

# 双侧美股突破策略( Youtube 双侧玩美股)

## 简介:

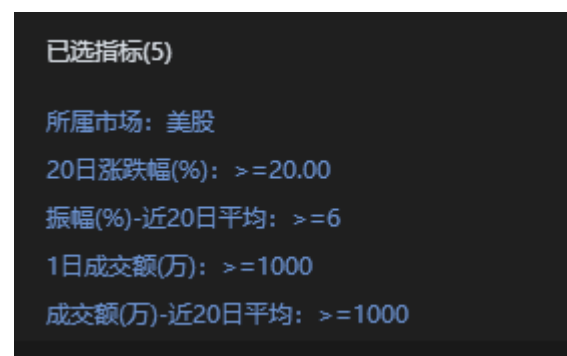
我的突破策略是从Qullamaggie的Break Out Strategy 中演变出来的, 基本与他的策略相符, 但根据我自己的一些观察增加了一些要求和策略细节, 个人认为更适合大多数人follow。我想要找的Setup(突破前的准备形态) 主要有以下几个部分构成:

- 一只股票需要在过去的一段时间现有一波大幅的上涨, 上涨越线性越好, 而且我希望他能够在MA10/MA20经常找到支撑。如果上涨中途经常插大阴线, 则减分, 因为股性相对来说就更差了。
- 在上涨之后, 该股票需要有一波中幅的回调, 回踩MA10/MA20(稍微大盘一些的MA50也可以)。之后, 该股票需要在均线附近找到支撑并进行盘整, 在盘整的尾部, k线排列需要变得很紧, 价格波动幅度需要缩小。
- 在从高点算至少9-10个交易日之后, 且离50日均线的距离小于35%, 股票突破盘整趋势线, 这个时候交易量并不是很关键的参考指标, 当然, 有放量更好。
- 突破的时候直接买入, 并把止损设在当天的低点, 这个止损不应该很宽, 你的risk也不应该大于整体账户的1%, 风险回报比十分重要, 如果股票已经涨了很多了, 应该放弃参与, 管住手。
- 在有盈利后的3个交易日后, 卖出50%的仓位, 剩余仓位以MA10做移动止盈, 收盘价跌破MA10 清仓离场, 在触发之前, 可以逢高略微减仓, 但确保留有至少1/3的底仓等触发移动止盈再卖出。

## 如何找到这些股票?

在看盘软件里, 你应该有一个自己的筛选条件, 找到过去一个月最强势的股票。如果股票走势比较干净, 放在观察列表里, 等待Setup的形成。

这是我FUTU 里面的筛选指标:



## 注意事项!!

交易突破时, 必须确保纳指或罗素(因为大多数符合的股票都在这两个指数中)的MA10在MA20以上, 并且两根均线都在上升趋势中。大盘越强, 突破的成功率就越高。注意分仓, 永远不要ALL IN 一直股票, 确保每笔交易的Risk 在账户的1%及以下

以下是我总结的过去的一些教科书Breakout

1. SLNO later half 2023



PLX DEC 2024



MVST Dec 2024



GRRR Early Feb 2024



ZM feb 2024



Try to trail the second stop on the 10 MA, only sell when closes below 10 MA, in this case worked out great. But I think if it is way too extended over the moving averages, can trim a bit earlier.

GME early jan 2021



LOLLLLL, imagine catching shit like this

NVAX early June 2020



fucking insane



BILI MID 2020



ETSY MID JUNE 2020



Still Etsy - Better setup in July - tighter range break



CHWY 2020, full of set ups.



AAPL 2024



Power of EP, Root was the textbook set up, just take a look at the volume on earnings. Probably insane numbers and beats. if you get in this trade, at least 1/3 of your position would have 7X ed in the matter of two months.



However, the exact same setup fails, that's why you should always enter within the first 30 minutes to an hour. In this case, you would have some nice cushion so you at least don't lose money. But I think if it went up this crazy, 200% ish, trimming some intraday would be smart.

