

$$\frac{1}{t^2} \mathbb{E} [X^2] \leq \ln(2)$$

\iff

$$\mathbb{E} [X^2] \leq t^2 \ln(2)$$

According to the definition of ψ_2 -norm, if $\|X\|_{\psi_2} = 0$, then $t = 0$, meaning that $\mathbb{E}[X^2] \leq 0$. Notice that for any real-valued random variable X , $\mathbb{E}[X^2] \geq 0$ with equality if and only if $X = 0$ almost surely. Thus, we get that if $\|X\|_{\psi_2} = 0$, then $X = 0$ almost surely.

(b)

For all $\lambda \in \mathbb{R}$, we aim to prove that

$$\|\lambda X\|_{\psi_2} = |\lambda| \|X\|_{\psi_2}$$

Proof

$$\|\lambda X\|_{\psi_2} = \inf \left\{ t > 0 \mid \mathbb{E} \left[\exp \left(\frac{(\lambda X)^2}{t^2} \right) \right] \leq 2 \right\}$$

Let $t = |\lambda| k$. Then:

$$\begin{aligned} \|\lambda X\|_{\psi_2} &= \inf \left\{ |\lambda| k > 0 \mid \mathbb{E} \left[\exp \left(\frac{(\lambda X)^2}{(|\lambda| k)^2} \right) \right] \leq 2 \right\} \\ &= \inf \left\{ |\lambda| k > 0 \mid \mathbb{E} \left[\exp \left(\frac{X^2}{k^2} \right) \right] \leq 2 \right\} \end{aligned}$$

We can take $|\lambda|$ out of the infimum since k does not depend on it. Thus:

$$\begin{aligned} \|\lambda X\|_{\psi_2} &= |\lambda| \inf \left\{ k > 0 \mid \mathbb{E} \left[\exp \left(\frac{X^2}{k^2} \right) \right] \leq 2 \right\} \\ &= |\lambda| \|X\|_{\psi_2} \end{aligned}$$

(c)

We aim to prove that

$$\|X + Y\|_{\psi_2} \leq \|X\|_{\psi_2} + \|Y\|_{\psi_2},$$

for X, Y with finite ψ_2 -norm (triangle inequality).

Proof

Let $f(u) = \exp(u^2)$ a convex and increasing function. We can write:

$$f \left(\frac{|X + Y|}{a + b} \right) \leq f \left(\frac{|X| + |Y|}{a + b} \right)$$

The inequality holds because of the triangle inequality for the absolute value function and the fact that f is convex and increasing. Then, by Jensen's inequality for real convex functions, we have:

$$\begin{aligned} f \left(\frac{|X + Y|}{a + b} \right) &\leq f \left(\frac{|X| + |Y|}{a + b} \right) = f \left(\frac{|X|}{a + b} \frac{a}{a + b} + \frac{|Y|}{a + b} \frac{b}{a + b} \right) \\ &\leq \frac{a}{a + b} f \left(\frac{|X|}{a} \right) + \frac{b}{a + b} f \left(\frac{|Y|}{b} \right) \end{aligned}$$

Let $a = \|X\|_{\psi_2}, b = \|Y\|_{\psi_2}$. Then:

$$f \left(\frac{|X + Y|}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \right) \leq \frac{\|X\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} f \left(\frac{|X|}{\|X\|_{\psi_2}} \right) + \frac{\|Y\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} f \left(\frac{|Y|}{\|Y\|_{\psi_2}} \right)$$

Let us take *expectation* on both sides:

$$\mathbb{E} \left[f \left(\frac{|X + Y|}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \right) \right] \leq \frac{\|X\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \mathbb{E} \left[f \left(\frac{|X|}{\|X\|_{\psi_2}} \right) \right] + \frac{\|Y\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \mathbb{E} \left[f \left(\frac{|Y|}{\|Y\|_{\psi_2}} \right) \right]$$

