Using SSH for remote access from a Mac or Unix machine

On either a mac or unix machine, open a terminal. On Mac, there is a program `Terminal.app`.

Type the command `ssh -Y username@cosmos.colorado.edu` at your terminal (replace `username` with your username). The `-X` is for "X-forwarding", i.e. to send graphics to your machine.

You should see a command prompt that looks something like `cosmos ~$`. To make sure "X-forwarding" works, type the command `xclock`. A small animated analog clock should show up on your screen (possibly after a delay of 20-30 seconds). Press Control-C on the command line to quit it.

Note: If you're running Mac OS X 10.8 Mountain Lion, you may get a message asking you to install X11. Do so. If you run into trouble, grab the latest version of XQuartz and install it: http://xquartz.macosforge.org/landing/