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# MUSIQA

Umumiy o'rta ta'lim maktablarining  
1-sinfi uchun darslik

O'zbekiston Respublikasi Xalq ta'limi vazirligi  
nashriga tavsiya etgan

Yangi nashr

1



TOSHKENT  
2021



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M 90

*Mualliflar:*

**Nadim Norxo'jayev, Gulnora Ganiyeva**

*Taqrizchilar:*

**Sh. Yormatov** – O'zbekiston xalq artisti, O'zbekiston davlat konservatoriysi professori.

**G. Mansurova** – R.Glier nomidagi Respublika ixtisoslashtirilgan musiqa maktabi xor dirijyorligi bo'limi boshlig'i.

**B. Ashurov** – O'zbekiston davlat konservatoriyasining ilmiy-pedagogik kadrlar tayyorlash bo'limi boshlig'i, san'atshunoslik fanlari bo'yicha falsafa doktori (PhD).

**B. Izzatullayeva** – Toshkent viloyati Toshkent tumanidagi 29-maktabning musiqa madaniyati fani o'qituvchisi.

## SHARTLI BELGILAR:



– ota-onangiz, aka-opangiz yordamida o'rganing



– tinglaymiz



– kuylaymiz



– musiqa savodi



– mashq daftaringizda  
bajaring



– musiqa ijodkorligi



– dars yakuni

## Mashq daftari uchun:



– Nuqtalarni birlashtirib, shakl va nota elementlarini yozishni o'rganing.  
– Shakllarni nuqtalar bo'yicha chizing va ularni bo'yang.



– Mustahkamlash uchun topshiriq.

*Respublika maqsadli kitob jamg'armasi  
mablag'lari hisobidan chop etildi.*

*Original maket va dizayn konsepsiysi  
Respublika ta'lim markazi tomonidan ishlandi.*



## AZIZ BOLAJONLAR!

Musiqaning sehrli dunyosiga qo'ygan ilk qadamingiz muborak bo'lsin! Bu sayohatda sizga ustozlaringiz eng yaqin ko'makchi bo'lishadi. Balki siz san'atkor bo'lmassiz, lekin musiqa olami bilan tanishuvningiz hayotingizni yanada qiziqarli qilishga yordam beradi.

Qo'lingizdagи darslik orqali musiqadan ilk saboqlarni olasiz.

Musiqa doimiy hamrohingiz bo'lsin!





1-dars

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## QO'SHIQ AYTISH QOIDALARI

Qo'shiqni to'g'ri ijro etish uchun avval uni diqqat bilan tinglab olish lozim.

Qo'shiqni qomatni rostlagan holda tik turib yoki o'tirib aytish kerak.

Kuylashdan oldin shoshilmasdan nafas oling.

Yelkangizni ko'tarmang.

So'z o'rtasida nafas olmang.

Qo'shiqdagi so'zlar aniq eshitilishi uchun unli va undosh tovushlarni to'g'ri talaffuz qilish kerak.

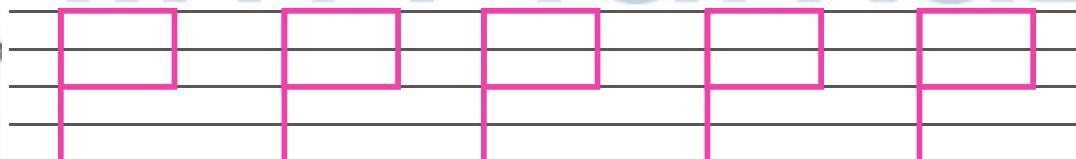
Kuylaganda ovozingiz yengil va chiroyli eshitilsin. Tovushlarni cho'zib ayting.

Qo'shiqni ifodali, tinglovchilarga yoqimli qilib aytish kerak.

Qo'shiqni o'qituvchining qo'l harakatlariga qarab aytishga o'rganing.

A – u deganda tovush pastdan yuqoriga chiqadi.

**A U O I YE**



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O'ZBEKISTON RESPUBLIKASI  
DAVLAT MADHIYASI



A. Oripov she'ri

M. Burhonov musiqasi





2–3-darslar

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## TOVUSHLAR. SHOVQINLI VA MUSIQIY TOVUSHLAR



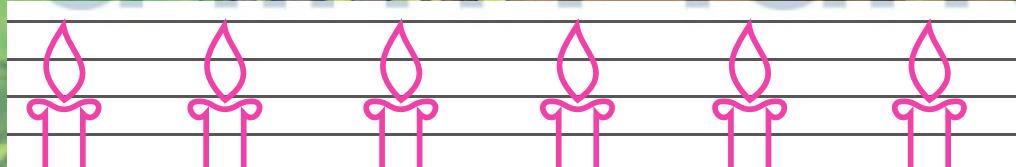
Atrofimizda turli xil tovushlar uchraydi. Bular: shovqinli va musiqiy tovushlardir.

Shovqinli tovushlarga jonivorlarning ovozi, yomg'irning shitirlashi, shamolning guvullashi kabi tovushlar misol bo'ladi.





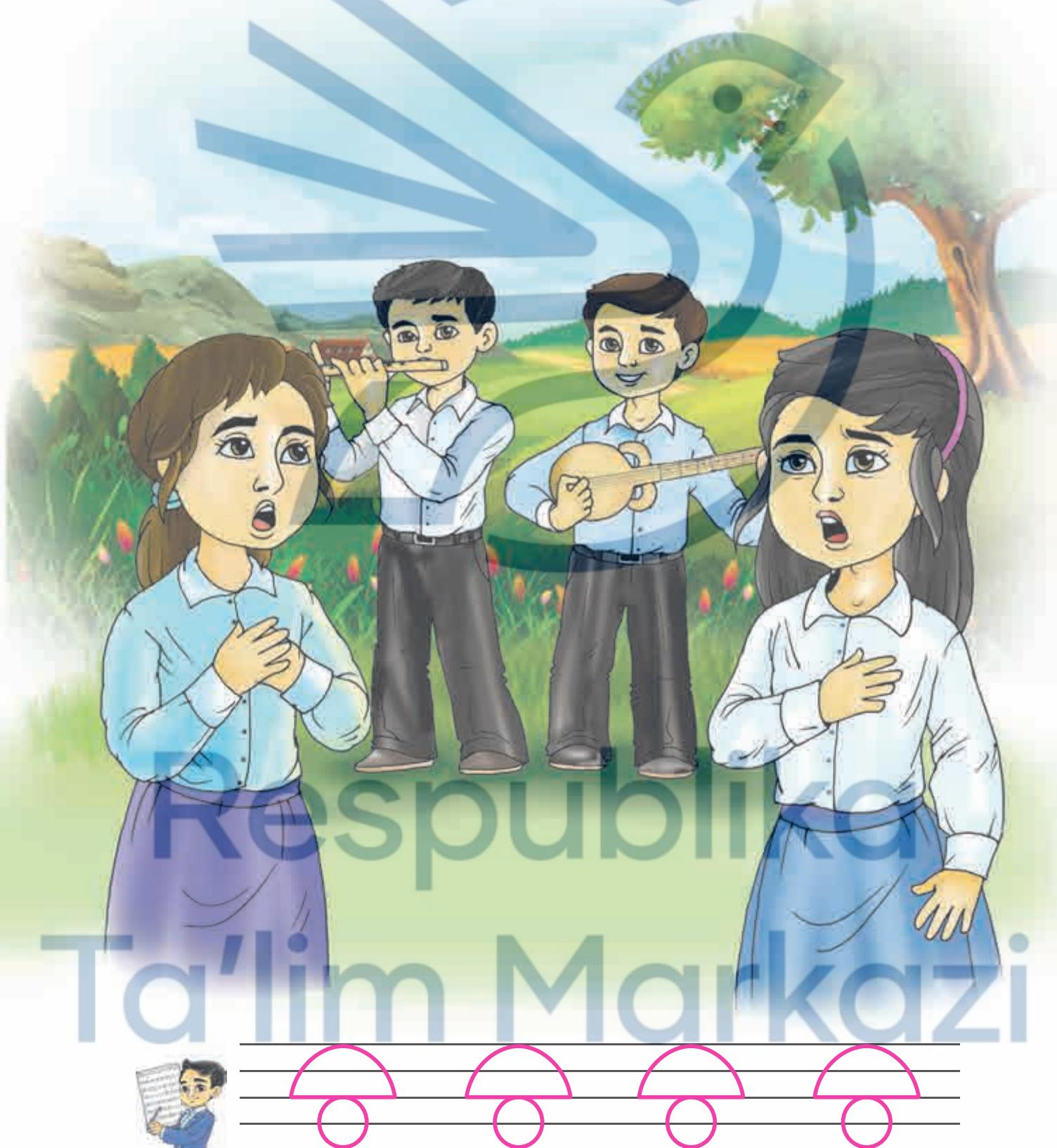
Shuningdek, jismlar-ning ishqalanishi natijasida hosil bo'lgan tovushlar ham "shovqinli tovushlar" deyiladi.



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Qo'shiq kuylaganda va musiqa cholg'ularini chalganda yangraydigan tovushlar "musiqiy tovushlar" deyiladi.



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ANDIJON POLKASI

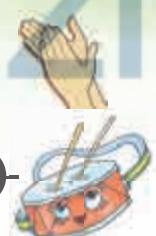


Xalq kuyi

N. Norxo'jayev qayta ishlagan



Ta'lim Markazi



## VATANJONIM – VATANIM

P. Mo'min she'ri

D. Omonullayeva musiqasi

Vatanjonim – Vatanim!  
Ko'zim quvnab ko'rganim.  
Istiqloldan kulganim,  
O'zbekiston – gulshanim!

