



K&K Charity
建灝慈善基金

'Dare to DREAM' K&K Charity Funding Scheme Application Form

K&K Charity Limited

K&K Charity is a charitable foundation established by K&K Property in 2015 to support youth, education and the underprivileged. The foundation offers scholarship and opportunities to talented youngsters for eye-broadening education and training, and funds the underprivileged to acquire new knowledge and skills for the fast-changing world.

'Dare to DREAM' K&K Charity Funding Scheme

APPLICATION INSTRUCTIONS

Please read and follow the instructions to complete the application.

'Dare to DREAM' Funding Scheme is for newly-initiated pilot project providing direct services in Hong Kong. These projects should not be funded by the government or other funding bodies. The maximum funding for each project is **HK\$200,000**. Successful applicant should work closely with the foundation's staffs to work out a long-term and sustainable plan.

Selection criteria include

- a) Meeting social or community needs
- b) Cost-effectiveness
- c) Clear output and outcome measurement
- d) Comprehensive project planning
- e) Experiences, track record and resources of the agency

Application procedure is simple, you are required to complete the application form completely in **either Chinese or English** and **upload** through K&K Charity Website: www.kkcharity.org.

Deadline of the application is **13 July 2018 18:00**.

For any enquiries about this application, please contact Mr Kenneth Wong on 2217-5825 or email to kenneth.wong@kkcharity.org.

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K&K Charity Limited

'Dare to DREAM' K&K Charity Funding Scheme Application Form

Agency Name

Heep Hong Society

Project Name

(English) Learning Adventures for SEN Youth

(Chinese)

Project-in-charge / Contact Person

Name (English) Jaki Yeung (Chinese)

Post Title Corporate Development and Communications Manager

Tel. No. 39746011 Fax

Email jakiyeung@heephong.org

Agency Background

- ☒ Registered as charitable institutions or trusts under Section 88 of the Inland Revenue Ordinance
- ☐ Established under other Ordinance (Please specify:)
- ☒ Member of The Hong Kong Council of Social Service
- ☒ Member of WiseGiving

Project Summary

In light of increasing number of the Special Educational Needs Youth (SEN Youth) in a mainstream school setting, this project renders the necessary specialist supports which is rarely available in mainstream provision. The new Heep Hong service establishment – Integrated Service Complex (ISC) in Sandy Bay will develop into a Community Support Centre, to provide customized programmes such as Adventure-based training for SEN Youth, specifically those with Autistic Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD), Special Learning Difficulty (SpLD) and related learning difficulties.

This programme uses an adventure-based approach to help SEN youth to achieve independence living in the long run.

A Overall Project Descriptions**■ Rationale**

Project Outcome

1. SEN Youths will develop their potentials and sense of responsibilities in a supportive environment;
2. They will enhance their creative, social and problem-solving skills by confronting challenges in groups
3. They will improve their communication skills, and establish peer supports and friendships among the SEN youth throughout series of challenges;
4. They will enhance their self-esteem, self-reliance and problem-solving skills and get prepared for independence living in long run

■ Target Service Users

The project aims to support young people with Autistic Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD), Special Learning Difficulty (SpLD) and related learning difficulties in the age group of 16 to 35 years old.

■ Approach

Adventure-based programmes are a mixture of experiential learning, outdoor education and group counseling. Adventure therapy is the use of games, activities, initiatives, and peak experiences to facilitate the development of group process, interpersonal relationships, personal growth and therapeutic gain. With the employment of adventure-based approach to this programme series, we aim to using creative ways to achieve their independence living in the long run. This project will include series of different activities to ensure SEN Youth' s achieve a diverse skillset.

■ Contents

Adventure-based training or experiential workshops

Conducted by professional instructors, these training and experiential workshops will employ interactive and reflective activities such as mindfulness , Low Event Adventure Training Programme to enhance the social skills, leadership, and emotion management amongst SEN Youths.

Adventure-based camp

Day camp delivered by certified instructors, content to include adventure games to enhance social and communication skills, and also to develop mutual trusts, appreciation and enhance communications.

*Volunteers' role: to assist SEN Youth to develop communication skills or participate in mass games with youth.

Adventure Ship training sessions

Adventure-Ship was the first Hong Kong sailing programme targeted towards youth with disabilities. Innovative and carefully designed sea activities, the trainees will work cooperatively and push themselves in a supportive environment – learning, helping others, and growing.