AMZN late 1998



SOUN sept 2024



Sens late 2020





LEDS mid 2021



## SKYT IPO



TLRY early 2021



TLRY before, pretty good looking, Moving averages so important!!!!

Big move up, goes back down, undercuts MA50, and then consolidates and tightens up around MA10/20, breaks out of a tight range



SICPQ early2021



MSTR early2021



AEVA late 2020



CAR FEB 2021





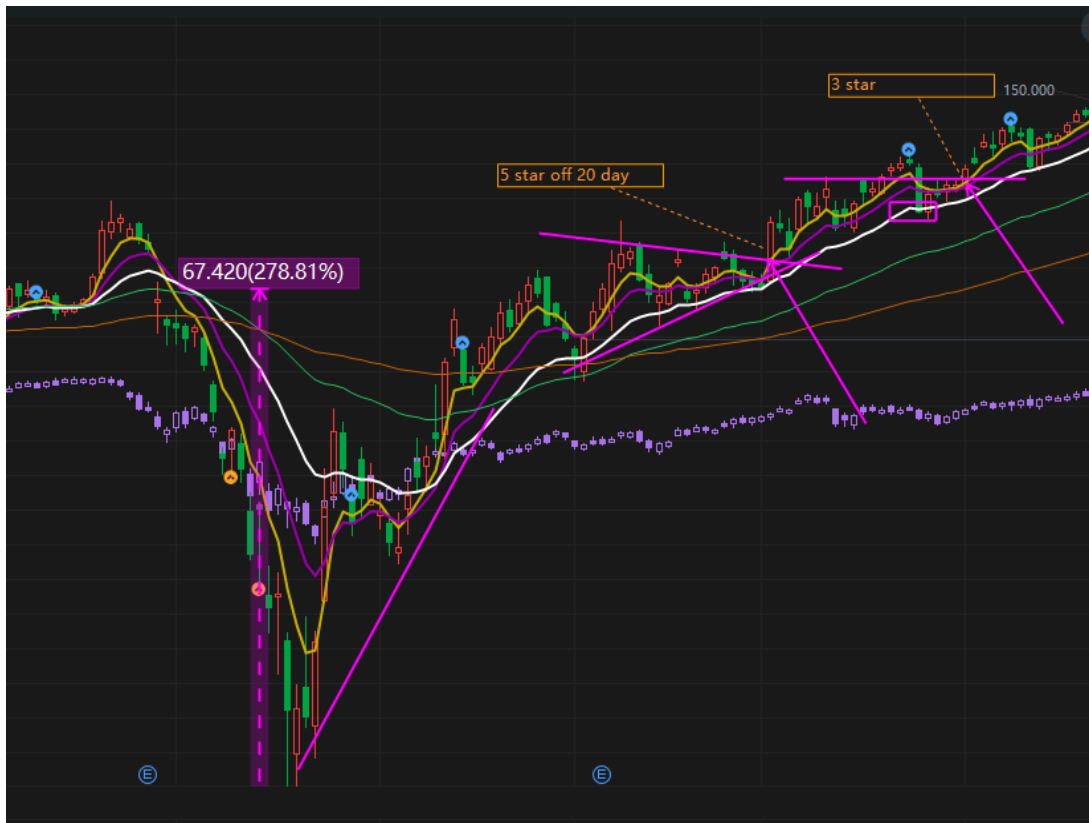
GDS aug 2024



CVNA out of Covid surfing off 20 day



CVNA out of Covid surfing 20 day again - 3 star setup breaking out of a tight range



