LIFE SATISFACTION AND SEXUAL MORES

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1. Main Conclusions

To maximise Life Satisfaction, relax views about justifiability of divorce and of casual sex, but constrain views about adolescent sex.

2. Results

Conditional probability of Life Satisfaction given Casual Sex is Justified is

$$P(L|C) = 78.8\%$$

and given Casual Sex is not Justifiable is

$$P(L|NC) = 77.73\%$$

This suggests that it is better to relax one's views about Casual Sex.

On the other hand, Life Satisfaction given Sex before Marriage is justifiable is

$$P(L|B) = 77.9\%$$

and given Sex before Marriage is not justifiable is

$$P(L|NB) = 74.42\%$$

This suggests that it is better to consider some abstinence before marriage.

I think the reasonable interpretation is that if Life Satisfaction is the goal, it is better for relaxing one's attitude towards Sex casual sex well after adolescence and reduce Sex at some age near adolescence. Firm conclusions cannot be made from these results.

3. Divorce

$$P(L|D) = 79.4\%$$

for Divorce is justifiable while

$$P(L|ND) = 76.6\%$$

and so it is better to relax one's views about accepting divorces.

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4. Evolutionary Viewpoint of Religions

From my point of view, all extant religions have a pattern of development. Communities developed mythologies for millions of years, these are ways of organising collective psyche of communities. There were tales of supernatural creatures, of their exploits, and other things. They contain wisdom learned from the past. They were accompanied by art work. Oral traditions passed on the mythologies and mythologies gave sense and wisdom. Over time they were refined and their interpretation was part of the work of human cultures. Then writing arose, and further refinements were introduced to religious texts. They are collective wisdom and unity of moral wisdom and others that are insightful for one's life.

From this point of view we can interpret religions as natural evolutionary products that refined learned wisdom about deeper aspects of human nature. And by and large they have been quite satisfactory in producing flourishing civilisations and societies among humans. But they were not producing moral positions based on measurements of life satisfaction in the end. Today I have just given some idea of moral values regarding sexuality that have empirically shown small but significant differences in life satisfaction. These are corrections to the religious traditions' estimates of human nature. And my conclusions are stronger than the religious organic growth.