VR Sensory Experience/ Laser War Game

VR Sensory Experience/ Laser War Game provide them the experience wargame leader to help them for create or design a funniest wargame activities to training up them leader and motivation under different scenario. And we also co-operated with the experience shooters to help them for improve your communication skills , Team Building based on the safety and accuracy practice.

Jockey Club Life Journey Centre visits

Through a 60-minutes innovative and interactive “time tunnel” journey enriched by multi-media exhibits, demonstrations, audio and visual effects, participants are inspired and to create cognitive and affectionate enlightenment in understanding the life journey.

B Evaluation Methods

Programme evaluation will be carried out to ensure quality of the project is met, and also the sustainability for organising similar projects in the future:

- Post-session questionnaires for SEN Youth will be collected to look into their satisfaction and learning.
- Rating scales and rating forms would be collected for pre- and post-intervention of the programme.

Outcome Indicators Agreed Level

1. Rate of SEN Youth satisfied with service provided 85%
2. SEN Youth's feedback that their problem-solving skills has been enhanced 85%
3. SEN Youth's feedback that their self-esteem has been enhanced 85%
4. SEN Youth's feedback that their peer support has been enhanced 85%

C Proposed BudgetIncome

Program Income		\$	0
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Other Income (please specify)		\$	0
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<u>Total Income (i)</u>	\$	0
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Expense (please break down into details)

Production of programme materials	\$	1000
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Adventure-based training or experiential workshops (4 sessions)	\$	30000
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Adventure-based camp (2 sessions)	\$	13000
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Adventure Ship training sessions (3 sessions)	\$	45000
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VR Sensory Experience/ Laser War Game (2 sessions)	\$	22500
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Jockey Club Life Journey Centre visits (2 sessions)	\$	5000
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Dialogue in the Dark tours (2 sessions)	\$	6500
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Broadcasting training (20 sessions)	\$	55000
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Mentorship and Volunteer Training Scheme (10 sessions)	\$	18000
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Community Service (3 sessions)	\$	4000
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<u>Total Expense (ii)</u>	\$	200000
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Funding Amount Requested (ii - i)	\$	200000
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D Declaration

On behalf of the Executive Board of our Agency, I confirm that all information provided in this application form and other related documents (if any) are, to the best of my knowledge, accurate and complete.

Signature



Name: Jaki Yeung

Post Title: Corporate Development and Comm

Date: 18/6/19

Agency Stamp



*Corporate
Development and Communication
manager*



協康會 **Heep Hong Society**

Creating a better tomorrow for children and youth with diverse needs

Funding Proposal

Heep Hong Society Integrated Service Complex Community Support Centre

Learning Adventures for SEN Youth

About Heep Hong Society

Established in 1963, Heep Hong Society is Hong Kong's leading education and rehabilitation organisation for children and youth with diverse needs and abilities with objectives to helping them develop their potential, providing family and school support, thereby contributing to an inclusive society. Since its establishment, the Society has been the pioneer in its services to help children and youth with special education needs, in particular to those with development problems, autistic and attention deficit / hyperactivity disorders, preterm babies, sensory impairment, and mental/physical handicap, the population of which is increasing in Hong Kong.

The Society provides its services through the largest paediatrics professional team in the welfare and education sector with around 600 in-house dedicated staff, including clinical psychologists, educational psychologists, speech therapists, occupational therapists, physiotherapists, special child care workers, social workers and other allied health assistants.

Through a territory-wide network of over 40 service units, including 15 Special Child Care Centres, 12 Early Education and Training Centres, Mixed-mode Centres, Supportive Learning Project Centre, 6 Parents Resource Centres, Star Resources Centre for autistic youth, Heep Hong Society provides a full spectrum of professional education, training, family support services as well as year-round activities (from well-being, volunteering to social adaptation) to serve more than 10,000 families of SEN children and youth every year.

As an innovative service provider, the Society is dedicated to developing evidence-based programmes, conducting research, and providing a suite of comprehensive education resources such as publications, apps and assessment tools.





Supporting SEN Youth since 2008

With first-hand knowledge of compelling but unserved needs, Heep Hong further ventured into supporting youngsters and young adults with SEN as early as 2008. For the past 10 years, projects have been developed in collaboration with corporate partners to provide pre-job training and career support for youth with autism. Since 2015, the Society has started to run two employment support projects for high functional individuals with autism and the services include career planning, vocational assessment and training, internship and employment support. All these training programmes are designed and delivered by multi-disciplinary team consisting of therapists and psychologists to address the unique traits of youth with autism and their limitations in social interaction, communication and problem solving. The outcome of these projects has been very positive and encouraging showing that given proper training and sustained support, and with sufficient education and support for employers and parents, all youth can build up their competence and be gainfully employed in a normal workplace setting.