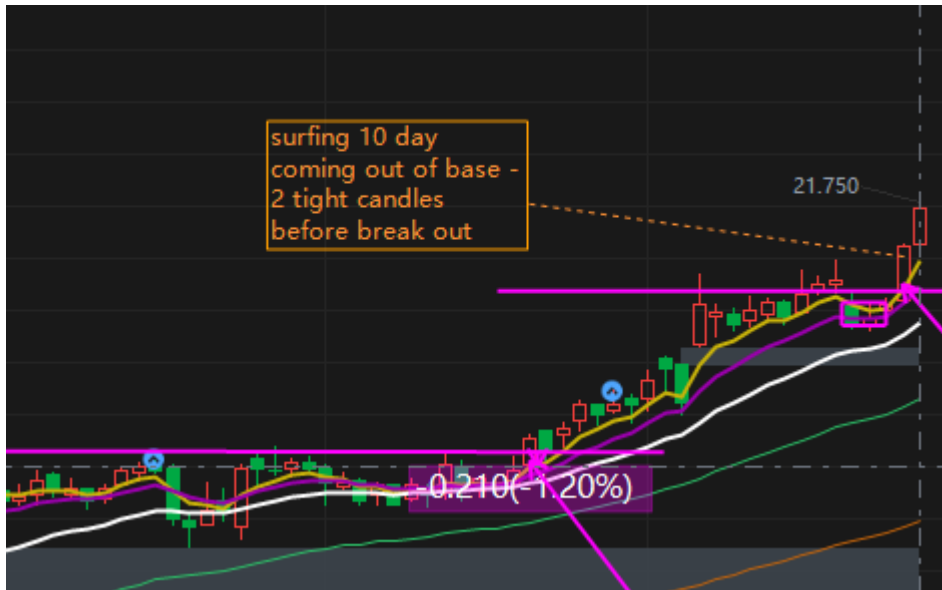
SQ, now XYZ, 2017 coming out of IPO base surfing 50 day MA



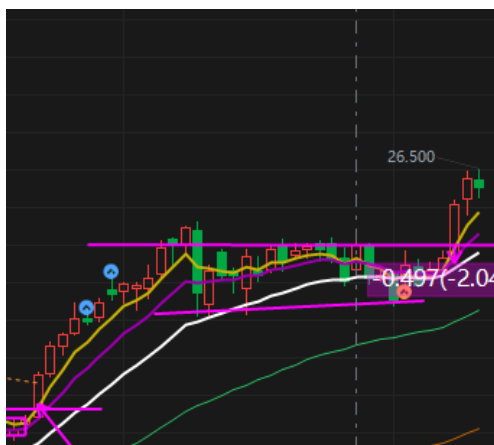
1.2% risk off of 2016 Q4 earnings release - 5 star



first bounce off the 10 day coming out of the earnings base - broke out after 2 tight candles  
30% -40% of ATR



Another tight range after a month of consolidation 2% risk again at breakout



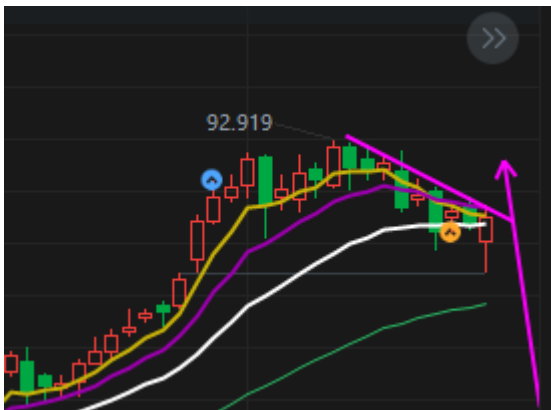
Still XYZ – another variation bounce off the 50 day building higher lows



Still XYZ – Cup with handle breaking out of a 3 month base (late 2017- early 2018) bouncing off of 10 day moving average and having 4 narrow candles before the break



XYZ Sep 2018 - undercuts 20 day then gaps up next day 5min range high 1% risk but not much follow through



SEDG August 2020 - similar to XYZ's gap up after 20 day MA undercut, candle reclaimed and gapped up next day on earnings





MRNA Feb through April 2020 - huge range tightening up building support on 50/20/5MA before break