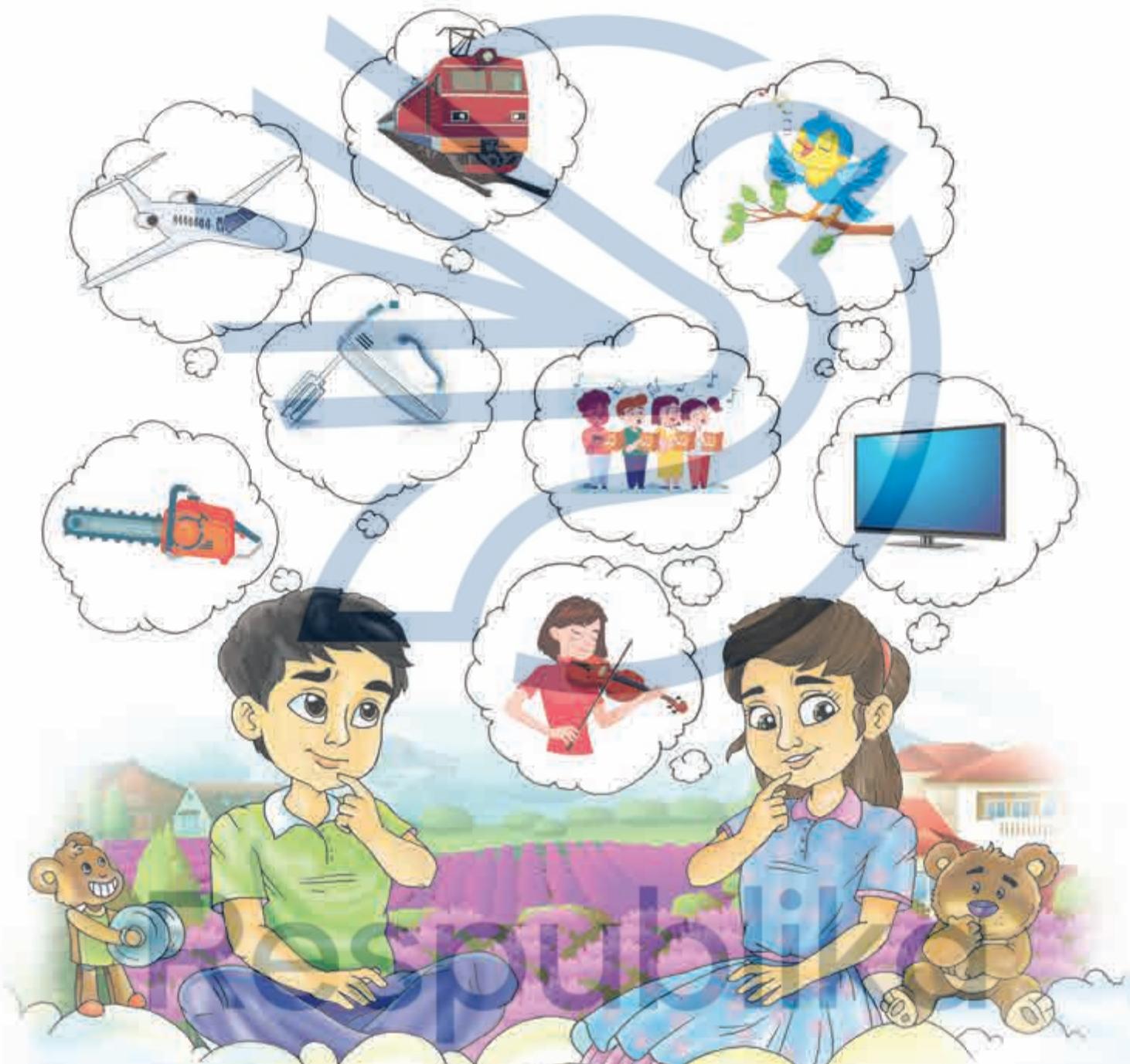
Bahra olib bag'ringdan,  
Ulg'ayaman mehringdan.  
Vatanjonim – Vatanim!  
O'zbekiston – gulshanim!

Sen o'xshaysan onamga.  
Maqtay butun olamga.  
Vatanjonim – Vatanim!  
O'zbekiston – gulshanim!



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Musiqiy va shovqinli tovushlarni aniqlang.



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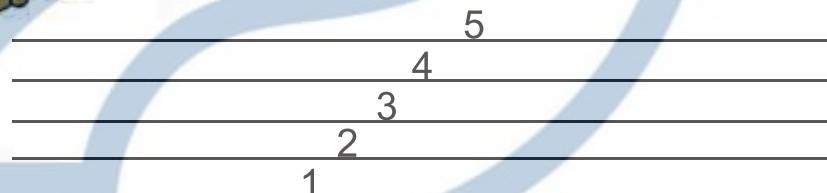
4-dars

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## NOTA YO'LI HAQIDA TUSHUNCHA



Musiqa tovushlari notalar bilan yoziladi. Notalar yoziladigan beshta chiziq "NOTA YO'LI" deyiladi.



### ANJIR



*P. Mo'min she'ri  
D. Omonullayeva musiqasi*

Anjir qiziqdir o'zi,  
Lekin bittadir ko'zi.  
Aytaqolay oldindan,  
Rangi qolmas oltindan.

Pishsa o'zi-o'zidan,  
Asal tomar ko'zidan.  
Mazza qilamiz axir,  
Kuzda yeganda anjir.

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Ayting-chi, anjirlar qaysi chiziqda joylashgan?

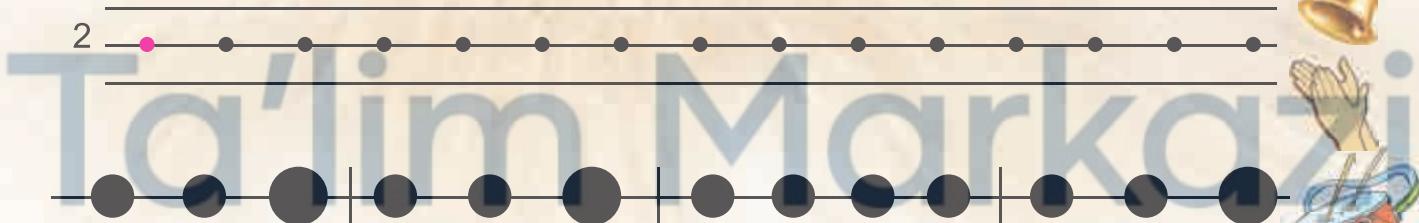


RAQS

N. Norxo'jayev musiqasi



Respublika



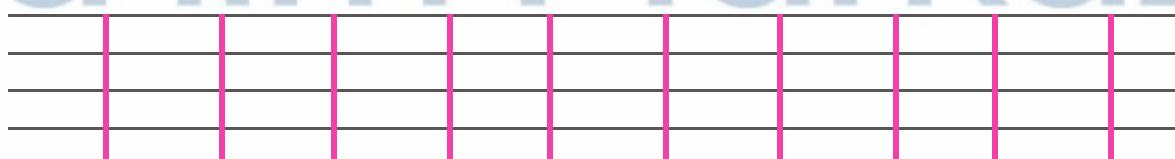
Mashq daftарining 11-betidagi topshiriqni bajaring.



Kuy bu tovushlardan tuzilgan ohangdir. Musiqaning asosi kuy bo'lib, u o'zining jozibasi bilan bizni jalb qiladi.

## DILXIROJ

O'zbek xalq kuyi



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KUZ

N. Ro'zimuhamedov she'ri  
S. Abramova musiqasi

Kelib yetdi javhar kuz,  
Sandiq ochdi gavhar kuz.  
Bog'larning saxovati, } 2 marta  
Sochildi noz-ne'mati.

Hil-hil pishdi nok, gilos,  
Ochildi paxtamiz soz.  
Ochildi paxtamiz soz, } 2 marta  
Paxtamiz, jon paxtamiz.

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7-8-darslar

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## BIZ YOQTIRGAN QO'SHIQLAR



Kuyga solingan she'r "qo'shiq"  
deyiladi.

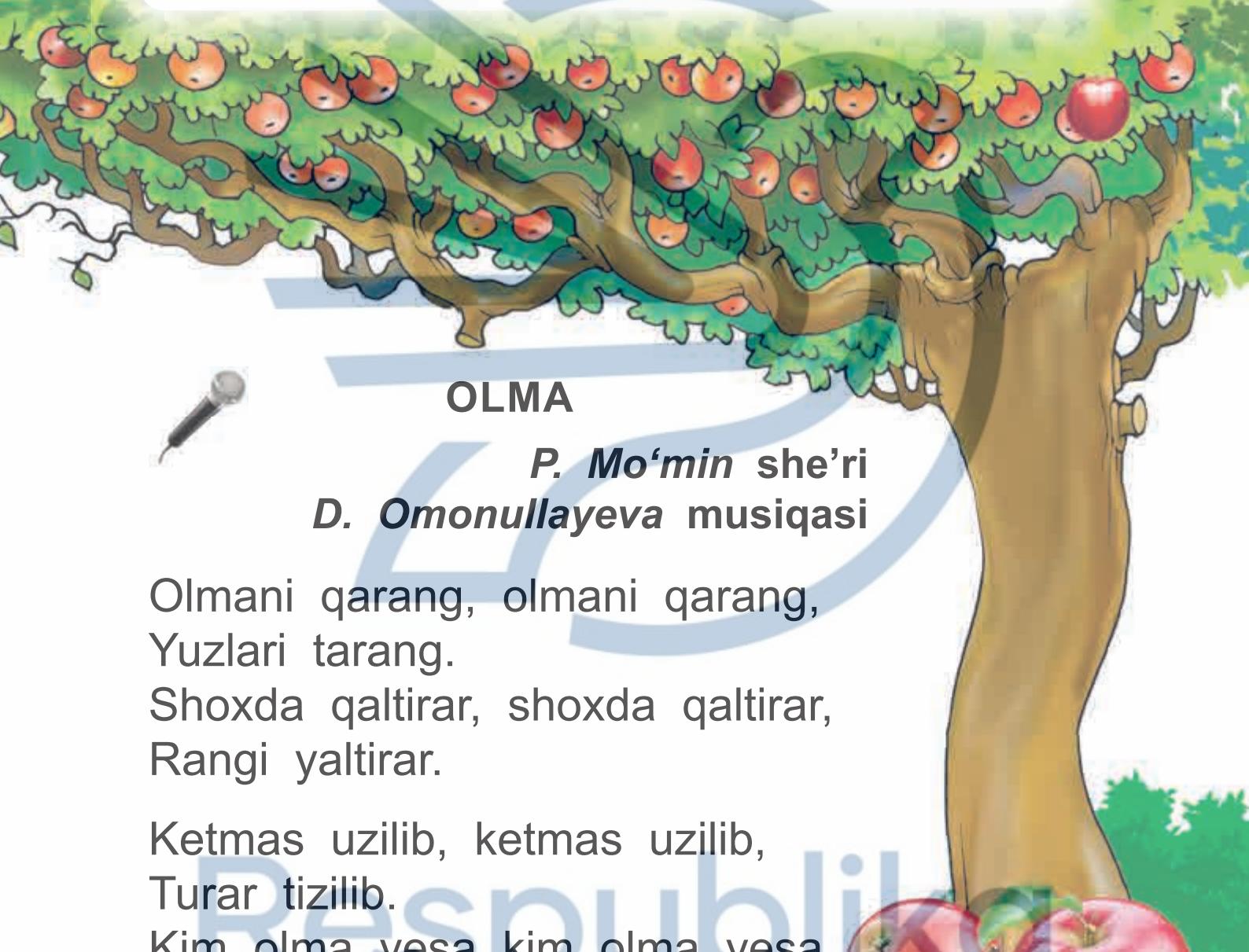


**OLMACHA ANOR**  
*O'zbek xalq kuyi*





Qo'shiq aytganda so'zlarning aniq va tushunarli bo'lishiga e'tibor bering.



## OLMA

*P. Mo'min she'ri  
D. Omonullayeva musiqasi*

Olmani qarang, olmani qarang,  
Yuzlari tarang.

Shoxda qaltirar, shoxda qaltirar,  
Rangi yaltirar.

Ketmas uzilib, ketmas uzilib,  
Turar tizilib.