Notice that

$$\begin{aligned} \mathbb{E} \left[f \left(\frac{|X + Y|}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \right) \right] &= \mathbb{E} \left[\exp \left(\frac{|X + Y|}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \right)^2 \right] \leq 2, \\ \mathbb{E} \left[f \left(\frac{|X|}{\|X\|_{\psi_2}} \right) \right] &= \mathbb{E} \left[\exp \left(\frac{|X|}{\|X\|_{\psi_2}} \right)^2 \right] \leq 2, \\ \mathbb{E} \left[f \left(\frac{|Y|}{\|Y\|_{\psi_2}} \right) \right] &= \mathbb{E} \left[\exp \left(\frac{|Y|}{\|Y\|_{\psi_2}} \right)^2 \right] \leq 2, \end{aligned}$$

by the definition of ψ_2 -norm. Thus:

$$\begin{aligned} \mathbb{E} \left[\exp \left(\frac{|X + Y|}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \right)^2 \right] &\leq \frac{\|X\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} 2 + \frac{\|Y\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} 2 \\ &= \frac{2\|X\|_{\psi_2} + 2\|Y\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \\ &= 2 \end{aligned}$$

We can notice that $\|X\|_{\psi_2} + \|Y\|_{\psi_2}$ belongs to the set $S = \left\{ t > 0 \mid \mathbb{E} \left[\exp \left(\frac{Z}{t} \right)^2 \right] \leq 2 \right\}$. Now, $\|X + Y\|_{\psi_2}$ is also within the set S , since it is the **smallest** value of t that satisfies the inequality for the random variable $X + Y$. Given that $\|X\|_{\psi_2} + \|Y\|_{\psi_2}$ and $\|X + Y\|_{\psi_2}$ are both within the set S and the latter is the smallest, we conclude that:

$$\|X + Y\|_{\psi_2} \leq \|X\|_{\psi_2} + \|Y\|_{\psi_2}$$

2. Centering Lemma

Given: X is a real-valued random variable with finite ψ_2 -norm and

$$\|X\|_k \leq \sqrt{\frac{e}{2}} \|X\|_{\psi_2} k, \quad \forall k \in \mathbb{N}^*$$

(a)

We aim to prove that for every $t > 0$,

$$\mathbb{P}[|X| > t] \leq 2 \exp \left(-\frac{t^2}{\|X\|_{\psi_2}} \right)$$

Proof

Let $f(t) = \exp(-\frac{t^2}{\|X\|_{\psi_2}})$, where X is a real-valued random variable and $\|X\|_{\psi_2}$ is finite. Then, by Markov's inequality:

$$\begin{aligned}
\mathbb{P}[|X| > t] &= \mathbb{P}[|f(X)| > f(t)] \\
&= \mathbb{P}\left[\exp\left(\frac{X^2}{\|X\|_{\psi_2}}\right) > \exp\left(\frac{t^2}{\|X\|_{\psi_2}}\right)\right] \\
&\leq \frac{\mathbb{E}[\exp\left(\frac{X^2}{\|X\|_{\psi_2}}\right)] \leq 2}{\exp\left(\frac{t^2}{\|X\|_{\psi_2}}\right)} \\
&\leq 2 \exp\left(-\frac{t^2}{\|X\|_{\psi_2}}\right)
\end{aligned}$$

(b)

We aim to show that

$$\|X\|_k \leq \frac{k^{1/k}}{\sqrt{2}} \|X\|_{\psi_2} \sqrt{k} \leq \frac{\sqrt{e}}{\sqrt{2}} \|X\|_{\psi_2} \sqrt{k}, \quad \forall k \in \mathbb{N}^*$$