Three super narrow candles before break



Also VCP



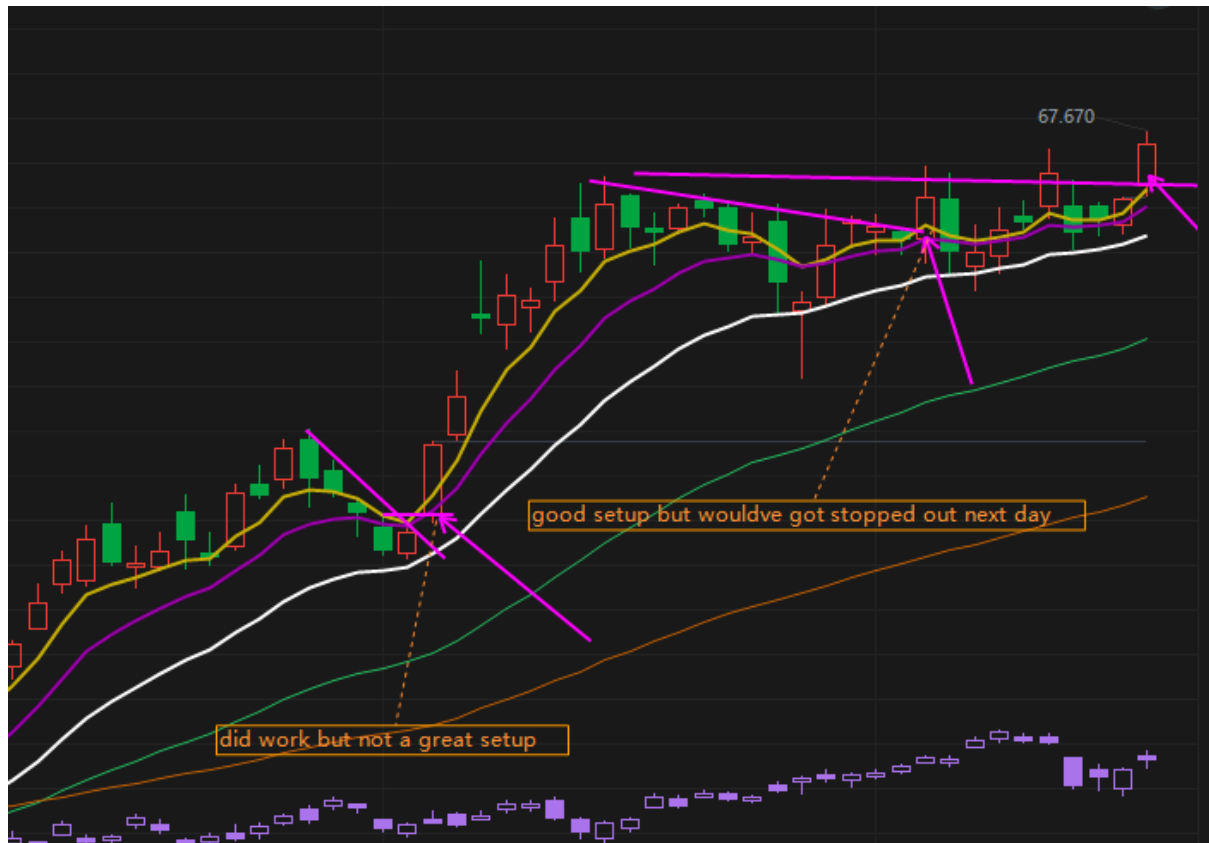
BNTX - a failed example of range formation – hoped for a bounce off of the 20 day and close back into the range but didn't happen



