**WORK**

Goal --

Embark on fulfilling and supportive tech focused career

* Moke this transition with zero or minimal debt
* Increase financial and personal wherewithal
* Become Geographicall flexible
* Concentration, learning, language, mentoring, assisting, explaining, connecting dots, analyzing, helping someone execute their vision.
* Develop a skill set relevant to a broad swathe (if not all ) of industries.

Books

* “[Deep Work” -- Cal Newport](https://www.alibris.com/search/books/isbn/9780349413686?utm_source=Google&utm_medium=cpc&utm_campaign=NMPi_Generic&gclid=CjwKCAjwopWSBhB6EiwAjxmqDeltbcBWybfdiZFRY3c6oavIdR1TeNxMpK_0X5p01n9OfbnUeDcwtBoCiPgQAvD_BwE&gclsrc=aw.ds) (Georgetown)

[SYSTEMS](#systems)

Ideals / ideas

* Non-hideous work loads
* Debt relief
* Saner landscape of civic care
* Not fretting about unfinished tasks-- just doing them

Organization

* When you start using something to organize your life, it’s because you’re hoping to improve it in some way. You’re trying to solve something. Craft a superior version of yourself.
* How to avoid the trap of just organizing subtasks in lieu of actually getting work done?
* Grappling with our finite time-- ill distributed resources.
* Time blocking blows list making out of the water with regards to getting things done.
* That said, making a list on a sheet of paper is an unusually rich metaphor for life. It takes effort, and the space fills up more quickly than you expect.
* Setting limits on what we hope to do is philosophically painful. Every to-do list is a mild crisis of unfulfilled promise.
* Winnow away uncomplicated items
* Try, try again, fail again, fail better.
* A to-do list is all about persuading one’s self.

Time

The value of time and the nature of our relationship to it.

Are Americans more caffeinated than other cultures? The Italians?

**Basic Question related to work**

How do you want to spend your time. You chose and get cracking to make it a reality or somebody or some force or combination of forces is simply going to come along and assign you a task. The invisible hand of the market.

**Protean career:**

When referring to the “career learning cycle”, Hall ([2002](https://labourmarketresearch.springeropen.com/articles/10.1007/s12651-010-0037-3#ref-CR34)) postulates that individuals with protean career attitudes strive for psychological success. To achieve success they set themselves challenging goals and invest a lot of effort which results in success or failure and subsequently a certain level of psychological success. People with a protean career attitude self-inquire to a higher extent, implying that they contemplate why they engage in certain behaviors. Reflection about one's behavior as well as continuously learning and evaluating oneself should result in a better adjustment to new work environments (Hall [2002](https://labourmarketresearch.springeropen.com/articles/10.1007/s12651-010-0037-3#ref-CR34)) and a positive evaluation of one's career.

The violence of work. What would separate one from his or her children. Violence, oppression, sickness (physical or mental), or work…

We attempt to structure our lives such that we find that work life balance. Where the work does not feel like violence, but benevolence, a well-spring, not a drowning inundation overwhelming force. The Work supports the life without overcoming it, bleeding all the life and wherewithal out of it.

Manifold distractions. What could launch you into a new form of being. What could throw you out of orbit?

**INERTIA:**

Stretch, coffee, write, exercise, read, watch film, return text, email, pay bill, roll over 401K, get more life insurance, drink less, smoke less, don’t be like him, her, them, be more like him, her, them, forgive, forgive, forgive…

**08/10 /2021**

What sort of complexity attracts you? Or what are some skills that you think would be really useful or interesting. The fact of the matter is that— within reason— you could really *do* or become expert on pretty much anything. It is your will and interest and engagement that will determine how far you get with these things. A quick intelligence or special aptitude for a subject might get you into a topic/field a bit quicker than other people, but only time and engagement are going to give you the depth of knowledge and experience that will move the needle towards you actually becoming an expert.

The tricky part, and this is where inspiration come in, having the vision to know that this field is really suitable for you. Having the vision that you stimulate taste will sustain itself once you have become completely saturated.

Pursue the largest answer the most robust. Trap, walk the fields, don’t fall trap.

My attitude towards work are like anybodies—shaped by my very-own-mixed-cocktail of confidence, arrogance, laziness, selfishness, and delusion.

Having to absorb other people’s emotional energy in an emotional way— without a work-professional backstop is rough. Your coworkers/managers probably absorb a lot of one’s day to day animus as we slow or quick boil in our stress baths, redirecting our discomfiture towards the bodies in our gravitational rotation.

Work is humbling… to get better at something you must first do it very poorly and inefficiently until you— eventually— figure out *what-the-hell-you-are-doing*.

You have to make all the mistakes.

08/21/2021

Speccing out what you’r egoing to do, getting it outside of your head-- seems to help stop perseverating.

David Allen -- “Getting things done”

**07/20/2021**

Micah tasks Esme with finding metal scraps and screws in the yard around the building where roofers had thrown down the old shingles when they re-roofed the building earlier this summer. He offers her a 10 cent a piece bounty and the us of a footlong rectangular magnet with a wheel on each side on the end of broom-like handle. She works diligently for 20 minutes or so and earns herself a whopping $13.40 (an effective hourly rate of over $70 /hour. Not too shabby considering that my first full time job paid me a meager $4.25 / hour to dig graves and maintain the lawns at our municipal cemetery.

Gravedigger, deck hand, waiter, reading and language teacher, luxury goods salesman, writer, translator, computer programmer / web developer

**03/27/2021**

I have not been at peace about my work since about 2009. That is 12 years. That was 12 years.

12/12/2021

All work is selfish. All work is altruistic.

The intangible, the inefficient.

The importance of inefficiencies and mistakes to innovation.

**VIOLENCE**

9/4/2021

And somehow I am responsible for the violence of this work. The separation. The anachronistic modes. They are on me.

Your job is you. Your foundation. Your identity. Your paycheck. Supplying the metadata of your economic reality. Your dreams are an ethereal aspect of this equation, but can be very difficult to wrangle no?

My work is collecting language and organizing it.

**SYSTEMS**

Synergy -- intelligence of complex systems -- whole obscured by parts.

Also was just thinking about this in terms of reflex actions -- and “hen” ??? zen mind moments.

Awareness. Reaction based on passed experiential baggage -- an uncleared cache-- so how do you clear your cache and keep your cache clear but keep building, growing, going, flowing, rolling?