

Staying at home

题目

1. Are you a person who likes to stay at home?
2. What do you do when you stay at home?
3. What is your favourite place at home?
4. What did you often do at home as a child?
5. Would you like to stay at home a lot in the future?

每个题目给出一个小学生都能说的简单答案，不超过4句话。

答案

哈喽 Tianxiang! 我们来聊一个非常放松的话题: "Staying at Home" (待在家里)。

这是一个很好的机会，可以把你生活化的一面，比如你的爱好“听音乐、烘焙、摄影”，和你现在的“宿舍生活”结合起来。这样的回答会让考官觉得你非常真实，也更容易与你产生共鸣。

我们开始吧!

示范问题 1

(Alan as Examiner): Are you a person who likes to stay at home?

(Alan as Student Tianxiang): "I would say it really depends on my mood and my schedule. I do enjoy having a quiet day at home, especially on weekends, to relax and recharge from a busy week of studying. But I also love going out for photography or to the gym. I think a good balance between staying in and going out is best for me."

答案为什么好?

- **思路与结构:**
 1. **给出辩证的回答:** `it really depends...` (这得看情况)，这是一个非常高级和自然的开头，避免了简单的“Yes/No”。
 2. **解释“宅家”的一面:** 说明了在家是为了“放松”和“充电”(`recharge`)。
 3. **解释“出门”的一面:** 用 `But` 转折，并用“摄影”和“健身房”这两个你的个人信息来举例。
 4. **总结个人哲学:** 最后一句总结说你喜欢“平衡”(`a good balance`)，让你的回答非常有思想。
- **亮点词汇/短语:**
 - `it depends on`: “这取决于...”。
 - `recharge`: /ˌriːtʃɑːdʒ/ (充电，恢复精力)。
 - `a good balance`: “一个很好的平衡”。
- **实用句型:**
 - `I do enjoy..., especially...` (我确实很享受..., 尤其是在...)
 - `I think a good balance between A and B is best for me.` (我觉得A和B之间的平衡对我来说是最好的。)
- **连接词的使用:**
 - `But`: 清晰地引出对比，展现了你生活的两面性。

示范问题 2

(Alan as Examiner): What do you do when you stay at home?

(Alan as Student Tianxiang): "Since I live in a student dorm, my space is small, but I do a lot there. I spend a lot of time listening to pop music, which helps me to relax. I also do some photo editing on my computer, and sometimes when I have the ingredients, I enjoy doing some simple baking to share with my friends."

答案为什么好?

- **思路与结构:**
 1. **设定背景:** `Since I live in a student dorm...`, 首先说明了你的居住环境。
 2. **列举活动1 (音乐):** `I spend a lot of time listening to pop music...`
 3. **列举活动2 (摄影后期):** `I also do some photo editing...`
 4. **列举活动3 (烘焙):** `...I enjoy doing some simple baking`, 用 `also` 和 `and` 自然地连接了你的三个主要爱好。
- **亮点词汇/短语:**
 - `student dorm`: "学生宿舍"。
 - `photo editing`: "编辑照片"。
 - `ingredients`: /ɪnˈɡriːdiənts/ (原料, 食材)。
 - `simple baking`: "简单的烘焙"。
- **实用句型:**
 - `Since I live in..., my space is..., but I do...` (因为我住在..., 我的空间..., 但我会做...)
 - `I also do..., and sometimes when..., I enjoy...`
- **连接词的使用:**
 - `Since`: 用来解释原因或背景。
 - `also`, `and`: 用来添加并列的活动。

示范问题 3

(Alan as Examiner): What is your favourite place at home?

(Alan as Student Tianxiang): "As I live in a dorm, my favorite place is definitely my own desk. It's a small and simple space, but it's my personal corner. I have my computer for studying, my headphones for music, and some of my favorite photos pinned on the wall. It's where I can either focus on my work or completely relax."

答案为什么好?

- **思路与结构:**
 1. **再次强调背景并回答:** `As I live in a dorm, my favorite place is... my own desk`。
 2. **描述空间:** `a small and simple space`, 并用 `but` 转折, 说这是 `my personal corner`。
 3. **列举物品:** `I have my computer..., my headphones..., and some of my favorite photos...`, 通过物品让这个空间变得鲜活。
 4. **总结功能:** `It's where I can either... or...`, 总结了这个空间对你的两种核心功能: 工作或放松。
- **亮点词汇/短语:**

- **personal corner**: “个人角落”。
- **pinned on the wall**: “钉在墙上”。
- **focus on my work**: “专注于我的工作”。
- **实用句型**:
 - **It's a..., but it's...** (它是一个..., 但它是...)
 - **It's where I can either A or B.** (这是我既可以A又可以B的地方。)

示范问题 4

(Alan as Examiner): What did you often do at home as a child?

