Proof

Suppose rank A =1

Since rank A = 1, columns 2, 3, ..., n of matrix A are muttiple of column 1.

For some c,..., Cm & IF

Then columns 2, 3, ..., n are $A_2 = d_2A_1 ; A_3 = d_3A_1 , ..., A_n = d_nA_1$ for some $d_2, ..., d_n \in \mathbb{F}^n$

Thus $A := \begin{bmatrix} A_1 & d_1 & A_2 & d_2 & A_3 & \dots & d_n & A_n \end{bmatrix}$ $= \begin{bmatrix} 1 & C_1 & d_2 & C_1 & \dots & d_n & C_n \\ \vdots & \vdots & \vdots & \vdots & \vdots \\ 1 & C_m & d_2 & C_m & d_n & C_m \end{bmatrix}$