



useRequestHeaders

You can use built-in `useRequestHeaders` composable to access the incoming request headers within your pages, components, and plugins.

```
// Get all request headers
const headers = useRequestHeaders()

// Get only cookie request header
const headers = useRequestHeaders(['cookie'])
```

👉 In the browser, `useRequestHeaders` will return an empty object.

Example

We can use `useRequestHeaders` to access and proxy the initial request's `authorization` header to any future internal requests during SSR.

The example below adds the `authorization` request header to an isomorphic `$fetch` call.

```
<script setup lang="ts">
const { data } = await useFetch('/api/confidential', {
  headers: useRequestHeaders(['authorization'])
})
</script>
```

pages/some-page.vue

👉 [Another example](#) shows how we can pass cookies from the initial request to another API route.



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