(Alan as Student Tianxiang): "When I was a child, my life at home was very simple. After finishing my homework, I spent most of my time watching cartoons or reading storybooks. I also remember playing some computer games. It was a carefree and happy time, very different from my busy university life now."

答案为什么好?

- **思路与结构**:
 1. **概括童年生活**: **very simple**。
 2. **列举主要活动**: **watching cartoons or reading storybooks**。
 3. **补充其他活动**: **I also remember playing some computer games**。
 4. **总结并对比**: 用 **carefree and happy** 总结感受, 并和现在 **busy university life** 形成对比。
- **亮点词汇/短语**:
 - **cartoons**: /kɑ:ˈtu:nz/ (卡通片)。
 - **storybooks**: “故事书”。
 - **carefree**: /ˈkeəfri:/ (无忧无虑的)。
- **实用句型**:
 - **After finishing..., I spent most of my time...** (在完成...后, 我把大部分时间花在...)
 - **It was a... time, very different from...** (那是一段...的时光, 和...很不一样。)
- **连接词的使用**:
 - **also**: 用来添加另一项并列的活动。
 - **or**: 用来连接两个选择。

示范问题 5

(Alan as Examiner): Would you like to stay at home a lot in the future?

(Alan as Student Tianxiang): "I don't think I would want to stay at home all the time. My plan is to get my PhD abroad, which means I'll need to go out and explore a new environment and culture. Of course, a comfortable home is always important as a place to rest. But I think I'll always enjoy the balance of a cozy home and an exciting outside world."

答案为什么好?

- **思路与结构**:
 1. **给出有保留的否定**: **not... all the time**, 不是完全否定“宅家”。
 2. **联系未来规划**: 用“出国读博”这个计划来支撑自己不会一直待在家里的观点。

3. **承认家的重要性:** `Of course, a comfortable home is always important...`, 让观点更平衡。
 4. **再次强调“平衡”:** `the balance of a cozy home and an exciting outside world`, 与第一题的回答形成呼应, 展现了你思想的一致性。
- **亮点词汇/短语:**
 - `all the time`: “一直, 所有时间”。
 - `explore a new environment`: “探索一个新环境”。
 - `cozy home`: “舒适的家”。
 - `exciting outside world`: “精彩的外部世界”。
 - **实用句型:**
 - `My plan is to..., which means...` (我的计划是..., 这意味着...)
 - `I think I'll always enjoy the balance of A and B.` (我想我会一直很享受A和B的平衡。)
 - **连接词的使用:**
 - `Of course`: 用来引出并承认一个普遍的观点 (家的重要性) 。
 - `But`: 用来转折, 回到自己对“平衡”的追求上。

怎么样, Tianxiang? 即使是“待在家里”这么简单的话题, 我们也可以聊得很有层次、很有个人特色。

接下来我们想聊点什么呢?

话题词汇

好的, 我们来为 “Staying at Home” 这个话题准备一个词汇库。

这些词汇能帮助你更生动地描述你在家的生活状态、活动和感受, 让你的回答听起来既放松又充满细节。

"Staying at Home" 话题词汇库 (Vocabulary List)

1. 描述家与空间 (Describing the Home/Place)

- Home /həʊm/ (家)
- Dorm / Dormitory /dɔ:m/ /'dɔ:mətri/ (宿舍)

*I live in a student **dorm** on campus.*

- Room /ru:m/ (房间)
- Desk /desk/ (书桌)

*My **desk** is my favorite place in my room.*

- Personal space / corner (个人空间 / 角落)
- Comfortable (Comfy) /'kʌmftəbl/ (舒适的)
- Cozy /'kəʊzi/ (温馨舒适的)

*I try to make my dorm room feel **cozy**.*

- Quiet /'kwaɪət/ (安静的)

2. 在家的活动 (Home Activities)

- to stay at home / to stay in (待在家里)
- to relax / to chill / to unwind (放松)

*I like to stay home on weekends just **to unwind**.*

- to recharge /,ri:'tʃɑ:dʒ/ (充电, 恢复精力)

*Staying at home helps me **recharge** after a busy week.*

- to listen to music (听音乐)
- to do some baking / cooking (做些烘焙 / 做饭)
- to edit photos (编辑照片)
- to study / to do homework (学习 / 做作业)
- to clean the room (打扫房间)

