



ISSHINKAI
AIKIDOKLUBB

Aikidoseminar with Marc Bachraty Sensei 5 Dan

6 - 9 March 2014 in Umeå & Uppsala

UMEÅ Isshinkai, Götgatan 3
Thursday 6 March
17:30-20:00 aikido

Friday 7 March
11:30-13:30 aikido
18:00-20:00 aikido

500 SEK both locations
400 SEK one location or
200 SEK/session

UPPSALA Fyrishov judo hall, Idrottsg. 2
Saturday 8 March
10:30-13:00 aikido (break when appropriate)
15:30-17:30 aikido

Sunday 9 March
10:30-13:00 aikido (break when appropriate)

More info: www.issinkai.se & facebook.com/fyrisaikido

Host: Isshinkai aikidoklubb & Fyris aikido