Widget Tree & Element Tree

Widget Tree	Element Tree	Render Tree
Configuration (rebuilds frequently)	Links widgets with rendered objects (rarely rebuilds)	Rendered objects on the screen (rarely rebuilds)

What you see on the screen!

Container	← Reference	Container Element	→	Rendered Box
Column	←	Column Element	→	Rendered Box
MyStateless	←	MyStateless Element	→	Rendered Box
MyStateful	←	State	MyStateful Element	→	Rendered Box