Kim olma yesa, kim olma yesa,  
Maza-yu maza!

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9-dars

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## MUSIQALI O'YINLAR



Qo'shiq aytib o'ynaladigan o'yinlarga  
“musiqali o'yinlar” deyiladi.



### OQ TERAKMI, KO'K TERAK?

X. Qayumov she'ri      A. Mansurov musiqasi

Oq terakmi, ko'k terak,  
Bizdan sizga kim kerak?  
O'qishi, ishi a'lo,  
G'ayratli, chaqqon, dono,  
Kattalarning dastyori,  
Kichiklarning sardori,  
Odob-axloqda o'rnak,  
Quvnoq bolalar kerak.



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## QUYONIM

*O'zbek xalq bolalar o'yini*

Quyonim, quyonim, ne bo'ldi,  
Kasalga o'xshab o'tiribsan?  
Tur o'rningdan, o'ynab ber,  
Xohlaganiningni tanlab ber.  
Bitta o'ynab ber,  
Bitta o'ynab ber.





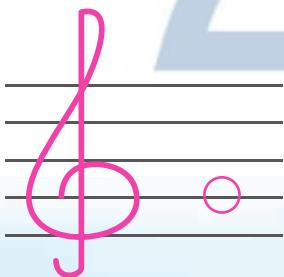
1-dars

## SKRIPKA KALITI



Skripka kalitining aylana qismi nota yo'lining ikkinchi chizig'ini qamrab oladi. Ikkinchi chiziqda **sol** tovushi yoziladi. Shuning uchun bu kalit "**sol kaliti**" deb ham ataladi.

Skripka kalitini chiroyli yozishga o'rganing.



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## G'AROYIB KALIT

Har bir uyning eshigi  
Kalit bilan ochilar.  
Notalarning ham doim  
Kaliti bor muloyim.  
Sol notasin quchoqlab  
Sol kaliti joylashgan.  
Yangroq kuya guloyim,  
Bosh bo'ladi u doim.



Mashq daftarining 20-betidagi topshiriqni  
bajaring.



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YURISH MARSHI



*F. Nazarov musiqasi*

Tinglaymiz, musiqaga mos qadam tashlab  
yurishni o'rganamiz.



Ta'lif Markazi



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BIR, IKKI, UCH...

*R. Tolib she'ri*

*N. Norxo'jayev musiqasi*

Shaxdam, shaxdam tashlang qadam,  
Bir, ikki, uch... bir, ikki, uch...  
Kuchga to'ling, sog'lom bo'ling, } 2 marta  
Bir, ikki, uch... bir, ikki, uch...

--Respublika

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## NOTALARNING NOMLARI



### ZINA

*P. Mo'min she'ri  
D. Omonullayeva musiqasi*

Yuqoriga olib chiqar asta-asta,  
Qadam qo'ysang, tushiradi yana pastga.  
Qani, bir bor o'zingni sina, udir nima?  
Qani, bir bor o'zingni sina, udir zina!



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## SALOM BERGAN BOLALAR

P. Mo'min she'ri

N. Norxo'jayev musiqasi

Salom bergen bolaning  
O'zi odobli,  
Kulib turgan yuzlari  
Go'yo oftobli.

Naqarot :

Salom berish bu –  
A'llo alomat.  
Salom bergenlar,  
Bo'ling salomat.

Salom bergen bolaning  
Darsi doim "besh",  
Maktab, uyda, ko'chada  
Yaxshilarga esh.

Respublika

Naqarot.



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Qo'shiq so'z va ohanglardan iborat.  
So'z harflar yordamida, ohang esa  
notalar bilan yoziladi.





4-5-darslar

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BUTUN NOTA



DO



Respublika

RE



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## PIANINO

*M. Zayniddinov she'ri  
J. Najmiddinov musiqasi*

Do, re, mi, fa, sol, lya, si,  
Maktab pianinosi.  
Klavishi oq-qora,  
Havasing kelar, qara.

Bir, ikki, uch, o'ng oyoq,  
Ohangga soling quloq.  
Yangroq kuyga jo'r bo'lib,  
Qo'shiq aytamiz quvnoq.



## ALIFBO BAYRAMI

*P. Mo'min she'ri*

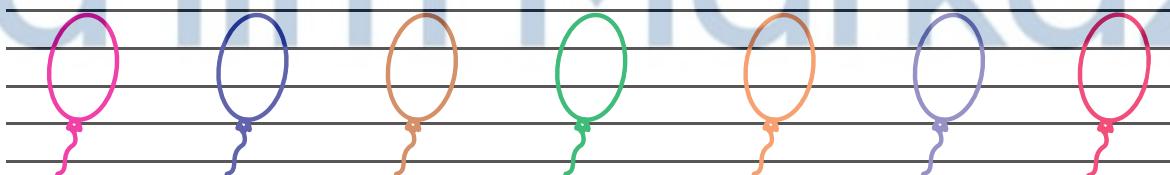
*D. Omonullayeva musiqasi*

Alifboden harflarni  
Biz o'rgandik oz-ozdan.  
Minnatdormiz o'rgatuvchi  
Muallimdan – ustozdan.

Naqarot:  
Tilimizni sayratadi  
Alifbomiz bayrami.  
Dilimizni yayratadi  
Bayramlarning xurrami.

Har bir harf daftarlarda  
Gijinglaydi toy bo'lib.  
Yozganimiz ko'rindi  
Yulduz bo'lib, oy bo'lib.

Naqarot:



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Oldimizga saf tortishdi  
Askarlarday harflar.  
Barchasiga qo'shiqlarda  
Berib o'tdik ta'riflar.

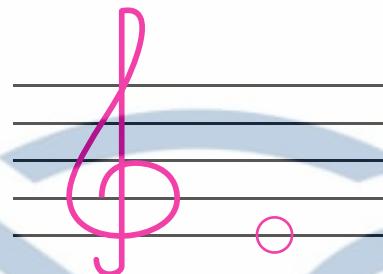
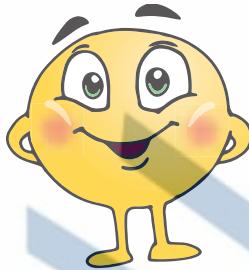
N a q a r o t.





6-7-darslar

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M I



QARI NAVO

*O'zbek xalq kuyi  
N. Norxo'jayev qayta ishlagan*



Respublika  
Ta'lim Markazi



## ARCHA BAYRAM

*P. Mo'min she'ri*

*N. Norxo'jayev musiqasi*

Hammani ham etar xurram  
Barcha bayram, barcha bayram.  
Rosa, rosa etar xurram  
Archa bayram, archa bayram.

**N a q a r o t :**

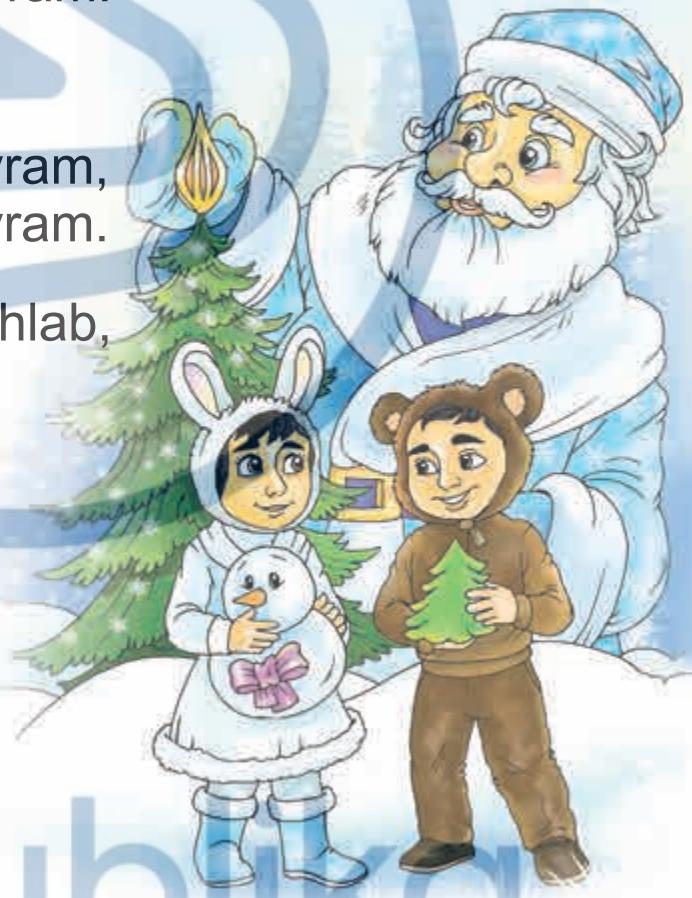
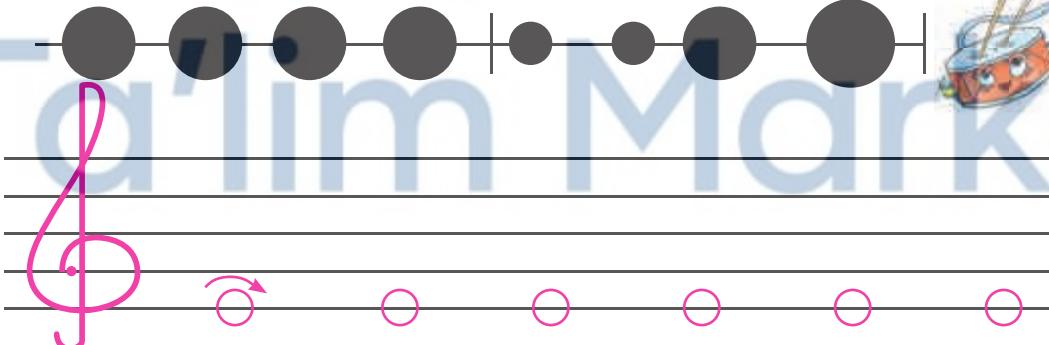
Bo'lsa hamki qancha bayram,  
Eng yaxshisi – archa bayram.

O'rmonzordan qadam tashlab,  
Yangi yilni kelar boshlab.  
Archajonning qish faslida  
Kelganligi soz aslida.

**N a q a r o t :**

Archamizning yaxshiligi –  
To'rt faslda yashilligi.  
Shoxlarida yulduzlari  
Yonar hatto kunduzlari.

**N a q a r o t .**



## MUSTAHKAMLASH UCHUN TOPSHIRIQLAR

1. A-u tovushlarini to'g'ri talaffuz qiling.



2.  qanday tovush chiqaradi?



3.  qanday tovush chiqaradi?



4.  qanday tovush chiqaradi?

5. "Andijon polka" kuyi ritmini ijro eting.



6. "Olmacha anor" kuyi ritmini ijro eting.



## 7. She'rlarni yod oling.

Uyga kirdi notalar,  
Kech qolibdi nota DO.  
Chiziqlarda joy yo'qdir,  
DOga maslahat shudir:  
Tezroq joylashgin sen, hoy,  
Qo'shimcha chiziqda joy.