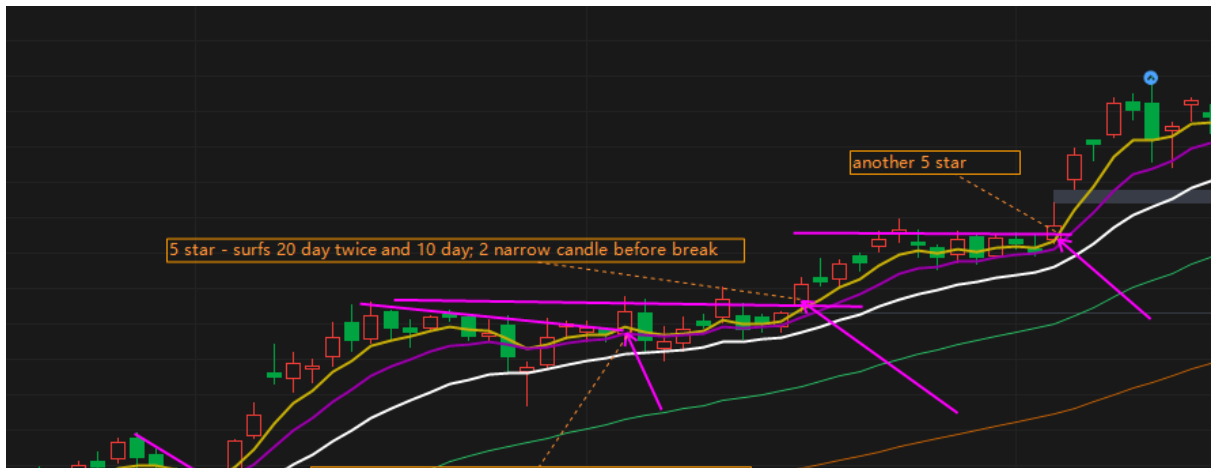
W - Wayfair - bounce off 20 day and breaks tight range after 2 narrow candles both under 50% of ATR - 5 star



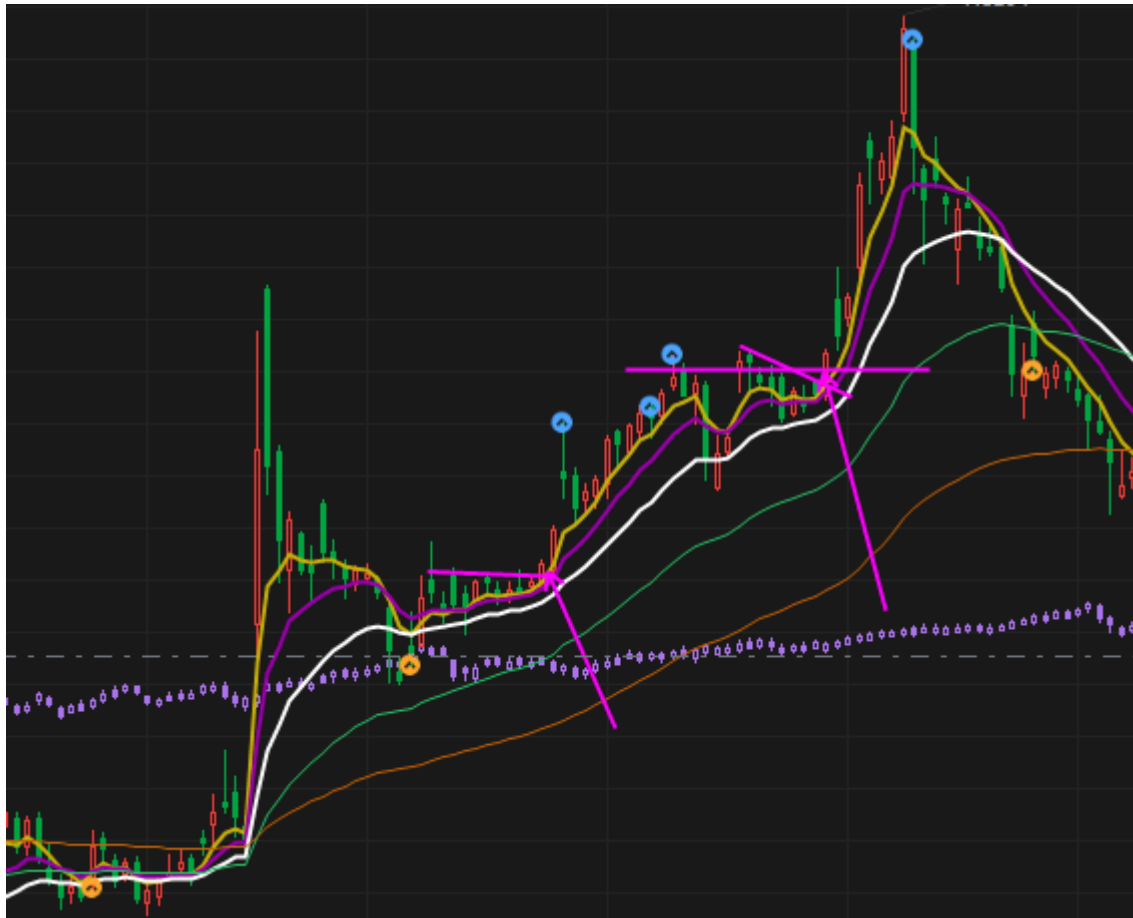
LVGO 2020 - the last set up is a 1.4% stop