Project Background

In light of increasing number of the Special Educational Needs Youth (SEN Youth) in a mainstream school setting, this project renders the necessary specialist supports which is rarely available in mainstream provision. The new Heep Hong service establishment – Integrated Service Complex (ISC) in Sandy Bay will develop into a Community Support Centre, to provide customized programmes such as Adventure-based training for SEN Youth, specifically those with Autistic Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD), Special Learning Difficulty (SpLD) and related learning difficulties. The programme aims to assist them to build a positive self-concept, improve their interpersonal relationships and enhance their problem-solving abilities for prepare them independence living capabilities in a life-long setting.

Project Outcome

1. SEN Youths will develop their potentials and sense of responsibilities in a supportive environment;
2. They will enhance their creative, social and problem-solving skills by confronting challenges in groups
3. They will improve their communication skills, and establish peer supports and friendships among the SEN youth throughout series of challenges;
4. They will enhance their self-esteem, self-reliance and problem-solving skills and get prepared for independence living in long run





Target

The project aims to support young people with Autistic Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD), Special Learning Difficulty (SpLD) and related learning difficulties in the age group of 16 to 35 years old.

About Adventure-based programme

Adventure-based programmes are a mixture of experiential learning, outdoor education and group counseling. Adventure therapy is the use of games, activities, initiatives, and peak experiences to facilitate the development of group process, interpersonal relationships, personal growth and therapeutic gain. With the employment of adventure-based approach to this programme series, we aim to using creative ways to achieve their independence living in the long run. This project will include series of different activities to ensure SEN Youth's achieve a diverse skillset.

Adventure-based training or experiential workshops	Conducted by professional instructors, these training and experiential workshops will employ interactive and reflective activities such as mindfulness , Low Event Adventure Training Programme to enhance the social skills, leadership, and emotion management amongst SEN Youths.
Adventure-based camp	Day camp delivered by certified instructors, content to include adventure games to enhance social and communication skills, and also to develop mutual trusts, appreciation and enhance communications. <i>*Volunteers' role: to assist SEN Youth to develop communication skills or participate in mass games with youth.</i>
Adventure Ship training sessions	Adventure-Ship was the first Hong Kong sailing programme targeted towards youth with disabilities. Innovative and carefully designed sea activities, the trainees will work cooperatively and push themselves in a supportive environment – learning, helping others, and growing.
VR Sensory Experience/ Laser War Game	VR Sensory Experience/ Laser War Game provide them the experience wargame leader to help them for create or design a funniest wargame activities to training up them leader and motivation under different scenario. And we also co-operated with the experience shooters to help them for improve your communication skills , Team Building based on the safety and accuracy practice.
Jockey Club Life Journey	Through a 60-minutes innovative and interactive “time tunnel” journey



Centre visits	enriched by multi-media exhibits, demonstrations, audio and visual effects, participants are inspired and to create cognitive and affectionate enlightenment in understanding the life journey.
Dialogue in the Dark tours	SEN Youth will learn how to interact without sight by using their other senses, as well as experience what it is like to be blind. This aims to bring the youth an interactive experience and to build up their self-awareness and understanding of strengths and potentials of those they often assumed to be weaker.
Broadcasting training	With the aim to provide a platform for SEN Youth to organise and participate in broadcasting, thus to enhance their self-confidence and communications. At the end of the training, SEN Youth will produce 13 one-hour or half-hour episodes of radio programme to broadcast on internet radio platform – ‘Soooradio’ <i>*Volunteers will be invited to participate in final radio programme, such as interviews.</i>
Mentorship and Volunteer Training Reward Scheme	To provide volunteer service training programmes for SEN volunteers such as <ul style="list-style-type: none"> • Understand the aim of volunteer work • The role of student leader in volunteer service • Define the significance of Service Learning & Reflection The aim of reward program is recognition involves thanking volunteers and Mentor in a way that acknowledges their contributions in a meaningful and credible manner. Recognition helps raise awareness and also provide an opportunity to raise community awareness about the volunteers do.
Community Service	The objectives of the community service are to build up a caring community, promote the positive values of self-fulfillment, and utilize community resources to enhance the sense of social belongings of youth with SEN. Types of service recipients include children elderly, patients, mentally handicapped, and service organizations etc. <i>*Volunteers will be invited to participate in community service together with SEN Youth to help enhance social skills</i>



Recruitment of SEN Youth participants

Apart from recruiting via current Heep Hong internal network, this project will be promoted via community partners, other NGOs, parents' associations, secondary schools, self-help groups etc to assist SEN Youth whom are receiving services in other institutions. Posters, eDM, websites, social channels will also be employed to further spread the project information.