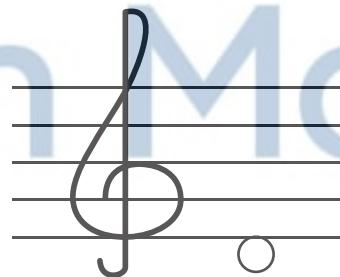
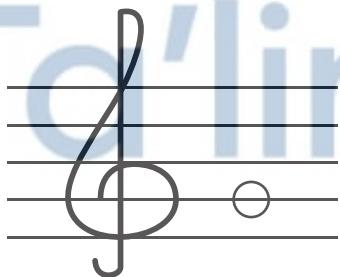
\* \* \*

RE qo'rqadi balanddan,  
Juda nimjondir o'zi.  
Shuning uchun doimo  
Chiziq ostida ko'zi.

\* \* \*

Birinchi chiziqda  
Mitti MI joylashadi.  
Quvnoq qo'shiqlar kuylab,  
Kuyga chiroy beradi.

## 8. RE notasini toping.





1-2-darslar



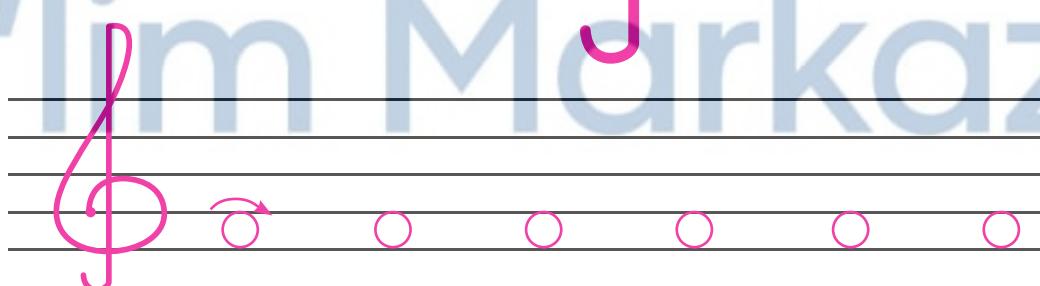
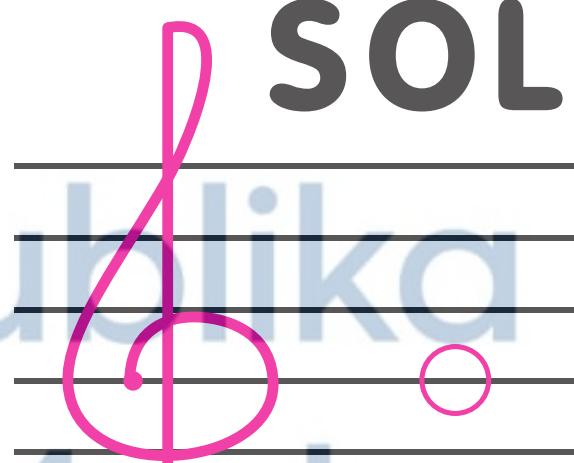
Bir bilan ikkining u  
Orasida joylashgan.  
FA deb nomlab faxr-la,  
Yurar doim mehr-la.

FA



Ikkinchi chiziqda u  
Yastanib yotib olgan.  
Kalitga og'a bo'lib,  
Kuyga mehrini solgan.

SOL



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NORIM-NORIM



O'zbek xalq kuyi  
N. Norxo'jayev qayta ishlagan



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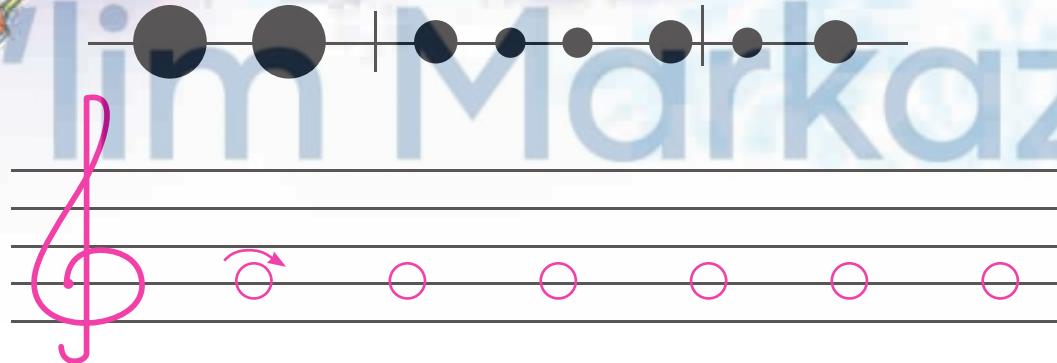
BIRINCHI QOR

*R. Tolib she'ri*

*N. Norxo'jayev musiqasi*

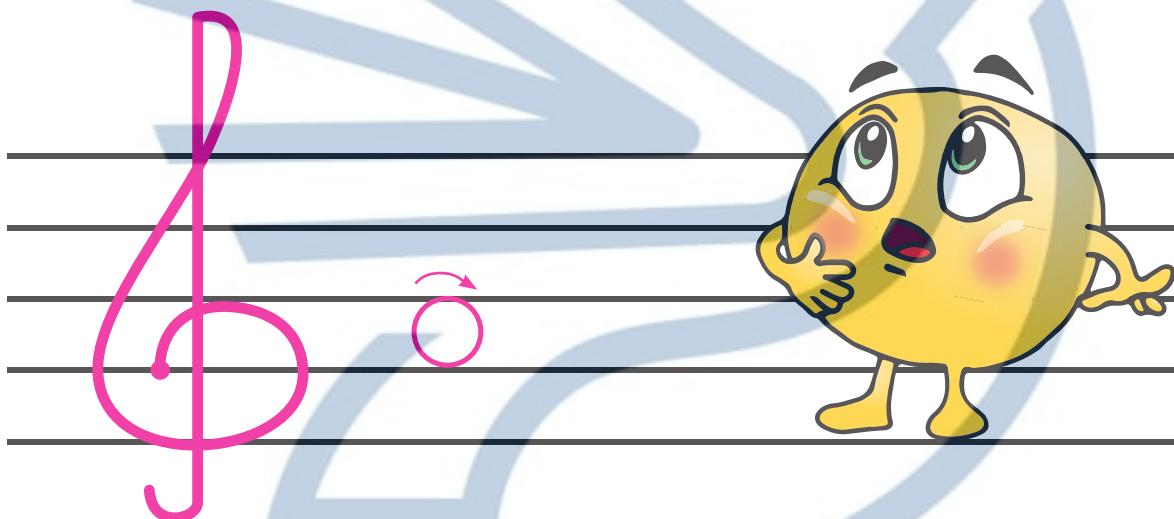
Ey qor, shodsan buncha ham,  
Axir erib ketasan.  
Voy, voy, voy, voy.

Men sizlarga bir olam  
Quvonch berib ketaman.  
Hoy, hoy, hoy, hoy.



Ikki bilan uchinchi  
Chiziqning orasida  
LYA notasi joylashgan,  
Barcha kuya moslashgan.

**LYA**



SI notasi uchinchi  
Chiziqdadir, sen angla.  
Og'alarin ichida  
Eng sof ovozda kuylar.

**SI**



## JO'JALAR



P. Mo'min she'ri

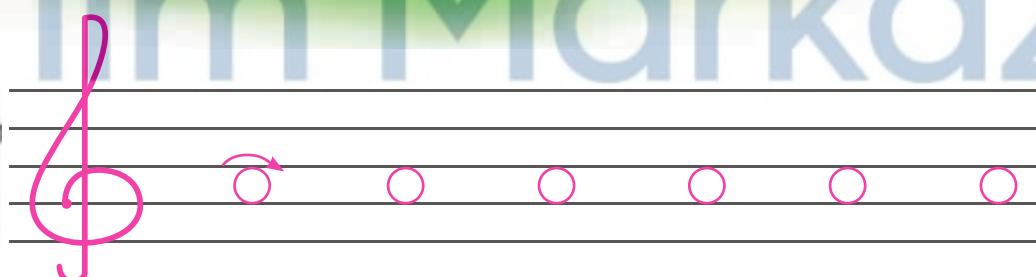
D. Omonullayeva musiqasi

Jo'jalar juda qiziq,  
Oyoqlari qiltiriq.  
Chiqishibdi tuxumdan –  
Oppoq kichkina xumdan.

"Chip-chip" deya so'zlashar,  
Oyisini izlashar.  
Tovuq so'zin uqishdi,  
Yerdan uvoq cho'qishdi.



Re'ya  
Ta'Iim Markazi



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LAVLAGI

*P. Mo'min she'ri*

*D. Omonullayeva musiqasi*

Lavlagi-yu lavlagi,  
Yerni asta kavlagin.  
Mo'l bo'libdi hosili,  
A'lo ekan qizili.  
Lolaga o'xshar,  
Qip-qizil rangi,  
Xuddi bo'yalganday yap-yangi.





5-6-darslar

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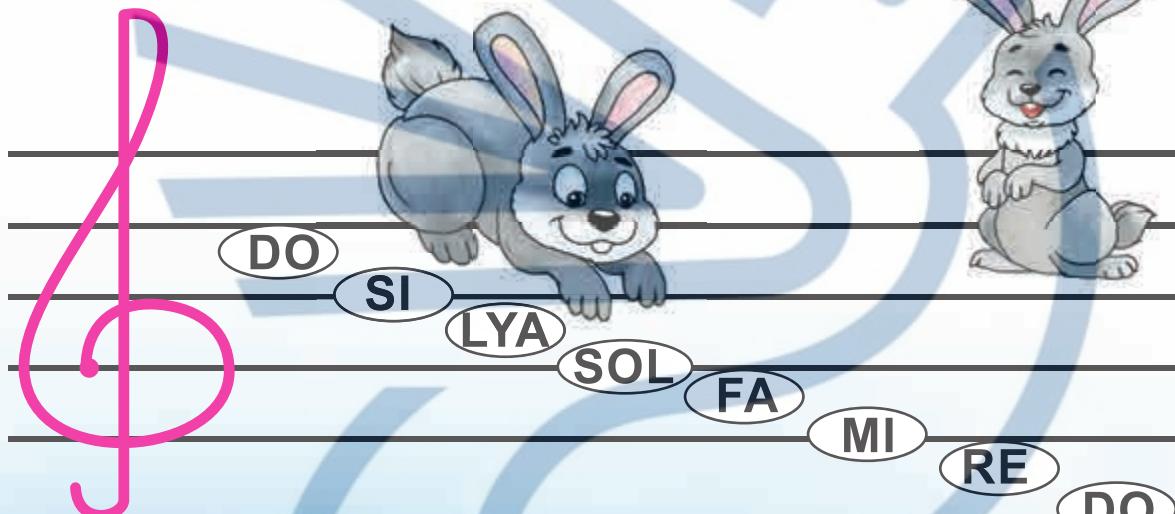
## NOTALARING NOMLARI VA ULARNING KETMA-KETLIGI



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Notalarning nomlarini chapdan o'ng-ga va o'ngdan chapga aytishni o'rGANING.