Another 5 star from LVGO



SRNE June July 2020



TWLO off 2020 lows



not a 5 star but had bounce off 20 day and 3 narrow candles forming higher lows





LRN July/Aug 2020 - 3% stop



Hourly chart avg cost 49 dollars



LAC summer 2020



## ROKU 2019 first half



ENPH Jan 2020 - surfs 10 day, not too obvious before taking out the range



AEVA May 2025



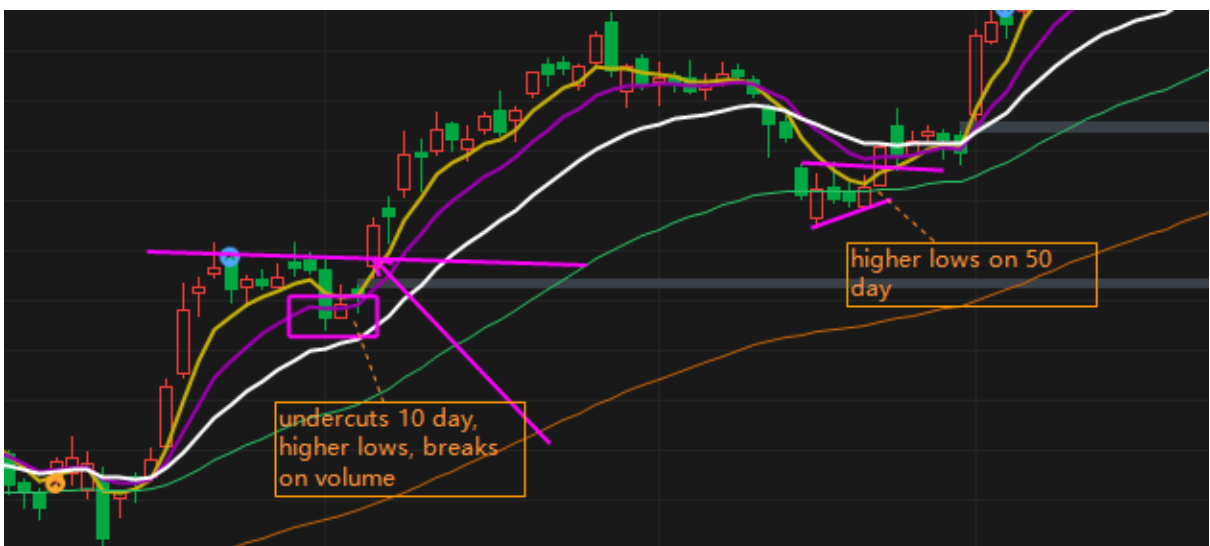
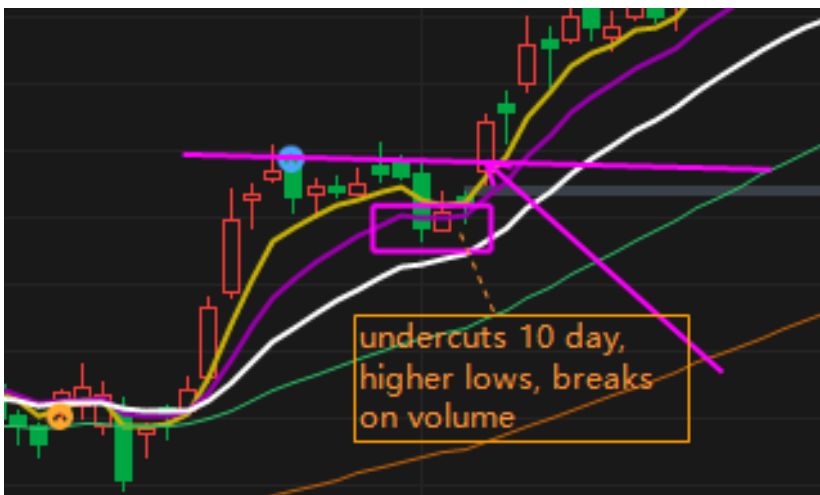
Made a huge move, tripled during a market crash, surfs 10/20 with volume decreasing. Then broke out with volume.



