**上海市奉贤区中心医院住院医师规范化培训**

**腰椎穿刺术操作技能考核评分表**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 考核住院医师：${studentName} | | | | | 考核科室：${deptName} | | | | | |
| 日期：${date} | | | | | 得分：${skillScore} | | | | | |
|  |  |  | |  |  |  |  |  |  |  |
| 评分项目 | | 评分细则 | | |  |  |  | 满分 | 扣分 |  |
|  | |  | | | | | |  |  |  |
| 病人准备 | | ①核对病人信息（2 分）；②向病人解释穿刺目的（2 | | | | | | 6 | ${part00} | |
| （21 分） | | 分）；③消除紧张感（2 分） | | |  |  |  |  |
|  |  |  | | | | | |  |  |  |
|  |  | ①协助病人侧卧于硬板床上（3 分）②背部与床面垂 | | | | | | 15 | ${part01} | |
|  |  | 直（3 分）③使病人头向前胸部屈曲（3 分）④两手 | | | | | |  |
|  |  | 抱膝紧贴腹部，使躯干成弓形（3 分）⑤脊柱尽量后 | | | | | |  |
|  |  | 凸以增宽椎间隙（3 分） | | |  |  |  |  |
|  | |  | | | | | |  |
| 消毒铺巾 | | 定位：①以髂嵴连线与后正中线的交点处为穿刺点 | | | | | | 6 | ${part02} | |
| （22 分） | | （相当于第 3、4 腰椎棘突间隙）（4 分）②也可在上 | | | | | |  |
|  |  | 一或下一腰椎见间隙进行（2 分） | | |  |  |  |  |
|  |  |  | | | | | |  |
|  |  | ①常规消毒术区 3 次（3 分）；②直径 15cm 逐步缩小 | | | | | | 6 | ${part03} | |
|  |  | （3 分） | | |  |  |  |  |
|  |  |  | | |  |  |  |  |
|  |  | 戴无菌①帽子②口罩③手套 | | |  |  |  | 5 | ${part04} | |
|  |  |  | | | | | |  |
|  |  | 铺无菌洞巾。（由助手固定，请考官替代） | | | | | | 5 | ${part05} | |
|  | |  | | | | | |  |
| 麻醉穿刺 | | ①检查器械（2 分）②检查穿刺针是否通畅、针芯是 | | | | | | 6 | ${part06} | |
| （44 分） | | 否配套（4 分） | | |  |  |  |  |
|  |  |  | | | | | |  |
|  |  | ①核对局麻药物名称（3 分）②用 2%利多卡因局部麻 | | | | | | 6 | ${part07} | |
|  |  | 醉（3 分） | | |  |  |  |  |
|  |  |  | | | | | |  |
|  |  | ①左手固定局部皮肤部位，右手持穿刺针以垂直背部 | | | | | | 9 | ${part08} | |
|  |  | 刺入（3 分）②针尖可稍倾向头部方向（3 分）③当 | | | | | |  |
|  |  | 突然两次突破感（穿过棘间韧带和硬脊膜）后可将针 | | | | | |  |
|  |  | 芯慢慢抽出，见脑脊液流出（3 分） | | |  |  |  |  |
|  |  |  | | | | | |  |
|  |  | 用无菌试管接取缓慢放出的脑脊液 2-5ml | | | | | | 5 | ${part09} | |
|  |  |  | | | | | |  |
|  |  | 将抽出液送化验（常规、生化、培养及病理）、记量 | | | | | | 5 | ${part10} | |
|  | |  | | | | | |  |
| 穿 刺 结 束 | | ①抽完后重新插入针芯②拔出穿刺针③消毒后适当 | | | | | | 6 | ${part11} | |
| （15 分） | | 按压后覆盖无菌纱布、稍用力压迫片刻。 | | | | | |  |
|  |  | 用胶布固定覆盖术口 | | |  |  |  | 3 | ${part12} | |
|  |  |  | | | | | |  |
|  |  | 术后嘱病人保持去枕平卧体位 4-6 小时 | | | | | | 3 | ${part13} | |
|  |  |  | | |  |  |  |  |
|  |  | 告诉病人有不适立即通知医护人员 | | |  |  |  | 2 | ${part14} | |
|  |  |  | | |  |  |  |  |
|  |  | 整理物品 | | |  |  |  | 3 | ${part15} | |
|  | |  |  |  |  |  |  |  |
| 提问 | |  |  |  |  |  |  | 6 | ${part18} | |
| （6 分） | |  |  |  |  |  |  |  |
|  | |  | | |  |  |  |  |
| 人文关怀 | | 体现在整个操作过程中 | | |  |  |  | 3 | ${part19} | |
| （3 分） | |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

考评人签名：${kprqm}