Respublikasi  
Ta'lim Marosizi

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CHITTIGUL



*Bolalar xalq o'yin-qo'shig'i  
G'afur G'ulom she'ri*

Toshxon qiz o'zi-o'zi,  
Boshida yo'rmado'zi.  
Hayu, chittigul.



Ta'lim Markazi



## DILOROMNING QO'SHIG'I



*P. Mo'min she'ri  
D. Omonullayeva musiqasi*

Quvnoq, xushovoz  
Jajji Dilorom.  
Qo'shig'i dilga  
Baxsh etar orom:  
"Ayam va dadam  
Bo'lsinlar bardam,  
Dunyo turguncha  
Tursinlar har dam".

Kuylar Dilorom  
Xushchaqchaq, bardam:  
"Dunyoda ozod  
Bo'lsin har odam.  
Qalb ovozimni  
Tinglasin olam,  
Tinglasin dadam,  
Tinglasin olam".





7-8-darslar

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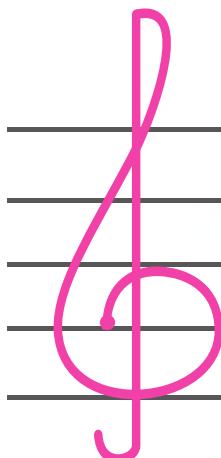


## CHIZIQLAR USTIDA VA ORASIDA JOYLAGHGAN NOTALAR

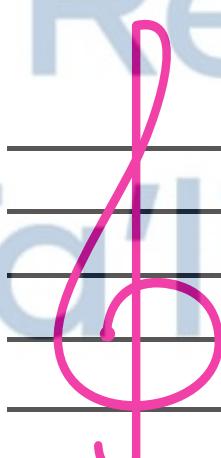
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Chiziqlar ustida  
joylashgan notalar



Chiziqlar orasida  
joylashgan notalar



Qo'shimcha chiziqlarda  
joylashgan notalar



DO

SI

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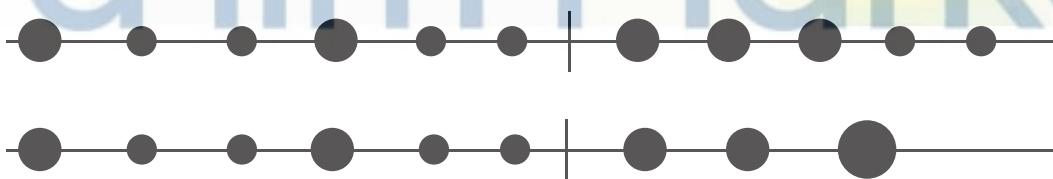
DO'LONCHA



Xalq kuyi



Respublika  
Ta'lim Markazi



## NEVARALAR QO'SHIG'I

S. Barnoyev she'ri

N. Norxo'jayev musiqasi

Bog'im bor, gulzorim bor,  
Bosh bog'bonim – bobomlar.  
Shirin so'zli, beozor,  
Mehribonim – momomlar.

Naqarot:

Nevara, evara, chevaramiz,  
Bizlar uyning chevarimiz.

Ostonamiz muqaddas,  
Ahil ota-onamlar.  
Oftob nuri tugamas,  
Havas qilar odamlar.

Naqarot:

Niyatimiz pok, nurli,  
Shundan bizlar g'ururli.  
Bobo, momolar bilan  
Yashash qanday sururli!

Naqarot.



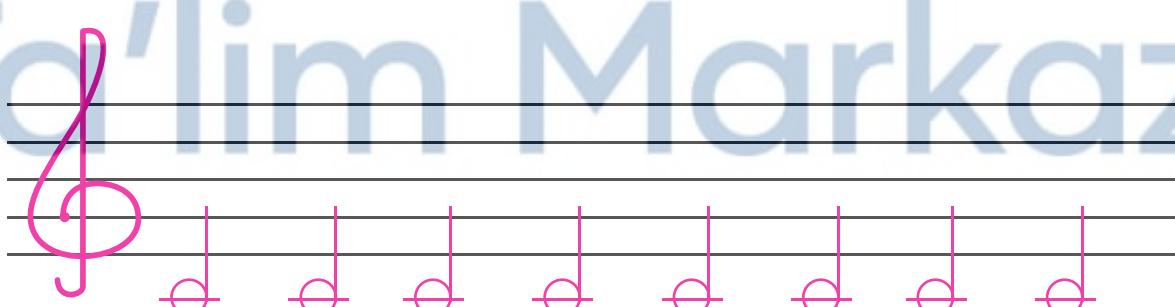
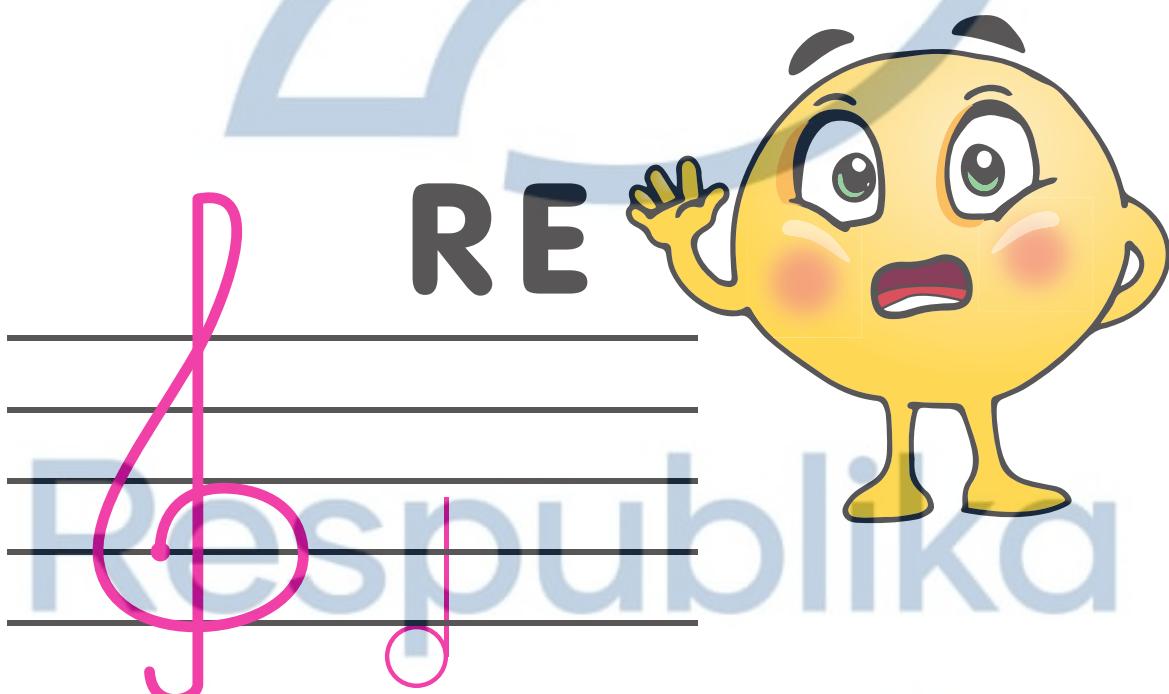
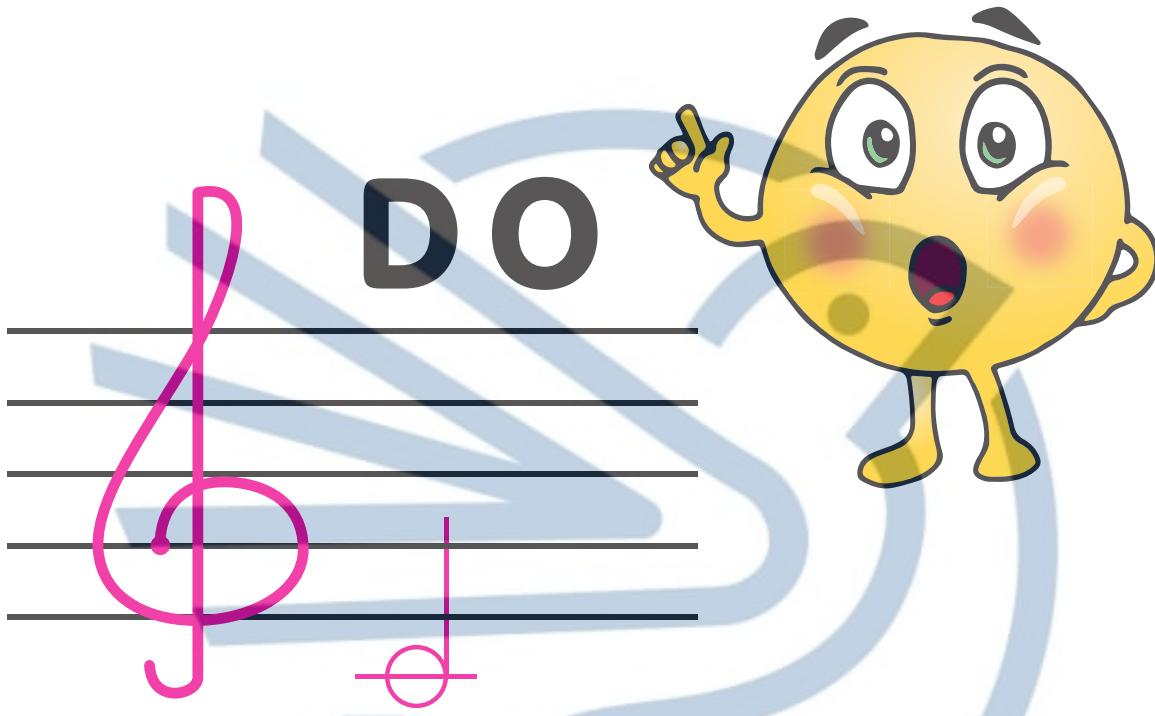
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9-dars

YARIM NOTA



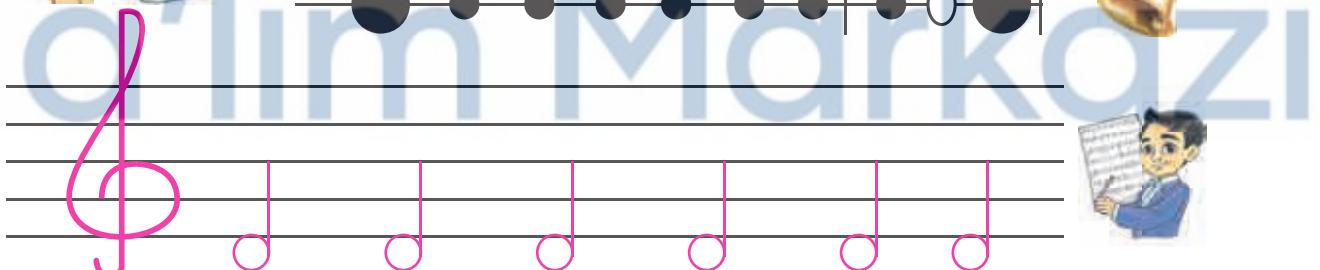
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NEAPOLITANCHA QO'SHIQ