Evaluation and Outcome indicators

Programme evaluation will be carried out to ensure quality of the project is met, and also the sustainability for organising similar projects in the future:

- Post-session questionnaires for SEN Youth will be collected to look into their satisfaction and learning.
- Rating scales and rating forms would be collected for pre- and post-intervention of the programme.

Outcome Indicators	Agreed Level
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3. SEN Youth's feedback that their self-esteem has been enhanced	85%
4. SEN Youth's feedback that their peer support has been enhanced	85%

Corporate Volunteer Involvement

To further allow people to understand more about SEN Youth and to enhance community inclusion, Heep Hong always welcome the participation of corporates as volunteers in certain appropriate programmes. Please see activities description for details.

Project Details with Tentative Schedule and Budget

Project Duration: July 2018 – August 2019

Item	No. of SEN Youth Beneficiary	No. of Session	Expenditure Items	Amount
Promotional materials (Aug – Sep 2018)	500	/	Design and printing	\$1,000
Adventure-based training or experiential workshops (Sep – Nov 2018)	10	4	Tutor fee, travelling fee for trainees, training materials	\$30,000





Adventure-based camp (Oct, Nov 2018)	20	2	Tutor fee, travelling fee for trainees, training materials	\$13,000
Adventure Ship training sessions (Jan – Feb 2019)	50	3	Tutor fee, travelling fee for trainees, training materials, insurance	\$45,000
VR Sensory Experience/ Laser War Game (Mar – Apr 2019)	25	2	Tutor fee, travelling fee for trainees, training materials, insurance	\$22,500
Jockey Club Life Journey Centre visits (May 2019)	30	2	Group booking fee, travelling fee for trainees, training materials	\$5,000
Dialogue in the Dark tours (Jun 2019)	30	2	Group booking fee, travelling fee for trainees, training materials	\$6,500
Broadcasting training (May – Sep 2019)	15	20	Tutor and training fee, studio booking, training materials, travelling fee for trainees, hosting fee, equipment and instruments	\$55,000
Mentorship and Volunteer Training Reward Scheme (Jul 2019)	200	10	Training materials	\$18,000
Community Service (Mar, May, Jun 2019)	15	3	Materials	\$4,000
Total number of SEN Youth beneficiaries				60 pax
Total number of SEN Youth person-time				945 pax
TOTAL funding to be sought				\$200,000

Funding Summary

Although the Society received government subsidies from the Social Welfare Department, these subsidies go to the provision of children related services and are only sufficient for maintaining the recurrent expenditure of very basic services. Especially for youth development, government's support is minimal. We rely heavily on sponsorships and donations for innovative youth projects like this Learning Exposure for SEN Youth. To support the SEN Youth, fee will not be charged to encourage participations.





協康會 **Heep Hong Society**

Creating a better tomorrow for children and youth with diverse needs

Thus, Heep Hong Society is currently seeking K&K Charity to support this programme. The summary is shown as follows:

Project	Project Description	Beneficiaries	Amount
Learning Exposure for SEN Youth	Series of adventure-based activities to prepare them for independent living	60 SEN Youth	\$200,000

Acknowledgement

As a token of appreciation, Heep Hong Society will acknowledge K&K Charity in the following ways:

1. K&K Charity logo/ name will be acknowledged on project promotional materials
2. Heep Hong Society will nominate K&K Charity for the Caring Company Logo to be conferred by the Hong Kong Council for Social Services.
3. Acknowledgements will be announced in Heep Hong Society's communication platforms.

Contact

Ms Jaki Yeung – Corporate Development and Communications Manager

Tel: 3974 6011 E-mail: jakiyeung@heephong.org

Ms Gloria Keung – Project Manager

Tel: 3158 8359 E-mail: gloriakeung@heephong.org