## AMD 2016



AMD Dec 2016 - Jan 2017





AMD July 2018 EP set up - Qulla got shaken out and did not re-enter





AMD 2019 December - 6 star setup on a 5 star scale



May 2020 failed breakout and not upward trending case

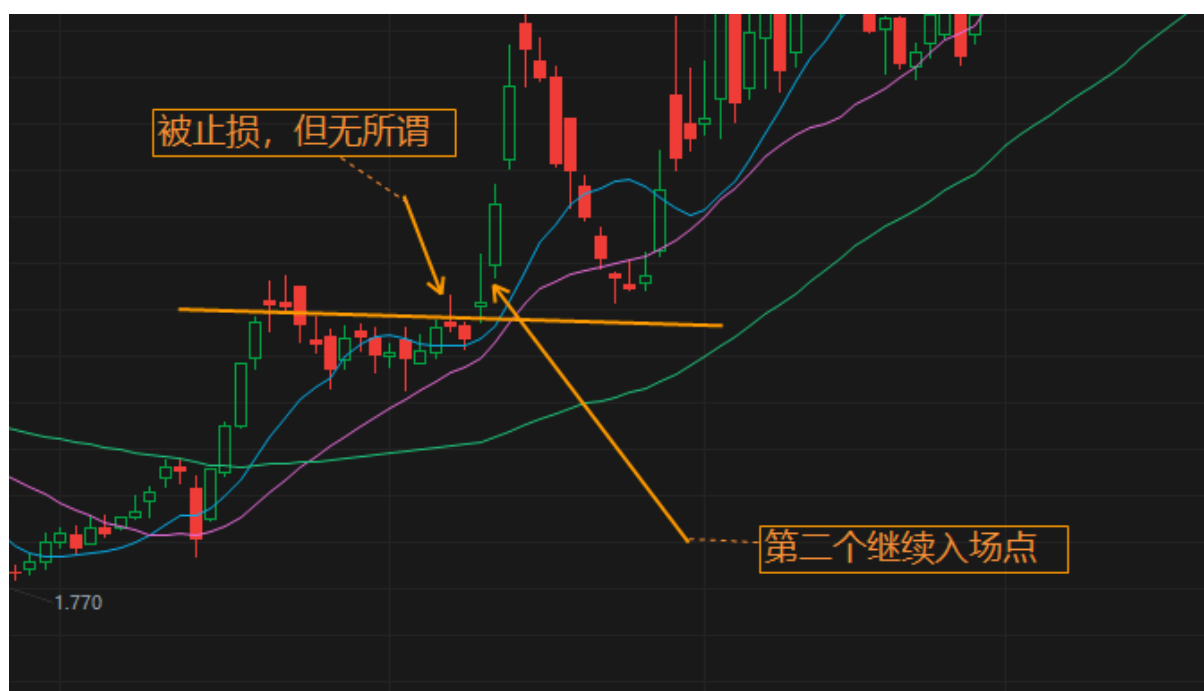


JMIA July 2020



Had a decent momentum surfing the 10/20/50, broke range on volume and got tight. The strongest momentum high ADR stocks don't even touch MA20.