P. Chaykovskiy musiqasi



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IV BOB. XUSHNAVO MILLIY  
CHOLG'ULARIMIZ

1-2-darslar

## TORLI CHOLG'ULAR

DUTOR BAYOTI



Xalq kuyi  
N. Norxo'jayev qayta ishlagan

DUTOR



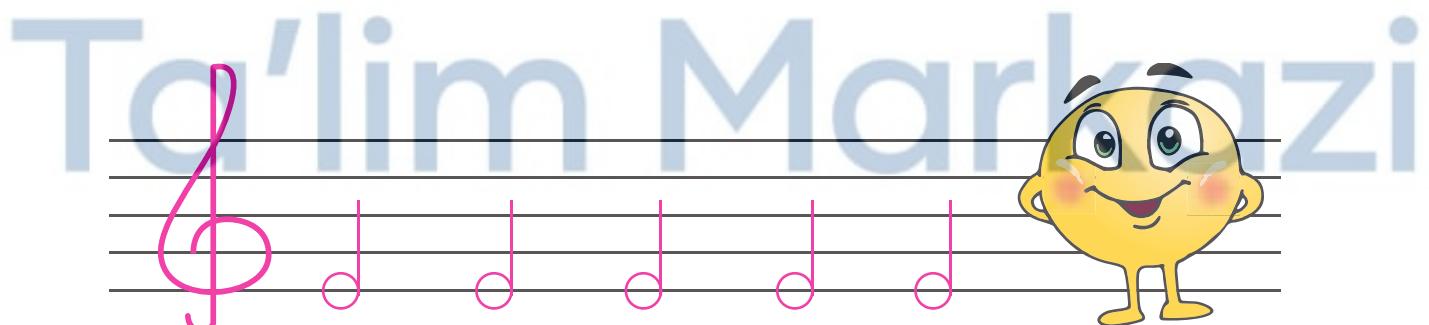
Bog'da bulbul sayraydi,  
Egalar so'zlaydi.



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?! O'zbek xalqining sozi,  
Yoqimlidir ovozi.  
Kuy-ko'shiqqa jo'r bo'lib,  
Elni qiladi rozi.



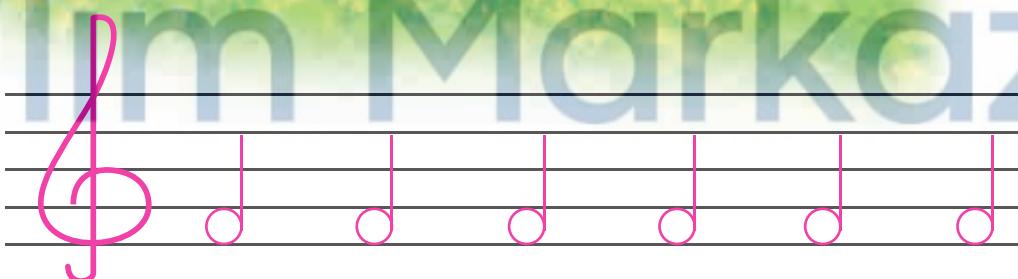
## BUG'DOY

*P. Mo'min she'ri*

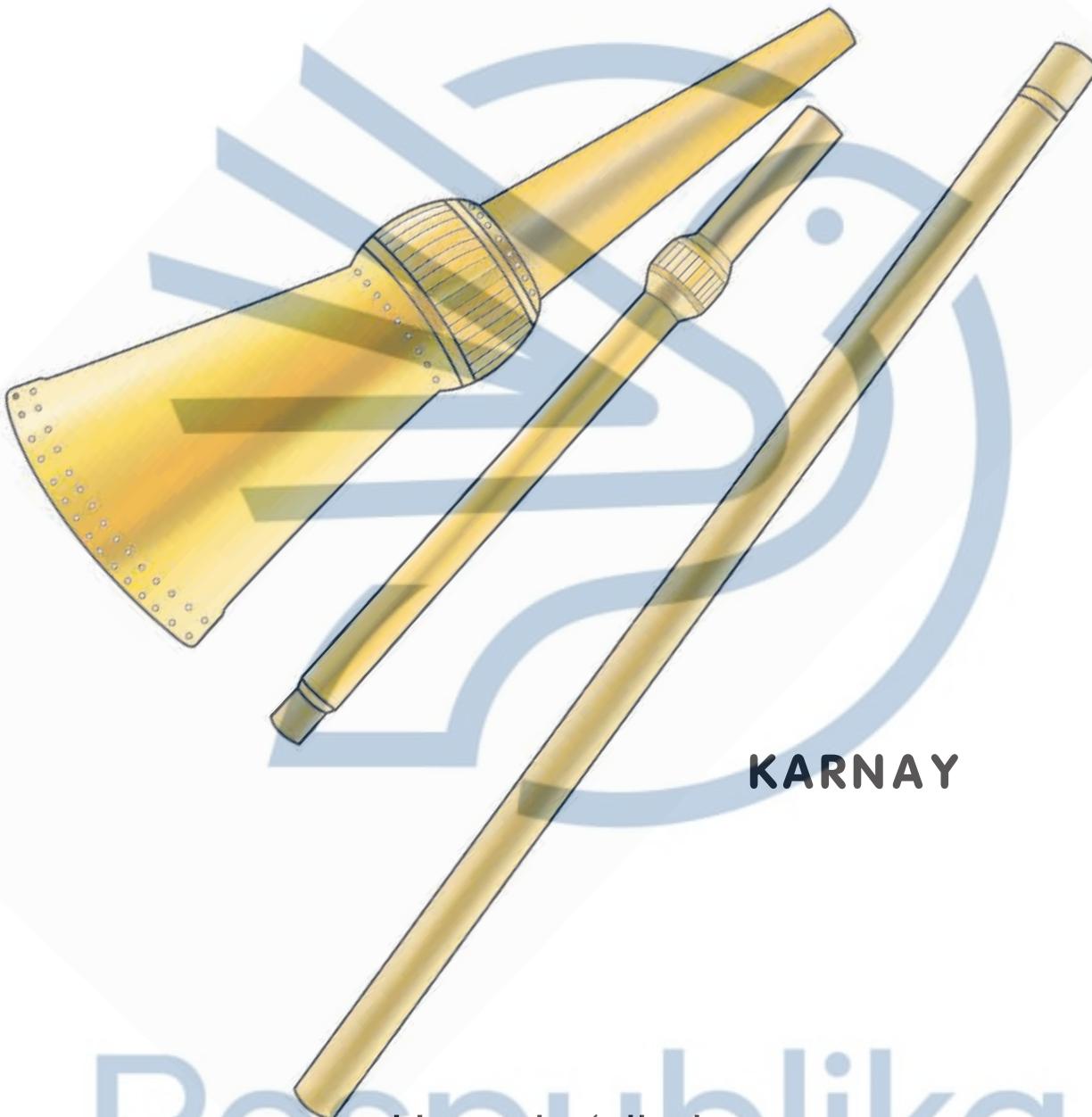
*D. Omonullayeva musiqasi*

Ekkan edim,  
Ko'kat bo'ldi, don bo'ldi.  
Pishgandan so'ng,  
Oppoqqina non bo'ldi.

Elim boy, elim boy,  
Nimaga boy?  
Elim boy, elim boy,  
Ekar bug'doy!



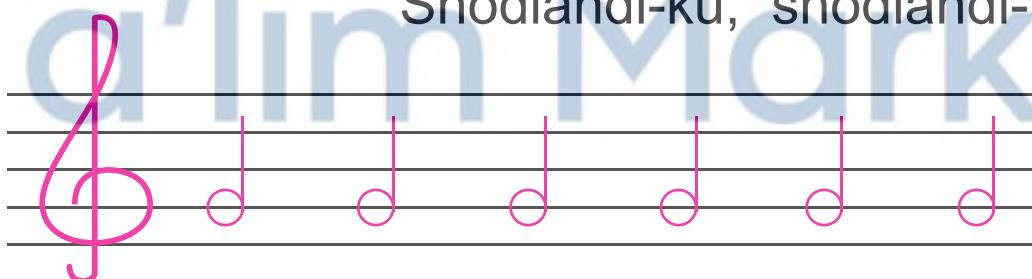
DAMLI CHOLG'ULAR



KARNAY

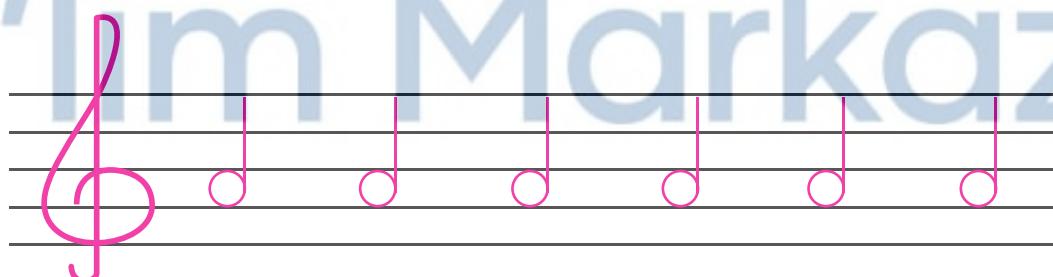


Uzun bo'yli darozman,  
G'at-g'ata-g'u, g'at-g'ata-g'u.  
Ovozimni eshitgan  
Shodlandi-ku, shodlandi-ku!





?(?) Puflab chalishar meni,  
Yetti teshik so'ylaydi.  
O'zbekning to'ylarida  
U baralla kuylaydi.



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**SEHRLI DUNYO**

**H. Ahmedova she'ri**

**X. Hasanova musiqasi**

Dilda orzular, kuylaymiz jo'shib.  
Quvonch, shodlikni kuylarga qo'shib.  
Bolalik guldir bu go'zal chamanda.  
Yashaymiz yayrab, eng baxtli Vatanda.

**N a q a r o t :**

Kuylar olam sochib ziyo.  
Chorlar har dam bu sehrli dunyo.

Porlasa nurlar, ochilar gullar,  
Yaxshi tilakka to'ladi dillar.  
Kuyga solamiz, bu zamin, samoni,  
Qo'shiqlar bilan bezab dunyoni.