3. 感受与氛围 (Feelings & Atmosphere)

- Relaxed /rɪ'lækst/ (放松的)
- Peaceful /'pi:sfl/ (宁静的)
- Bored /bɔ:d/ (感到无聊的)

*I never feel **bored** at home because I have many hobbies.*

- Lazy /'leɪzi/ (懒散的)

*A **lazy** Sunday morning at home is the best.*

- Balanced /'bælənst/ (平衡的)

*I think a **balanced** lifestyle is important.*

- **Atmosphere** /'ætməsfɪə(r)/ (氛围)

*I like the quiet **atmosphere** of my room.*

4. 相关的人物与概念 (People & Concepts)

- **Homebody** /'həʊmbɒdi/ (喜欢待在家里的人)

*I'm not a total **homebody**, but I do enjoy staying in.*

- **Indoorsy person** (喜欢室内活动的人)
- **Family** /'fæməli/ (家庭)
- **Roommate** /'ru:mmeɪt/ (室友)
- **Privacy** /'prɪvəsi/ (隐私)
- **Lifestyle** /'laɪfstɑɪl/ (生活方式)
- **Balance** /'bælənst/ (n. 平衡)

*It's all about finding a **balance** between going out and staying in.*

这些词汇都很生活化，把它们用到你的口语中，会让你的描述听起来非常自然和真实。

我们接下来做什么呢？

常见搭配

好的，我们来完成“待在家里”这个话题的最后一步，把这些词汇组装成实用又地道的句子！

这些“句子搭配”非常生活化，能帮你很自然地聊起你的居家生活和感受，让你的回答听起来既放松又真实。

"Staying at Home" 话题高频句子搭配 (Common Sentences & Collocations)

1. 如何表达你对“宅家”的态度

- I'm the kind of person who enjoys... (我是那种喜欢...的人。)

I'm the kind of person who enjoys a good balance between staying home and going out.

- It really depends on my mood. Sometimes..., but other times... (这真的看我心情。有时候..., 但其他时候...)

Sometimes I like to hang out with friends, but other times I just want to stay in and relax.

- I wouldn't say I'm a total homebody, but I do... (我不会说我是一个完全的“宅男/宅女”, 但我确实...)

I wouldn't say I'm a total homebody, but I do enjoy having a quiet weekend at home.

- For me, home is a place to... (对我来说, 家是一个...的地方。)

For me, home is a place to relax and recharge my batteries.

2. 如何描述你在家做的活动

- When I stay at home, I usually spend my time [doing something]. (当我在家时, 我通常花时间做...)

When I stay at home, I usually spend my time listening to music or editing the photos I took.

- My favorite thing to do at home is probably... (在家我最喜欢做的事可能是...)

My favorite thing to do at home is probably some simple baking.

- It's a great chance to catch up on... (这是一个补上...的好机会。)

It's a great chance to catch up on my hobbies.

- If the weather is bad outside, I'll just... (如果外面天气不好, 我就会...)

If the weather is bad outside, I'll just stay in and organize my room.

3. 如何描述你最喜欢的居家空间

- My favorite place at home is definitely... (在家我最喜欢的地方肯定是...)

My favorite place at home is definitely my desk.

- It's a small space, but I've made it very... (这是一个很小的空间，但我把它弄得非常...)

It's a small space, but I've made it very cozy and personal.

- It's my personal corner where I can... (这是我的个人角落，在那里我可以...)

It's my personal corner where I can either focus on my studies or just chill.

4. 如何谈论在家的感受与氛围

- I love the peaceful and quiet atmosphere at home. (我喜欢家里那种宁静的氛围。)
- There's no better feeling than... (没有比...更好的感觉了。)

There's no better feeling than having a lazy Sunday morning at home with some good music.

- Staying at home helps me to... (待在家里能帮助我...)

Staying at home helps me to clear my mind and reduce stress from my studies.

- It's nice to have a place where you can just be yourself. (能有一个可以完全做自己的地方，感觉真好。)

非常棒，Tianxiang！我们又完成了一个话题的“三部曲”学习。现在你的口语素材库越来越丰富了！

我们的Part 1话题已经覆盖得非常全面了。下次，我强烈建议我们正式进入**雅思口语 Part 2**的专项练习，我们可以把之前聊过的所有素材都利用起来，挑战一下完整的2分钟陈述。你准备好了吗？