有的时候就是会被止损, 但不代表setup就变坏了, 再出现就继续买。  
有的时候向上的move 不会一直持续, 但还是要遵从sell rules

APPS - 2020 July 5 star off tight higher lows and surfing 10/20 day



SM Jan 2021



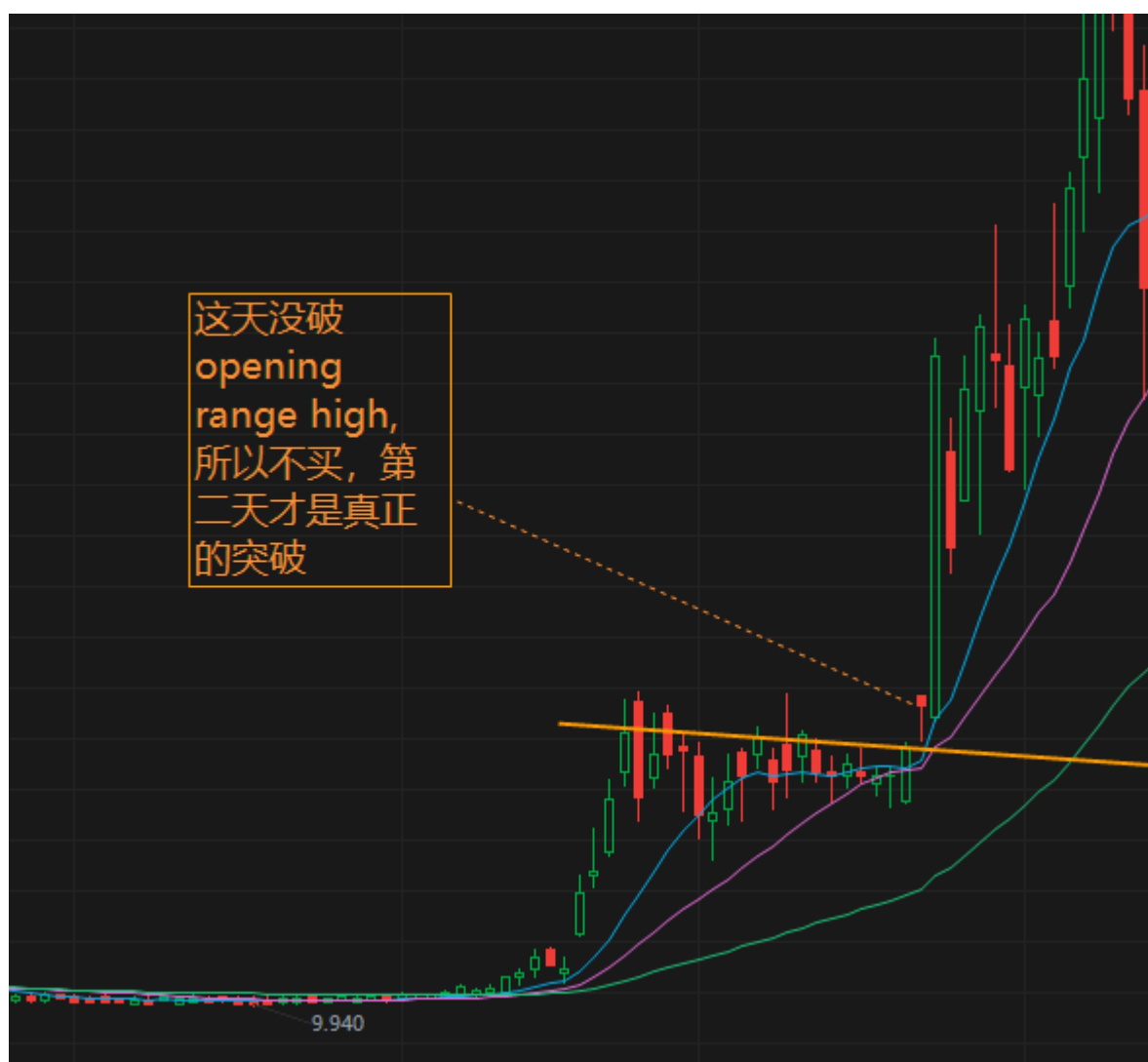
没啥好说的, 5star



AKBA Dec 2022



EOSE DEC 2020



CPS JAN 2023