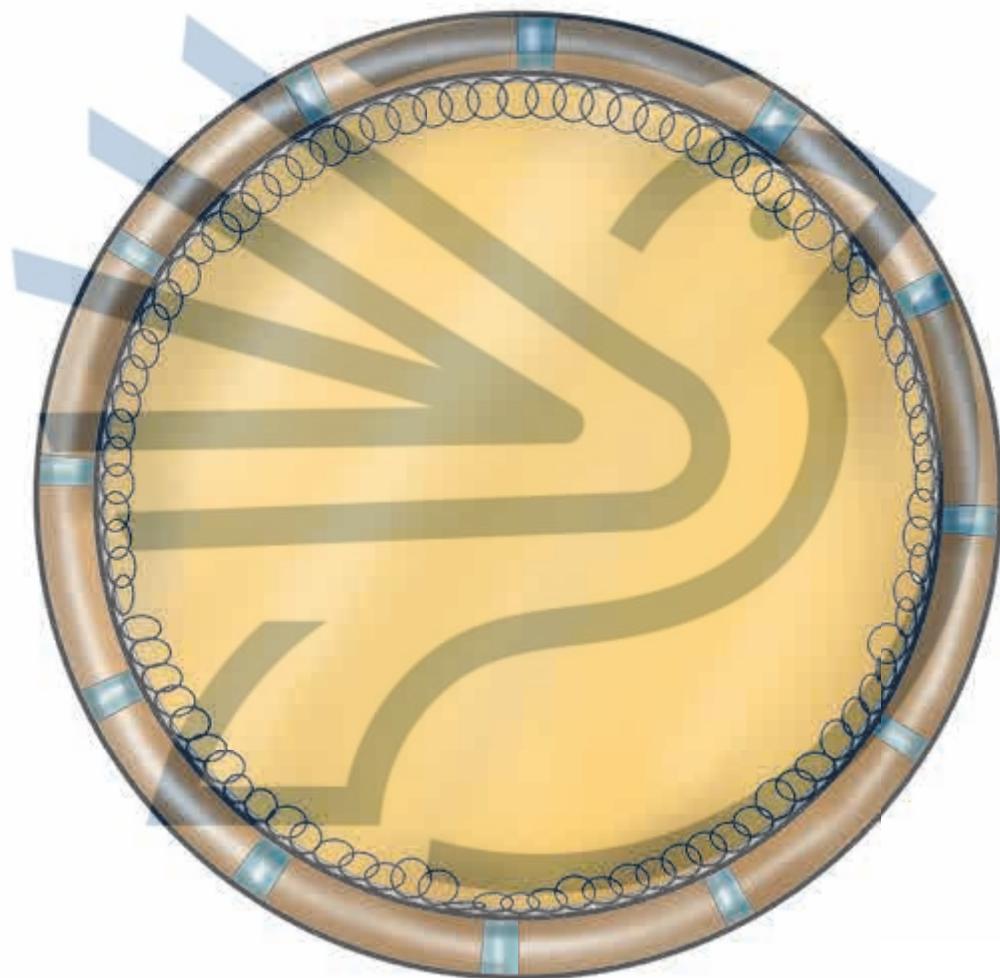
**N a q a r o t .**





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ZARBLI CHOLG'ULAR



**DOIRA**

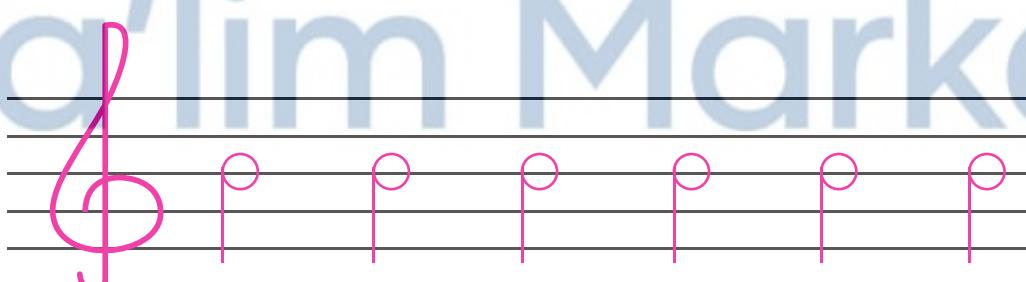


Lo'ppi barkashday o'zi,

Ziraklari shaqillar.

Bum-baka-bum, bum-baka-bum,

Bizni raqsga chorlar.



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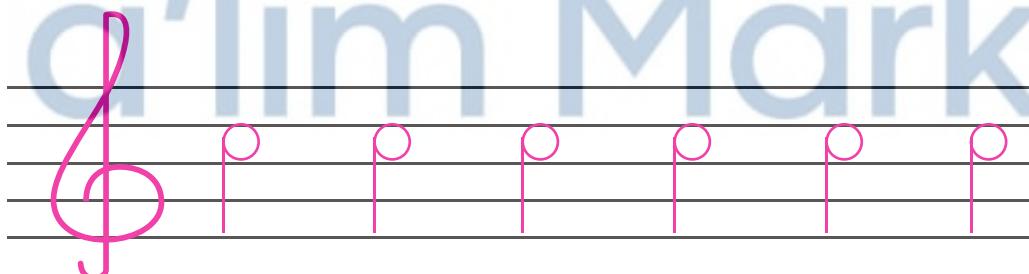
NOG'ORA



Tomda turib gilam qoqdim,  
Changi jahonga ketdi.

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XORAZM LAZGISI



*O'zbek xalq kuyi*  
*N. Norxo'jayev qayta ishlagan*



Respublikai

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**CHILDIRMA**

*P. Mo'min she'ri*

*D. Omonullayeva musiqasi*

O'zi oyday,  
Ziraklari shildir-shildir.  
Chalganingda  
Ohanglari xilma-xildir.

Topsang, darrov bildirma,  
bildirma, bildirma,  
Gum-bada-gum, gum-bada-gum,  
gum-bada-gum,  
Uning nomi – childirma!





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## BASTAKOR, SHOIR, SOZANDA VA XONANDA

Bastakor – kuy bastalaydi.  
Shoir – she'r yozadi.  
Sozanda – soz chaladi.  
Xonanda – qo'shiq kuylaydi.



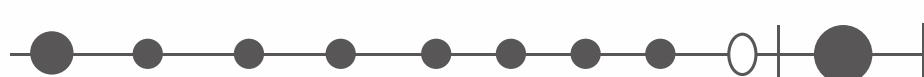
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POLKA

*M. Glinka* musiqasi



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Ta'lim Markazi



KAPALAK

*P. Mo'min she'ri*

*D. Omonullayeva musiqasi*

Kapalaklar uchdilar,  
Bu gulzorga tushdilar.  
Xo'p o'ynashdi, quvnashdi,  
Qushlar rosa quvlashdi.

Kapalakjon, kapalak,  
Qayerdasan, ber darak.  
Gulga qo'nsa kapalak,  
Qushcha topmay jonsarak.

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MUSTAHKAMLASH UCHUN  
TOPSHIRIQLAR



**“CHITTIGUL”**



**“DILXIROJ”**



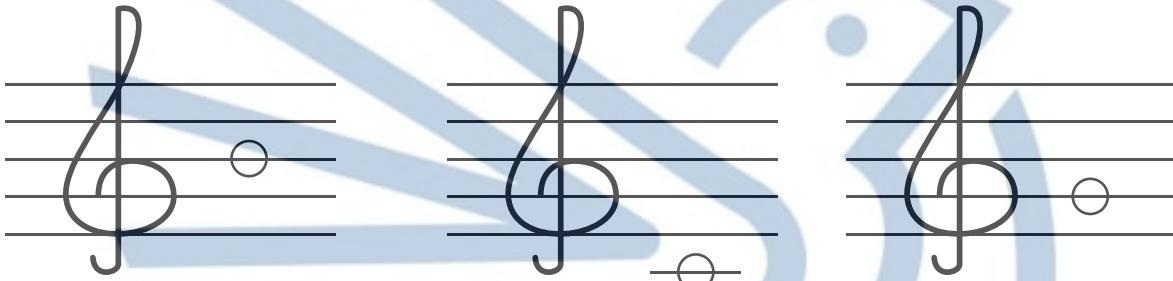
**“CHILDIRMA”**



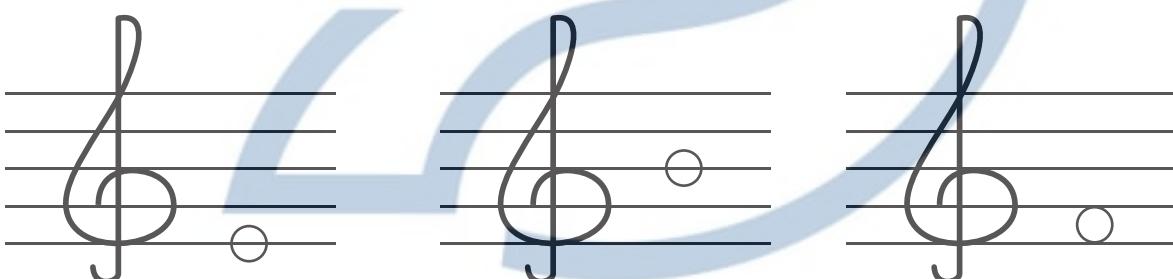


## O'ZINGIZ TOPING!

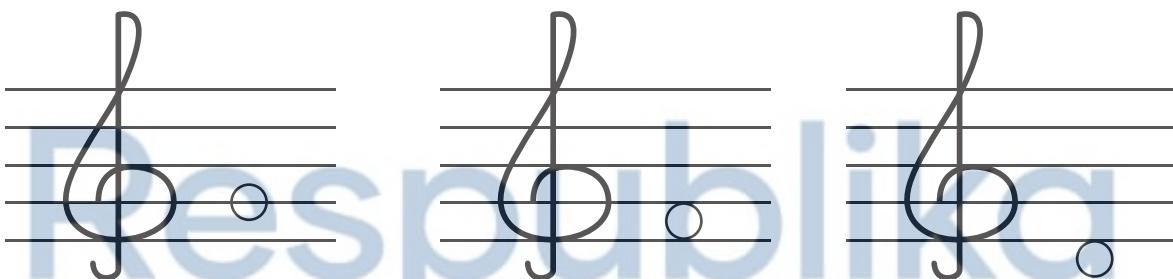
DO notasini topping.



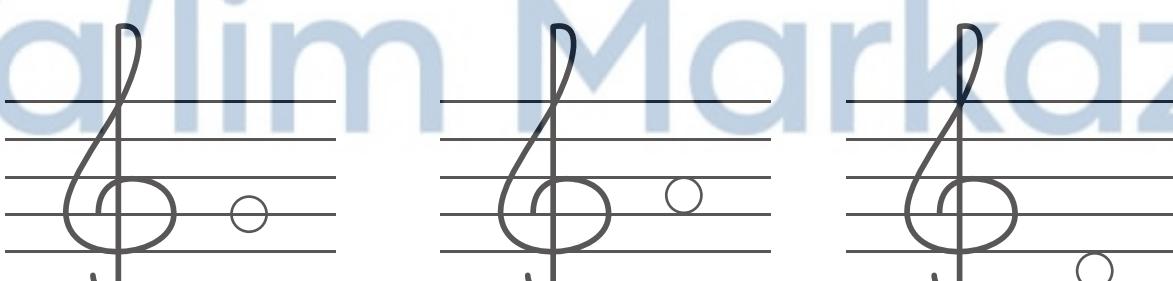
MI notasini topping.



