

**FEBRUARY 25 2022 9:40 PM ZULFIKAR MOINUDDIN AHMED
CONTINUES TO EMOTION THEORY**

ZULFIKAR MOINUDDIN AHMED
ZULFIKAR.AHMED@GMAIL.COM

There is no science in the end for psychology of emotions worth a dime *until you have volumes of quantitative data that confused you totally*. You see, Carroll Izard's palette of ten emotions, Plutchik's eight, Descartes' six, these are amateur parlour tricks compared to what happens when you have volumes of emotion studies data from neuro-imaging. If you have not looked at gigabytes of $x_j \in \mathbf{R}^7$ data and then found that your palette belongs in the dictionary between shit and syphilis, and they are all junk, you don't know a goddam thing about natural science of emotions. I don't want to say that it's bad these theories. They are pre-scientific gentleman's speculations. They fit in the Victorian England, and you know what, these are gentlemen of good breeding and write in a way that makes me think that fine, I'll meet them at a pub in London, maybe play bridge or something. But it's not real science as I know it. Real science is when you took volumes of measurements and you don't even want to look at the data and start trying to con every fucking young impressionable graduate students with all sorts of promises of illustrious postings to look through the data so you can go back to the London pub, chat about the dreadful situation in Ukraine with some fine drinks and tell your friends, I have a team of guys looking over these issues of Nature's ordering of emotions. I have some theories, and they are promising.

Let's not be coy about this. I want a Natural Science of Emotions. Start conning some impressionable and naive graduate students before it's too late, psychologists!

1. NEED 20,000-100,000 NEUROIMAGING STUDY

Alright, listen up neuroscientists. We want 20,000-100,000 neuroimaging measurements for *every possible emotion state* in any order you like. Label them by some phrases, and collect data, get me $x \in \mathbf{R}^7$ by intensity reduced to Panksepp seven neural subcortical systems. I don't want all manner of technical mumbo jumbo with all sorts of lateral amygdala anterior hippocampus terminology. I want systems SEEKING, LUST, CARE, PLAY, FEAR, ANGER, JOY, etc. I want a real-valued measurement for each system, and I want lots of samples that are labeled. I want data from neuroscientist, not all manner of techno mumbo jumbo talk. Do you understand? Labeled emotions with lots of data vectors. You can produce your theories and publish them in neuroscience journals that I will not actually read. I want the data, not your ideas and theories. Those are your business. I will then use the data to get the right science and ignore all your theories and my immortality will be quite established. Theories will calibrate billions of people in the world and your work will be most appreciated and we esteem your co-operation. Good luck

Date: February 25, 2022.

with your jargon filled mumbo jumbo theories. May all people truly appreciate them and all.

REFERENCES

- [1] Donald E. Brown, *Human Universals*, 1991, McGraw-Hill
- [2] <https://www.youtube.com/watch?v=Bznxx12Pt10>
- [3] Joseph LeDoux, *The Emotional Brain*, 1996, Simon & Schuster
- [4] Richard S. Lazarus, *Emotion & Adaptation*, Oxford 1991
- [5] D. Watson and A. Tellegen, Towards a consensual structure of mood, *Psychological Bulletin*, 98, 219–235
- [6] Richard S. Lazarus, Thoughts on relations between Emotions and Cognition, *American Psychologist* 37(9), 1019–1024