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| 5 | Paul Wilfred Valenzuela Pabilonia | paulpabilonia123@gmail.com |
| Pinagsanjan, Pagsanjan | 2023-03-04 14:48:02.140159 | Moderate Risk |

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| QUESTIONS | ANSWER |
| Have you been capable of finding humor and laughing about situations? | (1) Rather less than I used to |
| Have you anticipated things with pleasure and excitement? | (3) Yes, most of the time |
| Have you needlessly held yourself responsible when things didn't go well? | (2) Yes, sometimes |
| Have you experienced anxiety or concern without a valid cause? | (1) No, not much |
| Have you experienced fear or panic without a clear or justifiable reason? | (1) No, most of the time I have coped quite well |
| Have things been overwhelming you? | (2) Yes, sometimes |
| Have you been so unhappy that you have experienced trouble sleeping? | (2) Yes, quite often |
| Have you experienced feelings of sadness or misery? | (2) Yes, quite often |
| Have you been so unhappy that you have shed tears? | (2) Yes, quite often |
| EPDS Score | (16) |

Thank you for answering questions. Based on the conversation with me, I can see that you are in Moderate risk level, the sharpest concern like new or changed behavior that is related to a painful event, loss, or change probably people who take their lives exhibit one or more warning signs. It can cause severe emotional, behavioral and physical health problems, so it is important to seek attention from a primary care provider or mental health professional as soon as possible.

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| EPDS Score | Interpretation | Action |
| Less than 8 | Depression not likely | Continue support |
| 9-11 | Depression possible | Support, re-screen in 2–4 weeks. Consider referral to primary care provide(PCP). |
| 12-13 | Fairly high possibility of depression | Monitor, support and offer education. Refer to PCP. |
| 14 and higher (positive screen) | Probable depression | Diagnostic assessment and treatment by PCP and/or specialist. |
| Positive score (1, 2 or 3) on question 10 (suicidality risk) |  | Immediate referral is necessary for assessment of suicidal ideation. This is to ensure proper intervention and to consider factors such as plan, history, symptoms, and potential harm. |