RE notasini topping.

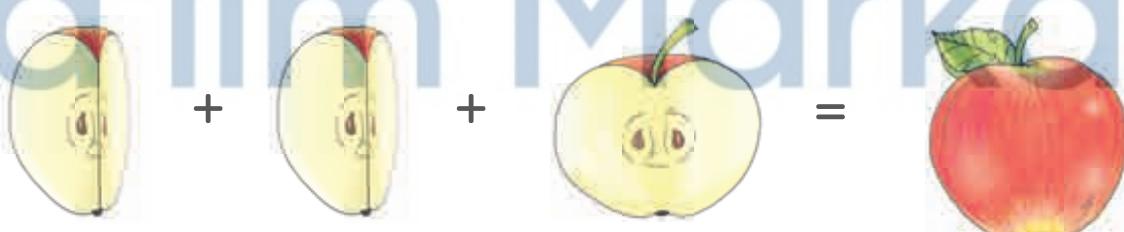
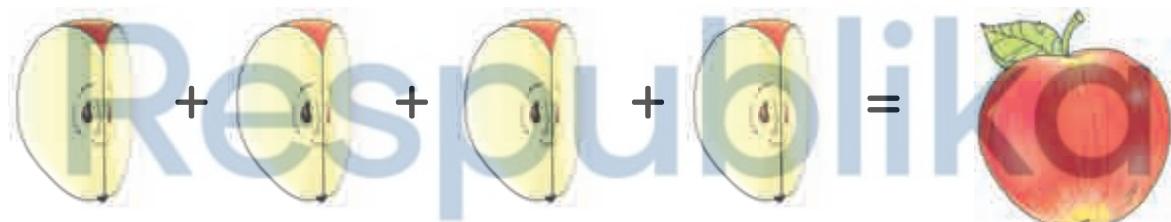
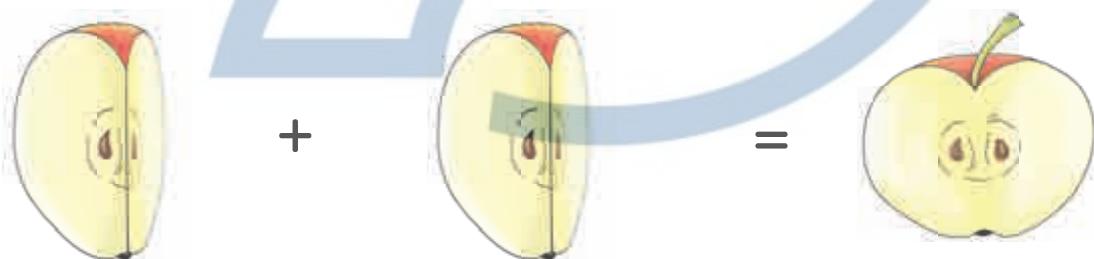


LYA notasini topping.



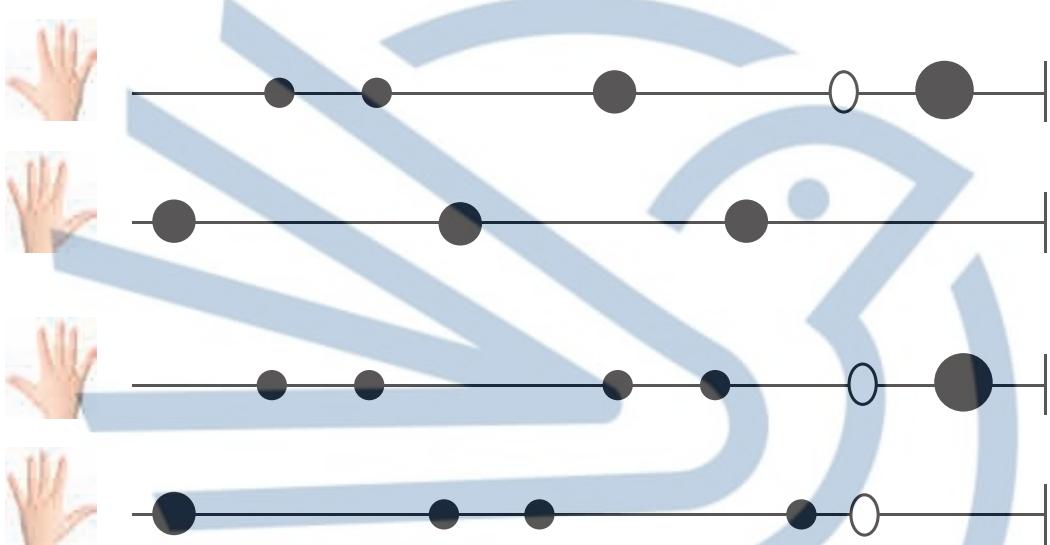
?!  
?

MEVALARNI TENG  
QISMLARGA BO'LING.

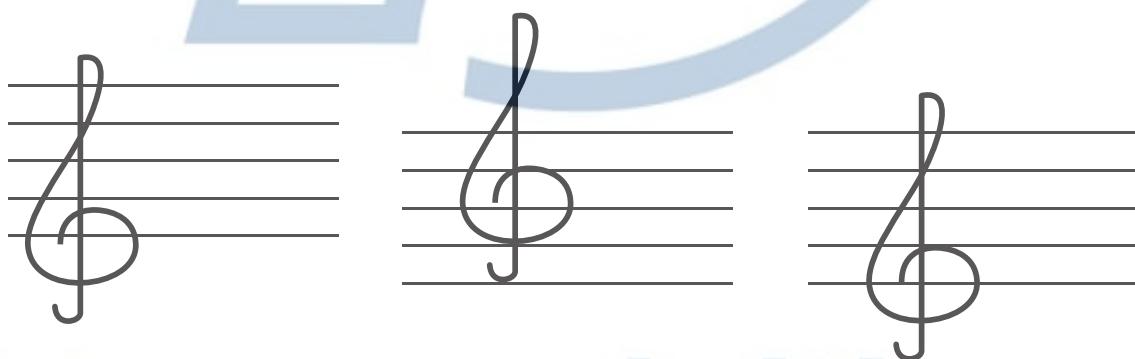


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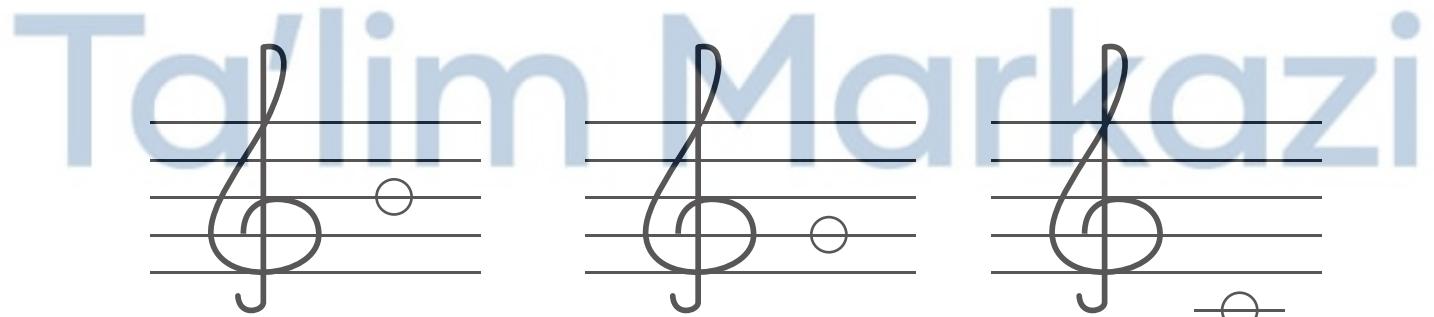
“Polka” kuyi ritmini ijro eting.



To‘g‘ri yozilgan sol kalitini topping.



DO notasini topping.



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*O'quv nashri*

**Nadim Norxo'jayev, Gulnora Ganiyeva**

# **MUSIQA**

*Umumiy o'rta ta'lim maktablarining  
1-sinfi uchun darslik*

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Muharrir *Orifjon Madvaliyev*

Texnik muharrir *Akmal Sulaymonov*

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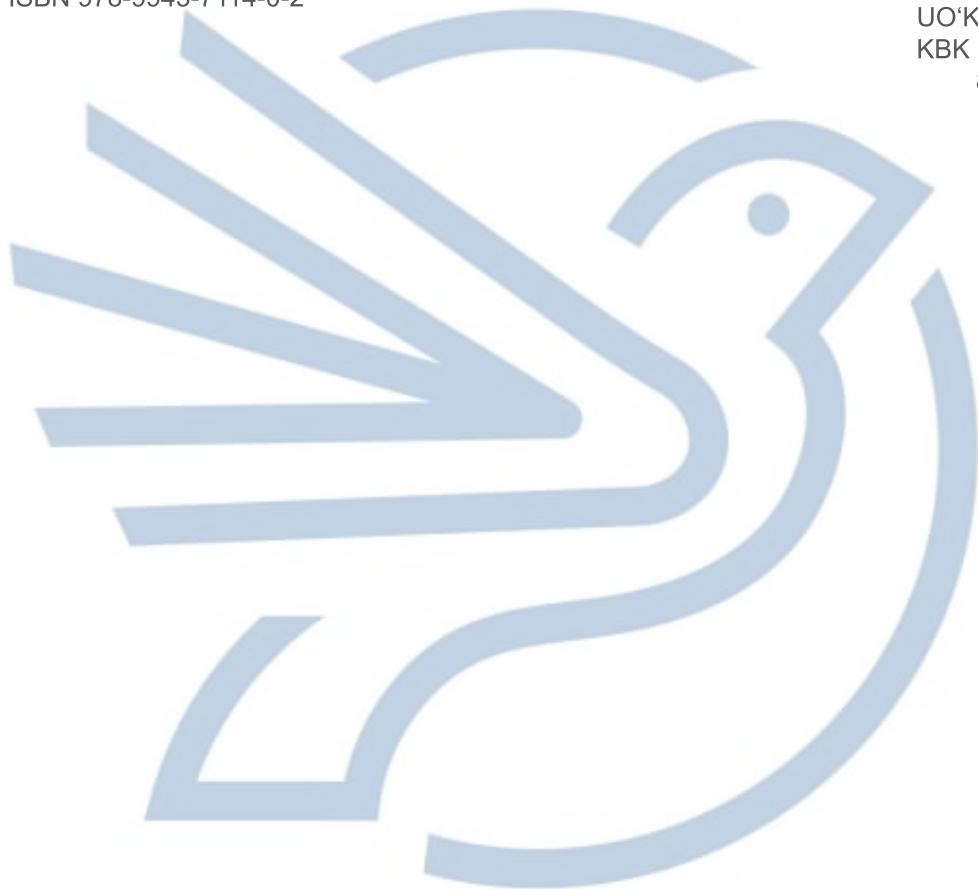
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