

# The Secret to Go from Intermediate to **ADVANCED** English

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**INFINITY PODCASTS 805**

So you've probably heard that it's possible to become a fluent English speaker just by watching movies or listening to podcasts in English for example right everyone says that you already know that maybe even have a friend who speaks amazing English and they did it just this way by living the language you know consuming media spending time on the internet joining communities and so on but you know why is it that so many of the people that learn this way don't actually seem to ever get Advanced English they go from a basic level up to intermediate level and you know at this point they can probably understand most of what they read or hear but now that they've gotten to this level doing

the same things that they were doing before just don't seem to have the same impact it's kind of like they've gotten stuck in this intermediate Zone does this sound at all familiar to you maybe it's even the case for you that you're in this situation right now right well most of the time the problem isn't actually that you're doing the wrong activities in fact if you've already created yourself a lifestyle in English you're already doing a fantastic job that's probably not the problem but maybe what you haven't realized is that there's a secret actually it's not really a secret it's more of a special thing that the people who are really able to get fluent in advance English start doing at this point that you

might not be doing yet and it's all about something that changes here in your mind so to explain better let's imagine the falling situation so you're having a conversation in English and part way through the conversation you freeze up a bit because you can't think of a certain word your conversation partner helps you out and that way you can continue going with the conversation after about 10 minutes you part ways and you head home so what do you do next [Music] foreign here is what you should actually do so take note of the word using a note-taking app on your phone or you can even use a small notepad if you're old-fashioned during the conversation or as soon as you finish it write

down some sentences with the word spend the next days or weeks reading your sentences out loud and thinking about that word be on the lookout for that word every time that you watch TV series a movie listen to a podcast or read a book and of course don't forget to subscribe to this channel because every single week you'll get a new lesson that's going to help you go from feeling like a lost insecure English learner to being a confident and natural English speaker that you know you can be now did you notice the mentality that is behind all these different actions it's what's called Active Learning Active Learning is all about developing curiosity and being an inquisitive learner now

being inquisitive it means that you ask questions you don't just take things at face value the opposite of active learning would be passive learning now when you learn passively all you're doing is watching content or you know reading something or whatever and you're just not really doing any of the hard mental work to think deep paper about what you're consuming you know you're just hoping that the information will get into your brain by osmosis osmosis basically means that you absorb something instantly so this is that special thing that I was telling you about people who have a more advanced level of English than you have this trait in common they're actively curious about the language and



keep in mind this is part of the mindset of a successful English learner it's really an attitude that you have towards the language so do you think you're an active learner well let's find out imagine this next situation [Music] foreign classes once per week with a private teacher for about an hour you just finished your class and your teacher gave you an assignment that before next week you need to watch a TED Talk take some notes of the main points and then you're going to present a summary to your teacher about them so let's look first at what not to do it's so nice to enjoy this class of juice while thinking in my native language I love talking to my friend in my native language I

don't know if I'm Dreaming but if I  
am I sure am dreaming in my  
native language this report in my  
native language is really hard to  
write I'd love to take a walk in the  
park and think about my day in my  
native language of course this  
guided meditation my native  
language is really centered I love  
to sing my favorite song in my  
native language and play guitar oh  
no I have to watch a video in  
English before the class so here's  
what you could do instead so you  
could simply sit down and watch  
the Ted Talk that your teacher  
signed you you don't need to worry  
about the details the idea here is  
just to get the main gist or the main  
idea of what it's talking about so  
now you can watch the Ted talk



again but take notes of any interesting points that you notice and you might want to pause the video when you do this so you don't miss anything maybe with your morning coffee you could sit down take a look at your notes and start writing your summary in just one or two paragraphs then you can come back to watching the Ted talk again with subtitles in English and especially pay attention to any words or Expressions that you aren't familiar with look them up and if there's some that you really still can't understand you can ask your teacher in the class you can search for other videos and podcasts on the topic so that you can continue building on the vocabulary and the context that

you learned about you can watch it again but this time being more focused on pronunciation really honing in or listening to the details of how the presenter says certain words or phrases you could even take it to the next level by imitating them and recording yourself and then comparing the two to see how closely you can get to speaking like the presenter did as you can see this active approach Lane looks very different from the passive approach being an active learner is all about looking for opportunities to learn anytime or anywhere you know with one piece of content you can get so much out of it if you really are paying attention and a great way to become a more active learner and have a lot of fun doing

it is with the real life app now with our app you will listen to our world famous podcast with full transcripts and vocabulary definitions plus you can use vocabulary flash cards that are going to help you to activate the vocabulary that you learn and never forget them and finally you can practice everything that you learn by speaking English anytime anywhere so what are you waiting for this is absolutely the best way to become a more proactive English learner so you can download the app now for for free in your favorite app store or by clicking up here or down in the description below so you're watching your favorite TV series and what's more you're watching it

fully in English with the audio and subtitles in English that's awesome but then you run into this world so i'll get in my mom's lace tablecloth and we want it to be special I thought I'd poach a salmon what question why do we always have to have parties where you poach things so what do you do next I'm not sure what this word poach means oh well no don't get me wrong it's totally okay for you to watch TV series and movies just to enjoy them but if your goal is to take your English to the next level then this approach just is not going to cut it so here are some things that you could do instead so you can pause you can go back repeat it again you can listen and even pause it and then repeat saying the

phrase yourself it can be a really good idea to have your phone or notepad handy to take notes of any new words that you encounter this is something that I really like to do because I don't like to interrupt the flow of what I'm watching and then when it's my study time I can use that to look up all the new words that I learned from a particular episode of a series that I'm watching and something really simple that you can do that will already do wonders for turning something passive into something active is sitting down with a goal and it can be a really small goal so for example say you're going to watch an episode of Friends and your only goal during watching that episode is to learn one new

word by the way if you love watching TV series or movies then you have got to check out the recent podcast where we look specifically at how you can make watching your favorite media a more active process so you can find that anywhere where you listen to podcasts and we'll also link it down in the description below now it's your turn we would love to hear how you have made your English learning more active what are some things that you've done that you've found to be really effective why don't you share them with us and your fellow Learners down in the comments below so being curious and inquisitive about the language is exactly what takes someone from being an average



speaker language to being an exceptional speaker of the language so look for more opportunities where you can make your passive learning into Active Learning and you're going to see incredible results if you're really wanting to master language it can take years upon years upon years so what systems help us to do is to put the focus on the little things that we need to do every day in order to have immense long-term benefits so just to give you an example say that you make it your Habit to learn three new words every day that's not really that much and it might just seem like it's too small of an objective to have however if you were able to do this successfully if you can

successfully build this goal of spending just a few minutes every day practicing and memorizing three new words then over two years you will have added over 2 000 new words to your vocabulary so you can see it really builds up over time.

**ENGLISH PODCASTS**