

# **SUMMARY**

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## **Advantages of Modern Technology**

- Better Health
- Easier life
- Communication is better
- Source of Entertainment
- Source of Information

## **Disadvantages of Modern Technology**

- Bad mental health
- Bad physical health
- Global warming
- Polluted water

## **Making full use of technology:**

- Internet as a source of information

## **Definition of comfort**

Comfort is a state of relief at that moment and not for a long period.

## **Psychiatrist**

A medical practitioner specializing in the diagnosis and treatment of mental illness

**Psychologist**

An expert or specialist in psychology

**Philosophist**

A person who affects philosophical knowledge