Proof

$\forall k \in \mathbb{N}^*$ we have that $\|X\|_k = \mathbb{E}[|X|^k]^{\frac{1}{k}}$. Thus we can rewrite it as follows:

$$\begin{aligned}
\|X\|_k^k &= \mathbb{E}[|X|^k] \\
&= \mathbb{E}\left[\int_0^{|X|^k} du\right] \\
&= \mathbb{E}\left[\int_0^{+\infty} 1_{\{|X|^k > u\}} du\right] \\
&\stackrel{\text{Fubini-Tonelli}}{=} \int_0^{+\infty} \mathbb{E}\left[1_{\{|X|^k > u\}}\right] du \\
&= \int_0^{+\infty} \mathbb{P}\left[|X|^k > u\right] du \\
&= \int_0^{+\infty} \mathbb{P}\left[|X| > u^{\frac{1}{k}}\right] du \quad |u^{\frac{1}{k}} = t, du = kt^{k-1} dt \\
&= \int_0^{+\infty} kt^{k-1} (\mathbb{P}[|X| > t]) dt \\
&\stackrel{\text{from (a)}}{\leq} \int_0^{+\infty} kt^{k-1} \left(2 \exp\left(-\frac{t^2}{\|X\|_{\psi_2}}\right)\right) dt \quad |v = \frac{t^2}{\|X\|_{\psi_2}}, t = \sqrt{v} \sqrt{\|X\|_{\psi_2}}, dt = \frac{\sqrt{\|X\|_{\psi_2}}}{2} \frac{1}{\sqrt{v}} dv \\
&= \int_0^{+\infty} k(v\|X\|_{\psi_2})^{\frac{k-1}{2}} 2 \exp(-v) \frac{\sqrt{\|X\|_{\psi_2}}}{2} \frac{1}{\sqrt{v}} dv \\
&= k\|X\|_{\psi_2}^{\frac{k}{2}} \int_0^{+\infty} v^{\frac{k-2}{2}} \exp(-v) dv \\
&= k\|X\|_{\psi_2}^{\frac{k}{2}} \int_0^{+\infty} v^{\frac{k-2}{2}} \exp(-v) dv \\
&= k\|X\|_{\psi_2}^{\frac{k}{2}} \Gamma\left(\frac{k}{2}\right) \\
&\leq k\|X\|_{\psi_2}^{\frac{k}{2}} \left(\frac{k}{2}\right)^{\frac{k}{2}}
\end{aligned}$$

Thus, we have:

$$\|X\|_k^k \leq k \|X\|_{\psi_2}^{\frac{k}{2}} \left(\frac{k}{2}\right)^{\frac{k}{2}}$$

\iff

$$\begin{aligned} \|X\|_k &\leq \frac{k^{1/k}}{\sqrt{2}} \sqrt{\|X\|_{\psi_2}} \sqrt{k} \\ &\leq \frac{k^{1/k}}{\sqrt{2}} \|X\|_{\psi_2} \sqrt{k} \quad \text{for } \|X\|_{\psi_2} \geq 1 \end{aligned}$$

Since $k^{\frac{1}{k}} = \exp\left(\frac{\ln(k)}{k}\right)$ and $\frac{\ln(k)}{k} \leq \frac{1}{2}$, we can bound $\exp\left(\frac{\ln(k)}{k}\right) \leq \exp\left(\frac{1}{2}\right)$ and rewrite the above inequality as:

$$\|X\|_k \leq \frac{\exp\left(\frac{1}{2}\right)}{\sqrt{2}} \|X\|_{\psi_2} \sqrt{k} \quad \text{for } \|X\|_{\psi_2} \geq 1$$

(c)

We aim to prove that

$$\|\mathbb{E}[X]\|_{\psi_2} \leq \frac{\mathbb{E}[X]}{\sqrt{\log(2)}}$$

Proof

From the definition of the ψ_2 -norm:

$$\|\mathbb{E}[X]\|_{\psi_2} := \inf \left\{ t > 0 \mid \mathbb{E} \left[\exp \left(\frac{\mathbb{E}[X]}{t} \right)^2 \right] \leq 2 \right\}$$

