I conducted the study in three days. For desk research I chose first topic about bullying, for observation I decided to observe a person, my roommate, while working, I did an interview with my father about his hobbies and interests and we did survey research at school. In general, the study went pretty well. I did not have any serious difficulties while processing data I collected.

### **DESK RESEARCH**

Desk Research is the research technique which is mainly done by sitting at a desk. Desk research involves collecting data from existing resources. There is incredible amount of information available online on the internet, therefore it is easy to find what we need. On the other hand, it is important to know which information or websites are reliable. Compared to other forms of searching, such as observation, it is easier to use this technique. Information we are looking for already exist on the internet, whereas for observation we need to sketch or note what we observe.

### A. Teenagers' use of social media in connection with bullying.

- 1. What is Cyberbullying? Cyberbullying is the use of digital technologies with an intent to offend, humiliate, threaten, harass or abuse somebody.
- 2. Why does it happen? anonymity, ignorance of the consequences, social pressure
- Teenagers, social media and bullying It's suggested that young people can be more likely to bully someone online than they would in real-life, as they feel less accountable for their actions due to the nature of the online world.
- 4. How to prevent Talk with your child about cyberbullying, Learn about what your child does online, Set ground rules for your child's online activity, Teach your child safe online behaviour, Teach your child how to respond to cyberbullying, Be available to help your child, Websites and apps your child may be using
- 5. What if you are being cyberbullied? ignore the bully, tell a trusted adult, collect evidence, students think before making every post online, and avoid making posts that can have a negative effect on your reputation, parents teach children how to use technology responsibly, teachers teach students about what cyberbullying behaviors are and why they're wrong.

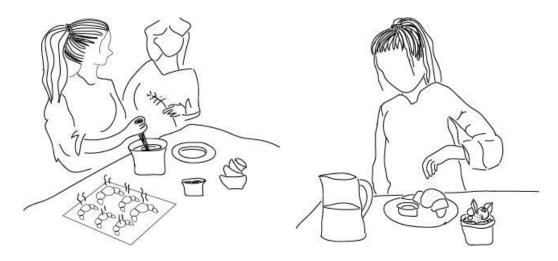
In general, I found out that almost every website I visited in order to find relevant information about cyberbullying provides the same information. I could read about cyberbullying in general, why people bully or how to prevent cyberbullying on every site I have visited. I was also pleasantly surprised that there is a lot of websites where people can read about this problem, how to avoid it or how to help and I think it is very important.

### **OBSERVATION**

Observation is one of the main methods used in good research. It helps us to find out "what is really happening". Researchers have the opportunity to add information about the environment (e.g. the conditions in which the respondent lives, etc.).

A person you are allowed to observe while working: Follow the person around, write down observations, note behaviours and sketch situations you experience.

For my observation research I chose to observe my roommate while working. She works in a restaurant where she decorates food. I spend 2 hours observing her. She comes to her work and she changes to the suitable clothes. She does not wear an apron but she must wear black trousers and white shirt. She finds it quite comfortable and she seems to enjoy her work. Her co-workers are always happy to see her. She jokes around a little bit with them and they start working. She does everything automatically, she knows exactly what to do. She must work fast, so the guest would



### <u>INTERVIEW</u>

### A hobby or an interest.

Research interview is a scientific method that is planned in advance. The researcher conducts the interview and asks questions and the respondent answers them. The researcher records the answers and then evaluates them later.

As a respondent for my interview, I chose man who has his own home, a loving family, a very interesting, time-consuming and responsible job, a dog and occasionally has free time to do what makes him perfectly happy. He is a wise, calm, kind and helpful person who enjoys life. It's my dad. Every daughter thinks she knows her father perfectly, but fathers often don't talk about their dreams and rather try to fulfil ours. Therefore, I am very glad that mine dad has accepted the invitation for this interview with me and will tell me what makes him perfectly happy in his life.

It took me approximately 11 minutes to do the interview with my dad. I prepared questions I wanted to ask, however, I also made up some during the interview since It also depended on my father's answers.

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#### 3 MOST IMPORTANT MINUTES OF THE INTERVIEW

### You work as an IT development manager in two companies, but I still often see you at home behind the computer. Why is that? Is it still about work?

Yes and no. It's about working matters, but those that I really enjoy at my work. When I can program, I am very pleased and even if it is in my free time, which I do not have to spare, I do it because I really enjoy it. I am the lucky man for whom his work is also his passion. It is incredible happiness in a person's life when this happens.

### I'm happy for you, but life shouldn't just be about work. Do you have other interests that are not connected to the job and will make you happy?

All activities with our family and our dog. Well, if you ask only about my own hobby, I really love cycling. Especially longer routes along our beautiful forest cycle paths. From early spring until late autumn, when the weather is still good, we sit with my friends on bicycles and have a 70 km rides. It cleans my head and keeps me fit. I'm with my friends and I forget a little bit about problems. And this is also my other hobby, passively watching sports programs on TV, like cycling, football, hockey, tennis or athletics. And not to forget, once a week, depending on my business trips, I go to play football with my friends in the evening.

## You mentioned traveling. We travelled a lot together, and it caught my heart, but you visited many places by yourself only because of the work you do. Do you remember the ones that really left a mark on you?

I was very impressed by the Netherlands. Maybe because it was my first big foreign business trip. Windmills, tulips, beautiful architecture. I probably will never forget that, because it made a great impression on me as a novice traveller. But maybe I would feel that way to another country that would be my first stop in the world. And the others are China, Vietnam or Israel. Totally different cultures from ours, different daily routine, different rules, soldiers, and a little fear for oneself. I will not forget this.

#### Is there something you would like to include in your hobbies, but there's no time left for that?

For some time, I built models of planes, played the guitar, piano or trumpet. It was amazing, great rest, but I ended up with it. Unfinished plane stands on the shelf, because there is no time for that. I only play the piano every Christmas, just because of nostalgy.

### **IMPORTANT INSIGHTS**

- your work can be your hobby
- sport and friends are important for our mental health, relax
- sometimes we have to give up our passions or interests because of lack of free time

#### **IMPORTANT QUOTES**

- "I do it because I really enjoy it. I am the lucky man for whom his work is also his passion. It is incredible happiness in a person's life when this happens."
- "I really love cycling. It cleans my head and keeps me fit."
- "different daily routine, different rules, soldiers, and a little fear for oneself. I will not forget this."
- "Unfinished plane stands on the shelf, because there is no time for that."

### **SURVEY**

Survey data collection method is method which has been changing thanks to the technology. From face-to-face surveys, telephonic surveys to now online and email surveys. Each of these methods has some pros and cons and every researcher has his own preferences for gathering information and it depends on him which survey methods will use. In class we done online survey.

Online surveys use the internet in order to gain information, insights or feedback about upcoming products or services etc. Online survey or internet survey, is one of the most popular data-collection methods, where a set of questions is sent out to respondents who can receive online surveys via email, social media etc.

We decided to make an online survey aimed on international students about accommodation. We made up questions relevant to this topic. We asked them some general questions about the way they live, however, we were also curious about challenges they had to face.

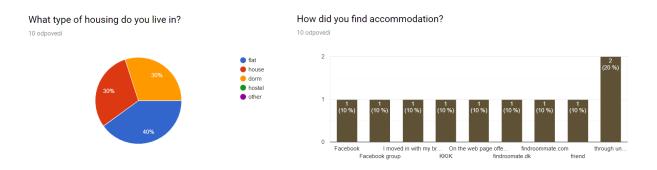
Our first questions were aimed on some general information about our respondents. We found out that most of our respondents were women in age between 18 - 25.