From the Jensen's inequality and the definition of the ψ_2 -norm we know that:

$$\exp \left(\mathbb{E} \left[\frac{\mathbb{E}[X]}{t} \right]^2 \right) \leq \mathbb{E} \left[\exp \left(\frac{\mathbb{E}[X]}{t} \right)^2 \right] \leq 2$$

\iff

$$\exp \left(\mathbb{E} \left[\frac{\mathbb{E}[X]}{t} \right]^2 \right) \leq 2$$

\iff

$$\mathbb{E} \left[\frac{\mathbb{E}[X]}{t} \right]^2 \leq \log(2)$$

\iff

$$\frac{1}{t} \mathbb{E} [\mathbb{E}[X]] \leq \sqrt{\log(2)}$$

\iff

$$t \geq \frac{\mathbb{E} [\mathbb{E}[X]]}{\sqrt{\log(2)}}$$

\iff

$$t \geq \frac{\mathbb{E} [X]}{\sqrt{\log(2)}}$$

\iff

$$\|\mathbb{E}[X]\|_{\psi_2} \leq \frac{\mathbb{E} [X]}{\sqrt{\log(2)}}$$

(d)

We aim to deduce that

$$\exists c_2 > 0 \text{ s.t. } \|\mathbb{E}[X]\|_{\psi_2} \leq c_2 \|X\|_{\psi_2}$$

Proof

From (c) we know that

$$\begin{aligned} \|\mathbb{E}[X]\|_{\psi_2} &\leq \frac{\mathbb{E} [X]}{\sqrt{\log(2)}} \\ &\leq \frac{\|\mathbb{E} [X]\|}{\sqrt{\log(2)}} \end{aligned}$$

By using the Jensen's inequality we get:

$$\begin{aligned} \|\mathbb{E}[X]\|_{\psi_2} &\leq \frac{\|\mathbb{E} [X]\|}{\sqrt{\log(2)}} \\ &\leq \frac{\mathbb{E} [|X|]}{\sqrt{\log(2)}} \end{aligned}$$

Notice that $\mathbb{E} [|X|] = \|X\|_1$. From (b) we know that:

$$\|X\|_1 \leq \frac{\|X\|_{\psi_2}}{\sqrt{2}} \iff \mathbb{E} [|X|] \leq \frac{\|X\|_{\psi_2}}{\sqrt{2}}$$

Thus, we conclude:

$$\begin{aligned}
\|\mathbb{E}[X]\|_{\psi_2} &\leq \frac{\mathbb{E}[|X|]}{\sqrt{\log(2)}} \\
&\leq \frac{\|X\|_{\psi_2}}{\sqrt{2\log(2)}} \\
&\leq c_2\|X\|_{\psi_2}, \text{ with } c_2 = \frac{1}{\sqrt{(2\log(2))}}
\end{aligned}$$

(e)

We aim to show that

$$\|X - \mathbb{E}[X]\|_{\psi_2} \leq (1 + c_2)\|X\|_{\psi_2}$$

Proof

By using the triangle inequality that we proved in **Exercise 2, 1, (c)**, we can bound $\|X - \mathbb{E}[X]\|_{\psi_2}$ as:

$$\|X - \mathbb{E}[X]\|_{\psi_2} \leq \|X\|_{\psi_2} + \|\mathbb{E}[X]\|_{\psi_2}$$

From **Exercise 2, 2, (d)**, we know that

$$\|\mathbb{E}[X]\|_{\psi_2} \leq c_2\|X\|_{\psi_2}$$

Thus, substituting it into the triangle inequality, we get:

$$\begin{aligned}
\|X - \mathbb{E}[X]\|_{\psi_2} &\leq \|X\|_{\psi_2} + \|\mathbb{E}[X]\|_{\psi_2} \\
&\leq \|X\|_{\psi_2} + c_2\|X\|_{\psi_2} \\
&\leq \|X\|_{\psi_2}(1 + c_2)
\end{aligned}$$