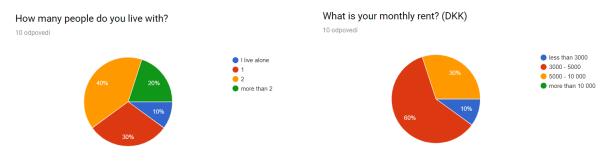
We found out, that it was not very easy for our respondents to find an accommodation. The majority of them was looking for an accommodation more than a month. We also found out that most of respondents live in different parts of Copenhagen but there are people living in different cities, such as Roskilde.



We were wondering where our respondents live. Most of them live in a flat. They were looking for a place to live in many different ways, for instance through different Facebook groups, university or different rental websites.



They usually share the apartment with two or more people and their monthly rent is 3000 - 5000 dkk.

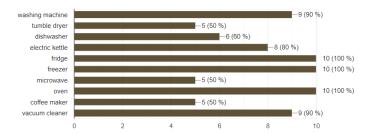


In general, their accommodation is situated in a good location. They have everything they need in a walking distance from their home. Their houses are also equipped with useful appliances. Even though, not everyone has washing machine, tumble dryer or vacuum cleaner, there is always a fridge, freezer and oven in the household of everyone we asked.



#### What household appliances do you have?

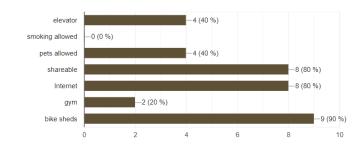
10 odpoved



We also found out that a lot of our respondents live in a shareable accommodation and have internet. However, no one lives in a house where smoking would be allowed. We were also curious about some challenges international students had to face. They had to be careful while looking for a place to live and had to avoid scammers which can be hard sometimes. They also had struggles with deposit and finances in general.

#### Which of the following apply to your accommodation?

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### What were the biggest challenges related to accommodation you had to face?

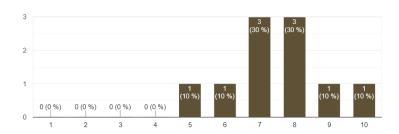
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And our last question was, whether or not they are satisfied with their current accommodation. They are all either quite satisfied or completely satisfied.

### How satisfied are you with your current accommodation?

10 odpovedí



### **Desktop research**

Research technique which is mainly done by sitting at a desk, collecting data from existing resources

### TEENAGERS' USE OF SOCIAL MEDIA IN CONNECTION WITH BULLYING.



Use of digital technologies - Insults - humiliation - threats - harassment





Why is it HAPPENING?

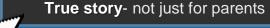
**Anonimity** - popularity - ignorance of consequences

How to PREVENT CYBERBULLYING





A victim of CYBERBULLYING



### **Observation**

Research technique which helps us to find out what is really happening

### MY ROOMATE'S JOB AT RESTAURANT



### **FOOD DECORATOR**

I spent 2 hours observing her

- She comes to work and goes to appropriate CLOTHES.
- She does everything AUTOMATICALLY, knows EXACTLY what to do. She has to work FAST so the guests don't have to wait
- This work does NOT seem STRESSFUL

### Interview

Research technique when researcher conducts the interview and asks questions and the respondent answers them. The researcher records the answers and then evaluates them later.

### A hobby or an interest

### **ONLINE INTERVIEW** on Skype with my father

### Interesing QUOTES:

"I do it because I really enjoy it. I am the lucky man for whom his work is also his passion. It is incredible happiness in a person's life when this happens."

"I really love cycling. It cleans my head and keeps me fit."

"different daily routine, different rules, soldiers, and a little fear for oneself. I will not forget this."

"Unfinished plane stands on the shelf, because there is no time for that."

### Survey

Research technique for quick gathering of facts, opinions, attitudes

### Challenges of being an international student in Denmark - Accommodation

#### **GOOGLE QUESTIONNAIRE**

# How long did it take you to find accommodation? 10 odpovedí more than a month more than a year

#### **INTERESTING INSIGHTS**

- most of the respondents were looking for an accommodation more than a month,
- the majority of respondents are living in a flat,
- every respondent has fridge, freezer and oven in their household,
- every international student we asked is quite satisifed with the accommodation